

**MINUTES OF**  
**CENTRAL SERVICE COMMITTEE MEETING**  
 February 6th,2024  
 Zoom Meeting

WELCOME AND OPEN: Meeting opened by Paul B. at 7pm with the Serenity Prayer  
 TWELVE TRADITIONS: The Twelve Traditions were read by Johnathan G.  
 ROLL CALL: 26 in attendance, of which 22 attendees were voting members

EXECUTIVE	COMMITTEES	CSR	ALT CSR/OBSERVERS
Chair -Paul B	Telephones -Johnathan G	Neale F -CSR Fresh Start	Michael H-DCM District 1
Co-Chair - position vacant	Help Email -Sam B	Nathaniel B -CSR Acceptance	Bernie S -DCM District 2
Treasurer - position vacant	Newsletter -Mark B	Kate M – Circle of Sisters	Trudy D -Observer
Secretary -Anne P	Hospital Visitation - Wayne O	David O -CSR Back to Basics	
	Treatment -Gilles D	Sharon N -CSR Highland Park	
	CPC -not present	Toby H -CSR Sunrise	
	Literature -not present	Mike A -CSR Welcome Group	
	Corrections -not present	Tanya E -CSR Four Seasons	
	Webmaster -not present	Samaira G -CSR Second Chance	
	Mid Winter Round-Up - not present.	John C -CSR Lions Den	
	Public Information -Bill P	Melissa E -CSR Any Lengths	
	Entertainment -not present	Tim D -CSR Hubbards	
	Insurance -Foster L	Becca H -CSR Downtown Dartmouth	
		Robin M -CSR Keep It Simple	

7th Tradition: \*Please email Central Service meeting 7th tradition contribution and group contributions to: treasurer.aahalifax@gmail.com \*Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to:  
Central Service, RPO Gladstone, PO Box 31338, Halifax NS B3K 5Z1

**CALL FOR AGENDA ITEMS:**

- Elections: Old Business - Co-Chair. New Business - Treasurer.
- Amended 2024 Draft Budget

Paul B - I ask that we keep Mike C. in our prayers. He is dealing with some health issues at this moment and offered his resignation of Treasurer. So I would ask that we keep him in our prayers.

**APPROVAL OF AGENDA**

Motion to approve the agenda made by Samaira G., seconded by Toby H.  
All in favour. Motion passed.

**MINUTES APPROVED FROM PREVIOUS MEETING:**

Motion to approve the January 2024 Minutes made by Johnathan G., seconded by Sharon N.  
All in favour. Motion passed

**OFFICER'S REPORTS:**

**SECRETARY:**

Well I have navigated my way through my first month as Secretary of Central Service.with the help of Emily, my Service Sponsor and the CS Executive. Thank you. Much appreciated. I have been reading on websites related to AA Service such as the Central Service Guidelines, AA Secretary Positions, Roberts Rules of Order. Paul B., Mike C. and I met on Zoom a couple of weeks ago to discuss tonight's meeting. I approved and confirmed a few pending transactions in our AA CUA bank account. I downloaded agenda, financial statements and the Jan. Minutes and sent them out to all CS Members via email. It has been a very interesting month of learning and adapting to my new role

Yours in Service  
Anne P., Secretary

**TREASURER: (former)**

Treasurer Report – February 2024

Received

- No Group contributions in January
- 10 Groups pd. their Insurance Premiums, and we received \$30 in 7th Tradition contributions from January's meeting.

#### Spent

- 2 outstanding cheques totalling \$330. From my last report cleared the bank.
- A cheque was issued to me to cover my c/c pymt. for Committees' 2024 Zoom cost.
- Tsf. to Literature, \$154.00 re Treatment purchase.
- 2 E-transfers in amount of \$90.85, (Mark B and Mike C,) re annual Microsoft365 subscription.
- Monthly Bell mobility bill paid @\$192.88
- Cheque mailed to Leah C. for balance of funds spent on 2023 Christmas Social. (O/S at month end
- Transfer of \$330.00 to Insurance Reserve (refer to Insurance Chair)
- Tsf. To Literature, \$355.90 re Public Information purchase

Yours in Service

Mike C., former Treasurer

A financial Report was submitted by Mike C. and sent as an attachment in an email to all C.S. Members on February 5. Paul went over the Report as it was screen shared.

