## CENTRAL SERVICE COMMITTEE MEETING

## St. Mark's Church, 5522 Russell Street, Halifax

November 5, 2019
Welcome and Open: Meeting opened by Bill P at 7:00 pm with a few moments of Silence followed by the Serenity Prayer.
Call for Items to be added to the agenda:
None.
Twelve Traditions: The Twelve Traditions were read by Steve A.

ROLL CALL:

| Executive | Committees | CSR | CSR | Observers |
| :--- | :--- | :--- | :--- | :--- |
| Bill P - Chair | Troy S - Corrections <br> chair | Stacey G - alt CSR <br> Living in the Solution | Sandy K - CSR Serenity <br> Sisters | Steve A - DCM Dist 1 |
| Michael H - co-chair | Kelly D - chair <br> newsletter | Doug P - CSR We <br> Agnostics | Gilles D - CSR Second <br> Chance | Louis M - GSR Cole <br> Harbour |
| Bruce B - Treasurer | Michael A - chair help <br> email | Donny B - alt CSR West <br> End Step | Tim D - CSR Hubbards <br> Vric P - CSR Colby <br> Village | Curtis F - CSR Sunrise <br> Group <br> Bay |
| Emily - St Margarets - secretary | Matt W - Webmaster A - alt DCM Dist 2 |  |  |  |
|  | Heather C - chair CPC |  | Lynn M - CSR New Hope | Foster L - co-chair CPC |
|  | Catherine M - <br> Literature chair |  |  |  |
|  | Leah C - chair Public <br> Information |  |  |  |
|  | Stephanie J chair <br> treatment |  |  |  |
|  | Shawn M - chair <br> entertainment | Sharman M - telephones <br> chair |  |  |

7th Tradition: \$ 34.85 Collected by Bruce B.
Approval of the Agenda: Motioned by Eric P, Seconded by Steve A. All in favour. Motion passed.

## Minutes Approved from Previous Meeting:

Motion to approve the minutes by Kelly D, seconded by Stephanie J. All in favour. Adopted unanimously.

## REPORTS

## Secretary:

This month I completed the regular secretarial duties and helped some members find contacts for various committees. I bought a final ink cartridge for my printer out of the remaining budget allotted. I had a wonderful time at the Halloween Dance.
Thank you, Emily S.

## Date: November 5, 2019

## Ireasurer:

Opening balance: $\$ 6090.51$
Closing balance: $\$ 5622.56$
Debits: \$809.95
Credits:\$ 342.00
Prudent account: \$4891.96 Literature: \$ 2084.07 VISA/Debit:\$ 973.45
Please note that 14 groups still owe Central Service for their insurance premiums of $\$ 42$ each.

## Co-chair:

During the month of October, the chair, myself and Marie M. worked together to compile data for an ICOAA report that was eventually put in PowerPoint form. I believe we have captured the essence of the Intergroup Seminar and look forward to it being presented during this November's meeting.
Yours in service
Michael H
Co Chair
Central Service

## Chair:

This month I attended both District 1 and 2 meetings and spent time with both the Mid-Winter Round Up committee and the Public Information committee. I worked with Mike H and Marie M on the report on the Intergroup conference we attended in Arizona.

Bill P, chair

## CPC:

Good Evening, the CPC Committee met October 19th to review progress since our last meeting and discuss the upcoming presentation on November $1^{\text {st. }}$. We were joined by a new committee member; welcome to Mark O who will be a valuable addition to the committee.

Much discussion was held around the military and it was clear they will use in-house programs to address addiction issues; a decision was made to no longer pursue this.

Additional attempts have been made to contact Doctors NS; however, as they are in the midst of contract negations with the Province we have been unable to get a firm date from them for any possible presentation.

On November $1^{\text {st }}$ two committee members presented to a group of new peer referral agents from EHS, HRM Police and HRM Fire. The presentation ran for approximately one hour and was well received. We have been invited back to do another on November $22^{\text {nd }}$.

