

# AA Newsletter

Central Service Committee of District 1&2 of Area 82  
 Halifax and Dartmouth, Nova Scotia  
[www.3.ns.sympatico.ca/alcoholicsanonymous](http://www.3.ns.sympatico.ca/alcoholicsanonymous)



## OUR A.A. EXPERIENCE HAS TAUGHT US THAT:

“ PROBLEMS OF MONEY, PROPERTY, AND AUTHORITY MAY EASILY DIVERT US FROM OUR PRIMARY SPIRITUAL AIM. WE THINK, THEREFORE, THAT ANY CONSIDERABLE PROPERTY OF GENUINE USE TO A.A. SHOULD BE SEPARATELY INCORPORATED AND MANAGED, THUS DIVIDING THE MATERIAL FROM THE SPIRITUAL. AN A.A. GROUP, AS SUCH, SHOULD NEVER GO INTO BUSINESS.

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SECONDARY AIDS TO A.A., SUCH AS CLUBS OR HOSPITALS WHICH REQUIRE MUCH PROPERTY OR ADMINISTRATION, OUGHT TO BE INCORPORATED AND SO SET APART THAT, IF NECESSARY, THEY CAN BE FREELY DISCARDED BY THE GROUPS. HENCE SUCH FACILITIES OUGHT NOT TO USE THE A.A. NAME. THEIR MANAGEMENT SHOULD BE THE SOLE RESPONSIBILITY OF THOSE PEOPLE WHO FINANCIALLY SUPPORT THEM. FOR CLUBS, A.A. MANAGERS ARE USUALLY PREFERRED. BUT HOSPITALS, AS WELL AS OTHER PLACES OF RECOVERY, OUGHT TO BE WELL OUTSIDE A.A. — AND MEDICALLY SUPERVISED. WHILE AN A.A. GROUP MAY COOPERATE WITH ANYONE, SUCH COOPERATION OUGHT NEVER TO GO SO FAR AS AFFILIATION OR ENDORSEMENT, ACTUAL OR IMPLIED. AN A.A. GROUP CAN BIND ITSELF TO NO ONE.

(TRADITION SIX—LONG FORM - REPRINTED FROM 'THE A.A. SERVICE MANUAL', PAGE S13 WITH PERMISSION OF A.A. WORLD SERVICES, IN. C)

### Conforming to the AA Way

We obey AA's Steps & Traditions b/c we really want them for ourselves. It is no longer a question of good or evil; we conform b/c we genuinely want to conform. Such is our process of growth in unity & function. Such is the evidence of God's grace & love among us? (AA comes of Age, p. 10)

It is fun to watch myself grow in AA. I fought conformity to AA principles from the moment I entered, but I learned from the pain of my belligerence that, in choosing to live the AA way of life, I opened myself to God's grace and love. Then I began to know the full meaning of being a member of Alcoholics Anonymous.

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## TRADITONS CHECKLIST:SIX

These questions were originally published in the A.A. Grapevine, in conjunction with a series on the Twelve Traditions, that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many A.A. groups have since used them as a basis for wider discussion.

1. Should my fellow group members and I go out and raise money to endow several A.A. beds in our local hospital?
2. Is it good for a group to lease a small building?

3. Are all the officers and members of our local club for A.A.s familiar with "Guidelines on Clubs" (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Some alcoholics will stay around A.A. only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

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# 43<sup>rd</sup> Area 82 Assembly and Round Up

## What Is an Assembly and What Is Area 82?

Area 82 of Alcoholics Anonymous is made up of 16 districts in Nova Scotia, Newfoundland and Labrador. There is an annual Assembly each year where GSRs, or representatives from each group from all 16 districts are invited (hosted either in Newfoundland or Nova Scotia) to discuss business items. This will be the 43<sup>rd</sup> Annual Assembly for our Area.

## When and Where Will the Assembly Be Held?

The 2007 Assembly will be held on the Mount Saint Vincent University campus on the Bedford Highway. There are lots of hotels nearby for those travelling. There is local bus service and plenty of parking for those in town. The Assembly will open on Friday, October 5<sup>th</sup> and will wind up on Sunday, October 7<sup>th</sup>.

