MINUTES OF CENTRAL SERVICE COMMITTEE MEETING 1 June 2021 Zoom Meeting

WELCOME AND OPEN: Meeting opened by Michael H. at 7:00 pm with the

TWELVE TRADITIONS: The Twelve Traditions were read by Heather

Zoom ID address Meeting ID: 512 036 8953 Password: wecandoit

ROLL CALL:

EXECUTIVE	COMMITTEES	CSR	OBSERVERS
Chair Michael		Back to Basics – Heather	Area 82 – Mark Z
Co-Chair –. Chris	CPC	Four Season –	DCM District 1 – Paul
Treasurer –. Bill	Corrections –.Tom	Fresh Start – Jeff	DCM District 2 – Michael
Secretary –	Entertainment –.	Hubbards – Barb	DCM 1 Alt –
	Help Email – Sherry	Serenity Sister – Angie	
	Hospital Visitation – Gil	West End Step –	Wayne
	Literature –. Josh	Keep it Simple – Joan	
	Newsletter – Mike	Sunrise - Garth	
	Mid-Winter –		
	PI –		
	Telephone –. Michael		
	Treatment –. Angie		
	Webmaster –		
	Webmaster Co-Chair –		

CALL FOR AGENDA ITEMS - APPROVAL OF AGENDA

Motioned to approve the agenda by Heather Seconded by Sherry

MINUTES APPROVED FROM PREVIOUS MEETING:

Motioned to approve the May 4 minutes by Bill . Seconded by Michael Omission nomination and approval of Chris V to the position of Co Chair

REPORTS

Mark Z spoke on availability of Cochair positions for Area 82 to assist at GSD. He asked that people interested in doing service look at the available cochair position for Treatment, Corrections and Grapevine. He is the cochair for PI. For more information he can be reached at Mark Z (902-847-3419) <u>elizabethraye@hotmail.com</u>

Secretary

Secretary report for 01 June 2021

The minutes were drafted and sent out with an omission. The CoChair position was filled by Chris V. I received a donation from the Serenity sisters for 300 dollars. I mailed an insurance payment to Bill for 43.07. Still looking for an address for the Freedom Group, Gaston Road and the Cole Harbour to forward their insurance policy. We have started the Co-chair turnover.

Yours in service

Jamie Q.

Treasurer

Central Service Committee Treasurer Report June 1, 2021

May financial Activites

Opening Balance: \$2, 267.64

Revenue:

New Hope \$ 574.39

Gaston Road (Insurance) \$, 47.03 Welcome (Insurance) \$. 47.03

Sub-total: \$ 688.45

Debits:

Telephone \$ 277.10 Pi (literature) \$ 60.00 Literature Transfer \$. 60.00 Literature Transfer \$. 490.55

Sub-Total: \$887.65

Closing Balance: \$2,048.44

Literature: \$ 1,587.79 Revenue: \$. 1.158.93 Debits: \$ 1,453.71

Closing Balance; \$ 1,293.01 Prudent Account: \$4,895.84

Jeff – Is the bank statements available

Bill – It is not generally sent out. It used to be available at the monthly in person meetings for people to look at. I will forward Mays with the minutes though

Paul – I thought it was discussed that the statements would start to be provided

Bill - I have provided a spreadsheet which gives the proper numbers

Josh – Are you saying here that PI pd the \$60 to Literature

Bill - Yes

Co-Chair

Folks, not much to report in the first month on the job. I am set up on the gmail account and the account is running through my phone. I sat in on the Bridging the Gap meeting, which produced a resolution from the pen of Bill P. I function as Treasurer of District 2 and confirm there was effective meeting in May. More to come as I settle in to the role.

Chair

There were 21 members in attendance at the May 4th Central Service Meeting. We continue to modify our groups meetings from face to face to zoom, ever vigilant of the NS Health Authority Covid 19 gathering rules. My hat is off to all groups compliance efforts. Central Service Executive Committee met and discussed the way forward regarding the Bridgethe-Gap committed responsibility. There will be more discussion at the Central Service Meeting on 1 st June, 2021 @ 7pm. I encourage all people who would like to participate/know more of what Bridging the Gap will entail for Districts 1 and 2, to attend.

Spirit of Rotation

Newsletter has been filled.