We continue to seek additional opportunities to carry the message.
Yours in Service,
Foster L
Co-Chair, CPC Committee

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## Corrections:

The October rotations at the facility went well.
We had 2 literature requests from segregated inmates unable to attend the weekly meeting. These requests were accommodated same day with the respective Case Managers.

There was one Bridging the Gap request where a member requested assistance for temporary sponsorship on the day of release. This was arranged through one call to a member in the fellowship who was able to assist same day.

For the first time this calendar year we had a volunteer denied access to conduct meetings. Due to privacy laws it is unknown why to the committee and unfortunately the individual as to the rationale of their decision. I have suggested the member follow up with the Department of Justice for clarification.

Both meetings were cancelled during one week of October due to staffing levels at the facility. Unfortunately, the decision to cancel was made after all 4 volunteers arrived at the facility to conduct the meetings.

This past weekend, I had the privilege to attend the 3 rd Annual Corrections Conference in Houston, Texas. It was an extremely enlightening weekend of learning with nearly 400 trusted servants representing many of the 93 areas in North America. There were 3 Canadian areas represented by delegates.

The conference was extremely well organized. Panels and speakers included highlights of successes, challenges and extremely good suggestions for committees conducting service work Behind the Walls in correctional, mental health and rehabilitation units at all levels of institution service. There was a tremendous Cooperation with the Professional Community panel with stakeholders from varying levels of the community.

To say this weekend was an inspiring learning experience would be an understatement. If you would like to discuss any of the weekend highlights, I would be pleased to share. I look forward to sharing the same with our colleagues at the CSNCF.

Yours in service,
Troy S

## Entertainment:

The Halloween Dance was spectacular. Lots of fun had by those who attended. The costumes were great.
74 Tickets were collected at the door. Plus an additional 12 or so that were complimentary at the door (People purchased tickets and had them at the door for those who couldn't pay). 86 attended the dance not counting the committee members.

An updated financial picture will be provided, once those people who still have tickets and or money have handed theirs in.
A special thank you to the committee and those people who helped decorate, setup, and tear down after the dance. We are going to need more volunteers for the New Years Dance.

Flyers and tickets are printed to take back to your groups for the New Years Dance. Each group please take 5 tickets unless you wish to take ten.

Looking forward to bringing in the New Years with everyone.
In Service,
Shawn M.
Entertainment Chair
Comment: We currently are looking into financials of starting up a regular bowling event - Donny B is doing the research.
Question: Do you have any of the expense financials on the dance? Did you break even? Answer: I will have all the financials at the next meeting once the tickets are finalized; hall rental was $\$ 250$ and audio/visual $\$ 175$ and we gave out $\$ 65$ in prizes, and few other expenses. We came very close to breaking even.
Comment: The dance was listed as going until midnight, but volunteers started tearing tables down before 11 pm and we had to move our things. Answer: I will speak to volunteers and make sure this doesn't happen again.

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Comment: I had a very difficult time finding parking. I was told there was parking across the street but I couldn't find any.
Answer: I will make sure to put up proper signage so that everyone can find the available parking at the next dance.

## Help Email:

## The Help Email had 5 Emails in the Month of October, 2019

Oct 2, 2019 - Don-Colin S - Interested in finding more info on attending meetings. Sent him a copy of the meeting list as well as a description of Meeting Types.
Oct 6, Brenda L - Looking to purchase a 20 Year Medallion for a fellow AA Member in Halifax. Sent her Garnett's information. Oct 16, Unknown - New in AA looking for Help. Would like to attend meetings ASAP. Sent a copy of the meeting list. Explaining meetings daily.
Oct 23, Carey Ann S - Hit a brick wall last night. I need help to quit drinking, Where do I begin. Sent her a copy of the meeting list. Explained our Only Requirement. Also pointed out Women's Only Meetings.
Oct 31, Alana W - Wanting to know about a meeting at the Community Center on Nov 3. Sent her a copy of the meeting list. Explained it's on NOV 2, 7:30. Explained the meeting type as being an Open/Discussion Meeting.

Have a fantastic day,
Your in Service, Michael A
Help Email Coordinator
Comment: There seem to be many young female newcomers in the Dartmouth area especially.

