

MINUTES OF
CENTRAL SERVICE COMMITTEE MEETING
 January 9th, 2024
 Zoom Meeting

WELCOME AND OPEN: Meeting opened by Paul B. at 7pm with the Serenity Prayer.

TWELVE TRADITIONS: The Twelve Traditions were read by Heather L.

ROLL CALL: 29 in attendance, of which 23 attendees were voting members

EXECUTIVE	COMMITTEES	CSR	ALT CSR/OBSERVERS
Chair – Paul B.	Telephones - Jonathan G	Neale F -CSR Fresh Start	Michael H-DCM District 1
Co-Chair – position vacant	Help Email – Sam B.	Nathaniel B -CSR Acceptance	Bernie S - DCM District 2
Treasurer – Mike C.	Newsletter - Mark B	Emily M -CSR Circle of Sisters	Gerry W - GSD Area 82
Secretary – Anne P.	Hospital Visitation - Wayne O	Dave O -CSR Back to Basics	Sara G - Treatment co-chair
	Treatment - Gilles D	Sharon N -CSR Highland Park	Scot R -Atlantic Group Observer
	CPC - Kathy S	Toby H -CSR Sunrise	
	Literature – Gerry L	Mike A -CSR Welcome Group	
	Corrections - not present	Laura B -CSR Only Requirement	
	Webmaster - Heather L	Samaira G -CSR Second Chance	
	Mid-Winter Roundup– Heather L	Joseph C -CSR Colby Village Big Book Study	
	Public Information - Bill P	Claire T -ALT. CSR Downtown Dart.	
	Entertainment – not present		
	Insurance - Foster L		

7th Tradition: *Please email Central Service meeting 7th tradition contribution and group contributions to: treasurer.aahalifax@gmail.com *Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to:
 Central Service, RPO Gladstone, PO Box 31338, Halifax NS B3K 5Z

CALL FOR AGENDA ITEMS

- Elections
- Draft 2024 Budget

APPROVAL OF AGENDA

Paul B.- Is there anything to be added to the Agenda? X 3. No.

MINUTES APPROVED FROM PREVIOUS MEETING:

Motion to approve the December 2023 Minutes. Motion made by Bill P., seconded by Foster L.

OFFICER'S REPORTS:

SECRETARY:

Good Evening everyone. I would like to thank you all for voting me in as secretary. I have been learning a lot over the past month about my new role. Emily S. and I met twice in December to go over my duties. She has taught me a lot. She is also there to answer texts/phone when I have questions. Thank you so much Emily. Paul B., Mike C. and myself had two meetings on Zoom which I found very educational and productive. Thank you Paul and Mike. Mike has also met with me to help me with my computer. Yesterday Mike and I went to the bank to change over signatures on AA bank accounts. Foster met us at the bank to do some paperwork as well. I look forward to serving in the role of secretary and getting to know you all. Thank you.

Yours in service
Anne P., Secretary

TREASURER:

Treasurer Report – January 2024

First of all, I want to thank Foster L. for his help in my transition to this position. I am lucky to still have him as a resource in his new role.

Anne and I attended the CUA Mumford Branch yesterday with Foster and a change of signing officers on the bank accounts will be completed in the next couple of days. In the meantime there is a transfer pending and Gerry L. is aware of that.

The CS Committee begins 2024 in a good financial position due to higher than expected Group contribution for December. Our carry forward bank balance in 2024 is only \$8 less than the beginning of 2023.

The committee is responsible for individual member 7th Tradition contributions now totally over \$15,000 (includes our Prudent reserve, plus the Insurance policy reserve as well as the Literature account and inventory”.

I have prepared a budget for your consideration and approval for the year ahead. It is based on some known costs as well as two year historical data. Understand this budget is subject to change based upon the sub-committee's plans.

I also have a 2023 YEAR END Summary of all Revenue and Expenses and I will put that up on the screen as time permits. This document WILL NOT appear in the minutes to insure privacy.

Yours in service
Mike C., Treasurer

***SEE APPENDIX A**

CO-CHAIR: Position not filled at this time.

