

MINUTES OF
CENTRAL SERVICE COMMITTEE MEETING
 October 3, 2023
 Zoom Meeting

WELCOME AND OPEN: Meeting opened by Samaira G at 7pm with the Serenity Prayer.

TWELVE TRADITIONS: The Twelve Traditions were read by Sam B.

ROLL CALL: 24 in attendance, of which 16 attendees were voting members.

EXECUTIVE	COMMITTEES	CSR	ALT CSR/OBSERVERS
Chair – Samaira G	Telephones - Jonathan G	Tanya E- Four Seasons	Bernie S - DCM District 2
Co-Chair – position vacant	Help Email – Sam B	Robin M - Keep it Simple	Mary W - District 1 rep
Treasurer – Foster L	Newsletter - not present	Zeta S - Colby Village	Max - CPC committee
Secretary – not present	Hospital Visitation –Wayne O	Mike A - Welcome Group	Gary O - DCM District 17 (insurance treasurer)
	Treatment - Gilles D	Becca H - Downtown Dartmouth	Peter L - alt DCM District 17 (insurance chair)
	CPC - Kathy S	Emily M - Circle of Sisters	Brianna - Back to Basics
	Literature – Gerry L	Mike C - Downtown Halifax	Melanie M - CPC co-chair
	Corrections - not present	Toby H - Sunrise Group	
	Webmaster -Heather L		
	Mid-Winter Roundup– Heather L		
	Public Information - not present		
	Entertainment –not present		

7th Tradition: *Please email Central Service meeting 7th tradition contribution and group contributions to: treasurer.aahalifax@gmail.com *Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to:
 Central Service, RPO Gladstone, PO Box 31338, Halifax NS B3K 5Z1

CALL FOR AGENDA ITEMS

- Election for Insurance position

APPROVAL OF AGENDA

Motion to approve the agenda made by Heather seconded by Kathy.
 All in favour. Motion passed.

MINUTES APPROVED FROM PREVIOUS MEETING:

Motion to approve the Sept 2023 minutes made by Mike, seconded by Gerry L.
All in favour. Motion passed.

OFFICER'S REPORTS:**SECRETARY:**

No report at this time

TREASURER:

Financial contributions this past month were \$200.00, expenses \$759.00. Our PO Box has been renewed for another year. We remain in decent shape as overall expenses are less than budgeted. If any subcommittees do not foresee spending their allocation, I would like to know so I can reallocate and approve over-expenditures for those who need it.

Yours in Service, Foster L, Treasurer

Chair: For those who believe they need more funds, they would have to be approved by the table. Treasurer: We have an approved budget, so how we shuffle within what has been approved already and will be fine.

***see Appendix A**

CO-CHAIR: Position not filled at this time.

CHAIR: I have been ill and I don't have a report at this time.
Samaira G, chair

COMMITTEE REPORTS:**CPC (Cooperation with the Professional Community)**

CPC met on September 9th in Sackville. At this meeting we decided to start having our meetings online from now on. It makes it easier, and more members can join. We are using the Central Service link; however, we are looking into getting our own zoom account.

The main topic of discussion again was the meeting on the 26th, at Stadacona, HMCS Military base. There was a little change of strategy, and we will have 3 current or past military A.A. members present with myself. I have prepared A.A. materials to take with us and we will meet early for coffee and a little strategic planning before we go to the base.

The presentation was amazing; ...

Regarding the Phoenix House, it looks promising that we may have an opportunity to present A.A. there, since one of the board members will be talking with the administrative team about our availability to have a CPC presentation at their convenience to the professionals who work with the various venues that they have. The board member was also sent our new CPC tab link to the A.A. Halifax website. The Webmaster and I have worked out and put up the new tab together this past week and we may add things to it as we go along. Please check it out! One idea that we are tossing around, and I talked with my service sponsor and a couple of longer term A.A. members about maybe putting out a call to people in the program who are or have been professionals and have found the solution to their alcohol problem through the program of Alcoholics Anonymous without names attached. They each thought that it was a good idea.

Each story will be screened and edited before accepting or posting. More information on this topic will follow.

I had a conversation with an RCMP officer in Sackville last week, who I have a good relationship with and disclosed that I am a recovered alcoholic, and that November will be national addictions month; and if it is possible, would he investigate the CPC committee having a presentation with his unit constables etc. We had a great conversation about the disease of alcoholism and that crime and addiction go hand-in-hand; he said he will dig into it and speak to the EAP team to see where and how we could fit into his dispatch unit. I also mentioned that there is a P.I. committee that could be called upon if there was a function to inform any groups of the public. I will chat with him again in a couple of weeks.

