

AA Newsletter

Central Service Committee of Area 82, Districts 1 & 2, Halifax Regional Municipality

To contact Alcoholics Anonymous, call (902) 461-1119 (24 hours per day, 7 days per week)

Website: www3.ns.sympatico.ca/alcoholicsanonymous

Metro Drug Dependency Center

2nd Floor of Purdy, NS Hospital, Dartmouth. All meetings at 8 pm

Group — Detox Meeting	Sunday
TIMBERLEA / HUBBARDS	7-Sep
HALIFAX SUNDARY MORNING	14-Sep
BACK TO BASICS	21-Sep
WEST END STEP	28-Sep
FRESH START	5-Oct
LIVING IN THE SOLUTION	12-Oct

2nd floor of the Purdy Bldg.

Attendance is limited to clients of this unit & members of the A.A. group putting on the meeting. The meeting format is "Speaker/Discussion" with time for questions at the end.

Group — Additions Services Meeting	Thursday
NOTICE: Meetings are cancelled until further notice.	

For more information, contact: Pat R. at 857-1006 or patwr@eastlink.ca

Central Phone Office

Group	Sat	Sun
Mutual	Sep 6	Sep 7
Back to Basics	Sep 13	Sep 14
Timberlea/Hubbards	Sep 20	Sep 21
Harbours	Sep 27	
Hubbards/Timberlea		Sep 28
West End Step	Oct 4	Oct 5
Highland Park	Oct 11	Oct 12

Groups pick up the key at the Office, Mon to Fri, 9 am - 5 pm

Phone Office Volunteers Still Needed

The Central Service Phone Office always welcomes volunteers who would like to answer the daytime and overnight phones. If you can dedicate some time to this vital service, please call the Phone Office and arrange for an individual orientation session.

Central Service Phone Office: **461-1119**

Service Calendar

Service Event	Date & Time	Location
Central Service Meeting	Sep 9 7:00 PM	United Memorial Church, Young St., Halifax
Workshop— "The Third Legacy"	Sep 14 1:00 PM	Club 24 Dundas St, Dartmouth (main level)
GSR Meeting District 1	Sun, Sep 21 1:00 PM	George-Dixon-Centre, Gottingen St., Halifax
GSR Meeting District 2	Sun, Sep 21 6:30 PM	Club 24 Dundas St, Dartmouth (basement, side door)

Newsletter Contact: aahalifax@gmail.com or optionally by phone (902) 405—6535. Announcements for October are due on September 25, 2008. Printouts available at: Central Service Meeting. Request to get on the e-mail list!

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Birthdays

Sep 8 Mon 8:00 PM	Cole Harbour Big Book Study	Glenda Rob	1 2
Sep 11 Thur 9:00 PM	Highland Park	Tina	4
Sep 12 Fri 12:15 PM	New Hope	Lisa C	1
Sep 15 Sun 8:00 PM	Downtown Halifax	Brenda S Peter J	1 10
Sep 22 Mon 7:30 PM	Living in the Solution	Michelle T	8
Sep 25 Thur 8:00 PM	Four Seasons	Brad W Rick G Gerry M Michael N Tom D	2 3 4 9 21
Sep 25 Thur 8:00 PM	West End Step	Cal M Mark O	26 10
Sep 28 Sun 8:00 PM	St Margaret's Bay	Earl P Harold Y Derrick L Earl G	2 24 11 11
Sep 29 Mon 8:00 PM	Welcome Group	Chum	9

Sep 29 Mon 8:00 PM	Downtown Dartmouth	Dusty M Jen C Connie H Billy S Lucille H	44 8 5 4 3
Sep 29 Mon 8:30 PM	Timberlea	Suzanne L Marty M	11 18
Sep 30 Tues 8:00 PM	Sunrise	Joe G Alan M Jerry T Jerry D Buck C John A Mike C	32 7 11 26 14 1 4
Oct 2 Thur 9:00 PM	Highland Park	Jack C	28
Oct 8 Wed 8:00 PM	Back to Basics	Janet C	5

Group Announcements

Groups Needs Support

North End, New Hope, and a Nudder Chance

The North End Group at the Ward 5 Community Centre on Russell Street at 8pm is in need of members and support so please come and join or support the group.

The New Hope Group needs support as well, which meets on Friday's, 12:15 pm, St. Theresa's Church on North St.

