

Date: June 6, 2017

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CENTRAL SERVICE COMMITTEE MEETING
St. Mark's Church, 5522 Russell Street, Halifax

Welcome and Open: Meeting opened by Paul B. at 7:00 pm with a few moments of Silence followed by the Serenity Prayer.

Call for Items to be added to the agenda: none

Twelve Traditions: The Twelve Traditions were read by Heather C.

Roll Call: Executive: Paul B. -Chairperson, Bill P. -Co- Chairperson, Jacqueline K. -Treasurer and Trudy D. - Secretary.

Committees: Murdo M.- Chair Mid-Winter Round-Up, Beth P.- Help Email Coordinator/CSR Downtown Dartmouth, Mike A.- Co-Chair Hospital Visitation, Heather C.- Telephone Chair/ CSR 4 Seasons, Rob A.- Newsletter Chair, Natalie C.- Chair Entertainment **CSR's:** Marianne S.-CSR Serenity Sisters, Perry B.- CSR Welcome, G. Fred L.W.- CSR Cole Harbour, Alan M.-CSR Second Chance, Alan M.-CSR Sunrise, Andrew S.-CSR Atlantic, Dave R.-CSR Living in the Solution, Emily T.S.-Alt. CSR Acceptance, Donald B.- CSR West End Step, Scott K.-Alt. CSR Downtown Dartmouth, Gig M.-CSR Early Risers, Barry L.-CSR Back to Basics, Margaret S.-CSR Acceptance, Sarah S.-CSR Only Requirement, Jeff D.-CSR Fresh Start, Racquel R.-Alt DCM District 1, Cathy M.-DCM District 2, Jerry-observer

7th Tradition: \$37.50 collected, taken by Jacqueline K.

Minutes Approved from Previous Meeting: Moved by Marianne S., seconded by Rob A.- adopted unanimously, no errors or omissions.

Reports:

Chair: Good evening, I would like to thank all of you for attending the Central Service meeting and passing in your Reports. Your dedication and commitment is really important and it shows through the service work that you are all performing. This Month, we met as an Executive to make sure we are going in the correct direction to carry the message and provide the services to the suffering Alcoholic. I attended the Bridgewater roundup and they had an excellent turnout. This was a very excellent day and if you were there you know what I mean, if you didn't attend then you missed an excellent day. I was able to represent Central Service at both district meeting this month Its good to see both districts working hard to carrying the message, both meetings were well represented. The proposal was discussed at both meetings and I will give a brief update under new business. Quote: Just for today: I will listen to my conscience and do what's right. My focus will be on principles, not on people's personalities

Co-chair: I met with the Executive for a general discussion on Central Service matters. Valuable in understanding the workings of Central Service. A change to our Website to include What's New is a work in progress. I attended the District 2 meeting but was indisposed for the District 1 meeting.

Treasurer: Opening balance- \$4,877.27, debits- 462.90, credits- \$342.20, Closing balance- \$4,756.57. Prudent Reserve- \$4,169.68

Secretary: Thanks to all for getting me reports early. I am doing my best to get the minutes out quickly.

Bluenose Bulletin: The June 2017 Bluenose Bulletin had quite a few birthday celebrations. We always hope to see many of our AA members at these events. The majority of people in the area were kind enough to get their Emails to the Committee on time, including self-corrections and the like. Once again, I would like to again take this opportunity to remind everybody that the deadline for announcements to be included is the 25th of each month. It is very also important that Birthday Announcements be sent to the Committee via Email, and not by phone, texting or in person. The newsletter Committee has a new newsletter co-chair in Eric L., and we appreciate his input and welcome him to the team. As before, the Committee is looking forward to maintaining the quality, readability and integrity of the Bluenose Bulletin as a tool to be used to spread accurate information to the AA community at large.

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Webmaster/Website: We had 4730 views of the web site in May, almost identical to April. The top pages/posts visited continue to be: Meeting List, Newsletter and Contact Us pages. We have 593 subscribed members getting the monthly email, up by 3. This month I was hit by extra work, health issues and two trips away from Halifax. These prevented me from implementing the changes we discussed in previous meetings. I will proceed with these tasks during June. These are some of the activities I performed during May: Web site maintenance (backups, clean up); Updated meeting list; Posted announcements as received from Groups. Once again, I appreciate the help and support I receive from everyone.

