

AA Newsletter

Central Service Committee of Area 82, Districts 1 & 2, Halifax Regional Municipality
 To contact Alcoholics Anonymous, call (902) 461-1119 (24 hours per day, 7 days per week)
 Website: www3.ns.sympatico.ca/alcoholicsanonymous

Metro Drug Dependency Center

2nd Floor of Purdy, NS Hospital, Dartmouth. All meetings at 8 pm

Group — Detox Meeting	Sunday
FRESH START	Oct 5
LIVING IN THE SOLUTION	Oct 12
KEEP IT SIMPLE	Oct 19
HIGHLAND PARK	Oct 26
WELCOME GROUP	Nov 2
HUBBARDS GROUP	Nov 9

Group — Additions Services Meeting	Thursday
NOTICE: Meetings are cancelled until further notice.	

2nd floor of the Purdy Bldg.

Attendance is limited to clients of this unit & members of the A.A. group putting on the meeting. The meeting format is "Speaker/Discussion" with time for questions at the end.

For more information, contact: Pat R. at 857-1006 or patwr@eastlink.ca

Central Phone Office

Group	Sat	Sun
West End Step	Oct 4	Oct 5
Highland Park	Oct 11	Oct 12
Sunrise	Oct 18	Oct 19
Downtown Dartmouth	Oct 25	Oct 26
Welcome Group	Nov 1	Nov 2

Groups pick up the key at the Office, Mon to Fri, 9 am - 5 pm

Phone Office Volunteers Still Needed

The Central Service Phone Office always welcomes volunteers who would like to answer the daytime and overnight phones. If you can dedicate some time to this vital service, please call the Phone Office and arrange for an individual orientation session.

Central Service Phone Office: **461-1119**

Newsletter Contact: aahalifax@gmail.com or optionally by phone (902) 405—6535. Announcements for the next newsletter are due on 25th of the month. Printouts available at: Central Service Meeting. Request to get on the e-mail list!

Service Calendar

Service Event	Date & Time	Location
Mid-Winter Round-Up Committee Meeting	Sun, Oct 5 1:00 PM	Holiday Inn, Dartmouth, Room 619
Central Service Meeting	Tues, Oct 7 7:00 PM	United Memorial Church, Young St., Halifax
GSR Meeting District 2	Sun, Oct 19 6:30 PM	Club 24 Dundas St, Dartmouth (basement, side)
GSR Meeting District 1	Sun, Oct 26 1:00 PM	George-Dixon-Centre, Gottingen St., Halifax

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Birthdays

Oct 2 Thur 9:00 PM	Highland Park	Tina M Jack C	4 28	Oct 27 Mon 8:30 PM	Timberlea	Scott O John M	2 11
Oct 8 Wed 8:00 PM	Back to Basics	Janet C Mary W	5 7	Oct 28 Tues 8:00 PM	Sunrise Group	David B Harvey G Greg S	30 30 32
Oct 16 Thur 9:00 PM	Highland Park	Miles S	22	Oct 30 Thur 8:00 PM	Four Seasons	Paul K Charlie R	8 16
Oct 16 Thur 8:00 PM	West End Step	Tony D	2	Oct 31 Fri 8:00 PM	Mutual Group	Kevin A Melvin	20 31
Oct 20 Mon 8:00 PM	A Nudder Chance	Terry B	11	Nov 1 Sat 8:00 PM	Porter's Lake Group	Jim L Janet J Marie L Scott S	2 3 4 23
Oct 25 Sat 8:00 PM	Welcome Group	Wayne S	1	Nov 3 Mon 8:00 PM	Downtown Dartmouth	Frank C	60
Oct 26 Sun 8:00 PM	St.Margaret's Bay	Walter M Phil V	35 21	Nov 3 Mon 8:00 PM	Colby Village B.B.S.G.	George M	27
Oct 27 Mon 8:00 PM	Downtown Dartmouth	Andy S Thomas Pat C Connie H Lynn S Victor L	1 1 3 5 5 28	Nov 5 Wed 8:00 PM	Trailer Park 12 and 12	Tim M	2
Oct 27 Mon 8:00 PM	Grateful Group	Mike M	5	Nov 15 Sat 8:00 PM	Porter's Lake Group	Tim M Linda P	4 14

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Group Announcements

New Location For Back to Basics Group

Back to Basics will be in their new location beginning Wednesday, October 15th. Our new home will be 321 Main Avenue in Fairview. We hope to see everyone there! Meeting times remain the same: Wednesday at 8pm and Friday at 7pm.