## Hospital Visitation:

Good evening everyone,
My apologies I'm in St John's Newfoundland for work.
Things are going well for hospital visitation. We continue to get additional volunteers. I really appreciate the amount of people who have come forward.

We did not have any requests for visits this past month. So I continue to ask that members be made aware of the service.
Any questions, please reach out to me.
Have a great month,
Allison

## Literature:

| Inventory on hand | $10,365.10$ |
| :--- | :--- |
| Credit Union Acct | $2,084.07$ |
| Scotia Bank Acct | 973.45 |
| Cash on hand | 107.35 |
| Accounts Payable | $-2,269.81$ |
| Accounts Receivable | 80.00 |
| Total Value | $11,290.16$ |

Sales were $\$ 2,347.10$ for the month and Purchases were $\$ 3,034.66$. Rent was $\$ 35.00$, service charges $\$ 3.00$ and hotel for 2019 Assembly was $\$ 132.16$ for total expenses of $\$ 170.16$.

During October I attended the Assembly in Sydney where we sold $\$ 1,410.40$ worth of books.
We also purchased the display cabinet for pamphlets with thanks to District 2 for funding this much needed item.
I would like to propose that we open the Bookstore monthly beginning in January 2020. Club 24 has already agreed to a monthly rent of $\$ 40$ and storage fees of $\$ 10$ for a total cost of $\$ 50$ per month or $\$ 600$ per year. We can also in the space accommodate committee meetings (up to 10 members) at $\$ 10.00$ apiece.

Thank you for your attention. Respectfully submitted, Cathy M,
Chairperson, Literature Committee

Question: Is there a small profit projected to cover your travel costs next year? Answer: We will make a proposal to Central Service to look at this. Currently I am ordering in larger numbers to reduce book price and increase our profits. Question: Is there a negative cash flow - is the cash in the bank running short? Answer: No - we reduce inventory when cash is needed.

MOTION: The Literature committee proposes to open the bookstore at Club 24 once a week beginning in 2020 at a $\$ 50 /$ month rental cost.
Motion made by Cathy M, seconded by Eric P.
All in favour. Motion carried.
Comment: There a current promotion where you can save the shipping charge on Grapevines until February 2020 - just ask me about this. There is also a Christmas sale on a package of four books including the original edition of the Big Book where you get one book free.

## Bluenose Bulletin:

This month's Newsletter sees the return of the Forensics schedule in a more informative manner. Submitted by the Treatment Chair are individuals/groups and dates, rather than simply "Team".
Great news, lets welcome 2 new meetings/Groups, Four Seasons noon meeting in Sackville on Tuesdays and The Last Stop in Beaver Bank on Tuesdays at 8 PM.

A reminder that it is the individual committee's responsibility to provide all the necessary upcoming meeting information as well as service schedules to the bulletin before the $25^{\text {th }}$ of the month. We appreciate your understanding that we need to have a cutoff date for submission each month to give the necessary time for us to finalize the bulletin.

Yours in service, Kelly and Eric
Comment: I see an error in dates listed for the weekend telephones, listing them from Nov 2nd to 4th rather than Nov 1st to 3rd.

## Mid-Winter Round Up:

Good evening all. Since our last meeting Doug and I had a meeting with the GM and Director of sales of the Doubletree by Hilton and were given bad news that the meeting rooms were going under renovations from January 1st to the end of March. Therefore, we are unable to have a round up at that Doubletree. With the help of the Director of Sales, he has found us a space to hold the 2020 Round Up at the Westin Hotel in Halifax. A few committee members and I visited the hotel last Friday and found that it is a great venue. We are just waiting for the contract. Once the contract is signed, we will be able to provide more information. So please announce that there is a 2020 Mid Winter Round Up being held from February 14-16, 2020.

Yours in service, Bruce B, MWRU chair
Question: Will the cost be the same? Will the Doubletree hotel compensate us? Answer: This is all in the works, we will have more information at the next meeting. There will be rooms available for the same rate. Parking and banquet fees are under discussion.