## Something for Everyone!

There will be a Round Up on the same weekend for those not involved in the business of the Assembly. If you have been to the Midwinter Round Up in Dartmouth in February, you have some idea of what to expect. There will be entertainment on both Friday and Saturday nights, including a "kitchen party" (bring your favourite instrument(s) and your voice!) and a dance with a DJ. There will be a banquet on Saturday night as well. Throughout the weekend A.A. and Al Anon meetings will be held. Sunday will wrap up with the Spiritual Meeting.

Group representatives at the Assembly will be expected to attend business meetings throughout the day, but will have the opportunity to attend the banquet and the dance.

## How Much Does It Cost and How Do I Register?

The cost to attend the Assembly, whether you're a service person coming to business meetings, or whether you're attending the Round Up, is \$20. The Banquet costs \$25 per ticket. You can pre-register by mail at 4 Deepwood Drive, Porters Lake, NS, B3E 1G6. For more information, please contact Registration Chair Tim M. by phone at 902.827.5235, or by email at [2007assemblyarea82@gmail.com](mailto:2007assemblyarea82@gmail.com). Some of the Assembly Committee members have registration books, so if you hear that one of our members is at your meeting ask them about registering in person. The earlier you register, the easier it will be to plan this event!

## How Can I Get Involved?

The 2007 Assembly Committee usually meets on the second Sunday of each month at Mount Saint Vincent University. The positions of Co-Treasurer, Hospitality Co-Chair and Transportation Co-Chair are still available. For more information, please contact Committee Chair Paul B. at 902.865.2164 or email [2007assemblyarea82@gmail.com](mailto:2007assemblyarea82@gmail.com).

## Want More Information?

Area 82 Website: <http://www.area82aa.org/>

District 1 & 2 Website: <http://www3.ns.sympatico.ca/alcoholicsanonymous/>

2007 Assembly email: [2007assemblyarea82@gmail.com](mailto:2007assemblyarea82@gmail.com)

Gail S. for the Assembly Committee

## Invitation!

**And again the invitation to submit your feed-back in the form of letters or articles the editor:**

**[Aahalifax@gmx.net](mailto:Aahalifax@gmx.net)**

## Disclaimer

The opinions expressed in this newsletter are those of the individuals alone and not necessarily those of A.A. as a whole or those of the Central Service Committee of District 1&2. The editor reserves the right to edit submissions and cannot guarantee to publish all contributions. Anonymity will be protected, but contributors and correspondents are asked to include a contact phone number and full name (not for publication).

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How to get the next Newsletter:

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e-mail subscription: upon request to [aahalifax@gmx.net](mailto:aahalifax@gmx.net)

online: [www3.ns.sympatico.ca/alcoholicsanonymous/](http://www3.ns.sympatico.ca/alcoholicsanonymous/)

Publication Date is July 1, 2007

# Tradition of the Month:

## BILL W.: TRADITION SIX

MAY 1948

The sixth of our Twelve Points of A.A. Tradition is deemed so important that it states at length the relation of the A.A. movement to money and property.

This Tradition declares in substance that the accumulation of money, property, and the unwanted personal authority so often generated by material wealth comprise a cluster of serious hazards against which an A.A. group must ever be on guard.

Tradition Six also enjoins the group never to go into business nor ever to lend the A.A. name or money credit to any "outside" enterprise, no matter how good. Strongly expressed is the opinion that even clubs should not bear the A.A. name; that they ought to be separately incorporated and managed by those individual A.A.s who need or want clubs enough to financially support them.

We would thus divide the spiritual from the material, confine the A.A. movement to its sole aim, and ensure (however wealthy as individuals we may become) that A.A. itself shall always remain poor. We dare not risk the distractions of corporate wealth. Years of experience have proven these principles beyond doubt. They have become certainties, absolute verities for us.

