

**MINUTES OF  
CENTRAL SERVICE COMMITTEE MEETING**  
July 4, 2023  
Zoom Meeting

WELCOME AND OPEN: Meeting opened by Samaira G at 7pm with the Serenity Prayer.

TWELVE TRADITIONS: The Twelve Traditions were read by Mark B.

ROLL CALL: 24 in attendance, of which 16 attendees were voting members.

| EXECUTIVE                  | COMMITTEES                       | CSR                          | ALT CSR/OBSERVERS                |
|----------------------------|----------------------------------|------------------------------|----------------------------------|
| Chair – Samaira G          | Telephones - not present         | Tanya E - Four Seasons       | Michael H - DCM District 1       |
| Co-Chair – position vacant | Help Email – not present         | Robin M - Keep it Simple     | Sara G - Treatment co-chair      |
| Treasurer – Foster L       | Newsletter - Mark B              | Becca H - Downtown Dartmouth | Noelle D - Highland Park         |
| Secretary – Emily S        | Hospital Visitation – Wayne O    | Angela E - Serenity Sisters  | Alexandra C - alt DCM District 2 |
|                            | Treatment - Gilles D             | Neale F - Fresh Start        | Sonya - Downtown Dartmouth       |
|                            | CPC - Kathy S                    | Lara B - Only Requirement    |                                  |
|                            | Literature – Gerry L             | Mike A - Welcome Group       |                                  |
|                            | Corrections - not present        | Toby H - Sunrise Group       |                                  |
|                            | Webmaster -Heather L             | Mike C - Downtown Halifax    |                                  |
|                            | Mid-Winter Roundup– Heather L    | Melanie M - Back to Basics   |                                  |
|                            | Public Information - not present |                              |                                  |
|                            | Entertainment –vacant            |                              |                                  |

7th Tradition: \*Please email Central Service meeting 7th tradition contribution and group contributions to: [treasurer.aahalifax@gmail.com](mailto:treasurer.aahalifax@gmail.com) \*Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to:  
Central Service, RPO Gladstone, PO Box 31338, Halifax NS B3K 5Z1

**CALL FOR AGENDA ITEMS**

Update on Group Insurance

**APPROVAL OF AGENDA**

Motion to approve the agenda made by Heather L seconded by Foster L.  
All in favour. Motion passed.

**MINUTES APPROVED FROM PREVIOUS MEETING:**

Motion to approve the June minutes made by Angela E , seconded by Heather L.  
All in favour. Motion passed.

**OFFICER'S REPORTS:****SECRETARY:**

I fulfilled the regular secretary duties this month. I signed some cheques for donations to Area and GSO and paid the phone bill along with our treasurer. Just a note for committee chairs or executive who give verbal reports but do not email me their report: I am doing my best with touch typing to keep up, but it is quite a bit more work for me. I have okayed this with one member who is unable to contact me via email, but there are a few others whom I would prefer to take a few moments to send me a report in advance. Just a request - thank you. I have been working with the program committee for the upcoming Mid Winter Round Up and another member and I are working to organize an AA Talent Show in the fall. Please let me know how I can be of secretarial help.

sincerely, Emily S

**TREASURER:**

Financial transactions this month were the payment of the phone bill and the issuance of cheques to GSO and Area, both not yet cashed.

I attended the Mid-Winter Roundup meeting in early June and have been spending time this month working with Pete L from the valley on the insurance file.

Anybody who is interested in the Treasurers position starting in January can contact me for information.

I am available anytime to answer any questions you may have on the committee finances.

Yours in Service,

Foster L

Treasurer

**\*see Appendix A**

**CO-CHAIR:**

Position not filled at this time.

**CHAIR:**

Central Service Palooza is coming up - there are some bristol boards for each of the committees and you can contact me and I can get it to you. The palooza normally is in Sept to show members what Central Service is all about. I assume it will be at 45 Connelly Rd. Also, since the entertainment chair resigned, I did set up our camping weekend - it's in the newsletter. Also we do normally have a picnic first weekend in September and we will be having that as well.

## **COMMITTEE REPORTS:**

### **CPC (Cooperation with the Professional Community):**

Letters to the GSRs and DCMs in districts 1 & 2 to recruit new members was sent out. We have picked up three more members within the rooms and one person has joined because of the letters so far. It takes a lot of time to do some of the background work required before we can reach out to the various professional organizations.

We have some ongoing research of various fields in the Nova Scotia Health Authority. Going forward we will look for other treatment centers where A.A. is not providing meetings and could benefit from a presentation.