**\*SEE APPENDIX A:**

**CO-CHAIR: Position not filled at this time**

**CHAIR:**

Feb02.2024

#### Central Service Report

Good evening members of Central Service. Thank you all for attending our monthly meeting. Here are some of the highlights of my monthly activities.

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The CS Executive met to discuss our upcoming agenda

I attended the district 2 Monthly meeting. At the Meeting, it was great seeing a great representing of women that were GSR's. In all my 34 years I have never gone to a service meeting when there is more women than men. I commend District 2 for trying to share the equality of AA. Good job District 2.

I have been in contact with 211 which is an information resource. 211 is a Resource Center for addictions among other things. But mostly it is to make sure that if someone does call 211 for help they can call the Area contact people, our Helpline and Treatment. I have updated them with the current changes to make sure all of these contacts were in align with our information,

I also attended an intergroup, district meeting from District 26 western Canada .

Lastly, thank you all for attending our meeting and thanks for the Great Service you are all Providing for District 1 and District 2.

Yours in Service

Paul B.  
Chair of Central Service

### **COMMITTEE REPORTS:**

#### **CPC (Cooperation with the Professional Community)**

CPC Central Service Report, Feb.6th,2024

We met last month on January 6, and we went through a list of potential organizations to check out and see if they would be good fits for a CPC presentation. Three members agreed to take on two each to research and report on the findings for the February meeting as follows:

1. The Wehiley House; a woman's shelter for females who are transitioning back from crisis into society/Community. They are individuals who have been convicted of crimes and are on parole. They house 8 residences. (Majority age ranges are 30+)
2. Sir Stanford Felming House; a men's shelter which houses 20 residents. This organization has the same mandate as the Wehiley House. (Majority age ranges are 30+)
3. The Salvation Army
4. The John Howard Society. They work with young offenders and usually have staffed clubs with outreach resources.
5. YWCA
6. Adsum House

We also discussed manning a table at the Roundup next weekend and have a power point presentation for helping us spark an interest to recruit new members. I have also printed the pages off with our CPC tab information on the aahalifax.org website and made a Bristol board table display.

CPC next meeting was on Feb, 5th and will report the results at next month's meeting.

Respectfully Submitted in Service

Kathy S.  
CPC Chairperson

## **CORRECTIONS:**

No report at this time.  
(meetings at the facility still not allowed at this time)

## **ENTERTAINMENT:**

Good Evening everyone, my apologies for not being in attendance last meeting.

Last year we had some wonderful events:

Halloween dance, Talent show  
And new years dinner and dance with all of them being a success.

I look forward to all of the wonderful events i have in store for 2024 in hopes we are able to get to have them all. They include:

- Spring sock hop (April)
- Bowling
- Talent show (September)
- Trivia night
- Karaoke night
- Speaker circuit
- Halloween dance (October)
- Camping( August )
- Bingo
- Hip hop day
- Meditation session
- Yoga

In accordance to this I'm hoping our entertainment budget has been increased to \$1500 so we can all be able to enjoy these events for the year.

I would like to thank everyone who helped with the new years dinner and dance it was a successful and beautiful night.

We sold 66 dinner & Dance tickets and 43 dance tickets.

Here are the expenses, revenue and Surplus.

Total-\$ 2511.90

-\$500(budget) left from 2023 entertainment budget

Final total- \$2011.90

Revenue:

Total- \$2222.80

Surplus-\$ 210.90 to go back in budget

I am looking forward to continuing my role as entertainment chair for 2024.

Thank you all for your service

Noelle

**HELP EMAIL:**

Good day,

The Help Email received 13 emails in January, which is 6 more than January of last year. The only inquiry that went unresolved within 24 hours was someone asking for help to download the Everything AA App on their Macbook Pro. It was later discovered that the app is not compatible with that type of laptop.