Thank God, we A.A.s have never yet been caught in the kind of religious or political disputes which embroil the world of today. But we ought to face the fact that we have often quarreled violently about money, property, and the administration thereof. Money, in quantity, has always been a baleful influence in group life.

Let a well-meaning donor present an A.A. group with a sizable sum and we break loose. Nor does trouble abate until that group, as such, somehow disposes of its bankroll. This experience is practically universal. "But," say our friends, "isn't this a confession of weakness? Other organizations do a lot of good with money. Why not A.A.?"

Of course, we of A.A. would be the first to say that many a fine enterprise does a lot of good with a lot of money. To these efforts, money is usually primary; it is their lifeblood. But money is not the lifeblood of A.A.. With us, it is very secondary. Even in small quantities, it is scarcely more than a necessary nuisance, something we wish we could do without entirely. Why is that so?

We explain this easily enough; we don't need money. The core of our A.A. procedure is one alcoholic talking to another, whether that be sitting on a curbstone, in a home, or at a meeting. It's the message, not the place; it's the talk, not the alms. That does our work. Just places to meet and talk, that's about all AA needs. Beyond these, a few small offices, a few secretaries at their desks, a few dollars apiece a year, easily met by voluntary contributions. Trivial indeed, our expenses!

Nowadays, the AA group answers its well wishers saying: "Our expenses are trifling. As good earners, we can easily pay them. As we neither need nor want money, why risk its hazards? We'd rather stay poor. Thanks just the same!"

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## GUIDELINES & THOUGHTS ON CLUBS (PART I)

From A.A. Guidelines: Clubs

"It's important that club members and A.A. groups respect A.A.'s 12 Traditions, including the long form of Tradition Three that defines an AA. Group: "Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership depend on money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group., provided that, as a group, they have no other affiliation." The relationship between a club and an A.A. group is mutually beneficial when all involved respect the autonomy of the group. Members of a group may also be "club members", and pay dues to enjoy the privileges of the

club. However, there are no dues or fees for membership in an A.A. group, and each group is self-supporting with regard to rental payments for meeting place, coffee arrangements and literature.

Since the early days ...

There have always been A.A.s who have sought a place to go for coffee and conversation; a spot where members could gather for lunch; a place where they could gather socially on weekends and holidays.

In 1947, Bill W. wrote a Grapevine article on clubs that became part of our pamphlet "A.A. Tradition How it

*(Continued on page 5)*

# Service Calendar

## CENTRAL PHONE OFFICE

### Week-End Group Phone Service

	Sat	Sun
Downtown Dartmouth Group	Jun 2	Jun 3
Trailer Park 12&12 Group	Jun 9	
Gaston Road Group		Jun 10
Albro Lake Group	Jun 16	Jun 17
Cole Harbour Group	Jun 23	Jun 24
Colby Village Group	Jun 30	Jul 1
Mutual Group	Jul 7	Jul 8
Back to Basics	Jul 14	Jul 15
Groups pick up the key at the Central Phone office Mo—Fr 9am—5pm		



## METRO DRUG DEPENDENCY CENTER

Simpson Hall, NS Hospital, Dartmouth. All meetings at 8 pm.

Detox	Sun
Atlantic Group	Jun 3
Timberlea Group	Jun 10
Hfx Sunday Morning	Jun 17
Back to Basics	Jun 24
West End Study	Jul 1
Fresh Start Group	Jul 8
Keep it Simple	Jul 15

### 6th floor of the Simpson Bldg.

Attendance is limited to clients of this unit and members of the A.A. group putting on the meeting. The meeting format is "Speaker/Discussion" with time for questions

C.O.R.E.	Thu
Trailer Park 12&12	May 31
Bedford Group	Jun 7
Second Chance	Jun 14
Sund. Night Serenity	Jun 21
Acceptance Group	Jun 28
St. Margaret's Bay	Jul 5
Tallahassee Group	Jul 12

### 3rd floor of the Simpson Bldg.

Open Speaker/Discussion meeting of A.A., and it is named "Pass It On Group". The meeting is open to clients of the C.O.R.E. program, as well as other A.A. members.

