

AA Newsletter

Central Service Committee of District 1&2 of Area 82,
 Halifax & Dartmouth, Nova Scotia
www.3.ns.sympatico.ca/alcoholicsanonymous
 Central Service phone line: (902) 461-1119 (24/7)



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2 OUR A.A. EXPERIENCE HAS TAUGHT US THAT:

“The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

(TRADITION SEVEN — LONG FORM -REPRINTED FROM ‘THE A.A. SERVICE MANUAL’, P-S13 WITH PERMISSION OF A.A. WORLD SERVICES, INC.)

Nothing Grows in the Dark

We will want the good that is in us all, even in the worst of us, to flower and to grow.
 (As Bill Sees It—p.10)

With the self-discipline and insight gained from practicing Step Ten, I begin to know the gratifications of sobriety—not as mere abstinence from alcohol, but as recovery in every department of my life. I renew hope, regenerate faith, and regain the dignity of self-respect. I discover the word “and” in the phrase “and when we were wrong, promptly admitted it.”

Reassured that I am no longer always wrong, I learn to accept myself as I am, with a new sense of the miracles of sobriety and serenity

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TRADITONS CHECKLIST: # SEVEN

- Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.
1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
 2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
 3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
 4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
 5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
 6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

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Service Calendar

CENTRAL PHONE OFFICE

Week-End Group Phone Service

	Sat	Sun
Colby Village Group	Jun 30	Jul 1
Mutual Group	Jul 7	Jul 8
Back to Basics	Jul 14	Jul 15
Hubbards Group	Jul 21	
Harbours Group		Jul 22
Timberlea Group	Jul 28	Jul 29
Woman to Woman	Aug 4	
West End Step Group		Aug 5
Groups pick up the key at the Central Phone office Mo—Fr 9am—5pm		



METRO DRUG DEPENDENCY CENTER

Simpson Hall, NS Hospital, Dartmouth. All meetings at 8 pm.

Detox	Sun	C.O.R.E.	Thu
West End Study	Jul 1	St. Margaret's Bay	Jul 5
Fresh Start Group	Jul 8	Tallahassee Group	Jul 12
Keep it Simple	Jul 15	Timberlea Group	Jul 19
Woman to Woman	Jul 23	Downtown Hfx	Jul 26
Highland Park	Jul 30	Sunrise Group	Aug 2
Welcome Group	Aug 5	Harbours Group	Aug 9
Hubbards Group	Aug 12	Trailer Park 12&&12	Aug 16

6th floor of the Simpson Bldg.

Attendance is limited to clients of this unit and members of the A.A. group putting on the meeting. The meeting format is "Speaker/Discussion" with time for questions

3rd floor of the Simpson Bldg.

Open Speaker/Discussion meeting of A.A., and it is named "Pass It On Group". The meeting is open to clients of the C.O.R.E. program, as well as other A.A. members.

For more information, contact: Bruce Mac: 830-4272

SERVICE MEETINGS

Jul 3	Tuesday Central Service Committee United Memorial Church Young St., Hfx.	7 pm
Jul 8	Sunday District 2 GSR Workshop 'Ever Wonder Where The Money goes?' (also see p.6) Club 24, Dundas St., Dartm.	1 pm
Jul 8	Sunday 2007 Assembly Committee Mt St Vincent University, Student Union Bldg. Bedford Highway,	3:30 pm
Jul 15	Sunday 2008 Winter Round-Up Committee Holiday Inn Wise Rd., Dartm.	1 pm
Jul 22	Sunday District 2—GSR Meeting Club 24 Dundas St., Dartm.	6:30 pm
Jul 29	Sunday * District 1—GSR Meeting George-Dixon-Centre, Gottingen St., Hfx.	1 pm

* Attention:

No Parking at George-Dixon-Centre

During June and July no parking available (due to construction)! Please use parking on Brunswick, Charles & Maynard St. instead.

Service Positions & Calls

District 2: Secretary

District 2 needs a secretary. For information about this position: please come to the next meeting (see p.2). Prior service experience, some computer skills & Internet access are a plus, but no prerequisite.

For District 2 — Arlene P. **465—4050**

To all Groups: Host wanted

Help us put on the 2007 Cocktail Party!

This popular Christmas Eve Day social event needs a sponsoring group or groups. CSC will fully fund sandwiches, drinks, and other expenses. If your group would like to organize the party:

Please express your interest ASAP—and/or attend the Central Service Meeting on July 3 (see p.2).