One new member, Max, has researched the cardiology programs through NS Health Authority, and we will contact them once we find an in. One clinic identified is the Cardiovascular Risk Factor Clinic intended to help motivate and assist individuals and families through motivating self-directed action plans to reach personal health goals. There is also a Cardiac Rehabilitation program in both Dartmouth and Halifax. (good places for A.A. information). Anyone with a personal contact person in one of the cardiac programs and is willing to share it with us, can let us know so contact can be made easier and not be a cold call, and we are open for any suggestions of professional organizations you may have a contact with and want us to reach out to.

An email was sent off to Tony Jenkins from CFB Halifax Addiction & Treatment and awaiting a reply. Three of our CPC members have an affiliation with him, and the potential of an informational relationship looks very promising!

Still waiting to hear back from the Elizabeth Frye Association's administration office.

I met with one of the directors of the Acquired Brain Injury Day Program, Laura Caron on June 30<sup>th</sup> to discuss a possible presentation to the ABI team at the Bedford Mall, Professional Center. (I was a client there in 2017 & 2018) Laura is going to discuss the A.A. information that we talked about with the other team members and took some of the literature that we provided. She also said that they have one month where they bring in addiction affiliated organizations to speak and may contact us at that time.

During the last meeting there was discussion about approaching a particular medical clinic for a presentation and will continue to explore it. I have constructed a letter for each doctor in the various medical clinics where the PI committee provides pamphlets to send and attach a letter written by a former A.A. member, Dr. John A. Fromson, MD, to medical clinics as we identify ones that we feel will be open to them (pending upon group discussion).

Respectfully Submitted in Service,

Kathy S, CPC Chairperson

Comment: I'm wondering if you have contacted Atlantic School of Theology - we have done presentations in the past, we dealt with Ross Bartlett and they always welcome us yearly.

### **CORRECTIONS:**

no report at this time

### **ENTERTAINMENT:**

no report at this time

CS Chair: AA Camp Out at Dollar Lake is happening on August 18th weekend. AA picnic at Point Pleasant will happen in September.

**HELP EMAIL:**

The Help Email saw 5 emails in June. This is the least amount of emails I've seen on monthly basis since thing over this role and I believe this reflects the beginning of Summer Drinking habits.

1 was looking for help for a family member – referred to Al-anon and provided the AA phone number I'd her family member would like to speak with a member.

1 was inquiring about open/closed meetings and potentially attending meetings with a friend/family member – explained the difference and referred to meeting list

2 were looking for meeting information – referred to the meeting list

1 was looking for someone to talk to – I referred to the AA phones.

I apologize I won't be able to attend tonight's meeting.

Yours in Service, Sam B

**HOSPITAL VISITATION:**

One person in hospital - Dennis S from the Welcome Group had a stroke 3 weeks ago. Was in the QEII and now transferred to rehab on Summer St. He's coming along very well.

yours in service, Wayne

**LITERATURE:**

The month of June has been good. I made a big order of books and pamphlets for the month of June. Now if you look at the entry of 2 June \$102.70, this was for book sale with cash. If you look at the entry of 05 June and 19 June for \$154.90 and \$209.90, these were sold by credit or debit card. If you look at the entry of 29 June \$564.00 this was for more cash sale. If you look at the entry of 30 June, one for \$2540.29 this was for the book order made this month in US dollars, the other entry for \$882.75 was the exchange to US dollars and the last entry of \$7.50 was the service charge for the US draft. So right now we have a balance of \$2212.23

As you all should know by now the price increase of books and pamphlets started on the first of July. The announcement was put in the July newsletter. Also the literature webpage has been changed to reflect the new prices.

Gerry L

**MID-WINTER ROUND-UP:**

This central service meeting is occurring before the July meeting of the roundup committee so I'll have more info in August.

I can say that we have paid the hotel deposit and made a group visit to the hotel so each committee could see the space and understand how the weekend will flow.

I will be working with the hotel and the roundup committee to finalize the cost of the banquet. It will be a buffet, so we have some room to tweak so as to come up with a cost to our members that makes sense.

The committee continues to work in all areas and things are shaping up wonderfully. Yours in service, Heather

**NEWSLETTER:**

Just a reminder that meeting notices / updates should be sent to both the Webmaster ([Webmaster.aahalifax@gmail.com](mailto:Webmaster.aahalifax@gmail.com)) and the Newsletter ([Newsletter.aahalifax@gmail.com](mailto:Newsletter.aahalifax@gmail.com)) to ensure your message is communicated to the AA community.