**For more information, contact: Bruce Mac: 830-4272**

## SERVICE MEETINGS

Jun 5	Tuesday Central Service Committee United Memorial Church Young St, Halifax	7 pm
Jun 10	Sunday 2008 Winter Round-Up * Committee Holiday Inn Wise Rd, Dartmouth	1 pm
Jun 10	Sunday 2007 Assembly Committee Mt St Vincencnt University, Student Union Bldg' Bedford Highway,	3:30 pm
May 20	Sunday District 2—GSR Meeting Club 24 Dundas St, Dartmouth	6:30 pm
Jun 24	Sunday * District 1—GSR Meeting George-Dixon-Centre, Gottingen St. Halifax	1 pm

\* Attention:

Due to construction, there will be no parking available at the George Dixon Centre during June and July. Please use parking on Brunswick, Charles & Maynard St. instead.

# Service Positions

**2008 Mid-Winter Round-Up: Treasurer, Hospitality Co-Chair, Entertainment Co-Chair**

The 2008 Mid-Winter Round-Up Committee has these three vacancies. To volunteer members must be present at the next meeting (see page 4). Contact:

Tim M. **827-5235**

**2007 Assembly: Co-Treasurer, Transportation Co-Chair, Hospitality Co-Chair**

The 2007 Assembly Committee calls for volunteers to take over the above positions. Contact:

Gail S. **431-0587**  
staceys@eastlink.ca

**2007 Assembly: Drivers Needed**

Volunteers are needed to transport our Trusted Servants between the Airport and Mount St. Vincent on the weekend of the Area 82 Assembly/Round-Up. (Oct 6-7, 2007). Contact:

Barb M. **857-9803**  
bmesservey@hotmail.com or  
2007assemblyarea82.gmail.com

**Phone Office: Volunteers—URGENT!**

The Central Service Phone Office urgently requires members to answer the day-time and over-night phones. If you can dedicate some time to this vital service, please call the Phone Office ASAP and arrange for an individual orientation session.

Central Phone Office **461-1119**

**Public Information Committee: Volunteers**

The PI Committee is looking for volunteers who would be willing to present A.A. Contact:

Mary W. **477-9176 or**  
Tom R. **832-5028**

From Dr. Bob's Last Message:  
(1950)

Our 12 steps, when simmered down to the last, resolve themselves into the words love and service.

We understand what love is and we understand what service is. So let's bear those two things in mind.

## GUIDELINES & THOUGHTS ON CLUBS (PART II)

(Continued from page 3)

Developed." The title carried the question, "Clubs in A.A.—Are They With Us to Stay?" Today, the answer to that question can be "yes". The success and the endurance of the club idea can be ascribed to the wisdom and guidance expressed in Bill's article and to the willingness of club minded A.A.s to help make them work. These A.A.s make it possible for a club to function effectively without detracting from A.A.'s source of recovery—the A.A. group. Experience demonstrates that a club can live in harmony with the A.A. community and serve a very useful purpose for those who find a club helpful.

### Getting Started

Even though a club is not "A.A.", many will think of the club as A.A.—particularly the non-A.A.s in your community. While it is suggested that the name of the club not involve A.A., the club members stick carefully to A.A.'s 12 Traditions and accept funds only from club members. Naturally, this exclude any kind of fundraising that would involve the public. Dues and contributions from club members keep the club going, in addition to rent money from A.A. groups that hold their meetings in the club" ....

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From: Bill W. "Clubs in A.A." (April 1947)

... "As the majority view, we might suppose that to be a blanket endorsement for clubs; we might think we couldn't get along without them. We might conceive them as a central AA. Institution—a sort of "thirteenth step" of our recovery program without which the other 12 Steps wouldn't work. At times club enthusiasts will act as though they really believed we could handle our alcohol problems by club life alone. They are apt to depend upon clubs rather than upon the A.A. program

But we have AA.s, rather a strong minority, too, who want no part of clubs. Not only, they assert, does the social life of a club often divert the attention of members from the program, they claim that clubs are an actual drag on A.A. progress. They point to the danger of clubs degenerating into mere hangouts, even "joints"; the stress the bickerings that do arise over questions of money, management, and personal authority; they are afraid of "incidents" that might give us unfavorable publicity. In short, they "view with alarm." Thumbs down on clubs they say." ...

