



AUGUST 2011

NEWSLETTER

CENTRAL SERVICE COMMITTEE • AREA 82 • DISTRICTS 1 & 2 • HALIFAX REGIONAL MUNICIPALITY

CENTRAL PHONE OFFICE Contact Owen at (902) 477-8023 to pick up the weekend cell phones		ADDICTION TREATMENT & PREVENTION SERVICES 2nd Floor Purdy, NS Hospital, Dartmouth, NS All meetings are held on Sunday at 8:00pm	
August 6th & 7th	Four Seasons	August 7th	HFX Sunday Morning
August 13th & 14th	Mutual Group	August 14th	Back to Basics
August 20th & 21st	Keep it Simple	August 21st	Second Chance
August 27th & 28th	Saint Margaret's Bay	August 28th	West End Step Group
September 3rd & 4th	Back to Basics	September 4th	Fresh Start Group

SERVICE CALENDAR FOR DISTRICTS 1 AND 2

Central Service Meeting Districts 1 & 2	United Memorial Church Young Street, Halifax	Tuesday, August 2nd 7:00 pm
Mid Winter 2012 Roundup Committee Meeting	Holiday Inn Room #619 Wyse Road, Dartmouth	Sunday, August 7th 1:00 pm
WORKSHOP "Chairperson's Responsibilities"	George Dixon Center Gottingen Street, Halifax	Sunday, August 14th 1:00 pm
GSR Meeting District 2	Club 24 Dundas Street, Dartmouth	Sunday, August 21st 2:00 pm
GSR Meeting District 1	George Dixon Center Gottingen Street, Halifax	Sunday, August 28th 1:00 pm



**TO CONTACT ALCOHOLICS ANONYMOUS CALL (902) 461-1119
OR VISIT US ON THE WEB @ AAHALIFAX.ORG**

GROUP AND SERVICE ANNOUNCEMENTS

“GET BACK TO BASICS” AA DAY

Saturday, August 13, 2011 at Club 24, located at 3 Dundas Street in Dartmouth. The theme is “Get Back to Basics”. A day of fellowship, AA meetings, pot luck dinner and fun... All for FREE! Open to everyone, volunteers and food donations are appreciated. For more information contact Greg M. at (902) 406-9816.

WORKSHOP

On Sunday, August 14th at 1:00pm there will be a workshop held at the George Dixon Center on Gottingen Street in Halifax. The topic of this workshop is “The Role and Responsibilities of a Chairperson at an AA Meeting”. Everyone can get something from this workshop, all are welcome

DISTRICT 1 SECRETARY POSITION IS AVAILABLE

District 1 is in need of a secretary. Anyone interested in the position is encouraged to attend the next GSR meeting or contact Tony at (902) 452-0615 for more information.

MID-WINTER ROUNDUP 2012

The next meeting of the Mid-Winter Roundup committee will be at 1pm on Sunday August 7th, 2011 in room 619 at the Holiday Inn, Wyse Rd, Dartmouth.

The following positions are vacant:

Program co-chairs (2)
Registration co-chair
Entertainment chair and co-chair
Co-Treasurer

Anyone interested in getting involved at this level of service is encouraged to attend the meeting.

DISTRICT 2 MEETING TIME CHANGED

Please be advised that the District 2 GSR meeting time has changed from 5:30pm to 2:00pm. The meetings will continue to be held on the third Sunday of each month.

CORRECTIONS COMMITTEE

Corrections Committee is looking for volunteers to go into the Correctional Facility to put on meetings. Both men and women members are needed. You need to have 1 year sobriety, also you would have to have a security check done at the local Police or RCMP station. There is a fee. Once you have been security cleared, the Corrections Committee will reimburse the fee. If you fail the security check, you will have to bear the cost yourself.

WOMEN'S MEETING

A new meeting has opened at 45 Connolly Rd. Lower Sackville, off Sackville Drive past Kent Building Supplies, take the first street on the left. It's a first step women's meeting starting at 7:00 pm Tuesdays.

ENTERTAINMENT

The Entertainment Committee is looking to put on some functions but they need to know if people are interested and willing to attend. If you have any suggestions on how the Entertainment Committee can better serve the AA community, please call Peter at (902) 229-3502.