CHAIR:

Good evening members of Central Service. It's a pleasure and honor to Serve as your chair for the upcoming Term.

Here are some of the highlights of my activities.

1. Received change of Chair email and Zoom information from Heather and Samaira (Both of you I want to thank you for your service)
 2. The CS executive met twice to get acquainted and go over the current agenda.
 3. By now all the committees should have received an email or call from me in offering support. If any of the committees' members need anything at all please email or call me, but you don't have to wait until the monthly meeting to get in contact with me. My phone number and email address is on the website.
 4. In the next few weeks, I will be going to the bank to get the signing authority over changed which is required by the guidelines. I want to thank Foster for organizing this and setting this all up for us.
- Lastly, thank you all for attending tonight's meeting. There are 29 people here tonight.

Yours in Service
Paul B
Chair of Service

COMMITTEE REPORTS:

CPC (Cooperation with the Professional Community)

Central Service Report Jan 2nd, 2024

CPC did not meet in December due to technical issues and it wasn't a good time to reach out for presentations at year end.

I made a phone call to Phoenix House and was given the name of the Director of Programming and Mental Health Wellness; Stephanie Sabean, my contact sent her a copy of an email that I sent, and I have not heard back yet and will recheck this month.

Man-up has not requested a presentation, they were looking for meetings and literature for now,

so I sent them the contact information for PI and Treatment. We may follow up again.

I have a list of other professional organizations to contact and will assign calls to CPC members throughout the month.

We have a design for CPC and PI business cards and will work on getting them completed for distribution. I thought they were finalized but they aren't.

The last CPC Meeting was January 8th at 7 pm. We will resume to the first Monday of each month in February.

If any of the committees would like to use our zoom account let me know and certainly you can use it.

Respectfully submitted in Service

Kathy S., CPC Chairperson

CORRECTIONS:

No report at this time.
(meetings at the facility still not allowed at this time)

ENTERTAINMENT:

No Report

HELP EMAIL:

The Help Email was busy in December as expected. In total there were 14 emails, the majority of which were questions about how to get started or information about meetings. This month saw the first time that we had someone ask about where to buy literature. Unfortunately this person was outside HRM, but I was able to connect them with a member in their local area. One thing I learned this month was to check the junk/spam folder as some emails from potential members did get filtered there resulting in delayed responses. I check the junk/spam folder weekly now.

Yours in Service,
Sam B

HOSPITAL VISITATION:

I got a call on New Years Eve from a family member of Pattie Whynot - member of Acceptance Group, that Pattie was in hospital. Peter J. and I visited her in hospital. The following day she passed away. Anyone who knows her or knows of her - they are having her funeral on Saturday, January 13th at 11 am at Crookshanks Funeral Home, on Windsor St. across the street from Sobeys.

Yours in Service,
Wayne O.

LITERATURE:

Literature report for December 2023

The month of December has been average. We had a total sale of \$761.50 for the month of December. The expenses were a total of \$3720.94.

Above the regular expenses like the charges from the square this month was the rent for \$450.00 for six months. Its paid up until the end of June. The rent went up from \$50 to \$75 a month. I also received my order from NewYork for a total of \$3269.07 which includes the US exchange and the Service charge

So as a final revenue for the month of December and deposited in the account was \$761.50. So right now I have a balance on the literature of \$2894.45.

I did a complete audit of everything I had on hand and money I had in the bank. So as of the 18th of December when I did the final count I had, including pamphlets, books and so on, a grand total of \$10,316.45. i had a balance at the bank of \$3,042.93. Total of money in the bank and books on hand was \$13,359.38

I got called up for a job in Victoria B.C leaving January 28th. I may not be back for Mid Winter Roundup. I will find out at the end of this week whether I will be back for the Mid Winter Roundup. I can put together a package with \$500 worth of books and pamphlets and someone who wants to come forward can sign for it. When I find out when I am coming back I will let Mid Winter Roundup Chair or Central Service know.

Gerry L.
902-483-65

NEWSLETTER:

Newsletter Report for Jan. 9th 2024 CSR Meeting.