## Public Information:

I have been in touch with different areas regarding Public Information and many of them have committee days where people can get together and discuss what the committees do with fun and fellowship, and it entices volunteers to get involved.

## MOTION:

Leah C made a motion to prepare for a Committee Fair the second weekend in January 2020 at Club 24 to allow committees to represent what they do in a fellowship setting. Seconded by Heather C.

## Discussion:

-How many people will be able to attend in January? Isn't the round up a better venue for people to come together and speak to committees at their tables?
-People are busy with round up panels and events during the round up and don't have time to focus fully on what the committees are presenting.
-There is a good rental rate for an event like this at Club 24.

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VOTE:
26 in favour
1 opposed
1 abstention

## Motion carried

## Telephone:

The phones are going well. I am looking for someone to take the overnight phones (11 PM - 9 AM, Monday to Friday) for one to two months.

## Sharman M

Question: Would this start in January after current volunteer finishes his two months? Answer: Yes.

## Ireatment:

Forensics - There continues to be a shortage of volunteers for Forensics during the month of October. Tom S., who was cochair has stepped down; therefore, I am currently in the process of confirming the meetings and arranging to have someone step into his position. In calling Forensics to discuss the possibilities of AA groups chairing meetings rather than individuals I was directed to another individual at forensics unit from whom I am awaiting a return call. Given that the past volunteers, not on the Forensics list, have been going with those who are on the list and there has not been any feedback from Forensics, I would ask that the CSRs take back to their groups to see if they would be interested in attending as a group. I will confirm with Back to Basics an Four Seasons to see if they are still on board with this process.

De-Tox - Meetings at De-tox have been going smoothly. My sincere gratitude goes out to all groups who are participating and the acceptance of new groups that have asked to come on board.

Marguerite Center - Meetings are continuing as planned on a monthly basis.
Yours sincerely in service

## Stephanie J. - Treatment Chair

Question: Cole Harbour group did the detox meeting in late September and now we are on the schedule again for November this seems very soon in the rotation. Answer: This could be a mistake on my part, I will look into it.
Question: If groups take on volunteering for Forensics meetings, what responsibilities will they have? Answer: The same as detox meetings, they will be listed in the newsletter and there will be no background check. Meetings should have 3-4 members attend, but 2 is accepted.
Comment: If you are still waiting to hear back from an employee at Forensics about groups coming in, perhaps we should wait to take this back to our groups until that is confirmed? Answer: I agree.

## Comments:

-Our group had suggested a workshop on mental health and AA to educate members who may be reticent about going into Forensics meetings.
-There is a new pamphlet on AA and mental health which has a lot of information. Perhaps forensics volunteers should be given this pamphlet.
-In the program we give workshops on our experience in AA only - we are not experts or professionals in mental health.
-Addiction and mental health issues are often linked - this workshop idea has been discussed at the district table and Lisa the alt DCM is willing to organize this workshop. Also the DCM has experience and background in mental health organizations.

## Webmaster/Website:

This month's updates to aahalifax.org included:
-The usual newsletter and meeting list uploads
-New Year's Eve Dance, workshop and Downtown Dartmouth Group anniversary celebration flyers,
-Monthly meeting minutes from the Central Service and General Service meetings, and
-Literature store hours and location

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Meeting Guide App:
The Meeting Guide App is now live and connected to Districts 1 and 2. A post will be made to the website next week to promote the new App.
In the meantime, I welcome any member identifying issues with the App to contact me via email.
Thank you to all who continue to contribute to the website this month. Have a wonderful November!
Yours in Service,
Matt W Webmaster

Comments: Great job Matt on the meeting guide app!

## District 1:

Hello everyone, my name is Steve and I am an alcoholic. I have the privilege of serving the groups in District 1 in A.A. general service as their DCM, and to represent these groups on the Area 82 Committee. My home group is the Back to Basics Group in Halifax.