Grateful Group Has Moved

Grateful group (Monday night 8:30 PM) has moved to a new location in the same building. Use the door on the right of the St. Lawrence Hall, go straight to the back of the building and turn left to our new meeting room.

New Meeting—Live For Today

Starting Saturday, October 11th.
O.D. (O.S. Last), on Prospect Road from 8:30-9:30.
Directions: 2320 Prospect Road, Saint Timothy's Church. Close to Holt's Take-out and Convenience Store.

Step 11 Meditation Group

When: Tuesdays 7 pm
Where: HALIFAX SARPASHANA
3rd Floor, Shambhala School
Gottingen at Russell, Gottingen Entrance

- Step and Big Book Study, with discussion
 - Meditation instruction offered
- Open to all who suffer from substance abuse

BYOBB Meeting is CD

Please be advised that the BYOBB group is henceforth a closed discussion meeting.

Service Announcements

Mid-Winter Round-Up Meeting

The next Mid-Winter Round-up Committee meeting will be held on Oct 5, 1:00 pm at the Holiday Inn (room 619), Dartmouth.

New Detox Location

Detox is open again and there is a new location (as per the front page). 2nd Floor of Purdy, which is the building you face when you drive into the driveway (with Simpson at your left).

Groups should enter through the main doors of the Purdy Building, which is the one facing you when you drive onto the NS Hospital grounds. From the reception area, take the elevator to the 2nd floor. There are arrows on the wall to show people where to go, and the Detox arrow points to the right. After that you can't miss it.

Literature Donations for Corrections

The Corrections Committee is look for donations of conference approved literature from groups or individuals in AA. Particularly popular are Big Books, 12 & 12s, Daily Reflections, Came to Believe, and Living Sober – as well as Grapevine magazines. It doesn't matter how old they are, what version, or how battered – the inmates really appreciate them. Members can give them to their GSR, bring them to the Mutual Group on Fridays at 8 p.m., or contact Gail Stacey at staceys@eastlink.ca or 431.0587.

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Service Announcements Cont'd

New DVDs and CDs from GSO

GSO is now offering new DVD and CDs, the cost of each disc ranges from \$3 - \$10.

The topics of the DVDs are "Young People and A.A.", "Carrying the Message Behind these Walls", "Your A.A. General Service Office, the Grapevine, and the General Service Structure", and "It Sure Beats Sitting in a Cell"

The topics of the CDs are "A.A. Comes of Age", "Three Legacies, By Bill", "Voices of Our Co-Founders", "Bill Discusses the Twelve Traditions", "Pioneers of A.A.", and "A Breif Guide to Alcoholics Anonymous"

Service Positions

Entertainment Committee Sought

To continue the good old tradition of sober dances!

Interested in either of these positions? Come and attend the next Central Service Meeting and/or contact:

Jennifer B., CS Chair: 489—1776.

Male & Female Volunteers Needed

Volunteers are still needed to put on meetings at the Correctional Facility in Dartmouth (i.e., Burnside). To apply please contact:

Gail S., Chair: 431.0587 or
email staceys@eastlink.ca

Hospital Visitation Committee Visiting A.A. Members in Hospitals

A.A. members facing hospitalization in HRM can get support from local A.A. members. The volunteers are available to break the spell of loneliness and isolation, that often aggravates an already unpleasant experience. To arrange these visits the patient, fellow A.A.s, his/her friends, and family may call the Chairperson of the Hospital Visitation Committee before or during the individual's stay in HRM's health institutions. The Chairperson confirms the request with the patient and dispatches members to visit and report back.