AUGUST BIRTHDAY CALENDAR

WED AUG 3	BACK TO BASICS	SHELLEY S.	1	FRI AUG 26	MUTUAL GROUP	ALEX L.	5
						ERIC C.	29
SUN AUG 7	COLE HARBOUR	BRIGETTE M.	2	SAT AUG 27	THE ATLANTIC GROUP	DEIDRE	1
		MIKE B.	16			TROY S.	7
		CINDY C.	17			JOE M.	2
MON AUG 8	GRATEFUL GROUP	CHARLIE M.	14	SAT AUG 27	THE WELCOME GROUP	ART M.	3
						DINO N.	4
WED AUG 10	BACK TO BASICS	THIERRY D.	3			BILL M.	17
SUN AUG 14	THE HARBOURS GROUP	GREG G.	22	SUN AUG 28	HALIFAX SUNDAY MORNING	DANIELLE P.	1
		VINCE K.	30	SUN AUG 28	SUNDAY NIGHT SERENITY	BOB MAC.	15
THU AUG 25	FOUR SEASONS	JOE MAC.	1	MON AUG 29	TIMBERLEA	JOHN MC.	5
		ARNOLD G.	1				
		BARRY MAC.	12				
		AGNES C.	28	WED AUG 31	DOWNTOWN HALIFAX	DONNIE F.	7
THU AUG 25	HIGHLAND PARK	JOHN M.	11			ANDREW A.	17
THU AUG 25	WEST END STEP	WALLY P.	17	WED AUG 31	FRESH START GROUP	PAT M.	37
		JIMMY B.	24				

NEWSLETTER CONTACT INFORMATION

Send all announcements to aahalifax@gmail.com. If you do not have email access, please call Jeff at (902) 830-7802 and leave a message. Please do your best to get your announcements for the newsletter submitted prior to the 25th of each month. Printed copies of the newsletter will be made available at the Central Service meeting. If you would like to receive an electronic copy of the monthly newsletter, just email aahalifax@gmail.com and ask to be added to the mailing list.

USEFUL CONTACT INFORMATION

DISTRICT 1 DCM • ANTHONY D.
(902) 452-0615
ardan26@hotmail.com

DISTRICT 2 DCM • TIM M.
(902) 827-5235
tmill@eastlink.ca

CORRECTIONS CHAIR • TRISHA M.
(902) 434-0961
suzette_123@msn.com

LITERATURE CHAIR • PARKER L.
(902) 404-1963
parker11@eastlink.ca

HOSPITAL VISITATION • WADE H.
(902) 969-3753
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CENTRAL SERVICE CHAIR • TRUDY D.
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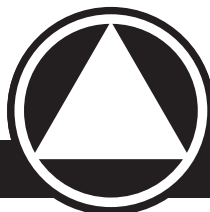
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(902) 237-1044
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boydbragg@nf.sympatico.ca

AREA 82 GSD • DON F.
(902) 248-2202
donfitz@ns.sympatico.ca

AREA 82 SECRETARY • BOB M.
(902) 477-0359
bob_mac_1@hotmail.com



AA Picnic and Fellowship in the Park

September 10, 2011

1:00 pm - 6:00 pm

**On the other side of the anchor at Point Pleasant Park.
A short walk from the parking lot.**

**Games
Food and Fun**



Please call Peter at 229-3502 if you have a charcoal BBQ we could borrow for the day



The 12 Steps

1. We admitted we were powerless over alcohol--that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

3rd Annual Bedford - Sackville AA Day With Alanon Participation

September 24, 2011
From 12 pm - 11 pm

45 Connolly Road.
Lower Sackville

Registration at the door

Meetings, Fellowship,
Jam Session and
Ham Scallop Potato Dinner
all for \$6.00

Potluck Donations of salads and
sweets for dessert kindly anticipated
and gratefully accepted.

Canteen facilities available

Contact Karen: 860-3263
for more information

Alcoholics Anonymous
23rd Courage Round Up

Halifax, Nova Scotia, Canada
5500 Inglis Street

"Avoiding the Shoals"

"It's not the gales but the set of the sails
that determine the way we go"

August 5, 6, 7, 2011

Sponsored by GLBTQ persons in AA.

Open to all alcoholics and those affected by the alcoholism of others

The weekend includes fellowship; speaker meetings and workshop discussions of recovery topics in a relaxed and peaceful setting at the Universalist Unitarian Church 5500 Inglis Street, Halifax,

"AA –Avoiding the Shoals" is this year's theme. Courage is a small intimate Round Up and always has been. It is the only gay and lesbian AA Round Up in Atlantic Canada, and the only one of its kind east of Montreal.

Registration opens at 5:00pm on Friday, August 5th.

The cost is \$25.00. Includes lunch on Saturday.
No one will be turned away for lack of funds.

Supper on Saturday is extra – estimated at \$12.00
Pay at Restaurant

Program may be found on-line.
Pre-registration is appreciated (may be done on-line)
at **www.halifaxgayaaroundup.org**

Send your cheque or money order to:

Courage Round Up, c/o 1916 – 1333 South Park St., Halifax, NS B3J 2K9

Contact: Phone (902) 425-8383
e-mail – **Courage449@yahoo.com**