## Area 82 Assembly

The Area 82 Assembly took place the weekend of October $11^{\text {th }}$ to $13^{\text {th }}$ in Sydney. A highlight of the weekend for me was reconnecting with the many people I have met in A.A. general service over the past two years or so. Always a thrill for me at Area 82 Assemblies is catching up with Angela C., now the DCM for District 15 in St. John's, Newfoundland. Angela presented me with my 24-hour chip at an A.A. meeting held in Halifax on Saturday, December 9th, 1995.

It was great to meet Patrick C., a G.S.O. employee, and an A.A. member, who was Area 82 's guest at the Assembly. Patrick currently serves as the Conference Coordinator, and in this roll, he assists in preparing for each year's General Service Conference, including receiving the proposed agenda items (he noted that he has received 14 proposals to date, including one for a $5^{\text {th }}$ edition of the Big Book). The deadline for proposed agenda items for the $70^{\text {th }}$ General Service Conference is December 15 th, 2019. Patrick's email address is conference@aa.org.

Roll call showed that 62 GSRs, 4 Area Officers, and 15 DCMs were present at the Assembly, for a total voting number of 81 (the Chairperson only votes in the event of a tie vote). It was reported that there are 206 G.S.O.-listed groups in Area 82, therefore, the overall percentage turnout of GSRs was $30 \%$. For District 1 , the turnout of GSRs was 7 out of 26 , or a total of $27 \%$.

I presented my District 1 DCM report to the Assembly, a copy of which is available online by visiting https://tinyurl.com/y5egjk65. As part of my report, I presented updates on six of the twelve Districts1 \& 2 Central Service Committees. I would like to take this opportunity to strongly express the following:

In order to present updates on the work of the twelve Central Service Committees, my hope is that one or more representatives of the Central Service Committee will participate in the Nova Scotia Service Weekend every June, and the Area 82 Assembly in October of every year.

Matt D., the Area 82 Webmaster presented a report including the work he has done to have the Area 82 meeting list available on the G.S.O. Meeting Guide app (visit: https://www.aa.org/pages/en_US/meeting-guide). Matt has made great progress, and meetings in the following districts in Area 82 are now available on the Meeting Guide app: Districts 3, 4, 5, 9, 10, 11, 13, and 14 (visit http://www.area82aa.org/meetings?tsml-day=any). District 15 in St. John's, Newfoundland, produces its own listing on the Meeting Guide app. Below is screenshot of the map from the Area 82 website of all the meetings in Area 82 which are currently listed on the Area 82 Meeting Guide app.

Reports were presented by others at the Assembly, and, rather than summarizing them here, I refer you to the minutes of the Assembly which should be available on the Area 82 website within a month or two.

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As for the business conducted during the Assembly, a total of two unfinished business agenda items and seven new business agenda items were discussed, and many of these were voted upon.

Particularly noteworthy were:

1. the decision to allow past DCMs to let their name stand for Area Officer positions; and
2. the referral, directly to the Trustees' Literature Committee, of a proposal from District 17 to change some wording in the pamphlet The Twelve Concepts for World Service Illustrated (P-8, https://www.aa.org/assets/en_US/ p-8_thetwelveconetps.pdf), and the Twe/ve Concepts for World Service by Bill W. (BM-31, https://www.aa.org/assets/ en_US/en_bm-31.pdf).

Also, there is a workshop coming up in November put on by District 1 called "Is your Triangle Balanced?" -on the 3 legacies. Respectfully submitted, peace and love in service,

Steve A.
DCM
District 1, Area 82

## District 2:

Good evening friends, my name is Blair and I am an alcoholic. I am grateful to be here and grateful to be sober today. District 2 met on Oct. 20 for the regular GSR meeting, with 6 GSR's in attendance. The majority of the meeting was used to discuss the 2020 Provincial Round Up and Area 82 Assembly held the previous weekend. Cathy M was issued a check for $\$ 573.85$ for the bookcase purchased by the Literature Committee. District 2 is still in need of a Secretary and actively looking for a replacement. I ask anyone interested to please review the qualifications in the guidelines and attend the next District 2 meeting, held on Nov. 17. I ask all CSR's of District 2 to announce at your home groups the vacant position and encourage members to step into service.