Yours in Service,  
Sam B

**HOSPITAL VISITATION:**

I got a request from Sam H. from Bridgewater. He asked me if I could have some correspondence with him. So each day I send him messages on messenger.

Lynn Mac is now out of hospital and I keep in contact with her on a regular basis.

Rob A. from the Grateful Group was in hospital and now he is out. I keep in contact with him via telephone.

At your Service  
Wayne O.

**LITERATURE:**

Literature report for January 2024

I am away for work until 10 February, so I apologize for the inconvenience.

The month of January has been good. We had a total sale of \$1058.15 for the month of January. The expenses were a total of \$2.84.

The expenses were just the regular charges from the square,

So as a final revenue for the month of January and deposited in the account was \$1055.31. So right now we have a balance on the literature account of \$3949.76

Also the book store will be closed on 29 January and 5 February 2024. Trudy D. has graciously volunteered to set up the bookstore on the Saturday the 10 of February at the Mid Winter RoundUp.

If there are any questions you can email me.

Best regards,

Gerry L.  
Literature Chair

A Literature Financial Statement attachment was sent to all CS Members via email on February 6th. Paul B. went over the Financial Statement as it was screen shared.

**NEWSLETTER:**

Newsletter Report for Feb 6th 2024 CSR meeting

Just a reminder that meeting notices / updates should be sent to both the Webmaster (Webmaster.aahalifax@gmail.com) and the Newsletter ([Newsletter.aahalifax@gmail.com](mailto:Newsletter.aahalifax@gmail.com)) to ensure your message is communicated to the AA community.

Newsletter submissions for March 2024 should be submitted to Newsletter.aahalifax@gmail.com by the 25th of the month.

I am available to answer questions throughout the month.

Respectfully submitted in service

Mark  
Newsletter chair

**MID-WINTER ROUND-UP:**

MWRU 2024 Central Service Report

The event is this weekend Feb 9-11 and we are ready to host a wonderful roundup.

As of this writing, we have 227 people pre-registered and the banquet is sold out at 95. Amazing so far!!

There is a reasonable chance we will not reach our number of hotel nights to qualify for the discount on our meeting space, but we've been keeping our expenditures down as much as possible, so we still hope to break even on the event.

Our follow-up meeting as a committee is Sunday March 3rd so I'll have a final report for Central Service at the March meeting.

See you all this weekend at the roundup!

Yours in service,  
Heather

**PUBLIC INFORMATION:**

Because of the snowstorm we did not have a meeting this past weekend. We are meeting tomorrow.

Our main focus is the Round Up. We have a table there and we are preparing for that. If everything works out the way it is supposed to we hope to unveil our version of the AA Business Cards this weekend.

All in Service  
Bill P. PI Chair

**TELEPHONE:**

As usual my Phone Chair report for the upcoming Central Service meeting is short.

Phone Committee still looking for volunteers for the AA day and evening phone and any new groups for the week-end phone. Feel free to contact myself or Sean M.

Yours in Service,  
Jonathan

**TREATMENT:**

Good evening we have been busy making changes for Bryony House as in the Newsletter and our web page. Bryony House has cancelled our ongoing meeting for their shelter. and want us to re-evaluate their needs for future meetings every 2 months.,which is difficult to juggle.. Since Bryony House is not a treatment Facility, we \can not logistically sustain our commitment ..It's not how it works and I want to keep it simple. So I'm cancelling those meetings. I'll suggest to them to call Bridging the Gap for women interested in going to a meeting in their area.. That is all for now Sara and Gilles .

Treatment Chair  
AA Halifax/Dartmouth.  
Area 82

**WEBMASTER:**

Web Master report for January activity

In January, I received the insurance document and updated that on the Guidelines page on the web.



There were several meeting list updates, so all were made to the 3 sources: the Web Meeting List, the mobile app called Meeting Guide and the printable PDF meeting list.

Finally, I had help from Pedro to do some technical updates to the web site. I'm so grateful to have this technical support!

Yours in Service  
Heather

**INSURANCE:**

Insurance Report – February 2024 Meeting

Things have been quiet on the insurance front this past month.

