

# AA Newsletter

Central Service Committee of Area 82, Districts 1 & 2, Halifax Regional Municipality

To contact Alcoholics Anonymous, call (902) 461-1119 (24 hours per day, 7 days per week)

Website: [www3.ns.sympatico.ca/alcoholicsanonymous](http://www3.ns.sympatico.ca/alcoholicsanonymous)

## Metro Drug Dependency Center

2nd Floor of Purdy, NS Hospital, Dartmouth. All meetings at 8 pm

Group — Detox Meeting	Sunday
WELCOME GROUP	Nov 2
HUBBARDS GROUP	Nov 9
ALBRO LAKE GROUP	Nov 16
MUTUAL GROUP	Nov 23
TRAILER PARK 12&12	Nov 30
GRATEFUL GROUP	Dec 7

### 2nd floor of the Purdy Bldg.

Attendance is limited to clients of this unit & members of the A.A. group putting on the meeting. The meeting format is "Speaker/Discussion" with time for questions at the end.

Group — Additions Services Meeting	Thursday
<b>NOTICE:</b> Meetings are cancelled until further notice.	

For more information, contact: Pat R. at 857-1006 or [patwr@eastlink.ca](mailto:patwr@eastlink.ca)

## Central Phone Office

Group	Sat	Sun
Welcome Group	Nov 1	Nov 2
Gaston Road	Nov 8	Nov 9
Cole Harbour	Nov 15	Nov 16
Colby Village	Nov 29	Nov 30
Mutual Group	Dec 6	Dec 7
Back to Basics	Dec 13	Dec 14

Groups pick up the key at the Office, Mon to Fri, 9 am - 5 pm

### Phone Office Volunteers Still Needed

The Central Service Phone Office always welcomes volunteers who would like to answer the daytime and overnight phones. If you can dedicate some time to this vital service, please call the Phone Office and arrange for an individual orientation session.

Central Service Phone Office: **461-1119**

**Newsletter Contact:** [aahalifax@gmail.com](mailto:aahalifax@gmail.com) or optionally by phone (902) 405—6535. Announcements for the next newsletter are due on 25th of the month. Printouts available at: Central Service Meeting. Request to get on the e-mail list!

## Service Calendar

Service Event	Date & Time	Location
Central Service Meeting	Tues, Nov 4 7:00 PM	United Memorial Church, Young St., Halifax
Workshop "The Relationship Between AA and Al-Alon"	Sun, Nov 16 1:00 PM	Club 24 Dundas St, Dartmouth (main level)
GSR Meeting District 2	Sun, Nov 16 6:30 PM	Club 24 Dundas St, Dartmouth (basement, side door)
GSR Meeting District 1	Sun, Nov 30 1:00 PM	George-Dixon-Centre, Gottingen St., Halifax

# AA Newsletter

## Birthdays

Nov 1 Sat 8:00 PM	Porter's Lake Group	Jim L Janet J Marie L Scott S	2 3 4 23	Nov 25 Tues 8:00 PM	Sunrise Group	Gordie P Judy F Tony C Malcolm B	56 13 6 1
Nov 3 Mon 8:00 PM	Grateful Group	Martin K	12	Nov 26 Wed 8:00 PM	Back to Basics	Dawn E Danny B	1 1
Nov 3 Mon 8:00 PM	Downtown Dartmouth	Frank C	60	Nov 27 Thur 8:00 PM	Four Seasons	John C Andrea O Andy C	4 9 37
Nov 3 Mon 8:00 PM	Colby Village B.B.S.G.	George M	27	Nov 27 Thur 7:00 PM	Hubbards Group	Carl C	15
Nov 5 Wed 8:00 PM	Trailer Park 12 and 12	Tim M	2	Nov 28 Fri 8:30 PM	Bedford Group	Rick F Jack Darla	1 1 4
Nov 7 Fri 8:30 PM	Halifax Young People's Group	Stephanie John G Ed C	5 6 9	Nov 28 Fri 8:00 PM	Mutual Group	Joan F	2
Nov 15 Sat 8:00 PM	Porter's Lake Group	Tim M Linda P	4 14	Nov 30 Sun 8:00 PM	St Margaret's Bay	Pat R Gisele B	24 7
Nov 24 Mon 8:30 PM	Timberlea	Chris C Sam E	15 1	Nov 30 Sun 8:00 PM	Downtown Dartmouth	Michael D	5
Nov 24 Mon 8:00 PM	Downtown Dartmouth	Colysta A Hathy M Steve M Deb K Evan K	8 5 3 2 2	Dec 3 Wed 8:00 PM	Trailer Park 12 & 12	Bernie S	11
Nov 26 Wed 8:00 PM	Back to Basics	Danny B	1	Dec 6 Sat 8:00 PM	Welcome Group	Derrick T	4
				Dec 3 Wed 8:00 PM	Back to Basics	Nancy M	6