Just a reminder that meeting notices / updates should be sent to both the Webmaster (Webmaster.aahalifax@gmail.com) and the Newsletter (Newsletter.aahalifax@gmail.com) to ensure your message is communicated to the AA community.

Newsletter submissions for Feb 2024 should be submitted to Newsletter.aahalifax@gmail.com by the 25th of the month. If CSRs could stress that with their groups so I don't get birthday announcements sent to me on the 29th and 30th of the month.

Regarding the treatment page in the newsletter - Gilles is still working on getting groups sorted out. So we printed up what we can and know about as of time it goes to press but sometimes especially the newer groups like Marguerite Center and Bryony House ask for changes, which I

am sure Gilles will elaborate on later.

I am available to answer questions through out the month.

Respectfully

Mark, Newsletter chair

MID-WINTER ROUND-UP:

The committee continues to work hard, and the event is coming together nicely.

We have engaged an ASL interpreter for the speaker meetings on the weekend.

We have also worked with the hotel so that the buffet will have gluten free options.

I want to remind the 4 Central Service committees about their having a table at the roundup: Help email, Treatment, CPC, and PI. Your tables will be ready on Friday afternoon and then please remove your displays by about 4pm on Saturday. Thank you!

Please continue to announce the roundup at all meetings you attend. We'd love to have great attendance! The roundup is Feb 9-11 at the Delta Dartmouth hotel. Registration is \$30 which includes coffee on Friday and Saturday. The buffet banquet is \$60 and hotel rooms are still available. All details are on the web site.

Yours in service,
Heather

Q: Gilles D. - What time Friday can they show up at the hotel?

A: Heather L. - The doors open at 4 pm on Friday.

Q: Foster L. - Further to that I think if I am correct, let me know, the doors open for registration at 4 pm. But if people need to come in to set up we can be there at 2 pm?

A: Heather L. - The doors open to everyone at 4 pm and anyone who needs to set up can come at 2 pm.

PUBLIC INFORMATION:

A lot of the work of the PI Committee has become routine.

Much of our work involves keeping track of where all the places where all the places where we have distributed our pamphlets to medical clinics, homeless shelters, drs. offices, libraries and universities etc. We continually keep track to make sure everything is up to date and finding new places to add to our inventory of places.

We are going to be involved in the Mid Winter Roundup and we are recruiting volunteers to man our tables.

The committee is going forward with our different portable signage for service stairs and the Mid Winter Round Up. We need basically something that is easier to carry and not subject to damage because of transportation.

Speaking to our CPC Committee, we are going forward with a new design as quickly as we can with the committee business cards and general business cards and we are now looking at the Mid Winter Round Up as the deadline to get all of that done.

Our last meeting was December 11th, 2023.

ALL IN SERVICE,
Bill P.,
Chair PI

TELEPHONE:

Still looking for folks to help out with AA day, evening and groups for the Week-end phone.

Thank you for your service,
Jonathan

TREATMENT:

-- Good evening everyone. I'd like to wish everybody a happy new year. December was busy. We started with our first meeting at PSR at Simpsons Landing. So far we had 3 meetings and I'm getting very good feedback from our groups. The administration for PSR have requested a change of day and time of the meetings. They want the meetings to be on Wednesday at 6 pm and on a by weekly rotation. So I have reconstructed the list to accommodate their needs. I realize it's going to disrupt previous arrangements on our rotation. I'm calling everyone on my contact list to make those changes. And I would ask everyone here tonight to take those changes to their group for approval of the new rotation and I'm asking for a quick answer as soon as possible. I have a few groups that wanted to be removed from going to PSR. Each group is autonomous after all. Heather F.'s group is supplying the PSR with books and a subscription to the Grape Vine. As usual I remain in contact with Mark B, Heather L and Anne P. with any changes to our rotation for all our treatment centers. I keep in touch with all those centers administrators as required from our central service guidelines.