Spread the word if you travel to other districts. We want members from all the Atlantic Provinces to know about us so we can visit when it is needed.

For more information or to serve on the "Hospital Visitation Committee," contact:

Central Service Phone Office 461-1119.

Leave your name and number for:

Garth MacA., Chair , Hospital Visitation Committee.

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More information on these and other Regional Fellowship Events on: <http://www.area82aa.org>

District 4

30th Annual Lighthouse Round-Up

November 7, 8, 9, 2008
Rodd's Grand Hotel
Yarmouth, Nova Scotia

Alcoholics Anonymous and Al-Anon

Theme: 30 Year's One Day At A Time
A.A. Archives

Meetings All Weekend

Registration: \$10

Banquet: \$23

Hotel Room Price (Single, Double, Triple): \$83

Grand Hotel (toll free): 1-800-565-RODD

For more information:

(902) 247-1587

(902) 665-4090

E-Mail: lighthouse roundup@hotmail.com

Area 81 Fall Assembly and Round-up

Howard Johnson Dutch Inn, Cornwall, P.E.I.

October 31st, November 1 & 2, 2008

Begins Friday, October 31 at 3:00 p.m.

Ends Sunday, November 2 at 12 p.m.

Registration Cost: \$37.00

Includes, coffee, tea, dinner, dance and all meetings.

Banquet at 6:00 p.m. on Saturday, November 1.

Dance with live band following banquet! Continuous marathon meetings all weekend!

Room rates: \$89.00 plus tax (per night Single or Double occupancy)

Committee Chair: Catherine (902) 892-0726

DCM District 2: Jim (902) 368-3786

Districts 1 & 2

Meeting Lists

Available at the Central Service Meeting or:

www3.ns.sympatico.ca/alcoholicsanonymous

Literature Representative:

Victor L.: 435-6613

APPLICATION FOR AGENCY REPRESENTATIVE / VOLUNTEER VISITS TO CENTRAL NOVA SCOTIA CORRECTIONAL CENTRE

Women's Meetings _____ Men's Meetings _____

Do you have a vehicle? _____ Are you able to drive another volunteer to a meeting? _____

Surname: _____

Given Names: _____

Date of Birth: _____ (write out month)

Address: _____

Phone: _____ Email: _____

Agency Affiliation: Alcoholics Anonymous – District 1 & 2

Agency Address: Metro Halifax Dartmouth and Area

Day(s) of Visit: Wednesday Nights Program: Alcoholics Anonymous

I hereby authorize the Halifax Correctional Centre to complete inquiries, including with policies agencies, in order to ascertain my suitability for involvement with above noted program.

Signature Date

Received CNSFC: _____

Recommended / Not Recommended

Signature Date

APPROVED / NOT APPROVED

Superintendent Date

Photo Identification Produced:

Signature Date

Please return to your GSR or contact Gail Stacey at 431.0587 or staceys@eastlink.ca.



Sunshine of the Spirit

31st Annual Mid-Winter Roundup, Districts 1 & 2

HOLIDAY INN - DARTMOUTH, NS

February 20-22, 2009

Registration: \$20.00 - AA, Al-Anon & Other/\$10.00 - Alateen

Banquet: \$28.00 (banquet limit 200)

Members registered by January 17, 2009 will be entered in a draw for one free registration, one free banquet ticket, and one night's free room.

Mail Registration to: 305-1407 St. Margaret's Bay Rd.
Lakeside, NS B3T 1K2

For info contact: Darryl, chair - (902) 830-1444
Kim, registration chair - (902) 876-1907

Return this portion with cheque (payable to *Mid-Winter Roundup*):

	<u>Please circle one:</u>	<u>Banquet Ticket:</u>
Contact Registrant Name: _____	AA / Al-Anon / Alateen / Other	Yes / No
Telephone: _____ Address: _____		
2 nd Registrant Name: _____	AA / Al-Anon / Alateen / Other	Yes / No
3 rd Registrant Name: _____	AA / Al-Anon / Alateen / Other	Yes / No

for additional registrants, please use the back of this slip

Amount Enclosed: _____