# AA Newsletter

## Birthdays Cont'd

Dec 10 Wed 8:00 PM	Back to Basics	Bruce	2
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## Group Announcements

### Halifax Young People's Needs Support

Support is still needed from you! The Halifax Young People's Group meets at St. Matthews United Church on 1479 Barrington St, Halifax every Friday Night at 8:30 PM. Enter by the north stairs (by the Maritime Center) to the side door. The meeting is open to all—Young and Young at Heart!

### Early Risers Meeting Anniversary

The Early Risers Meeting, Club 24, 3 Dundas St. in Dartmouth is celebrating their 7th Anniversary on Wednesday, Nov 26th.

### Welcome Group Anniversary

The Welcome Group will be celebrating their 37th anniversary on December 6th.

### New Meeting—Live For Today

Starting Saturday, October 11th. O.D. (O.S. Last), on Prospect Road from 8:30-9:30. Directions: 2320 Prospect Road, Saint Timothy's Church. Close to Holt's Take-out and Convenience Store.

### Step 11 Meditation Group

When: Tuesdays 7 pm  
Where: HALIFAX SARPASHANA  
3rd Floor, Shambhala School  
Gottingen at Russell, Gottingen Entrance

- Step and Big Book Study, with discussion
  - Meditation instruction offered
- Open to all who suffer from substance abuse

## Service Announcements

### New Detox Location

Detox is open again and there is a new location (as per the front page). 2nd Floor of Purdy, which is the building you face when you drive into the driveway (with Simpson at your left).

Groups should enter through the main doors of the Purdy Building, which is the one facing you when you drive onto the NS Hospital grounds. From the reception area, take the elevator to the 2nd floor. There are arrows on the wall to show people where to go, and the Detox arrow points to the right. After that you can't miss it.

### Literature Donations for Corrections

The Corrections Committee is look for donations of conference approved literature from groups or individuals in AA. Particularly popular are Big Books, 12 & 12s, Daily Reflections, Came to Believe, and Living Sober – as well as Grapevine magazines. It doesn't matter how old they are, what version, or how battered – the inmates really appreciate them. Members can give them to their GSR, bring them to the Mutual Group on Fridays at 8 p.m., or contact Gail Stacey at [staceys@eastlink.ca](mailto:staceys@eastlink.ca) or 431.0587.

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## Service Announcements Cont'd

### Workshop "Relationship between AA and Al-Anon"

November 16 is the next workshop hosted by District 2. The workshop topic is "The Relationship between AA and Al-Anon". It is being held at 1pm on the mainlevel of Club 24, 3 Dundas Street, Dartmouth. This workshop will be open to both AA and Al-Anon members.

## Service Positions

### District 2 Positions Open

November 16 @ 6:30 pm is the next District 2 Business meeting for GSRs & Group Representatives. We are in need of members to put their name forward for the positions of Alternate DCM, Secretary and Treasurer to start in January of 2009, for a two year term. Any questions about these positions, please call Arlene P at 465-4050.

### District 1 & 2 Committees

At the District 1 & 2 level, we are in need of a Treatment Facilities Chair & Co-chair, a PI Co-chair, and a CPC Co-chair. If interested in one of those positions, please attend either a District 1 or 2 Business meeting to put your name forward (see the front page).

### Entertainment Committee Sought

To continue the good old tradition of sober dances!

Interested in either of these positions? Come and attend the next Central Service Meeting and/or contact:

Jennifer B., CS Chair: 489—1776.

