

MINUTES OF  
CENTRAL SERVICE COMMITTEE MEETING  
November 1, 2022  
Zoom Meeting

**WELCOME AND OPEN:** Meeting opened by Samaira at 7pm with the Serenity Prayer.

**TWELVE TRADITIONS:** The Twelve Traditions were read by Mike M.

**ROLL CALL:** 28 in attendance of which 18 attendees were voting members.

EXECUTIVE (4)	COMMITTEES (6)	CSR (9)	ALT CSR/OBSERVERS (4)
Chair – Samaira G	Telephones - Michael A	Zeta S -Colby Village	Gerry L - observer
Co-Chair – position vacant	Help Email – Sherry M	Jeff D - Fresh Start	Toby H - observer
Treasurer – Foster L	Newsletter - Mike M	Becca H- Downtown Dartmouth	Wayne O - observer (incoming Hospital Visitation chair)
Secretary – Emily S	Hospital Visitation – Gilles D	Garth M - Sunrise Group	Natalie B - observer
	Treatment - Sharman M	Joan M - Keep it Simple	Alexandra C - observer
	CPC - position vacant	Rachael S - Sunday Night Serenity	Tom P - observer
	Literature – position vacant; Michael A, literature support	Kim - Serenity Sisters	Neale S - alt CSR Fresh Start
	Corrections - Tom S	Sean M - Safety Net	Sam B - observer
	Webmaster - Heather L	Peter J - Downtown Halifax	
	Mid-Winter – Emily S		
	Public Information - not present		
	Entertainment – position vacant		
	Bridging the Gap - not present		

7th Tradition: \*Please email Central Service meeting 7th tradition contribution and group contributions to: **treasurer.aahalifax@gmail.com** \*Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to:  
Central Service, RPO Gladstone, PO Box 31338, Halifax NS B3K 5Z1

**CALL FOR AGENDA ITEMS**

Christmas Social

## **APPROVAL OF AGENDA**

Motion to approve the agenda made by Heather L, seconded by Joan M.  
All in favour. Motion passed.

## **MINUTES APPROVED FROM PREVIOUS MEETING:**

Motion to approve the October 2022 minutes made by Zeta S, seconded by Joan M. No errors or omissions. All in favour. Motion passed.

## **OFFICER'S REPORTS:**

### **SECRETARY:**

Hi everyone, this month I helped the treasurer contact groups and deliver the insurance policy which is now available for those who have signed up. For anyone here from an insured group (or anyone reading the minutes) who has not been contacted with a copy of the policy and with instructions on how to pay, please let Foster or myself know. I also co- signed a few checks and complied the minutes as usual. Thank you to meeting chairs for sending your reports.

### **TREASURER:**

This month has been busy with the insurance renewal. I received the new policy and met with Emily to coordinate a complete mailing list needed to send the renewal to groups. The premium this year was \$1885.00, which when split across the 40 insured groups, amounts to \$47.15 per group. In the spirit of unity and fellowship and support to any struggling groups I asked insured groups to consider voluntarily paying \$50. A copy of the new policy is on the website and was emailed by Emily to all insured groups.

Following direction from our last meeting cheques were sent to GSO and Area in the amounts of \$2500 and \$1500 respectfully.

The latest invoice for literature was paid and we are now up to date with GSO. Our current exchange rate is 40 cents on the dollar (\$730 on last invoice of \$1803). Michael costed the last order at this rate and with current pricing we will not take a loss on it. Groups may now pay for literature purchases via e-transfer. Please indicate on your transfer it is for literature and the security question to be used is Purpose of Transfer, with the answer being Literature.

I am asking all sub-committees with outstanding invoices or receipts to get them to me this month or early next month so I can begin to close off the 2022 calendar year.

I will be preparing a draft 2023 budget for the December meeting and will require an estimate of needed funds from all. Expenses this year were well below budget and if I do not hear from committee Chairs, or in the absence of a committee Chair, I will estimate an amount based on a 2-year average of expenditures for the committee. The budget should be voted on at the January 2023 meeting, so we start the year with approved funding.

I am available anytime to answer any questions you may have throughout the month.

Yours in Service, Foster L Treasurer

\*see Appendix A

**CO-CHAIR:**

Position not filled at this time.

**CHAIR:**

No report this evening.

**COMMITTEE REPORTS:**

**CPC:** no chairperson at this time

**CORRECTIONS:**

Nothing new to report. Our contact at corrections recently informed me that going forward the only requirement to put on meetings is valid government ID.