Yours in service Gilles
Treatment Chair
AA Halifax/Dartmouth

Q: Foster L. - Re the Mental Health Meetings at Simpsons Landing that you want to change to Wednesdays.

A: Gilles D. - Yes that is what they requested. It is now Wednesday at 6 pm.

Q: David O. - Do we have access to the changed schedule? Have you circulated it to the groups

that are affected?

A: Gilles D. - I have two months done guaranteed two months with some groups. I am going down the list with the way the rotation was going and I am calling everyone who was there. I will call every group on the list.

WEBMASTER:

Web Master report for December

December was a quiet month for web updates.

The Contact page was updated with our 3 new executive names and phone numbers. Also, I helped Secretary, Treasurer and Chair to transition the Gmail account from outgoing to incoming people.

Yours in service,
Heather

INSURANCE:

Insurance Committee

December was very busy with the collection of premiums

Of the 62 groups on the policy all but 5 are paid

Policy to be further reviewed for accuracy, We want to make sure that every group that is on there is still at the location that it is insured. If any new groups that need to be added that happens as well. To all of the groups - it is your physical location that is insured of the group itself so if you're meeting in a church hall the insurance company covers that church hall for the period of your meeting. If you move I need to know.

One group closed; one group withdrew.

One group location to be added.

Certificates of Insurance were obtained for AA's Got Talent and the New Year's Eve dance.

If groups are putting on events outside of your insured location we will need to get you a certificate of insurance to say that you are covered for the new location.

We currently have groups insured from District 1, 2, 3, 6, 7, 10 and 17. I have been talking to people in Cape Breton Island who were very surprised to hear we have a group insurance policy. We will be encouraging groups from all over the province to understand that this is an open policy and any group that needs to be insured can be brought in.

Yours in Service
Foster L.
Insurance Chair

Q: Sharon N. - We sometimes have to meet up in the chapel when the church hall is being used. Does that mean we need two policies?

A: Foster L. - No you're fine. You are still in the church.

Q: Is it time specific. Do they know what time we are there and how many times a week we are there?

A: Foster L. - No it is just your location.

DISTRICT 1:

- January 15 deadline for submitting application for an opening of two appointed committee members for trustees on CPC/Treatment and Accessibilities. Email was sent to District 1 groups 21 December 2023.
- Hosted/Chaired Area 82 Fall Assembly Committee Kick-off meeting 21 Dec 2023, for Fall Assembly October 11-13 2024. . Elections carried out, Chair-Foster, Noelle-Hospitality Chair,Michelle W.- Secretary and Pedro-Technical Chair. Thank you all who came and those who stepped up to the service request. Foster will take over next steps regarding the way forward.
- Important 7th Tradition Message from General Service Office (GSO), cheques coming from Canada differ from USA. Canadian Cheque origin, must mail to General Service Office, Post office Box 459, Grand Central Station, New York, NY 10163. Email sent to District 1 groups Dec 27, 2023.
- Agenda Items for the Area 82 Spring Assembly are to be submitted to District 1 at the latest 31 January 2024, so Area 82 Executive Chair can receive them by their deadline Feb 01 2024. Email to District 1 groups of dateline was sent 20 Dec 2023. District 6 had sent theirs, and I forwarded those items to District 1 groups for reference 28 Dec 2023.
- District 1 is still looking for an Alt-DCM, Alt-Treasurer, and an Archivist for Area 82.
- District 1 Workshop January 31, 2024, Presented by Joyce S. Eastern Canada Regional Trustee, the topic will be Eastern Canada Regional Trustee in Service. All are welcome to attend. It will be at 6pm,just before the District 1 monthly meeting.
- District 1 Grapevine Kit tracker, January the kit will be present at the downtown Halifax Group to view.

As of Jan 1, 2024 all contributions to Area 82 are to be sent to :

Gerry Whalen's address (General Service Delegate)

Gerry Whalen, 85 Barnes Road, Outer Cove, NL A1K 4A3

Yours in love and Service,
Michael
DCM 1

DISTRICT 2:

District 2 DCM Report for Central Service

January 9, 2024

Bernie, DCM for District 2. I am still dismayed by the lack of attendance at our district meetings. There are 19 groups in District 2 and at our last meeting, only 4 groups were represented. Part of my responsibility as DCM is to encourage the groups to participate in general service so I will try harder to do that.