I also sent out information to our group about attending the Area 82 meeting as observers if they were interested. I did attend the meeting. I spoke with Gerry W who said he is interested in putting the CPC tab on the Area 62 Website too.

The next CPC meeting will be on zoom, Oct. 5th, at 7 PM; the link and information are in the current newsletter.

Respectfully submitted in Service, Kathy S

CORRECTIONS:

No report at this time.

ENTERTAINMENT:

No report at this time.

Chair: There is halloween dance Oct 21 - 7PM at 45 Connelly Road - bring treats if you can.

HELP EMAIL:

Sept was a very busy month. 23 emails. Most of them inquiring about how to get started. Some were people looking to get help through Bridging the Gap. Two people reached out to be volunteers for Bridging the Gap - I included Gilles on my responses. There was an invite to join Area 82 workshop on 12 traditions. One person wanted to speak with AA member to help a family member - I referred them to meetings and AA phone line. Someone inquired for a member of Boys and Girls club, I included CPC email on that response. Another individual was looking for pamphlets and flyers. Happy to see there are lots of people looking for help and information.

Yours in service, Sam B

Comment: CPC committee will be getting back to Boys and Girls club.

HOSPITAL VISITATION:

Rob A was in hospital and I was in touch with him - also Dan S and Dennis to give encouragement. Yours in service, Wayne O

Chair: Do you need volunteers for your visitation list? Answer: I have a current list and things are looking good.

LITERATURE:

The month of Sept has been fairly quiet. I set up a table at the Bedford-Sackville AA day on the 23th September. I sold approximately \$200 of books. We had a total of sales of \$1113.08 for the month of September. The expenses were a total of \$159.91. So as a final revenue for the month of september was \$953.17. So right now we have a balance on the literature account of

\$4095.19. I will be placing a large order at the end of the month so please let me know if you would like me to order anything specifically.

Note: I was talking to Tom at corrections and the reason they are still closed to meetings is lack of man power.

Best regards, Gerry L., Literature Chair

Question: Bill got those grapevines for CPC - was that supposed to come out of the CPC budget? Answer: I think Bill might have asked Foster for that to come out of his budget. There was trouble with the exchange in funds for Grapevine - the email was sent to six different people and I am still waiting for an answer. I will get to the bottom of this.

NEWSLETTER:

Just a reminder that meeting notices / updates should be sent to both the Webmaster (Webmaster.aahalifax@gmail.com) and the Newsletter (Newsletter.aahalifax@gmail.com) to ensure your message is communicated to the AA community.

Newsletter submissions for Nov, 2023 should be submitted to Newsletter.aahalifax@gmail.com by the 25th of the month. I am available to answer questions through out the month.

Respectfully submitted in service
Mark
Newsletter chair

MID-WINTER ROUND-UP:

We now have space where we can invite Central Service committees to setup a table. I'd like to invite the subcommittees of Central Service to setup a display and man a table to inform members about the work of your committees. Please confirm to me if your committee will want a table at the roundup so I can ensure all is set up. You can email me at either the WebMaster.aahalifax@gmail.com or at the MWRU MidWinterRoundup.aahalifax@gmail.com address.

Committee members will now be actively announcing the event which is Feb 9-11 2024 at the many AA meetings. We will be selling \$30 registration which includes coffee Fri and Sat, plus \$60 buffet banquet. Special hotel room rate is \$149/night.

I have added the Mid-Winter Roundup web page to the website, and it has lots of details like a link that makes booking the hotel rooms very simple.

The flyer is coming and will be added to this web page as soon as it is available. When received, I'll ask Emily to send to the CSRs for distribution to their groups. I'll also send it Areas 81 and 82 for posting to their web sites. I will ask the Area secretaries to please send the flyer out to their GSRs as well. Please help spread the word of this event.

Many thanks to the committee for their continued hard work.

Yours in service, Heather L

Comment: We do not accept credit cards but please email your registration MWRUregister@gmail.com and include a little note on what fellowship, how many tix, etc (treasurer MWRU)

Comment: When will committee tables be set up? Answer: Saturday from 9 AM to 4 PM.

PUBLIC INFORMATION:

No report at this time.

TELEPHONE:

We continue to search for people to work the AA day and night phone and would love to take on any new groups to help out with the week-end phone.

Yours in Service, Jonathan

Chair: If you're not on the list, think about talking to your sponsor and considering getting on the list to help answer the phones.