For CS Committee—Jennifer B. **489 – 1776**

Central Service Committee:

Entertainment Committee Chair & Members

Never liked the music, the location, or simply wanted to play cards? Here is your chance to make a change: Central Service is looking for a new Entertainment Chair and Committee to arrange social events for our community. Please contact:

Mike K. **mking@walkerdunlop.ca**

2007 Assembly:

Co-Treasurer, Transportation Co-Chair,

The 2007 Assembly Committee calls for volunteers to take over the above positions. Only 3 more meetings to go. Come to the next meeting (see p.2) and get involved!

Gail S. **431—0587**
staceys@eastlink.ca

2007 Assembly: Drivers Needed

Volunteers are needed to transport our Trusted Servants between the Airport and Mount St. Vincent on the weekend of the Area 82 Assembly/Round-Up. (Oct 6-7, 2007, see p.8 for more info). Contact:

Barb M. **857—9803**
bmesservey@hotmail.com or
2007assemblyarea82@gmail.com

Phone Office: Volunteers

URGENT!

The Central Service Phone Office urgently requires members to answer the day-time and over-night phones. If you can dedicate some time to this vital service, please call the Phone Office ASAP and arrange for an individual orientation session.

Central Service Phone Office **461-1119**

'The Keep It Simple Challenge'

Grapevine Inc. is fully self-supporting and they did not break even in 2006. The reported deficit of close to USD 49,000 resulted in a price increase for Grapevine magazine as of July 1st (appr. \$2 per year/\$0.17 per issue). The new prices for 'The Grapevine' & 'La La Viña' still include shipping:

USA	20.00 USD p.a.
Canada	22.00 CAD p.a.
Outside USA & Canada	27.00 USD p.a.
50 'The Grapevine' & 'La Viña'	46.00 USD p.a.

AA Grapevine has issued a challenge to all Areas to raise their circulation by 100 subscriptions.

They have named it 'The Keep It Simple Challenge'. If this project is successful, it — together with the price increase—will have provided a sound financial basis for the Grapevine by 2008, ensuring that "our meeting in print" is there for every alcoholic that reaches out for help in the years to come.

Bob Mac., Alternate GSD Area 82
(see also p.7—'How the Grapevine began')

Public Information Committee: Volunteers

The PI Committee is looking for volunteers who would like to present A.A. to the public. Service opportunities for male and female members. Contact:

Mary W. **477—9176 or**
Tom R. **832—5028**

2008 Mid-Winter Round-Up:

Entertainment Co-Chair

The last vacancy on the 2008 Mid-Winter Round-Up Committee! To volunteer attend the next meeting (see p.2) and/or contact:

Tim M. **827—5235**

Birthdays & Anniversaries

Jul 1	Sunday Sunday Night Serenity Jane N. 5 yrs.	7 pm	Jul 26	Thursday Four Seasons Group Gary Mc. 22 yrs. Barry M. 8 yrs. Rob P. 4 yrs. Gary F. 2 yrs. Trevor V. 1 yr.	8 pm
Jul 2	Monday Colby Village BB Study Wayne L. 1 yr. Charlie H. 13 yrs.	8 pm	Jul 26	Thursday Gaston Road Group Dan M. 15 yrs.	8:30 pm
Jul 4	Wednesday Back to Basics Darryl B. 7 yrs.	8 pm	Jul 29	Sunday St. Margaret's Bay Group Roy S. 30 yrs.	8 pm
Jul 13	Friday Woman to Woman Karen L. 10 yrs. Mandy V. 1 yr. Lee S. 1 yr.	7:30 pm	Jul 30	Monday Live and Let Live Group Mike A. 25 yrs.	8 pm
<p>Jul 25 Wednesday</p> <p>Trailer Park 12&12 Annual Chapter 12 Speaker Meeting (Open to All)</p> <p>In AA, there are 12 Steps, 12 Traditions, 12 Concepts & 12 Promises, but the BB only has 11 chapters. Trailer Park 12&12 reserves Chapter 12 for the individual to insert his/her own recovery story.</p> <p>8 pm</p>			Jul 30	Monday Downtown Dartmouth Jim B. 1 yr. Pius B. 22 yrs.	8 pm
Jul 25	Wednesday Back to Basics Sue M. 1 yr.	8 pm	Jul 30	Monday Timberlea Group Perry B. 7 yrs.	8:30 pm
			Aug 6	Monday Colby Village BB Study Rob S. 1 yr. Phil R. 10 yrs.	8 pm

We are celebrating 177 Years of Sobriety. The average A.A. Age is: 8.85 years. Congratulations!