I was able to attend the Christmas Social and the New Years Dinner and Dance. Both were well organized and attendance was good from both Districts 1 and 2, so kudos to the Entertainment Committee.

The first meeting to organize the Area 82 Assembly Committee was held. A few positions were filled and we are hoping to fill the remaining positions at the second meeting later this week, on January 11th at 630 pm on zoom.

Looking forward to attending the Area 82 Active Committee meeting as well as the Area 82 Quarterly Officers meeting this month.

Our next workshop is in February. Should be on Tradition 3. It will be put on by the Alt DCM Alex C and Ashley E.

That's about it for me.

Yours In Service

Bernie S

AREA 82:**General Service Delegate**

Our treasurer resigned at the end of the year so the Area executive is filling in until the Spring Assembly where hopefully we will be able to replace the treasurer. We already have at least one resume and there is another one in the works as well.

I also work with Trudy as webmaster. We keep that the Area 82 website well up to date. If you find any irregularities or problems with that just send an email to Webmaster at Area 82 and we will get that sorted out quickly.

The agenda items for the 74th conference - We have a preliminary list of the agenda items now but we don't have any background info yet. I am hoping this year to do it a little differently than the last couple of years. This year I am going to give everybody all of the background information and all of the agenda items but I am going to cherry pick the seven or eight that I think are items that I am most likely going to need feedback from the groups when I go to New York. I am still going to have a workshop in advance of me going.

Yours in service

Gerry

APPROVAL OF THE REPORTS

A motion was made by Heather L. to approve the reports, it was seconded by Emily M. All in favour; motion passed.

OLD BUSINESS

1. Central Service Elections

C.S. Executive position Co-Chair

Co-Chair: no nominations

Feel free to take this back to your groups everybody. We do need a Co-chair position to help fill the executive role. This is an important role and a good learning experience as well.

2. Draft Budget 2024 (presented by Mike C., Treasurer)

Budget explained by Mike C (elected treasurer).during the meeting line by line in Revenue and Expenses. See Amended Draft Budget 2024 document that was sent to members of Central Service on January 9th as an attachment in an email. A balanced 2024 Budget was achieved.

Discussion was had re: some of the Committees and AREA 82 and GSO's budgets and then votes and amendments were made to amount of money given to them:

Bridging The Gap

Mike C - \$150 was not used in 2023 and any amount relative to that has been folded into Corrections which is now \$350.

Heather L- Where Bridging The Gap \$150 is folded into Corrections and Corrections is not really very active whereas Gilles in Treatment has actually been doing the Bridging The Gap Work I wonder if the adjustment should be made to Treatment.

Vote - All are in favour of giving Bridging the Gap \$150 to Treatment instead of Corrections. Amendments made.

Entertainment - \$600 (based on 2023 amount)

Mike C.- That figure is drastically out of order. Her figure of money spent last year was just shy of \$1,500. My recommendation is that I increase that to at least \$1,200 - \$1,500.

Discussion was had and recommendations made to increase amount to \$1,500.

Vote - All are in favour of increasing Entertainments budget to \$1,500. Amendment made.

Secretary - \$200.

Mike C. - The secretary had \$0 from last year. Our new secretary does not have a printer and she relies on family to print documents. The secretary might want to think of the cost of printing ink

Anne P. - I don't think that is a problem. My two sisters print reports for me and I do not need money for that.

Foster L. - A printer could be bought at Staples for Central Service and it could be used by secretary during her term as secretary of C.S.

Claire T. - I get a print card from Staples and put money on it and a document can be put on your USB key and then it is printed at Staples. I have a card with \$30 on it and it has been good for printing documents for a year.

Mike C. - I will just leave the \$200 as is and Anne can decide what to do with it.