Executive position of Secretary has been filled by Jamie until January 2022,

New Literature Chair has been filled by Josh M.

PI has a new Chair for rotation in January 2021.

Phones has a new Chair for rotation in January 2021.

Phones has a new co-chair for ration in January 2021.

Hospital Visitation has a new Chair for rotation in January 2021.

Help Email has a new co-chair for rotation in January 2021.

Treatment Chair is Sharman for January 2021.

Treatment co-chairs nominated for rotation is Jodie R. and Angie R., and

Corrections has been filled by Tom.

Central Service Co-Chair has been filled by Chris V.

Literature Co-Chair has been filled by Melissa.

All other sub-committee positions require service volunteers.

We look forward to meeting future service volunteers at this coming 1 st June Central Service Meeting to fill the remaining positions of CPC, Entertainment, Webmaster.

The Literature proposal as written by Central Service Treasurer has been approved. Further approval by the groups will be brought forward for acceptance, or changes. Once approved, this guideline will replace para 7.1.5 as required within the https://www.aahalifax.org/wp-content/uploads/Guidelines/Central-Service-Guidelines-Sept2017.pdf.

Thank you all for your service, Michael H. Central Service Chair Districts 1 and 2

Committees:

CPC

No report

Corrections

Nothing new from Corrections. Awaiting information from Troy for contacts and another info. Tom S Chair Corrections

Paul – It would be good if PI Corrections Treatment and CPC attended the Area 82 meetings to assist in receiving and exchanging information

Entertainment

No report

Help Email

Lots of activity this month. 5 men & 7 women reach out.

Reasons for reaching out consisted of...

- 1. Looking to attend a meeting
- 2. Need a sponsor
- 3. Meeting list
- 4. How to get the meeting list
- 5. How to get zoom
- 6. One needed AA & NA
- 7. Asked if it was anonymous
- 8. Had other emails come through that did not regard me so I forwarded them to the appropriate member to assist.

Your friend in Service Sherry G Help Email coordinator

Hospital Visitation

Good evening, this month we had a Volunteers meeting 4 of us showed up and had a constructive meeting. I received an email from Sagewood recreational therapist Janice King we chatted and talk on the phone ill arrange a call with a Volunteer early June for a resident request. And we will stay in communication to improve our goals. Janice will liaison with two other nursing homes in our area. With Rosecrest community. We are running the ad in the June Bluenose Bulletin again with a Volunteers Meeting scheduled for June 6, 11.30 am on Zoom id # 2552752863 Password 123456. Yours truly Gilles D Chair Hospital Visitation. And Volunteers

Literature

Hello Everyone! Not too much to report this month, still getting use to the new position and doing our upmost best to get literature into the hands of the alcoholic. We welcomed our new Co-Chair Melissa E. so that is amazing to have her apart of this! Business as usual and we are seeing great numbers of people buying literature and being of service! Still working on an accurate inventory process and we look forward to having something to present to the committees and groups next month! Hope everyone is staying safe! Yours in Service, Joshua M. Literature Chair

Jeff – Are you getting close to being able to do monthly inventory reposts Josh – Yes we are

Mid-Winter

No report

Newsletter

Groups are reminded to send their announcements to the newsletter mailbox (newsletter.aahalifax@gmail.com) by the 25th of the month to ensure their notice gets published in next month's newsletter. Thanks Mike

Mike – We need everyone to be sending there updates along so people know what is going on

Michael- Reminder that all updates and info has to be sent to the webmaster and the newsletter

Ы

The Public Information committee will meet this Saturday (June 5 @ 10:00) via zoom, here are some items we will be discussing/working on:

- 1) investigating signage at Fultz house museum (high traffic area)
- 2) investigation with sackville & Bedford junior/high schools guidance counsellors.
- 3) AA PSA on Halifax transit for April/May (we will look into doing this again, expect bus travel to increase).
- 4)added PI section/meeting details in the Newsletter. Of note, we will venture to meet at 10 am on the first Saturday of the month (virtually during pandemic restrictions). Open to any member wanting to help/join, very flexible time commitment.
- 5) looking into the NS Barrister society (HR/employee assistance)
- 6) Looking into more permanent municipal signs (see if we can add one). liaison with municipality and Other PI committees.
- 7) Got permission for putting AA posters up in 14 Halifax library locations. This was paused due to the pandemic, hopefully they will be posted soon and people will be frequenting the library once again.
- 8) Waiting to hear back from New York Public Information folks ref social media inquiry. Found some guidance on their website, seems a risky venture. (Copy/paste below)
- 9) liaising with NS unions (HR) and other employee assistance program to see if any of our resources could be beneficial.
- 10) re-supplied detox with AA resources, including; 12 questions pamphlets, business cards, 3 posters and some grapevine magazines (thanks 4 seasons). Thanks & take care! Clayton AA Halifax Public Information committee

Telephone

Colin D and Sandy have the daytime and even schedule running smoothly. Overnight phone continues to rotate one to 2 month basis. Weekend phones at times can be a struggle for group contacts, but working on it. Daytime phones continue to be busy with meeting and zoom meetings. Yours In service, Michael A Phone Chair

Treatment

I hope you are well. I'm not able to make the meeting tonight.

For the month of May, the treatment facilities were shut down for visitors, so it was quiet. No AA meetings were held by us. I will be contacting them again early this month to find out if we will be able to start putting on meetings in those facilities. I recently received some pamphlets and other literature from the PI committee, along with a few posters The posters are amazing! Today, I took some of this literature to the NS Detox facility. This is all I have to report at this time. Take care and stay safe. Thank you Your Treatment Committee Chair Sharman M

Webmaster

District 1

This Month was a continually active month in participating in a lot of Service relate activities.

- 1. District 1, has now Elected a new Alternate Treasurer, Welcome Mary W t
- 2. This month I attended the area officers meeting in which there was 11 members in attendance in Attendance. We made some adjustments to the Assembly agenda and will be updating the Area Guidelines. The assembly will a long and education day for us in AA

3.

- 4. Provincial round up which will take place June 12. This is an all-day event and will be a great time.
- 5. At this present time, we need an Alt DCM. Jessica has decided to step down. So, if you know of anyone that wants to get involved in Service, please invite them to the next District meeting.
- 6. AA preamble has changed to be more all inclusive / Please got to the Area 82 Website to review

Yours in Service Paul B DCM District 1

District 2

Good evening friends, I am grateful to be here and grateful to be sober. District 2 held their May monthly meeting on Zoom with 4 groups represented.

The month of May was busy with Area 82 and District 2 business:

- The Area 82 Spring Assembly was held last Saturday with 44 of the 213 groups represented, plus
- 11 DCMs from 17 Districts. Only one group from District 2 was represented. Thank you to Sunrise for attending
- o Our Area 82 Delegate Trudy gave a very detailed report from the General Service Conference and details will be provided once her report is distributed
- o Mark Z. was elected as the Nova Scotia Co-Chair for Public Information
- o Jocelyn I. from Newfoundland was elected as the Area 82 Treasurer
- o A one hour open discussion was held on Saturday evening to share on what the active committees were doing in each district
- o The contributions from groups to Area 82 has been much lower than previous years but their expenses are trending below budget
- The next Area 82 Active Committee meeting is on June 28 at 6:00pm on Zoom https://us02web.zoom.us/j/8868 8093457
- District 2 is planning to hold their next workshop once it can be done in person
- District 2 still has an opening for the position of Secretary for the 2021/2022 term
- District 2 will not be having a regular monthly meeting in June as the regular date would be

Fathers Day and it was agreed not to reschedule

The GSRs and Executive of District 2 have received all of the communications sent from Central Service and Area 82 to ensure the groups in District 2 are up to date with the day-to-day changes. I would like to thank the Committees and Executive of Central Service for ensuring the AA message is still being carried during this difficult time. Yours in Service, Blair A.

Area 82

A motion was made by Heather

and Seconded by Bill

to approve the reports.

OLD BUSINESS

A) Service Palozza that was moved in Jan 2020 Central Service Meeting (Be it moved that the Central Service Committee hold an annual Event each September to introduce the various Committees to the members in terms of mandates, roles, activities and tasks in relation to the Board mandate of carrying the message

to suffering alcoholics, supporting sobriety and making known the work of Alcoholics Anonymous in the local community; and, To incorporate this annual Event as part of the Guidelines for the Central Service Committee; typically this event in A.A. circles is known as a "Service Palazzo".