Q - No more request for criminal check?

A - I asked about this, also covid shots - and she said the only thing required is government issued ID. But right now we're not putting on meetings. She will get back to me when they're ready.

CS chair - This may change our guidelines a little.

Q - Our group our notes say to go into corrections you need two years sobriety and criminal check - this looks like this has changed, but do you still recommend 2 years sobriety?

A - Yes.

**ENTERTAINMENT:**

No report at this time.

**HELP EMAIL:**

This month was a little slow, only 8 people reached out, with similar questions as we see each month. Some people were looking for what their next step would be - where to go, do they need detox, etc. Some young people reached out between ages of 15 and 18, looking for guidance for their parents as well. Young people are looking for an AA youth group to join.

**HOSPITAL VISITATION:**

Good evening . Hospital visitation was quiet for October. We had our zoom committee meeting. Wayne is planning to visit Marie Anne G. at the VG - she's from St Margrets Bay. I would also like to announce a celebration of life for our friend Troy S. Sunday November 6, from 2pm to 4pm at 192 Prince Albert Rd. Dartmouth - the Mic Mac AAC. Yours in service, Gilles

**LITERATURE:**

Good evening,

October saw a very busy month in sales.

Sales Recorded in October:

\$911.00 in completed sales.

\$300.00 invoiced to Glace Bay Group will be included in the Nov report in Sales.

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\$1211.00 in recorded sales.

\$132.00 in Cheques

\$307.50 in Square Sales

\$771.40 in Cash Sales

Total of \$911.00 in Completed Sales for October

\$97.04 was taken out of cash for purchase of Ink for the printer at the store. I am hoping to get to the bank before the meeting this evening to deposit cash.

A \$200.00 float was agreed upon for the Literature Chair. When Josh turned over the account to me. All monies were given back to the Literature account until a Chair was elected. I suggest that the \$200.00 float be placed back in the Literature Safe at the store for the upcoming chair.

Purchase of ink was \$97.05 for the printer at the bookstore.  
Monies are needed for paper, ink, and change for cash purchases.

Foster has sent off payment for literature ordered last month. Payment of \$2,530.00 (which \$727.00 was in exchange in the dollar). We currently have no outstanding charges with GSO or Grapevine.

Yours in Service,  
Michael A  
Literature Support

Comment: One thing not on the report - an item of redundancy (the old preamble, which has since been re-printed with new wording) should be got rid of since we can't sell these - they are no longer relevant. It will be a loss for the literature store.

Q - Would it be possible to put old preamble in AA archives? We could give these away.

\* See Appendix B

### **MID-WINTER ROUND-UP:**

We had a great committee meeting in October and the hospitality committee is working hard collecting names of generous groups and individuals who are signing up to volunteer their time manning the coffee stations for 2 hour sessions during the round up. Coffee and tea will be free of charge, and pop and water will be \$1. We decided it would be good to have a lunch option for members who are not able to go out during the lunch break and we are looking for volunteers to contribute sandwiches and sweets - some members have already come forward and we would love some more support - thank you in advance! We are also asking groups to consider donating tickets for those who can't afford to come. Al-Anon has agreed to come on board and will be offering meetings all day as well as a Saturday evening speaker. The program committee has meetings, panels and speakers planned all day and we will be able to offer a second set of meetings in the small white heritage church on the property during the afternoon, to provide choice for attendees. The main banquet speaker has been chosen as well. Our

treasurer has all banking tasks in order and has set up the e-transfer to receive pre-registration: [mwruregister@gmail.com](mailto:mwruregister@gmail.com). We are holding off on announcing the registration fee and banquet fee until our banquet details are finalized. This should be settled within the week and an updated Mid Winter Round Up flyer with price details and banquet details will be out in the December newsletter. The early bird flyer has gone out to Area 82 and all District 1 & 2 groups. Please spread the word. We have good capacity at Woodlawn church and would love to see a great turn out. Please contact me if you would like to volunteer to help in any way. Thank you!

Q - If groups want to donate money instead of sandwiches to help with covering lunch, is this possible via e-transfer? A - Yes, this is a great idea.

Q - A suggestion: if people are paying registration fee, it might be a lot to ask them to donate food, etc as well. You have a \$2000 start up fee - perhaps you could budget to cover the cost of this lunch and then charge registration accordingly, or recoup any shortfall with a 7th tradition at the event.

A - Thank you for this suggestion - we will look into it. Some donations have already been offered and we don't want to turn these away. We consider this one day round up event on a much smaller scale than the one which usually takes place at the hotel, with a much smaller registration fee - this is one of the reasons we made a decision to ask for sandwich and sweets donations.