Four people attended the last Provincial Round Up meeting and it was decided to have a one day event on June 13, 2020 at St. James church. The theme will be "A Clear Vision For You" and registration is $\$ 10$. A banquet will be held at a cost of $\$ 15$ per person. District 2 paid ( $\$ 87$ ) half the cost for the Provincial Round Committee meetings being held at Club 24. A $\$ 125$ deposit is required by District 2 to secure the venue. Many positions need to be filled in order for this event to succeed. I encourage everyone here to announce this at all meetings in the HRM and to ask those looking to get involved in service to attend the next round up meeting, held the 4th Saturday of each month, 1 pm at Club 24.

Shane and myself both attended the Area 82 Assembly but it was not well attended by GSRs from District 2. A new Remote Communities chairperson was chosen for Area 82. Tim M. a past delegate for Area 82 will be part of the Eastern Canadian Region Hospitality Suite at the International AA Convention in Detroit on July 2-5, 2020. There was great discussion of the proposals presented along with the 2020 Budget. The GSO guest this year was Patrick C. and he facilitated a workshop on People with Multiple Addictions Attending AA Meetings. He also shared his story with us Sunday morning.

I am hoping to see you all at the workshop on "Many Pathways To Spirituality" at Club 24 on December 8 at 2pm.

Yours in Service,
Blair A.

Question: You may need to make some adjustments to your financial figures for the 2020 Provincial Round up regarding rental costs, etc. Answer: We now have a treasurer on the committee and a full budget will be forthcoming.

Question: We found the Halloween Dance location, which is the proposed location for the Provincial Round up, very small. Is that the only kitchen? And will we only have the dance area to work with? Is it wheelchair accessible?

Answer: We will have the upstairs area and several more rooms. The kitchen is quite large and has two stoves. We will move entertainment to the stage area which will free up more room in the gym area for the banquet. It is wheelchair accessible as there is an elevator. The facility holds 309 people, and we researched past provincial round ups with average attendance of roughly 200.

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## Area 82:

No report at this time.

All Reports were motioned for approval by Bruce B and Seconded by Curtis F. All in favour. Motion carried.

## OLD BUSINESS:

## ELECTIONS:

## Nominations:

Webmaster co-chair: none.

## Executive Elections:

Co-chair: none.

## NEW BUSINESS:

Marie M gave a very informative power point presentation on the ICOAA Seminar in Arizona September 2019 which was attended by Marie M, Bill P and Michael H (incoming CS chair).

Printouts of the presentation were handed out.
Next Steps for our Central Service committee, based on the report, were suggested:

1. Create Adhoc technology committee - one year and with specific goals
2. Review and audit literature functions - outcome: one year business plan
3. Implement meeting guide app
4. Chair and co-chair review the USB stick with full conference presentations and content
5. Add "service to the groups" as an agenda item

Progress will be reported back in January 2020.

## Announcements from Groups:

## Adjournment:

The next Central Service Meeting will be Tuesday, December 3, 2019 at 7:00 pm (St. Mark's Church).
Meeting adjourned at 9:00 PM with the Responsibility Pledge.

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## Central Service Committee

Monthly Financial Statement for October 2019

Opening Balance October $2019 \quad \$ 6090.51$

## DEBITS:

| \#766 | Rent |
| :--- | :--- |
| \#767 | Bell Mobility |$\$ \$ 60.00$

CREDITS:

| $7^{\text {th }}$ Tradition | $\$ 34.00$ |
| :--- | :--- |
| Freedom Group | $\$ 100.00$ |
| Insurance premiums | $\$ 208.00$ |


| Closing Balance Oct 312019 | $\$ 5622.56$ |  |
| :--- | :--- | :---: |
| Prudent account: | opening balance | $\$ 4891.75$ |
|  | interest | .21 |
|  | Closing balance | $\$ 4891.96 ~ \$ 2000$ of prudent is For Insurance |
| Literature Committee: Opening balance | $\$ 999.57$ Closing $\$ 2084.07$ | (Debit Card:) Open $\$ 44140$ Close $\$ 973.45$ |