Newsletter submissions should be submitted to [Newsletter.aahalifax@gmail.com](mailto:Newsletter.aahalifax@gmail.com) by the 25th of each month 2023.

I am available to answer questions through out the month.

Respectfully submitted in service  
Mark  
Newsletter chair

**PUBLIC INFORMATION:**

no report at this time

**TELEPHONE:**

Very quick report this month:

- Phone Committee are still looking for volunteers to work the day phone.
- Looking for groups to step up and get into the week-end rotation.

Thank you for your service  
Have a great day  
Jonathan

**TREATMENT:**

Good evening everyone June was fairly busy. First I want to thank Kathy at CPC for info about Bryony House. I contacted Shanon at Bryony House , then I got Sara to take over and arrange a meeting with Shanon and set up and make arrangements to start meeting rotation at Bryony. I contacted Foster for literature: Big Books ,Flyers, Pamphlets and a rack. Sara and I are meeting at the book store soon. I contacted Heather and Mark for our notices on the web and newsletters thank you both for your cooperation. We added Circle of Sisters to all our treatment centers - thank you. I spent some time with Anne C. and we revamped our Detox ,Forensics , & Bridging the Gap list and will create a list for Bryony in the near future. I gave our flyers, Pamphlets & AA help line card to our connection at the Burnside Jail for Bridging the Gap. I contacted area 82 chair Anne B I will attend their DCM meeting July 13 to do a presentation on Bridging the Gap. I hope to get all Districts involve in with Bridging the Gap in our area. I also contacted Johnathan at Alcare and offer them some Flyers and Pamphlets for Bridging the Gap - he thought it would be awesome. Yours truly Gilles D. and Sara G.

**WEBMASTER:**

Early in June the web admin for Area82 reached out for some help on how to add a form to the Area web site and how we use a plugin called Mail Poet to support subscribers to the monthly newsletter.

I sought help from Pedro, and he pointed us at a plugin to support forms. The Area82 web person was successful in getting that page added. So wonderful to see this cooperation.

The new Literature Order form with increased pricing was updated on the Literature page.

There were many announcements posted this month. And of course, the usual updates of plugins, and posting of minutes District and Central Service plus the newsletter.

Yours in service,

Heather

**DISTRICT 1:**

Good day Districts 1 and 2 Central Service Exec's, Committees, CSR's and guests,

I have attended the monthly Area 82 Active Area Committee Meeting held on the Last Monday of each month. Next Meeting is July 31, 2023. This is a meeting that minimally the 4 central service committee chair's or delegates (CPC, PI, Treatment, and Corrections) should attend to receive and/give an update from/to the General Service chain to keep informed of what's new on the Committees of Area 82. The Treatment Chair gave a great brief last month. Thank you Gilles.

Area 82 Guidelines have been updated, and can be found on the Area 82 org web.

New proposed General Service Conference (GSC) Items that Districts 1 groups wish to have put forth to the GSO, has a deadline of September 15. DCM of District 1 is asking all new Conference Items from groups to be sent to DCM well in advance for email action/reaction times to make the deadline. You can also send it directly yourself if you wish.

Area 82 Fall Assembly in Cornerbrook NL/Lab being held in October has a deadline for all new items to be placed in the Agenda. District 1 Groups request for items to be added to the Area 82 fall assembly Agenda to be sent to Dist 01 DCM not later than 29 July 2023.

Area 82 Officers and DCM quarterly meeting will be held July 13 at 6pm Atlantic time. All are welcome to attend to witness service in our Area 82.

The Grapevine Display- that was held by the Back-to-Basics group will be going to the Four Seasons Group in July. The Display is held for a month and passed onto other groups wishing to show members what the Grapevine is all about.