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Group Announcements cont'd

Also, A Nudder Chance, which meets Monday, 12:00 pm at the Gordon B. Isner Building 5565 Cornwallis St. Please help them keep their A.A. doors open.

New Location For Back to Basics Group

Back to Basics will be moving to a new location in September. Trinity Anglican Church has a new building at the top of Main Avenue in Fairview. Meeting times will remain the same; Wednesday at 8:00 and Friday at 7:00. We look forward to seeing everyone at our new location in September!

2009 Mid-Winter Round-up Committee Meeting

The next committee meeting for the 2009 Mid-Winter Round-up is Sunday, September 7th, 1:00 PM at the Holiday Inn in Dartmouth. Current vacant positions are Committee Co-Chair, Entertainment Co-Chair and Secretary. If you are interested in any of these positions or just helping out please attend.

Step 11 Meditation Group

When: Tuesdays 7 pm
Where: HALIFAX SARPASHANA
3rd Floor, Shambhala School
Gottingen at Russell, Gottingen Entrance

- Step and Big Book Study, with discussion
 - Meditation instruction offered
- Open to all who suffer from substance abuse

Keep It Simple Group

Please note that the Keep It Simple Group is an open discussion meeting, not a closed discussion (this is what it currently states in the meeting list).

Early Risers Schedule Change

Please note that the Early Risers group, which meets at Club 24, 3 Dundas St. Dartmouth, will now only meet on Tuesday, Wednesday, and Thursdays mornings at 7:00 am.

Service Announcements

District 1 & 2 Elections

September 21 will be elections day for District 1 and District 2. District 1 @ 1:00 pm and District 2 @ 6:30 pm

In the spirit of rotation, all positions are available for the 2009-2010 term, with these positions starting January 1, 2009.

Those are all four executive committee, DCM, Alternate DCM, Secretary and Treasurer positions as well as the four committees, Public Information (PI), Treatment Facilities, Corrections and Cooperating with the Professional Community (CPC) - Chair and Co-Chair positions.

If you are interested in any of these positions and/or need any information on these positions, please see your GSR or contact Arlene P (DCM) at 465-4050 or come to the next GSR meeting to find out what it is all about.

New Detox Location

Detox is open again and there is a new location (as per the front page). 2nd Floor of Purdy, which is the building you face when you drive into the driveway (with Simpson at your left).

Groups should enter through the main doors of the Purdy Building, which is the one facing you when you

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Service Announcements Cont'd

drive onto the NS Hospital grounds. From the reception area, take the elevator to the 2nd floor. There are arrows on the wall to show people where to go, and the Detox arrow points to the right. After that you can't miss it.

Literature Donations for Corrections

The Corrections Committee is look for donations of conference approved literature from groups or individuals in AA. Particularly popular are Big Books, 12 & 12s, Daily Reflections, Came to Believe, and Living Sober – as well as Grapevine magazines. It doesn't matter how old they are, what version, or how battered – the inmates really appreciate them. Members can give them to their GSR, bring them to the Mutual Group on Fridays at 8 p.m., or contact Gail Stacey at staceys@eastlink.ca or 431.0587.

Service Positions

Entertainment Committee Sought

To continue the good old tradition of sober dances!

Interested in either of these positions? Come and attend the next Central Service Meeting and/or contact:

Jennifer B., CS Chair: 489—1776.

Male & Female Volunteers Needed

Volunteers are still needed to put on meetings at the Correctional Facility in Dartmouth (i.e., Burnside). To apply please contact:

Gail S., Chair: 431.0587 or
email staceys@eastlink.ca

Hospital Visitation Committee

Visiting A.A. Members in Hospitals

A.A. members facing hospitalization in HRM can get support from local A.A. members. The volunteers are available to break the spell of loneliness and isolation, that often aggravates an already unpleasant experience. To arrange these visits the patient, fellow A.A.s, his/her friends, and family may call the Chairperson of the Hospital Visitation Committee before or during the individual's stay in HRM's health institutions. The Chairperson confirms the request with the patient and dispatches members to visit and report back.

Spread the word if you travel to other districts. We want members from all the Atlantic Provinces to know about us so we can visit when it is needed.

For more information or to serve on the "Hospital Visitation Committee," contact:

Central Service Phone Office 461-1119.

Leave your name and number for:

Garth MacA., Chair , Hospital Visitation Committee.