ANY QUESTIONS?

Is There a Difference Between a Meeting And a Group?

Most A.A. members meet in A.A. groups as defined by the long form of our Third Tradition. However, some A.A. members hold A.A. meetings that differ from the common understanding of a group. These members simply gather at a set time and place for a meeting, perhaps for convenience or other special situations. The main difference between meetings and groups is that A.A. groups generally continue to exist outside the prescribed meeting hours, ready to provide Twelfth Step help when needed.

A.A. groups are encouraged to register with G.S.O., as well as with their local offices: area, district, intergroup or central office. A.A. meetings can be listed in local meeting lists.

How Do You Become an A.A. Group Member?

"The only requirement for A.A. membership is a desire to stop drinking." (Tradition Three)
Thus, group membership requires no formal application. Just as we are members of A.A. if we say we are, so are we members of a group if we say we are.

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http://www.aa.org/en_pdfs/p-16_theaagroup.pdf*

Group Announcements

New Meeting List for Districts 1&2 available!

Recent Up-dates of Group Information have been included in the latest Meeting List dated May 18, 2007
Available at the Central Service Meeting (see p. 2), through Literature Rep (Victor, phone: 435—6613) or
online at: www.3.n.s.sympatico.ca/alcoholicsanonymous

Sunday Night Serenity (CD):

New Location

Effective July 1st the Sunday Night Serenity Group has moved. Not to worry—just across the street from Edgewood United Church which is undergoing renovations. Their new home is located at the corner of Bayers Rd. and Connaught Ave. in Halifax:

St. Philips Church, Sundays 8 pm

Trailer Park 12&12 (CD) former Woodside Group: New Street Name—Old Location

The 12 Steps & 12 Traditions Study Group still meets in the same spot. The street name changed:

Wednesdays 8 pm
38 Trentonian Lane, Woodlawn Trailer Prk, Dart

Rawdon Trial and Error Group: Off for the summer!

The Rawdon Trial and Error Group will hold no meetings during the months of June, July, August & September.

New Noon Meeting: Halifax, Cornwallis St.

How wonderful! On June 4 another Noon meeting in Halifax opened its doors to 'you people' at the

**Gordon B. Isner Building,
5565 Cornwallis St.**

Mondays 12:15 pm

Directions:

Take the back-entrance. There will be signs posted. Parking is available on both sides of the building and also in the back.

Contact:

Terry B. 422—8060 or
Tom 209—1088

Living in the Solution Meeting (CD): Wants to become a Group

This study meeting plans to register as a group in the Fall. If you enjoy studying AA literature and are free on Monday nights, please consider joining this inspired crowd and become a member. Many service opportunities will be available.

'Living in the Solution currently studies 'The Twelve Steps & Twelve Traditions of Alcoholics Anonymous'. Bring your book, read along and share from the heart.

Mondays 7:30 pm
**The Lutheran Church of the Resurrection,
Corner Windsor/Allan St (use Allan St entrance)
Halifax**

(What's the difference between a meeting and a group? How do I become a member?
See p.4 for answers.)

New Meeting: Ship Harbour (OD)

As of April 1 we are invited to fellowship and breakfast in Ship Harbour. The new group meets at the

**Tangier Deanery Center, West Ship Harbour Rd
Ship Harbour**

Sundays 11 am

Directions:

4km from intersection of West Ship Harbour Rd. with HYW#7, take a left on Deanery Rd.

Young Peoples Group: Member Support still Needed

Support is still needed from you at the Halifax Young Peoples Group. The meeting is open to all—
young and young at heart

Fridays 8:30pm
St Matthews United Church, 1470 Barrington St, Hfx

Tradition of the Month #7: Where Money and Spirituality Mix

Twelfth Step work is the lifeblood of Alcoholics Anonymous — carrying the message to the next suffering alcoholic. Without it, the Fellowship would wither and die. Yet, even at its simplest level this vital contact between one alcoholic and another involves an investment of time and money.