### Male & Female Volunteers Needed

Volunteers are still needed to put on meetings at the Correctional Facility in Dartmouth (i.e., Burnside). To apply please contact:

Gail S., Chair: 431.0587 or  
email [staceys@eastlink.ca](mailto:staceys@eastlink.ca)

### Hospital Visitation Committee Visiting A.A. Members in Hospitals

A.A. members facing hospitalization in HRM can get support from local A.A. members. The volunteers are available to break the spell of loneliness and isolation, that often aggravates an already unpleasant experience. To arrange these visits the patient, fellow A.A.s, his/her friends, and family may call the Chairperson of the Hospital Visitation Committee before or during the individual's stay in HRM's health institutions. The Chairperson confirms the request with the patient and dispatches members to visit and report back.

Spread the word if you travel to other districts. We want members from all the Atlantic Provinces to know about us so we can visit when it is needed.

For more information or to serve on the "Hospital Visitation Committee," contact:

Central Service Phone Office 461-1119.

Leave your name and number for:

Garth MacA., Chair, Hospital Visitation Committee.

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More information on these and other Regional Fellowship Events on: <http://www.area82aa.org>

## District 4

### 30th Annual Lighthouse Round-Up

November 7, 8, 9, 2008

Rodd's Grand Hotel  
Yarmouth, Nova Scotia

#### ***Alcoholics Anonymous and Al-Anon***

Theme: 30 Year's One Day At A Time  
A.A. Archives

Meetings All Weekend

Registration: \$10

Banquet: \$23

Hotel Room Price (Single, Double, Triple): \$83

Grand Hotel (toll free): 1-800-565-RODD

#### ***For more information:***

(902) 247-1587

(902) 665-4090

E-Mail: [lighthouse roundup@hotmail.com](mailto:lighthouse roundup@hotmail.com)

## Districts 1 & 2

### Meeting Lists

Available at the Central Service Meeting or:

[www3.ns.sympatico.ca/alcoholicsanonymous](http://www3.ns.sympatico.ca/alcoholicsanonymous)

Literature Representative:

Victor L.: 435-6613

# APPLICATION FOR AGENCY REPRESENTATIVE / VOLUNTEER VISITS TO CENTRAL NOVA SCOTIA CORRECTIONAL CENTRE

Women's Meetings \_\_\_\_\_ Men's Meetings \_\_\_\_\_

Do you have a vehicle? \_\_\_\_\_ Are you able to drive another volunteer to a meeting? \_\_\_\_\_

Surname: \_\_\_\_\_

Given Names: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ (write out month)

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Agency Affiliation: Alcoholics Anonymous – District 1 & 2

Agency Address: Metro Halifax Dartmouth and Area

Day(s) of Visit: Wednesday Nights Program: Alcoholics Anonymous

I hereby authorize the Halifax Correctional Centre to complete inquiries, including with policies agencies, in order to ascertain my suitability for involvement with above noted program.

\_\_\_\_\_  
Signature Date

Received CNSFC: \_\_\_\_\_

Recommended / Not Recommended

\_\_\_\_\_  
Signature Date

APPROVED / NOT APPROVED

\_\_\_\_\_  
Superintendent Date

Photo Identification Produced:

\_\_\_\_\_  
Signature Date

\_\_\_\_\_  
*Please return to your GSR or contact Gail Stacey at 431.0587 or staceys@eastlink.ca.*



# Sunshine of the Spirit

## 31<sup>st</sup> Annual Mid-Winter Roundup, Districts 1 & 2

HOLIDAY INN - DARTMOUTH, NS

February 20-22, 2009

Registration: \$20.00 - AA, Al-Anon & Other/\$10.00 - Alateen

Banquet: \$28.00 (banquet limit 200)

Members registered by January 17, 2009 will be entered in a draw for one free registration, one free banquet ticket, and one night's free room.

Mail Registration to: 305-1407 St. Margaret's Bay Rd.  
Lakeside, NS B3T 1K2

For info contact: Darryl, chair - (902) 830-1444  
Kim, registration chair - (902) 876-1907

Return this portion with cheque (payable to *Mid-Winter Roundup*):

	<u>Please circle one:</u>	<u>Banquet Ticket:</u>
Contact Registrant Name: _____	AA / Al-Anon / Alateen / Other	Yes / No
Telephone: _____ Address: _____		
2 <sup>nd</sup> Registrant Name: _____	AA / Al-Anon / Alateen / Other	Yes / No
3 <sup>rd</sup> Registrant Name: _____	AA / Al-Anon / Alateen / Other	Yes / No

for additional registrants, please use the back of this slip

Amount Enclosed: \_\_\_\_\_