#### **NEWSLETTER:**

Just a reminder that meeting notices / updates should be sent to both the Webmaster ([Webmaster.aahalifax@gmail.com](mailto:Webmaster.aahalifax@gmail.com)) and the Newsletter ([Newsletter.aahalifax@gmail.com](mailto:Newsletter.aahalifax@gmail.com)) to ensure your message is communicated to the AA community.

Newsletter submissions for December should be submitted to [Newsletter.aahalifax@gmail.com](mailto:Newsletter.aahalifax@gmail.com) by the 25th of November 2022.

Thanks Mike

Q - (treasurer) Do you have any outstanding expenses for this year? A - No - Maybe the new chair will have some expenses coming as I don't think they have Word on their computer and may need it - I will let him raise that with you.

Comment- There was an error about Sunrise Group - our normal meeting is on Tuesday but it said Wednesday for the birthday- please spread the word at your groups.

Q - is there a place to print off a meeting list on the newsletter? A -We are working on a list, but it would be on the website not the newsletter when it is complete.

#### **PUBLIC INFORMATION:**

No report at this time.

#### **TELEPHONE:**

Good evening everyone,

Things are going well with the Telephone with the exception that we need more daytime support in HRM. Currently we have 9 people rotating the phone. 4 in Dartmouth and 5 in Bedford/Sackville.

The overnight phone continues to receive no messages.

The daytime and evening binders are now in their new folders and in use.

I am waiting for the weekend binder to make it's way back to Downtown Dartmouth (this month), where I will finish the final binder. I put details on a spreadsheet for the incoming telephone chair for next term.

\*PLEASE reach out to your groups for daytime phone support.

Yours in Service,

Michael A  
Telephone Chair.

### **TREATMENT:**

Hi everyone

The Detox meetings are going well. I had a brief chat with the manager of the facility and she said she would send out an email to the nursing staff regarding more attendance and interest by the patients to attend the AA meetings we put on there. That is very encouraging and positive . The Marguerite Center meetings are going well.

I want to thank all of you who put the meetings on in these facilities. I truly appreciate your service.

Yours in service  
Sharman M

Q - Our group wanted to be accurate about requirements - is it true there can be as little as two participants at detox meetings but no more than 4 - and three out of four should have more than 6 months sobriety? Same requirements to Marguerite Centre?

A - I think new women have gone to put on meetings who didn't have six months. The goal is that at least one person has more than 6 months sobriety. And forensics meetings are not operating currently.

CS Chair - At detox, 3 out of 4 members should have more than 6 months sobriety. Also no swearing or mentioning specific drugs. These guidelines were created with participation of the staff at the centre.

Q - After Covid, detox requested no more than 2 people show up - last time we were there we were asked again not to send more than 2. A - I will check into it.

### **WEBMASTER:**

I have done the usual web maintenance during the month; update plug-ins, meeting changes, etc.

In support of the upcoming Mid-Winter Roundup, I added the tab to the web site for this event and updated the page. Once costs are known, then I'll add that information and the email address so people can e-transfer to register.

Also, once the program is complete, that too will be added.

I have some information and thoughts about the Meeting List from our Central Service guidelines which I will discuss under new business.

Yours in service,

Heather

Q - any news on a meeting list ? I did talk a few months ago about how I had created a PDF meeting list which was 6 pages long. I didn't get feedback on whether a six page list was okay with central service. A 6 page list wasn't my goal - but I have two sources which have to be updated with each change. It's difficult to work with. But I do have a process if we want to go with this long list. To make it any shorter the print would be so small you couldn't read it. Every two weeks something changes - so if we create another list from scratch, it's another list to change manually on top of the other two (which are now my sources for the 6 page list). We could also have a disclaimer, saying it is only accurate as of a certain date.

A - At the Keep It Simple group, printed meeting lists continue to be a huge request.

We can touch back on this with new business

Comment: Maybe we could look at having a list for physical meetings and keeping zoom separate - perhaps noted on the list to look up zoom meetings online. At one time you had to be an established meeting in the newsletter for 6 months in order to be added to the printed meeting list - and meeting list was updated four times a year.

**BRIDGING THE GAP:** no report at this time

**DISTRICT 1:**

No report at this time.

**DISTRICT 2:**

(delivered by Michael A)

Good evening, I am grateful to be here and grateful to be sober. The month of October was busy with Area 82 and District 2 business.