“Let’s begin with my own sponsor, Ebby,” writes Bill W., in the book *Alcoholics Anonymous Comes of Age*. “When Ebby heard how serious my drinking was, he resolved to visit me. He was in New York; I was in Brooklyn. His resolve was not enough; he had to take action and he had to spend money.

“He called me on the phone and then got into the subway; total cost, ten cents. At the level of the telephone booth and subway turnstile, spirituality and money began to mix. One without the other would have amounted to nothing at all.

“Right then and there, Ebby established the principle that A.A. in action calls for the sacrifice of much time and a little money.”

Footing the bill

“Now, where do A.A.’s services — worldwide, area, local — fit into our scheme of things?” asked Bill W. in an October 1967 article in the A.A. Grapevine. “Why should we provide these functions with money?”

According to Bill, “The answer is simple enough. Every single A.A. service is designed to make more and better Twelfth Step work possible, whether it be a group meeting place, a central or intergroup office ... or the world service Headquarters

“Though not costly, these service agencies are absolutely essential to our continued expansion — to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full

strength — and that, under our Tradition of self-support, *we are all going to foot the bill.*”

How can groups participate?

To help support A.A.’s essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group’s financial situation.

Once the basic group expenses have been taken care of (rent, refreshments, A.A. literature, local meeting lists), and a “prudent reserve” has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following A.A. service entities.

- **The local district**, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.
- **The area committee**, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.
- **The local intergroup or central office**, which may provide phone service for Twelfth Step calls and other inquiries; coordination of group activities; A.A. literature sales; institutions work; public information and cooperation with the professional community activities.
- **A.A.’s General Service Office**, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A.’s literature; and supplies information and experience to professionals and others interested in A.A.

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http://www.aa.org/en_pdfs/f-3_selfsupport.pdf*

Disclaimer

The opinions expressed in this newsletter are those of the individuals alone and not necessarily those of A.A. as a whole or those of the Central Service Committee of District 1&2. The editor reserves the right to edit submissions and cannot guarantee to publish all contributions. Anonymity will be protected, but contributors and correspondents are asked to include a contact phone number and full name (not for publication).

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Submissions for August 2007 issue are due on July 25, 2007

How to get the next Newsletter (August Edition):

Print-outs: available at Central Service Meeting, August 7

e-mail subscription: upon request to aahalifax@gmx.net

online: www3.ns.sympatico.ca/alcoholicsanonymous/

Editor: Sang-gye B.

Publication date is August 1, 2007

Tradition of the Month:

BILL W.: TRADITION SEVEN (JUNE 1948)

Our growth continuing, the combined income of Alcoholics Anonymous members will soon reach the astounding total of a quarter of a billion dollars yearly. This is the direct result of AA membership. Sober we now have it; drunk we would not.

By contrast, our overall AA expenses are trifling.

For instance, the AA General Service Office now costs us \$1.50 per member a year. As a fact, the New York office asks the groups for this sum twice a year because not all of them contribute. Even so, the sum per member is exceedingly small. If an AA happens to live in a larger metropolitan center where an intergroup office is absolutely essential to handle heavy inquiries and hospital arrangements, he contributes (or probably should contribute) about \$5.00 annually. To pay the rent of his own group meeting place, and maybe coffee and doughnuts, he might drop @25.00 a year in the hat. Or if he belongs to a club, it could be \$50.00. In case he takes the AA Grapevine, he squanders and extra \$2.50!

So the AA member who really meets his group responsibilities finds himself liable for about \$5.00 a month on the average. Yet his own personal income may be anywhere between \$200 and \$2,000 a month – the direct result of not drinking.

“But,” some will contend, “our friends want to give us money to furnish that new clubhouse. We are a new small group. Most of us are still pretty broke. What

then?”

I am sure that myriads of AA voices would now answer the new group saying: “Yes, we know just how you feel. We once solicited lot of good with other peoples’ money. But we found that kind of money too hot to handle. It aroused unbelievable controversy. It simply wasn’t worth it. Besides, it set a precedent which has tempted many people to use the valuable name of Alcoholics Anonymous for other than AA purposes. While there may be little harm in a small friendly loan which your group really means to repay, we really beg you to think hard before you ask the most willing friend to make a large donation. You can, and you soon will, pay your own way. For each of you these overhead expenses will never amount to more than the price of one bottle of good whiskey a month. You will be everlastingly thankful if you pay this small obligation yourselves.”