Treasurer - \$300

Mike C. - I am going to have to invest in an annual subscription of Microsoft 365 so I have changed my amount from \$200 to \$300 because it depends on what version I may have to get. I would like \$300 to be the treasurer and I don't intend to spend any more than I need to.

Foster L. - It costs \$90 and change for Microsoft 365. I don't know if Mike will have other expenses or not. Certainly \$300 is well enough of what you are going to need

Vote - All are in favour of changing amount to \$300.

Christmas Social - \$500 (based on 2023 amount)

Mike C. - We don't know who the host is this year but the amount has been pretty steady. Foster can you comment on this.

Foster L. - I was going to ask Neale if that was sufficient because it was his group who hosted this event so was the \$500 sufficient Neale?

Neale F. - CSR - Fresh Start Group. It was not. Our total cost was \$727.66. Food has gone up in price so much but we passed 7th tradition basket around and there was \$137. There was still a deficit of \$90.66. I will pass the receipts along to you when I get them tomorrow at my meeting. 125 people showed up with their families. It was a wonderful time. There was some food left but a lot of it went.

Foster L. - I recommend we move it from \$500 to \$700 and with the 7th tradition that should be sufficient.

Vote - All are in favour to change the amount to \$700. Amendment made.

Area 82 and GSO Contributions - Area 82- \$1,500 and GSO- \$2000. (based on 2023 amounts)

Mike C. - You can already see we are already \$627 in the red on the expense side. Those two contributions will need to be adjusted to accommodate a shortfall. We don't normally deal with either of these figures until later in the year when I as a treasurer have a better idea where we are budget to actual.

After much discussion and recommendations made, a motion was made by Samaira G. to change Area 82 and GSO contributions to \$1000 each. Anne P. seconded it
Vote - 16 raised hands for and 3 hands opposing. Motion passed. Amendments made.

Miscellaneous

Mike C.- I can make Miscellaneous \$1,300 and cut surplus down to \$72. What would you like for Miscellaneous?

David O.- I suggest a motion that we increase it to \$1,300 like Mike said.

Foster L.- The budget should be balanced. Revenue and Expense. So increase it to \$1,372.86

Bill P.- I so move.

A motion was made by Samaira G. that we bring the Amended Budget back to our groups to have a final vote. David O. seconded it.

Paul B. - Body in favour of groups bringing Amended Budget back to groups and a final vote on the amended budget will be made at the next meeting in February.

NEW BUSINESS:

No New Business.

ANNOUNCEMENTS:

Foster L - This Thursday evening at 6:30 pm there will be a zoom meeting for the Committee of of the 2024 Assembly. The info is in newsletter. If you're interested in participating please join in.

Next Wednesday night January 17th at the Back to Basics group our esteemed DCM District 1 Michael H. will be picking up 10 years of continuous sobriety.

Sharon N. - We, Highland Park, have a birthday on the last Friday of January. Holly E. is celebrating 37 years of sobriety

Sam B - Circle of Sisters is having a birthday on January 27th at 5:30 pm. There will be a speaker coming from Pictou. The celebrant is myself

Wayne O.- This Saturday at Acceptance Group Emily S. will be celebrating 12 years of sobriety. And on January 25th at West End Step Group Don B. will be celebrating 36 years.

Paul B.- Wayne alluded to the passing of one of our members. I ask that we keep that member in our thoughts and prayers.

Gilles D.- At Four Seasons this month we are having three birthdays. Natalie S. - 8 years, Allan B. - 31 years, Rick G - 35 years.

On Monday January 29th at 6 pm the active Area 82 committee is having a meeting. We need more people to come to meeting.

Next CS meeting will take place February 6th 2024 at 7 PM on Zoom

Meeting ended with Responsibility Pledge

***APPENDIX A:**

DECEMBER 31 2023

Operating Account

Opening Bank Balance	\$5,921.20
Credits	\$2,640.00
Debits	\$1,185.98
Closing Bank balance	\$7,405.22
Cheques Outstanding	\$330.00
Closing Operating balance	\$7,075.22

Reserve Accounts

Prudent	\$2,913.73
Insurance	\$4,001.08