100% of groups have paid the premium for the year which is 62 groups across the province.

Pete L., from District 17, and I set the premium it was set at \$30. The actual cost was \$26 and change and we rounded it up to \$30 in the event some groups didn't pay. We would have money to cover off the full cost of the policy. As a result of everyone paying, we have \$330 more than what we paid for the policy. I made a recommendation to Mike C., who was treasurer at that time, and to Paul that the money be transferred from our operating account to the Insurance Reserve to be used next year to possibly lower the group premium or to go against any increased costs. My logic being that it was money paid by the groups for insurance and should not get swallowed up in the general revenue. The \$330 was transferred from the operating account to the Insurance Reserve.

A review of the policy is yet to be completed to ensure all insured addresses are still valid. Two groups on policy need to be removed, one group closed, the second requested off the policy.

Yours in Service  
Foster L  
Insurance Chair

**DISTRICT 1:**

District 1 Report Feb 2024  
District Committee Member Michael H.

Agenda Item for the Area 82 Spring Assembly submitted by District 1 January 31, 2024, to Area 82 Executive Chair for their deadline of Feb 01 2024. District 1 groups voted unanimously to submit to Area 82 for vote, the creation of a new position as Area 82 Alternate-Treasurer.

Area 82 Interim Treasurer voted in ( Basil MacL) Feb 01, 2024 by Executive and DCM's. This is a short term position to alleviate compounded responsibilities from recent Exec resignations.

District 1 is still looking for an Alt-DCM, Alt-Treasurer, and an Archivist for Area 82. The guidelines state that the archivist collection shall stay in the area of where the Archivist is located. The collection is currently being held in HRM, and no move of the collection would be required if the 'new' Archivist came from HRM. Please consider.

Cape Breton Mid-Winter Round-up March 08-10 Registration \$25 Banquet \$30

Regional Forum Ottawa 23-25 August. Service Weekend. Details sent to groups on 21 January..

District 1 Grapevine Kit tracker, February the kit is at the downtown Halifax Group

Yours in love and Service,  
Michael H  
DCM 1

**DISTRICT 2:**

District 2 DCM Report for Central Service

February 6, 2024

Our February workshop was cancelled due to extreme weather conditions.

One of the larger groups in District 2 recently elected a GSR so we have one more seat at the table filled, however, another group in our district lost its GSR, so a seat has been vacated.

I attended the emergency Area 82 Officers meeting to deal with our Delegate's recent resignation. As a result of that meeting, Basil Maclean was elected Interim Treasurer until the Spring Assembly in May.

I was approached last week by Chris V., elected treasurer for the Fall assembly Committee. Chris was looking to use District 2's bank account for the Assembly bank account. Chris will be speaking with our treasurer to see if that can be accomplished.

Mid winter roundup is this weekend. This will be the first 3-day event since Covid so we are hoping to see all of you there.

Yours In Service

Bernie S  
DCM District 2  
Area 82

**AREA 82:**

**No report at this time.**

**APPROVAL OF REPORTS:**

A motion was made by Foster L., seconded by Samaira G.  
All in favour; motion passed.

**OLD BUSINESS:**

Elections - Co-Chair of Central Service  
- Co-Chair of Insurance Committee

Amended 2024 Draft Budget

**ELECTIONS:**

**-CO-CHAIR: no nomination**

\*Please go back to your groups to let members know we are seeking nominees for Co-Chair.

**-CO-CHAIR OF INSURANCE COMMITTEE: no nominations**

**AMENDED 2024 DRAFT BUDGET:**

Budget was screenshared

A motion was made by Foster L. to approve the 2024 budget as presented. It was seconded by Bill P.

Paul B - I want everyone to take a look at the Budget on the screen and since we have a motion on the floor now we can have a discussion.

Comment - I remember when we were doing the budget instead of decreasing our Contributions, we increased Miscellaneous. I do think the Miscellaneous is quite high so I think we should lower it and lower the Contributions. I think that should be worked out before we approve the Budget. \$1,372.86 is more than what they have in Miscellaneous in Area so I think it is quite high for Central Service.