When reflecting on these things, why should not each of us tell himself: “Yes, we AAs were once burden on everybody. We were ‘takers.’ Now that we are sober, and by the grace of God have become responsible citizens of the world, why shouldn’t we now about-face and become ‘thankful giver’! Yes, it is high time we did!”

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A.A. HISTORY: HOW THE GRAPEVINE BEGAN

In the spring of 1944, just nine years after the Fellowship’s founding, a small group of A.A. member living in and around New York City began an A.A. magazine, with the goal of providing news of A.A. to members hungry for information about the growth of the Fellowship and the A.A. program of recovery. As one of the original editorial staff of the Grapevine recalled, “It’s hard to remember that in 1944 A.A.s themselves had little opportunity of communicating with each other outside of their own small groups; that an A.A. group in Arkansas had little idea of how an A.A. group in Ohio or New Jersey conducted its meetings; that many A.A. groups were so small and anonymous they couldn’t be found by traveling A.A.s . . . ; that there were no A.A. publications beyond the Big Book and one or two pamphlets.”

So, with the blessings of A.A.’s co-founder Bill W., the first issue of the Grapevine — whose title was meant to suggest an informal but powerful way to communicate

— was published in June 1944 as a large-format newsletter. In an effort to get the newsletter off to a good start, a copy of the first issue was sent to every group (totaling only about 300 at that time), as well as to all known A.A. members in the armed services overseas. It was hoped that a monthly A.A. paper would be especially helpful to these overseas members, as they were usually cut off from group meetings and direct contact with other members. Each month, an entire page was devoted to publishing the letters received from these members, with the heading, “Mail Call for All A.A.s in the Armed Forces,” and they soon began to refer to the Grapevine as their “meeting in print.” This designation has remained over the years, and current issues of the Grapevine and La Viña still carry the words “Our Meeting In Print” on the cover.

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Local & Regional Fellowship Events:

For further information on these events and more, please visit:
The in-official web-site for Area 82 at: <http://www.area82aa.org/>

NEW LOCATION:

District 6
32nd Mid-Summer Roundup

"Are You Amazed, Yet?"

July 27 — 29, 2007
Best Western Glengarry,
150 Willow Street,
Truro, N.S.

A.A. \$15 / Al-Anon \$12 / Banquet \$ 25

Chair: Dave MacN. 902.893.2749

Email: dmnchair@hotmail.com

Co-Chair: Linda R. 902.897.2408

Email: lindacochair@hotmail.com

Or visit: <http://www.area82aa.org/32midsummer.pdf>

BOOK YOUR ROOMS NOW FOR GOOD DEALS
at Best Western Glengarry and
Nova Scotia Community College

Friday July 27

Registration: 4pm
Al Anon Welcome Speaker
AA Welcome Speaker: Marietta (PEI)
Kitchen Party
A.A. Meetings

Saturday July 28

A.A. and Al Anon Meetings
A.A Skit featuring 'The Page 60 Players'
Workshop—Step 9 (Rich B.))
Old Timers Meeting
Banquet and Banquet Speaker: Chris S., NJ
Dance — Live Band (Juke)

Sunday July 29

Al Anon Spiritual Meeting
A.A. Meetings
A.A. Spiritual Meeting: Rich B., MD
Sobriety Countdown

19th Annual Courage Round-Up

August 10—12, 2007

From Friday at 5pm - Until Sunday at 3pm

Universalist Unitarian Church
5500 Inglis St, Halifax

The Courage Round-Up is a recovery weekend, sponsored by gay men and lesbians in A.A. but all A.A.s & AlAnons are welcome. We also welcome anyone who has a drinking problem or is affected by the alcoholism of others.

Registration is \$25, but no one will be turned away for lack of funds. Saturday lunch is included in registration; supper at a restaurant is an extra \$12 (estimate)

For more info

Call: (902)-425—8383

Email: courage449@yahoo.com

Web: www.rationallunacy.com/courageroundup



43rd Area 82

Nova Scotia, Newfoundland & Labrador

Assembly of A.A & Round-Up

hosted by District 1&2

October 5-7, 2007

Mount St. Vincent University
Bedford HWY
Halifax, NS

Registration: \$20 / Banquet: \$25

Contact: Chair—Paul B.: (902) 865—2164

Registration—Chair: Tim M. (902)-827—5235

Want to do service during/for this event? See p. 3