TREATMENT:

My name is Gilles I am an alcoholic September was busy as usual, we worked mainly at making sure we would have a 2 months rotation on paper for Bryony House.,and we did, we have 3 groups involve in this rotation,Downtown Dartmouth,Circle of sisters and the Enfield group. Sara and Cheryl M from The circle of sisters came up with it. There are team leaders as well wanting to participate in the rotation. Heather our web master created a web page for us - thank you.I attended a PI/ CPC meeting this month to sort of networking , I want to continue these visits to stay current with other committees.Kathy invited me to attend her CPC meeting it coincides with my home Group meeting but I'll make an effort to attend. I attended the area committee meeting it was interesting, but there a lack of interest in this meeting where it could be an asset for groups an committees to network and exchange ideas an staying inform within the area. We now have a contact for Bridging the Gap in Berwick N.S - awesome . So I asked Debbi to repost our couple paragraphs on Bridging the Gap. Yours in service Gilles ,Sara, and Cheryl.

WEBMASTER:

In September, I worked with Kathy, CPC chair, to setup a web page for the CPC. The page contains all sorts of resources for professionals.

Gilles, chair of treatment, had asked for a greater presence on the web site, so I put together a page for Treatment as well. Both pages are now up on the web on the 2nd menu bar along with a PI page that was already there.

I also setup the CPC gmail account so that it automatically forwards all incoming emails to Kathy at her personal email account. She preferred this to logging into CPC gmail, so I mention this in case anyone else would prefer this same setup.

As mentioned in the MWRU report, the MWRU page is now up on the web. Beyond this work, I also did the usual web maintenance and postings of minutes, newsletter, announcements, etc.

Yours in service,

Heather

Comment: (treatment) Please add new rotation for Bryony house to the webpage.

Comment: Committee members - please go onto our website under Contacts and make sure your contact info is correct. Let Heather know if there are any changes to be made.

INSURANCE:

The insurance file is progressing nicely. A complete list of the 56 insured groups that comprised the Central Service and District 17 policies has been sent to the insurer and effective October 3rd our existing policy will no longer be in effect. As of that date our insured groups will be merged with District 17 under the new Nova Scotia AA Group Insurance Policy. The existing

renewal date of the district 17 policy, December 31, 2023, will remain in effect, meaning there will be no cost to Central Service groups until January 1, 2024. At this point it is anticipated the annual premium will be reduced to approximately \$30 (not firmed up until the new policy premium is received).

We will continue to have a rider that covers contents of our bookstore, with additional cost. Pete and I have not yet figured out how to handle this cost, but I will propose whatever it is, it should be covered by Central Service as an expense to Literature and not be taxed back to groups.

For transparency, Emily and I went to the Credit Union and opened another savings account that allowed me to separate the prudent reserve from the insurance reserve. This offers full transparency in financial reporting.

Our email Insurance.aahalifax@gmail has been added to our operating account and is on auto deposit for all insurance premiums sent by e-transfer.

Pete and I look forward to continuing to ensure the new policy works for all.

Yours in service, Foster L

Question: Did we ever have insurance before for the literature committee books? Answer: Yes - all the groups contributed to the cost but I propose from now on we make it a cost covered by the literature committee budget.

DISTRICT 1:

DCM 1 September Report District 1 meeting was carried out on zoom 27th September, 7 GSR representing their groups attended. They were as follows: Back to Basics; Four Seasons ; Highland Park; Sunday Serenity; Welcome Group ; Second Chance and Acceptance. Open Executive Positions for Election for District 1 are still available: 1. Alternate DCM 2. Alternate Treasurer It is important that these positions be filled. This is a great way to give back what was so freely given to us. Please find the courage and time to commit to help AA Service at the District level. 27th Sep was our last District1 meeting on zoom before the Area 82 Fall Assembly, held at Corner Brook NL. Oct 6-8. There have been many emails regarding this event sent to GSR's. The cost, times, dates, Zoom Addresses for specific meetings within the Assembly. For more information, its all under <https://area82aa.org/events/> Area 82 Fall Assembly. I look forward to seeing as many GSR's / Reps as possible from District 1. 7 GSR's and 2 Executives who attended the District 1 meeting, voted on two specific motions that will be taken to the Fall Assembly. Motion 1- District 14 is presenting a motion that in order to have the Area Assembly more accessible, all Area Meetings will have the option for all districts and groups to attend via Zoom. District 1 voting members - voted this "unanimous". Motion 2 -To end the mis-use of 7th Tradition contributions for the purchase of mementos, to exchange as gifts during the General Service Conference. District 1 voting members - voted 7 for/ 2 against. Therefore, majority District Group Conscience is " for " this motion. It's important that all groups GSR's attend these District 1 meetings, as GSR's are the voice and vote of the Groups they represent. District 1 GSR's were distributed 2 emails to be distributed to their members. 1. AA and Spirituality Press Release (Aug 23) - pertaining to an explique' of how we are not a religious or christian organization. 2. Story Solicitation, requesting Recovery Stories from Native Americians in AA. Attended the Active Area Committee meetings. District 1 DCM, CPC, and Treatment attended. It is an open invite to all committee's who report to Central Service to update to all in Area 82 what's happening regarding Committee's. Area 82 Corrections Rep reported at this time, that there's movement afoot regarding AA Zoom meetings within the Correctional Institutions, facilitated by AA members. It's currently on the rise in the USA, and meetings are now taking place in Canada. These are the types of things that we learn at the Active Area Committee meetings held every month on the last Monday. Committee Members, please place this in your calendar to attend. Nov 29 will be District 1's next workshop on zoom.