Updates from GSO:

- Advisory Actions of the General Service Conference, 1951-2022 is now available in a digital format
- Public Information at GSO has started a Young Peoples Video Project and are looking for submissions
- A new jacketless format of the hardcover Big Book and 12&12 is now available to help with supply issues

Updates from Area 82:

- I was unable to attend the Area Fall Assembly due to work commitments but Michael A. did a great job representing District 2
- The following were elected as the new Area Executive: Gerry-DSD, Dwayne-Alt. GSD, Anne-Chair, Jocelyn-Treasurer, and Deb-Secretary
- The majority of the Ad-Hoc Finance Committee recommendations were passed with some minor changes
- The monthly Active Area Committee meeting is open to anyone who is actively carrying, or is interested in carrying the message of AA Recovery through committee activities

District 2 held their October meeting in person with four groups represented

- Their next regular monthly meeting is November 20 at 2pm at Club 24
- District 2 will be holding elections in November for the 2023-2024 Executive, so please reach out to me if interested in a position

Yours in Service,  
Blair A. DCM District 2

**AREA 82:** no report at this time

### **APPROVAL OF THE REPORTS**

A motion was made by Heather L to approve the reports, it was seconded by Joan M.  
All in favour; motion passed.

### **OLD BUSINESS**

#### **Christmas Social:**

Back to Basics and Keep It Simple both offered to host the Christmas Social this year.

After some discussion it was decided that Back to Basics would host at Trinity Church in Halifax.

#### **- Central Service Elections:**

- Central Service Co-Chair : no nominations
- CPC - no nominations
- Corrections - Tom P nominated; (Gerry L nominated - declined nomination)
  - Tom P elected chairperson of Corrections Committee, all in favour
- Entertainment - Natalie C nominated; Alexandra C nominated
  - Alexandra C was elected chairperson of Entertainment committee with a majority
- Help Email - Sam B nominated
  - Sam B elected chairperson of Help Email committee, all in favour
- Literature - Michael A nominated
  - Michael A elected chairperson of Literature committee, all in favour
- Public Information - no nominations
- Telephone - Jonathan G nominated
  - Jonathan G elected chair of the Telephone committee, all in favour
- Treatment - Gilles D nominated
  - Gilles D elected chair of Treatment committee, all in favour

There was some discussion on whether single nominations should be elected by acclamation without qualifying; it was decided that according to guidelines, we should have each nominee qualify and each committee chair should be elected by a majority.



\* Please take to your groups that we need volunteers to chair the CPC and Public Information committees. We are also seeking a volunteer for Co-Chair of Central Service.

## **NEW BUSINESS**

Central Service guidelines Item 12 - Heather L  
Tabled until next month's meeting.

## **ANNOUNCEMENTS FROM GROUPS**

No announcements at this time.

Motion to adjourn the meeting made by Heather L, seconded by Joan M.

Meeting adjournment at 9:05 PM with the Responsibility Pledge.

**Next meeting December 6, 2022 at 7 PM on zoom.**

Appendix A

October 2022

**Operating Account**

<u>Opening Bank Balance</u>	\$12020.25
Credits	\$400.00
Debits	\$2009.77
<u>Closing Bank balance</u>	<u>\$8525.48</u>
Cheques Outstanding	\$2500.00
<u>Closing Operating balance</u>	<u>\$6025.48</u>

**Prudent Reserve Account**

Opening balance	\$4899.46
Closing balance	<u>\$4900.47</u>

**Literature Account**

<u>Opening Balance</u>	\$4175.93
Credits	\$262.78
Debits	\$2538.43
<u>Closing balance</u>	<u>\$1900.28</u>

Appendix B

<b>LITERATURE STORE</b>		
<b>REVENUES:</b>	<b>TOTALS</b>	<b>NOTES:</b>
Cheques	\$132.00	2 Cheques (Dep Oct 20)
Square:	\$307.50	3 Transactions
Cash	\$471.50	8 Cash Transactions
Orders on Hold (Invoiced)	\$300.00	Glance Bay Group Pickup
Bank Balance	??	
<b>Total Revenue:</b>	<b>\$1,211.00</b>	<b>\$911.00 Completed Sales - \$97.04</b>
<b>EXPENSES:</b>	<b>PROJECTIONS:</b>	<b>NOTES:</b>
Payments for literature	\$2,530.00	Paid (\$727.00 exchange)
Purchase of Ink	\$97.04	Taken from Cash above.
<b>Total Expense</b>	<b>\$2,627.04</b>	