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More information on these and other Regional Fellowship Events on: <http://www.area82aa.org>

44th Annual NS and Nfld & Labrador

AA Assembly

Hosted by District 12

Corner Brook, NL

Sept 26, 27, & 28 2008

Theme

“Communication & Participation: The Key to Unity
and Self Support”

Registration begins Friday 5:00 pm

Greenwood Inn & Suites — West Street

Registration: \$10

Banquet/Dance: \$30

Open meetings and banquet held at Greenwood Inn

**All Service Structure meetings held at The Bennett
Hall—West Street**

For Pre-Registration
Clyde (709) 639-8133

For further information
E-Mail: assembly08@yahoo.ca

Al-Anon and Al-A-Teen Participation
Book early and request Assembly rates
Greenwood Inn & Suites: Room rates \$98.95 plus tax

Districts 1 & 2

Meeting Lists

Available at the Central Service Meeting or:
www3.ns.sympatico.ca/alcoholicsanonymous
Literature Representative:
Victor L.: 435-6613

District 4

30th Annual Lighthouse Round-Up

November 7, 8, 9, 2008

Rodd's Grand Hotel

Yarmouth, Nova Scotia

Alcoholics Anonymous and Al-Anon

Theme: 30 Year's One Day At A Time

A.A. Archives

Meetings All Weekend

Registration: \$10

Banquet: \$23

Hotel Room Price (Single, Double, Triple): \$83

Grand Hotel (toll free): 1-800-565-RODD

For more information:

(902) 247-1587

(902) 665-4090

E-Mail: lighthouse roundup@hotmail.com

Area 81 Fall Assembly and Round-up

Howard Johnson Dutch Inn, Cornwall, P.E.I.

October 31st, November 1 & 2, 2008

Begins Friday, October 31 at 3:00 p.m.

Ends Sunday, November 2 at 12 p.m.

Registration Cost: \$37.00

*Includes, coffee, tea, dinner, dance and all
meetings.*

Banquet at 6:00 p.m. on Saturday, November 1.
*Dance with live band following banquet! Continuous
marathon meetings all weekend!*

Room rates: \$89.00 plus tax (per night Single or Double occupancy)

Committee Chair: Catherine (902) 892-0726

APPLICATION FOR AGENCY REPRESENTATIVE / VOLUNTEER VISITS TO CENTRAL NOVA SCOTIA CORRECTIONAL CENTRE

Women's Meetings _____ Men's Meetings _____

Do you have a vehicle? _____ Are you able to drive another volunteer to a meeting? _____

Surname: _____

Given Names: _____

Date of Birth: _____ (write out month)

Address: _____

Phone: _____ Email: _____

Agency Affiliation: Alcoholics Anonymous – District 1 & 2

Agency Address: Metro Halifax Dartmouth and Area

Day(s) of Visit: Wednesday Nights Program: Alcoholics Anonymous

I hereby authorize the Halifax Correctional Centre to complete inquiries, including with policies agencies, in order to ascertain my suitability for involvement with above noted program.

Signature Date

Received CNSFC: _____

Recommended / Not Recommended

Signature Date

APPROVED / NOT APPROVED

Superintendent Date

Photo Identification Produced:

Signature Date

Please return to your GSR or contact Gail Stacey at 431.0587 or staceys@eastlink.ca.



Sunshine of the Spirit

31st Annual Mid-Winter Roundup, Districts 1 & 2

HOLIDAY INN - DARTMOUTH, NS

February 21-23, 2009

Registration: \$20.00 - AA, Al-Anon & Other/\$10.00 - Alateen

Banquet: \$28.00 (banquet limit 200)

Members registered by January 17, 2009 will be entered in a draw for one free registration, one free banquet ticket, and one night's free room.

Mail Registration to: Kim Gordon
305-1407 St. Margaret's Bay Rd.
Lakeside, NS B3T 1K2

For info contact: Darryl, chair - (902) 830-1444
Kim, registration chair - (902) 876-1907

Return this portion with cheque (payable to *Mid-Winter Roundup*):

	Please circle one:	Banquet Ticket:
Contact Registrant Name: _____	AA / Al-Anon / Alateen / Other	Yes / No
Telephone: _____ Address: _____		
2 nd Registrant Name: _____	AA / Al-Anon / Alateen / Other	Yes / No
3 rd Registrant Name: _____	AA / Al-Anon / Alateen / Other	Yes / No

for additional registrants, please use the back of this slip

Amount Enclosed: _____