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# Birthdays & Anniversaries

Jun 4	Monday Colby Village BB Study Sandy M. 1 yr	8 pm	Jun 25	Monday Timberlea Group Mary F. 24 yrs. Debbie C. 15 yrs.	8:38 pm
Jun 14	Thursday The Early Risers Jim M. 10 yrs.	7 am	Jun 27	Wednesday Back to Basics Allan K. 1 yr. Becky D. 1 yr.	8 pm
Jun 14	Thursday Highland Park Group Diana 12 yrs. Murdo 15 yrs.	9 pm	Jun 28	Thursday World Famous Hubbards Group Derek J. 2 yrs. Fred D. 25 yrs.	8 pm
Jun 16	Saturday Welcome Group Don W. 35 yrs	8 pm	Jun 28	Thursday West End Step Group Anna P. 1 yr.	8 pm
Jun 17	Sunday Sunday Night Serenity Trudy D. 5 yr	7 pm	Jun 28	Thursday Four Seasons Group Philip W. 22 yrs. Bordon B. 12 yrs. Paul T. 11 yrs. Nick 4 yrs	8 pm
Jun 20	Wednesday Back to Basics Lori B. 3 yrs.	8 pm	Jun 28	Thursday Gaston Road Group Judy F. 28 yrs. Tony D. 5 yrs. Ron L. 4 yrs.	8:30 pm
Jun 21	Thursday Highland Park Group Reed 8 yrs.	9 pm	Jun 28	Thursday Highland Park Group 37 Years Group Anniversary	9 pm
Jun 22	Friday Back to Basics 12 Years Group Anniversary Meeting & Potluck	7 pm	Jun 29	Friday Mutual Group Jim M. 23 yrs. Jeff N. 15 yrs.	8 pm
Jun 24	Sunday St. Margaret's Bay Group Graydon C. 12 yrs. Mike C. 25 yrs.	8 pm	Jul 1	Sunday Sunday Night Serenity Jane N. 5 yrs.	7 pm
Jun 25	Monday Live and Let Live Group John S. 11 yrs.	8 pm	Jul 4	Wednesday Back to Basics Darryl B. 7 yrs.	8 pm
Jun 25	Monday Downtown Dartmouth Rod. M.d 18 yrs. Frank S. 13 yrs. Jason K. 8 yrs. Shan M. 8 yrs. Jack D. 8 yrs. Amy T. 3 yrs. Tim 2 yrs.	8 pm			

Happy Birthday to All and Keep Coming Back!

The Stats: 390 Years of Sobriety. The Average A.A. Age is: 11.45 years. Congratulations!

# Announcements

## New Noon Meeting: Halifax, Cornwallis St.

How wonderful! On June 4 another Noon meeting in Halifax will open its doors to 'you people' at the

**Gordon B. Isner Building,  
5565 Cornwallis St.**

**Mondays 12:15 pm**

### Directions:

Take the back-entrance. There will be signs posted. Parking is available on both sides of the building and also in the back.

Contact:

Terry B. 422 8060 or  
Tom 209 1088

## Rawdon Trial and Error Group: Off for the summer!

The Rawdon Trial and Error Group will have no meetings during the months of June, July, August & September.

## New Meeting: Ship Harbour (OD)

As of April 1 we are invited to fellowship and breakfast in Ship Harbour. The new group meets at the

**Tangier Deanery Center, West Ship Harbour Rd  
Ship Harbour**

**Sundays 11 am**

### Directions:

4km from intersection of West Ship Harbour Rd. with HYW#7, take a left on Deanery Rd.