Q - There were 4 questions from my group that needed to be answered by CS. They would like two columns in the Budget. One is the current Budget for 2024 but to have the 2023 expenditures in the column beside it as a general practice for comparison purposes. 1. Regarding GSO and Area - should they be contributed to by the CSR? Mike C. came back and said that it is part of the CSR mandate. 2. Why is Insurance a line item if it is a flow through? 3. Why is Insurance needed for the Book Store?  
4. Is the Round-Up Budget managed completely separately to this Budget.

Paul B – Will this affect the overall Budget?

Q - Not materially just how it is presented. The one question that could affect the Budget materially is Why is Insurance a line item if it is a flow through?

Foster L - Insurance obviously has to be Revenue and expenditure.so we have to show Revenue for it if we are going to spend \$1,950. The expenditure was originally \$1,550 before we broke

out the insurance for the Book Store. We always paid a rider for the Book Store. We have a \$10,000 rider that insures the contents of the Book Store should there be a fire or anything happens at Club 24. That is our responsibility. We got the cost of the rider from the Insurance Company and we charged that off to Literature Committee an expense for the \$400.

Comment - The Miscellaneous was a balancing figure. Where the thought is on that was if you lowered the Group Contributions to \$4,400 you're encouraging the groups not to contribute. Last year group contributions were close to \$9,000. And that is fine if they don't want to contribute we just carry forward less money into 2025. It was just a balancing figure and for proper accounting purposes Miscellaneous should be no more than \$200

A motion was made by Samaira G to make an amendment to the Budget of the Miscellaneous of \$200 and the Group Contribution changed to make the Budget balanced.  
Seconded by Bill P.

Q: Won't this make Group Contributions really low?

Samaira G - Miscellaneous was \$1,372.86. The actual # for Group Contributions would be \$4,527.14. And that number is so we just have a balanced Budget. It doesn't mean that once we get that much that the contributions will stop.

Paul B – A motion was made by Foster L to accept the Budget as presented and a motion was later made by Samaira G for amendments to lower Miscellaneous to \$200 which would lower Group Contributions to \$4,527.14 to balance the Budget. It was seconded by Bill P. Vote – 20 hands raised. Motion passed.

#### **NEW BUSINESS:**

Paul B – At this time as a lot of you heard Mike C. stepped down due to medical issues. I am a firm believer that health is first and foremost. Even though we are in recovery we have to take care of our health. As we move forward after the meeting and during the meeting, I ask that you pray for Mike for a speedy recovery. Health is more important.

#### **Elections: Treasurer**

**Treasurer:** Trudy D. nominated: qualified.

Vote - 25 hands raised. Trudy D. elected Treasurer.

Congratulations Trudy! Welcome to Central Service. I am sure you will be a great asset to the CS Executive and to all of Central Service.

#### **ANNOUNCEMENTS:**

1. Circle of Sisters has two birthdays on February 24. We have Brenda D. celebrating one year and we have Mary M. celebrating 50 years of sobriety at Club 24. All are welcome. It is an open meeting and there will be a speaker.

2. On February 29th at 7:30 at Four Seasons - Tim N. - 1 year. Jerod D. - 2 years. Dennis W. - 5 years. Shirley - 11 years. Bill Mac - 26 years.

3. Friday night February 23 at the Highland Park Group: Stacy G. - 5 years. John H. - 10 years. Gary S. - 18 years.

4. On February 24 at Second Chance we will be having a birthday.

**Next CS Meeting will take place March 5th, 2024 at 7 PM on Zoom**

**Meeting ended with Responsibility Pledge**

**\*APPENDIX A**

January 31, 2024

Operating Account

Opening Bank Balance	\$7,075.22
Credits	\$ 330.00
Debits	\$1,789.84
Closing Bank balance	\$5,945.36
Cheques Outstanding	\$ 60.66
Closing Operating balance	\$5,884.72

Reserve Accounts

Prudent	\$2,914.97
Insurance	\$4,332.81