Email: Things are going well with the Help Email. I have responded to 11 emails as of Sunday, June 5th, many of which were requests for meeting locations in specific communities. These emails I respond to with a meeting list and a bit of detail on dates and times of meetings. A few were from folks looking for advise on how to deal with their drinking problem and one was someone asking on behalf of a close family member. My response to these emails is to urge them to attend a meeting and I include a meeting list and a single sentence of encouragement based upon my own experience, strength and hope. With every email, I extend an invitation to get in touch with me again if there is anything further I can help with. Thank you for the opportunity to serve

Hospital Visitation: Hospital Visitation had 1 visit this month. A member from Pictou. He was very happy to have a fellow member of AA talking with him while he was in the hospital. Other than that, all is well in my neck of the woods. Thanks

Telephone: The phones have been doing well, even though we still need a phone co-chair, we have a new phone Tec who just came on board with our committee who is doing a great job. We are looking for a date in July for a phone work shop to promote what it all about. If you have any retired members in your groups maybe they could help with the phones. Face to face helps carry the message Heather will get to some other meetings and bring this to groups. **Question:** How many do the night phones? **Answer:** 3 on the list right now, they take it for a few months at a time. **Question:** What is the time needed for the day phone? **Answer:** The shift is 9 am to 6 pm.

Entertainment: Good evening friends. The Entertainment Committee is pleased to let you know what we have planned for the long-anticipated summer that is surely just around the corner. Members have been using their SPARE time to STRIKE up fellowship and fun every 2nd Sunday at the Bowlerama on Bayers Rd. The June dates are the 11th and 25th. We will take a break for July and August and start back up in September. On May 29th, we hosted our first Karaoke night at Club 24. It was a great time with approximately 45 in attendance. Lots of hidden talent among us and even the shy gave it a try. Club 24 had the canteen open and fun was had by all. Our next one is July 15th, same place, Club 24, 8 to 12. Cost is the 7th Tradition. This month we are starting music jam/kitchen parties every 2nd Saturday night at Club 24 starting June 10th. Bring your guitars, drums, spoons and clapping hands and join us. Again, the cost is the 7th Tradition. Club 24 has been very helpful to the Entertainment Committee and we hope to continue a great relationship with lots of activities there. AA CAMPING will be coming up in August. The dates are the 4th, 5th and 6th. All the details will be in next month's Bluenose Bulletin. Please forward any ideas, thoughts or comments to myself or Cassy D.

Literature: Good evening, I send my regrets. I am not able to attend the June 6th Central Service meeting. The balance of the literature account as of May 8, 2017 is \$2,342.24. The inventory value to date is \$ 6,514.15 and cash on hand is the \$35.00 float. A deposit of \$491.20 was made May 8, 2017.

2018 Mid-Winter Round Up: Couple of chairs elected. Chair and co chair required for entertainment. Other co chairs needed as well as volunteers for various committees. Alan on advised and participation expected. Bank authorizations signed. Hotel contract revised. Banquet and coffee costs confirmed. Early bird flyer out for distribution. Theme is " There is a solution ". Next meeting June 11 @ Club24 1:00pm. All welcome to attend.

District 1: The District One workshop committee hosted its first workshop for 2017. The subject was the role of the GSR. We had a great turnout, the participants were engaged and enthusiastic. Our next workshop will be held on July 30th at the George Dixon Centre. I've been enjoying exploring a few meetings outside the usual rotation and plan on exploring more over the next few months. Also, I'm. Looking forward to the provincial round up this weekend. **Comment:** AA will be 82 years old this year so it's a good reason to go celebrate at the Provincial Round-Up.

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District 2: For the last 2 meetings, we have spent our discussion time on items that came to the NS Service Weekend last weekend and the proposal with regard to moving subcommittees to CS. District 2 voted unanimously in favor of this move and I believe 11 groups were present. At that May meeting. At the Service Weekend questions for the Area 82 Inventory were finalized and will go to the groups for preparation for the Assembly in October. Just some interesting numbers I have found for our committees. Treatment groups- 8 out of 15 groups in District 2 and 17 groups out of 24 in District 1 participate in Detox. If your group would like to participate contact the chair or co-chair of Treatment. Weekend phones- 11 out of 24 in District 1 and 6 out of 15 groups in District 2 participate. Treatment is looking for names to put on a spares list to help in case some on the teams can't make it. Corrections is in need of 1 female. Items that are going to the Assembly from the Service Weekend are- cost information to help explain the Proposal to change the dates of the Service Weekend, Proposal to set up a rotation for the Provincial Round-Up, some amendments to the guidelines. Ask your GSRs for more details about these items and more! The next Workshop in District 2 is in August on the 7th Tradition. Check the Bluenose Bulletin for more information.

Area 82: none

All Reports were motioned for approval by Jeff D. Seconded by Alan M. Vote taken - passed unanimously.

Old Business: Elections -

1. Literature Co- Chair- none
2. Telephone Co- Chair- Paul nominated Jerry. He accepted the nomination and qualified. All in favor. Welcome Jerry!
3. Follow up on District proposal- Off our table until it comes our way!

New Business:

1. Reminders- Accessibility Check List is attached to our minutes, Pamphlet on Circle of Love and Service- look on the AA GSO site for this pamphlet.
2. Financial 6-month report to be done next month- Jacqueline asked if there was anyone who needed money to be added to their budget. No one came forward.
3. Insurance premiums coming up due in October 2017. More details to follow
4. Presenters in the next few months bringing some information for us to gather and learn from the experience of the older members in Service.