Our next District 1, Area 82, Service Workshop  
Presented by Gerry W, Delegate Area 82  
THE 3 LEGGED STOOL (RECOVERY, UNITY, SERVICE)  
All are welcome to attend!  
Wednesday / July 26th, 2023  
6 – 7pm Atlantic Time Meeting ID: 753 798 8280  
PW: SERVIC

On a final note, it's another month closer to the NS/NL Assembly and Round-Up in Corner Brook NL, to which it is advised that all GSR's should attend as written in AA Service Manual page 8, Duties and Responsibilities #1, ref." [https://www.aa.org/sites/default/files/literature/en\\_bm-31\\_3.pdf](https://www.aa.org/sites/default/files/literature/en_bm-31_3.pdf). It's October 6-8 CSR's please support your groups elected GSR's and ask your group's for financial support for the GSR's to attend, or a delegate to attend instead. The

Flyer @ <https://area82aa.org/wp-content/uploads/2023/03/2023-Assembly-Flyer-Google-Docs.pdf>

Yours in love and Service, Michael H. DCM District 1

### **DISTRICT 2:**

Recent elections voted in Alex C as alt DCM district 2. At the last meeting all positions were filled. Secretary, Treasurer, alternate DCM and DCM for District 2, Bernie.

Our next meeting is August 20.

Yours in service, Alexandra C

**AREA 82:** no report at this time

### **APPROVAL OF THE REPORTS**

A motion was made by Mike C to approve the reports, it was seconded by Heather L. All in favour; motion passed.

### **OLD BUSINESS**

#### **- Central Service Elections:**

**Central Service Co-Chair:** none

**Entertainment Chair:** Noelle D nominated, qualified

15 in favour

1 abstain

Noelle elected Entertainment chair for 2023/2024 term

Co-chair committee positions: none

#### **- Group Insurance Update (Foster L)**

At the last meeting it was unanimous that we would extend our insurance policy to a province wide policy which would allow us to lower the cost to each group. Pete L from district 17 has worked with me on a letter to go out to all DCMs in Nova Scotia - making sure it covers everything we need to address. It acknowledges what we are doing, and that participation is voluntary. Pugwash has already been added to the policy. I am suggesting that a new position be created at the Central Service table as Insurance Liaison. The position would coordinate with other districts as the necessary organization suggests- a position here would keep current a list of all groups province wide who are involved. We need to have a full contact list for all groups involved so that we can email them directly when needed. I would be willing to stand for the position in the new year as I have a history with insurance connections since 2013. The insurance company has agreed to the provincial model. I think this position should not sit with CS co-chair position as they may have a list of duties if they are asked to step into chair position at a moment's notice.

**Question:** When I was in charge of that position, groups would join late and the insurance charges would go up. What's that going to look like provincially? **Answer:** I've been told the number of groups on the policy is not the issue - it's the liability. I have added five groups here since the policy was made in October and there have been no additional charges. I don't know what the new number will look like - insurance rates are going up. But if we have so many new groups across the province, it should still lower the rate.

**Q** - Is this the cart before the horse - should we not have the new position in place with guidelines written for the position before we bring in all of NS? **A** - This was already voted in to

include the province - we are just checking out with the table to see if people are interested in creating a new position. **A** - If the position is created, guidelines will be written before the policy is renewed.

**Q** - Have there ever been any claims? **A** - No.

**Q** - This seems like a large/work heavy position to fall on District 1&2 to be in charge of so many groups. **A** - It is envisioned that each DCM be the point of contact with their groups - the DCM then would feed the info to the regional liaison. Groups would be advised to send payment directly to treasurer through e-transfer.

## **NEW BUSINESS**

AA's Got Talent (Emily S)

- Will take this up with new entertainment chair. Currently, date has been booked as September 16 at the Woodlawn Church in Dartmouth.

## **ANNOUNCEMENTS FROM GROUPS**

- Second chance has meetings Monday and Saturday - we would love some support. Mondays we are listening to different recovery podcasts and recordings.

- we are in dire need of an alternate DCM and alt treasurer for District 1

- July 27 Four Seasons Chris 1 year, christine M 5 years Mike M 6 years and Barry M with 24 years

- Noelle is celebrating 2 years along with Doug M with 40 years Highland Park 21st of July

Motion to adjourn the meeting by Heather L, seconded by Kathy S.

Meeting ended with Responsibility pledge at 8:15 PM.

**Next CS meeting will take place August 1, 2023 at 7 PM on zoom.**



Appendix A

June 2023

**Operating Account**

|                             |                    |
|-----------------------------|--------------------|
| <u>Opening Bank Balance</u> | \$11,052.39        |
| Credits                     | \$0.00             |
| Debits                      | \$192.88           |
| <u>Closing Bank balance</u> | <u>\$10,859.51</u> |

Cheques Outstanding \$3800.00

Closing Operating balance \$7,059.51

**Prudent Reserve Account**

|                 |                   |
|-----------------|-------------------|
| Opening balance | \$4,908.63        |
| Closing balance | <u>\$4,909.64</u> |