Moved by Bill Seconded by Heather – Motion carried)

Bill will do a proposal for the next meeting so this can be updated in the Central Service Guidelines

B) Central Service Elections

CPC - no nominations carried to next month

Entertainment - no nominations carried to next month

Mid Winter Round Up - no nominations carried to next month

Webmaster - no nominations carried to next month

Hospital Visitation Cochair – Gil nominated Wayne, Wayne accepted, welcome Wayne

C) Bridging the Gap

Bridging the Gap Resolution

June 1, 2021 Central Service Committee Meeting

- 1. It is suggested by an A.A. pamphlet and A.A. Workbooks for local Corrections and Treatment Committees to provide a Bridging the Gap service; and,
- 2. Bridging the Gap is a service whereby an A.A. volunteer assists a suffering alcoholic to transition from an institution to an A.A. meeting in their home community;

Therefore, be it resolved, that the Central Service Committee commits itself to providing the Bridging the Gap service and as a first step, establishes an Ad Hoc Committee for Bridging the Gap with the following tasks:

- a) In conjunction with the Corrections and Treatment Committees, address issues of offering the service to attendees at meetings including meeting format, hand-outs to attendees, role of volunteers, anonymity, and personal safety of volunteers:
- b) Using A.A. resources, compile a list of all A.A. Help lines in NS, NL, NB and PEI;
- c) Determine the appropriate handouts for attendees at meetings with likely costs;
- d) Recommend amendments to CS Guidelines to mandate this service:
- e) Recommend strategies for recruiting and training volunteers and maintaining a current roster of volunteers;
- f) The Committee may address any other matters of relevance to the tasks which may arise in the course of their tasks;
- g) Operate within a budget of \$200. largely for long distance telephone fees;
- h) Prepare a report and recommendations for the September meeting of the Central Service Committee

Bill moved Heather 2nd

Adhoc committee started with Bill, Leah and Michael in hopes of finding a couple more members. The plan is for them to submit a proposal by September

A Proposal for A

Bridging the Gap Service

- 1. Definition: "Bridging the Gap" an A.A. volunteer assists an alcoholic transition to A.A. in their community from an institution.
- 2. Population in Transition: From the Detox Centre, possibly a handful

each week. From Corrections, possibly a handful during the course of the year. From Forensics, not possible to say as their stay is not fixed but likely a year or more. Margarete Centre possibly a handful during the course of the year, as part of the program of Margarete Centre before discharge.

- 3. Transition to their Community: The direct delivery of this service with local A.A. volunteers, is primarily devoted to persons discharged into a locality in Districts 1 & Districts 2. However, the facilities may serve persons throughout NS as well as NB, PEI and NL & Districts 1 & Districts 1 & Districts 2. However, the facilities may serve persons throughout NS as well as NB, PEI and NL & Districts 2 & Districts 2 & Districts 3 & Districts 2 & Districts 3 & Districts 3 & Districts 4 & Districts 3 & Districts 4 & Districts 4
- 4. Current Efforts: The Treatment and Corrections Committee have in fact on an informal, ad hoc basis carried out this function. The "Back to Basics" Group, as the closest meeting to the Margaret Centre, has helped the transition of residents to an outside A.A. meeting.
- 5. Formalizing the Service: The Central Service Committee would adopt a resolution mandating this service as part of our package of services to alcoholics. The Central Service Guidelines would be amended to add a clause to the duties of the Corrections and Treatment Committees; such as: "the attendees at meetings shall receive assistance to transition to A.A. in their home community." This would form a portion of the monthly report of the Committee to Central Service Committee. A member of the Executive Committee would have the specific role of overseeing that this service is functioning. This would require an amendment sto the Guidelines.
- 6. Planning the Service: It is a suggestion that we strike an Ad Hoc Committee, and obtain ratification at the June meeting. There would need a modification of the meeting formats at the facilities to include the availability of this service. We need an A.A. Care package for someone on discharge, i.e. A.A. business card for the Service, info on the meeting app for smart phone, the names and phone numbers of the designated volunteers etc. but something that can be carried in a wallet or purse (not easily damaged.)
- 7. Further Planning: A list of volunteers is required. If members of the Treatment or Corrections Committee or otherwise, a training process as to what is involved and not involved and what temporary means. The volunteers may come from the persons putting on the meeting or not. 8. Outside Districts 1 & Distr around the Province and our provincial neighbours. Our Telephone Committee and Area 82 are natural resources to get a leg up on this. However, it will require one or two people to take this on, as a project to obtain the information and compile it into a useable form. We would need a binder for the two Committees and one for the Executive. 9. Anonymity: In the best of all perfect worlds, it would be nice to introduce a newcomer to an outside A.A. with a name, phone number and when they might be arriving. However, in most cases it will be an individual decision on the part of the newcomer on how much they wish to divulge or how far we may go in making introductions to the outside A.A.
- 10. Our Possible Resources: Area 82 has a monthly Zoom meeting with members of the four basic Committees (Corrections, Treatment, PI and CPC) this would be one avenue to put the word out for contacts. The members of Area 82 may also have contacts with the neighboring provinces to assist in getting contacts. Again, our Telephone Committee has some information in this regard.
- 11. TimeLine: Given the few meetings taking place and with Summer coming on, and of course the ongoing Covid restrictions, we should be able to have an interim report by September. We probably can't implement until the New Year.
- 12. Budget: There would be a cost for the Ad Hoc Committee to make long