Announcements: Murdo M. is celebrating 25 years on June 16th at the Highland Park Group. Sunrise has 180 years of Sobriety on June 27th. The new meeting in Dartmouth "Sober Today" needs support, Saturdays at 2 pm on the corner of Jamison and Windmill Roads at St. Paul's Church. Kid friendly and Wheelchair accessible, entrance at the Orange door.

The next CS Meeting is July 4, 2017. Meeting adjourned at 7:47 pm with the Serenity Prayer.

Service Material from the General Service Office

ACCESSIBILITIES CHECKLIST

For Meetings and Groups

How accessible is your meeting? This is a guide to help diminish the trials that people with access barriers may encounter in attending meetings in your location.

Introduction

People with physical challenges should be able to arrive on site, approach a building, and enter as freely as everyone else. At least one route of travel should be safe and accessible to everyone.

Following are some questions your group can answer to determine the overall accessibility of your meeting space.

PARKING:

- Are an adequate number of accessible parking spaces available? (9 feet wide for car, plus 5-foot wide access aisle)
- Are spaces close to accessible entrances?
- Are spaces marked with identification signs?
- Is the parking area or street clear of snow, ice, or other debris?
- Is a path of travel by wheelchair accessible from the street or parking area?
- Are the sidewalks even and in good repair? Are there curb cut-outs to facilitate access to the sidewalk?

ROUTE OF TRAVEL:

- Is the meeting place accessible to public transportation?
- Is there a clear route of travel that does not require the use of stairs?
- Can any potential obstacles along pathways — including hanging objects — be detected by a person using a cane or other mobility device?
- If the meeting is at night, is the pathway well lit?

ENTRANCE:

- Does the entrance have steps, a threshold, or other physical barriers?
- If so, is there a ramp, lift, or an alternate entrance that is accessible?
 - Is the ramp excessively steep? Does it have railings?
 - Is the lift in good working order? If the lift is operated by a key, does someone on location have possession of the key or know where the key is kept?
 - Is there signage indicating the location of the alternate accessible entrance?
- Does the entrance door have adequate width (32") and clearance to accommodate a wheelchair?
- Can the doors be opened by someone in a wheelchair or would he or she need assistance?

INSIDE THE BUILDING:

- Is there level access from the wheelchair accessible entrance to the meeting area?
- If not, are there ramps to enable someone in a wheelchair to reach the meeting?
 - Lifting someone over steps or stairs is not an acceptable solution for access.
- If there is an elevator or a lift, is it in good working order? If the elevator or lift is operated by a key, does someone on location have possession of the key or know where the key is kept?
- Are corridors and door widths (32") adequate for passage of a wheelchair?
- Are corridors clear for wheelchair passage? Can any potential obstacles along corridors or walkways be detected by a person with a visual impairment using a cane — including hanging objects?

RESTROOMS:

- If there are restrooms for the general public, are wheelchair accessible restrooms in the same location?
 - If not, is at least one fully accessible restroom available (one for each sex or unisex) within reasonable proximity?
- Are the stall doors operable?
- Is there adequate space for a person in a wheelchair to maneuver within the stall? (44" for forward movement and a 5-foot diameter or T-shape of clear space to make turns.)
- Are there grab bars on the walls behind and to the side nearest the toilet?
- Can the faucet be operated without grasping, twisting, or turning?

THE MEETING ROOM:

- Are chairs set up with adequate aisle space for a wheelchair?
- Is the lighting adequate?
- Is there a designated section for members who are Deaf or Hard-of-Hearing?
 - If so, is there adequate space for a sign language interpreter to sit with easy access to that group?
- Is someone available to provide information about the meeting space — where the restrooms are, where the best seating might be, noting any obstacles, etc. — for people with disabilities when they first arrive at the meeting?
- Is the meeting set up with the same configuration each time to help people who are Blind or have low vision become familiar enough with the layout to navigate without assistance?
 - If the meeting is set up differently, is someone responsible to alert attendees who may have difficulty navigating the space?
- Is the coffee service accessible to a person in a wheelchair or with another type of mobility device?
- Is A.A. literature available that addresses the needs of people with disabilities?
- Does the local intergroup/central office know that the meeting space is available to people with diverse accessibility needs?

Additional information about Accessibilities and setting up your meeting space may be available from your district or area Accessibilities Committee or your local intergroup/central office. You may also want to search the internet for a variety of Accessibilities Guides and information.

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Central Service Committee
Monthly Financial Statement for May, 2017

Opening Balance May 1, 2017 \$4877.27

DEBITS:

Rent	\$60.00
Entertainment Committee	\$161.25
Aliant phones	\$241.65

CREDITS:

MWR - Alnon	\$266.25
Sobriety Gals	\$50.00
7th tradition	\$25.95

Closing Balance June 1, 2017 \$4756.57

prudent account:	opening balance	\$4169.51
	interest	.17
	closing balance	\$4169.68

literature Committee:	opening balance	\$2817.78
	credit	
	debit	
	closing balance	