Parking is available and the location is wheelchair accessible. **Good Luck, guys!**

## Keep It Simple Group: Meeting Schedule

This noon meeting offers a variety of different meeting formats and great fellowship:

**Mo-Fri 12 pm**

**Mo & We Big Book Study Meeting (CD)**

**Tu & Th Beginners' Meeting (OD)**

**Fr Speaker Meeting (OS)**

**Club 24 - 4 Dundas St, Dartmouth**

## Parker Street Group: Meeting folded

The new meeting at 2425 Maynard St, which was announced in March's newsletter has folded.

## Living in the Solution Group: New Study Cycle (CD)

Since April, the by now well-loved 'Living in the Solution Group' commenced a new cycle of study. This time they are working their way through the book 'The Twelve Steps and Twelve Traditions of Alcoholics Anonymous'. Bring your 12&12 and join them

**Mondays 7:30 pm**

**The Lutheran Church of the Resurrection,  
Corner Windsor/Allan St  
Halifax**

(use the Allan St. entrance)

## Former Woodside Group (CD): New Name and New Location

Folks, correct your Meeting Lists: The Woodside Group closed and re-opened last August as

**Trailer Park 12 Step & 12 Tradition Study Group**

**Wednesdays 8 pm**

**19 Woodlawn Trailer Court, Dartmouth**

## Young Peoples Group: Member Support still Needed

Support is still needed from you at the Halifax Young Peoples Group. The meeting is open to all— young and young at heart

**Fridays 8:30pm**

St Matthews United Church, 1470 Barrington St Hfx

"This is a selfish program!"

And what does THE BOOK say?:

"Our very lives, as ex-problem drinkers depend upon our constant thought of others and how we may help meet their needs." AAB, page 20 para 1

"Selfishness, self-centeredness! That, we think, is the root of our troubles." AAB, page 62, para 2

# Local & Regional Fellowship Events:

For further information on these events and more, please visit:  
The in-official web-site for Area 82 at: <http://www.area82aa.org/>

## Area 82

### ***Nova Scotia Service Weekend*** ***June 1 - 3, 2007***

Nova Scotia Agricultural College  
Truro, NS.

### District 7 hosting ***42<sup>nd</sup> Annual*** ***NS Provincial Roundup***

#### **“Steps to Happiness”**

**June 8—10, 2007**

Dr. John Hugh Gillis Regional High School  
105 Braemore Avenue  
**Antigonish, NS.**

Door: \$10/pp, \$15 Banquet  
\$25/pp Weekend

### 19th Annual Courage Round-Up August 10—12, 2007

From Friday at 5pm - Until Sunday at 3pm

Universalist Unitarian Church  
5500 Inglis St, Halifax

The Courage Round-Up is a recovery weekend, sponsored by gay men and lesbians in A.A. but all A.A.s & AlAnons are welcome. We also welcome anyone who has a drinking problem or is affected by the alcoholism of others.

Registration is \$25, but no one will be turned away for lack of funds. Saturday lunch is included in registration; supper at a restaurant is an extra \$12 (estimate)

For more info

Call: 902-425-8383

Email: [courage449@yahoo.com](mailto:courage449@yahoo.com)

Web: [www.rationallunacy.com/courageroundup](http://www.rationallunacy.com/courageroundup)

### District 6 ***32<sup>nd</sup> Mid-Summer Roundup***

#### **“Are You Amazed, Yet?”**

**July 27 — 29, 2007**

Holiday Inn, 437 Prince Street

**Truro, NS.**

A.A. \$15 / Al-Anon \$12 / Banquet \$  
25

Speakers from P.E.I., New Jersey and Maryland

9th-Step-Workshop, Live Band, Kitchenparty, Skids  
And MUCH more

Contact: Dave MacN. 902.893.2749  
Or Linda R. 902.897.2408



43<sup>rd</sup> Area 82

Nova Scotia, Newfoundland & Labrador

### Assembly of A.A & Round-Up

hosted by District 1&2

October 5-7, 2007

Mount St. Vincent University  
Bedford HWY  
Halifax, NS

Registration: \$20 / Banquet: \$25

Contact: Chair—Paul B.: 902-865-2164  
Registration—Chair: Tim M. 902-827-5235