distance calls and suggest a budget about \$200.

Respectfully in Service Bill Powroz

D) Literature Guidelines - Bill

Proposed Amendments to 7.1.5 Literature

- The Literature sub-Committee carries the message of A.A. by making available A.A. Conference-approved Literature to the suffering alcoholic, A.A. Groups, A.A., professionals and the public.
- The members of the sub-Committee are the Chair and Co-Chair and such volunteers as they may appoint to carry out the functions of the sub-Committee.
- The sub-Committee operations and inventory shall be conducted, as deemed appropriate by the sub-Committee, and maintained in a space leased by the Central Service Committee.
- The inventory of the Literature sub-Committee shall be insured through the general policy of the Central Service Committee.
- As a general principle, the operation of the Literature sub-Committee is not intended to be a revenue-generator for the Central Service Committee, its revenues shall reflect the cost of operations: including overhead, purchases, exchange rates and losses. This does not preclude modest profits.
- The sub-Committee shall organize its operations in such a manner as they deem appropriate, to be effective and efficient to carry out their mandate.
- The area of operations for the Literature sub-Committee is the area covered by Area 82, Districts 1 and 2.
- It is customary for the Literature sub-Committee to conduct sale of A.A. literature at the Mid-Winter Round Up and such opportunities as may be provided by Groups or the initiative of the sub-Committee. Events outside of Districts 1 and 2 require the approval of the Central Service Committee with presentation of a business plan including the inventory, purchases, overhead, revenue forecast and volunteers to conduct the event.
- The sub-Committee operate with a petty cash fund of \$200. for incidental expenses for the operations of the sub-Committee with replenishment of the petty cash by receipt in cooperation with the Treasurer.
- The total value of the inventory shall be maintained within a target amount of \$4000.
- All sales revenue shall be deposited to the Literature Bank Account. Any balance greater than \$2000. shall be transferred to the operating account of the Central Service Committee.
- The sub-Committee is responsible for quarterly reports in April, July October and the following January of Central Service Committee meetings. These reports shall include opening bank balance, petty cash, inventory purchase value, literature purchases, sales, profit or loss, sub-Committee expenses, opening and closing bank balance and closing total balance.
- The Chair or designate shall attend each meeting of the Central Service Committee monthly meetings with a written report for presentation.

Bill – I move to left the motion from the table with respect to the literature committee. Heather 2nd Motion passed

Some discussion was had Literature motion passed

Josh – Bill can you send me the complete literature guidelines Bill - Yes

NEW BUSINESS

A) Budget for Hospital Visitation . Bill - Gil and I will discuss and have a proposal for the next meeting

Announcements from the floor

Jeff - Fresh Start is open meeting Wed at 730pm Connolly Road

Sunrise will have a Bday meeting the 29th is room is open

Next meeting 6 Jul 21, 7 PM

Meeting adjournment at PM with the Responsibility Pledge.