6pm - 7pm. Pamphlet 18: Inside AA Understanding the Fellowship and its Services. Guest Speaker: Michael H District 1 DCM. Lastly, Grapevine Display Tracker- Sunday Night Serenity Group will have our Grapevine display the month of October for all to view if they attend that meeting Sundays 7 PM at the Anglican Church of the Apostles 6670 Bayers Road, Halifax. Yours in service, Michael H. DCM 1 Area 82.

Question: Is Grapevine display controlled by district 1? Answer: If your GSR is at the mtg and you want it, you can make arrangements.

DISTRICT 2:

Our regular mtg was postponed due to hurricane Lee. We only had 3 in attendance at our rescheduled meeting. We were dealing with communications issues - our secretary wasn't able to access her email. We may have fixed that problem - the secretary is using her personal email. I received an email from concerned family member - I referred them to AA telephone and help email. I spoke with Jonathan who asked for a list of group contacts for district two to put in the phone binder. It's great to see so many people at this meeting, thanks, Bernie.

AREA 82: no report at this time

Comment (CS chair): It's great to committees to attend the Area 82 active committees meeting. For example, if the literature chair attends that mtg, there may be questions from other districts. The telephone chair has been helpful to other districts sharing details of our binder system. Also, regarding our budget, CS has a zoom account and members are welcome to use it, all you have to do is contact me. I don't see a need for other committees spending money for another account. Also, when we approve a budget we vote on it line by line, we do not approve a large amount and leave it up to one person to decide how it's spent. Previously our chair had mentioned there was a \$25 limit to go over committee budgets. If you are going over your committee budget, you need to bring it back to this table so we can vote on it.

APPROVAL OF THE REPORTS

A motion was made by Heather L to approve the reports, it was seconded by Sam B. All in favour; motion passed.

OLD BUSINESS

- Central Service Elections:

Central Service Co-Chair: no nominations

Co-chair committee positions: no nominations

Insurance position: Foster L nominated; elected

Executive Central Service positions 2024-2025:

Chair: no nominations

Co-Chair: no nominations

Treasurer: Mike C nominated; elected

Secretary: no nominations

*Please go back to your groups to let members know we are seeking nominees for these vacant positions.

NEW BUSINESS

Additional changes to the guidelines

We noticed the email addresses for all the committees are in our guidelines and they need to be removed because they change so often due to security issues. They are on our website. We need to vote on this.

Motion made to remove specific committee email addresses from the CS guidelines by Heather L. Seconded by Mike C.

All in favour: 16

Opposed: None

Motion passed.

Question: The guidelines for treasurer which were read previously in the mtg included lots of duties which are now for the new insurance position - will these be amended? A: Yes. The treasurer will be working with the insurance chair on this and it will be in the new guidelines.

ANNOUNCEMENTS FROM GROUPS

- Tallahassee group will not be meeting tomorrow night
- Circle of Sisters has 4 birthdays Oct 28 - Val and Megan celebrating 1 year, also Cheryl M celebrating 4 years, and Helen 19 years
- Oct 29 Downtown Halifax will be celebrating out of towners Tony M with 5 year chip and Drea will have 1 year - also our group is sponsoring the spiritual weekend Oct 14 St Margarets of Scotland Church - the flyer is on the website (need to register by Oct 6 for lunch numbers)
- Four Seasons Oct 26 4 birthdays: Ron 1 year, Chantal 1 year, Jason 6 years, Tanya with 10 years

Treasurer: We will be presenting a draft budget for 2024 at December meeting - committee members please talk to me if you would like to adjust your budget for next year.

Motion to adjourn the meeting by Heather L seconded by Toby H.

Meeting ended with Responsibility pledge at 8:38 PM.

Next CS meeting will take place November 7 , 2023 at 7 PM on zoom.

Appendix A

September 2023

Operating Account	
Opening Bank Balance	\$7,191.45
Credits	\$200.00
Debits	\$753.19
Closing Bank balance	\$6,638.26
Cheques Outstanding	\$0.00
Closing Operating balance	\$6,638.26
Reserve Accounts	
Prudent	\$2,912.51
Insurance	\$2,000.00