

**NOVEMBER CENTRAL SERVICE COMMITTEE MEETING MINUTES**  
**Dec 2, 2025**

**WELCOME AND OPEN:** Meeting opened by Paul B at 7 pm with the Serenity Prayer

**TWELVE TRADITIONS:** The Twelve Traditions were read by

**ROLL CALL:** 30 in attendance. 26 voting members, 4 observers

<b>EXECUTIVE</b>	<b>COMMITTEES</b>	<b>CSR</b>	<b>OTHERS</b>
Chair - Paul B	Telephones – Paul M	Acceptance – Steve H	Natalie C - Observer
Co-Chair – Heather L	Help Email - Sharon N	Circle of Sisters - Mary M	Sara G - Observer
Treasurer - Trudy D	Newsletter – Emily S	Serenity Sisters – Chris A	Jarrad S- Observer
Secretary – Vacant	Public Information – Andie F	Cole Harbour – Foster L	Mary W- Observer
	Insurance - Paul B	WESG - Brenda S	
	Corrections – Dave T	Sunrise – Alan M	
	Webmaster – Alec M	Keep it Simple – Jonathan C	
	Treatment - Albert K	Lions Den – Reign M	
	Hospital Visit - Lorraine M	Highland Park - Johnny M	
		Fall River – Chris G	
		Four Seasons – Velma C	
		Back to Basics – Louie M	
		Rainbow of Recovery – Wil A	
		Fresh Start - Leah C	
		Sunday Night Serenity - Rachel S	

## **7TH TRADITION**

- Please email Central Service meeting 7th tradition contribution and group contributions to: [treasurer.aahalifax@gmail.com](mailto:treasurer.aahalifax@gmail.com)
- Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to:  
Central Service, RPO Gladstone, PO Box 31338, Halifax, NS B3K 5Z1

## **CALL FOR AGENDA ITEMS**

- CS financial support of New Year's Eve dance (Foster)
- Budget review process (Johnny)
- Letterhead (??)
- Need for PI cochair

## **APPROVAL OF AGENDA**

Motion to approve the agenda made by , seconded by . Motion passed.

## **APPROVAL OF PREVIOUS MINUTES**

Motion to approve the Nov 2025 minutes. No errors or omissions brought forward. Motion to approve made by Alec seconded by Foster. Motion passed.

## **COMMITTEE REPORTS**

### **CORRECTIONS**

Report read, but not available for minutes..

## **ENTERTAINMENT**

VACANT

## **HELP EMAIL**

The November Report follows: 12 Help inquiries; none unusual in their nature and all were sent a meeting list and meeting info pamphlets.

Thank you all for all you do to help the suffering alcoholic.

In service,  
Sharon N  
HELP Email Coordinator

## **HOSPITAL VISITATION**

During this past month, I have met with heather and I am set up with a new hospital visitation account which is now called [hospitalvisit.aahalifax@gmail.com](mailto:hospitalvisit.aahalifax@gmail.com).

As of today, Dec 2,2025 I have not received any requests for Hospital visits. I am currently working on getting a Committee together for future requests.

Yours in Service  
Lorraine M

## **LITERATURE**

Just writing to say that unfortunately neither Melissa or I can make the CS meeting on Tuesday, but will be able to report back in December.

The short version is: all is well! The only hiccup lately has been technological difficulties with the AAWS online bookstore being down, but we are decently stocked while we wait for it to be usable again.

Yours in service,

Val

***See Appendix 1 – Literature Report***

**NEWSLETTER**

Things are going well with the newsletter. We received only a couple comments on the new format but they were positive. There are a number of events coming up in the next couple of months which are listed on the events page and also as flyers at the back of the newsletter. Please note that Holiday Gratitude Candlelight meetings in December are listed on the first page of the newsletter but also within the birthday calendar. We will add the new weekly meeting at the Forum Homeless Shelter to the service calendar as soon as the treatment chair notifies us that he has a roster of groups ready to take turns chairing the meeting. Don't forget to get your announcements in to us before December 25 so we can get them in the January newsletter on time. Thanks again,

yours in service,  
Emily and Lindsay

**MIDWINTER ROUNDUP**

For the Midwinter Roundup, the theme is Principles Before Personalities: The Spiritual Path To Freedom. There will be the usual participation from Al-Anon. Pre - registration is underway. There is a link to that on the website. There is an early bird draw. If you register by January 20th, you will be entered into a draw for either one night free at the hotel, or one registration, or one banquet ticket. I've already registered so when I win they can just reimburse me.

We have a tour of the Delta scheduled for January 4 at one pm. I have invited Heather to that tour.

Bernie S  
Chair  
Midwinter Roundup

## **PUBLIC INFORMATION**

Good evening folks,

On Nov.8 th the subcommittee meeting was held at 45 Connolly Rd, Lower Sackville @ 10 am as advertised in the newsletter. There were two of us in attendance. We discussed next steps, that included reviewing the doctors office/clinic lists, reaching out to a high school that was interested in our attendance, revamping the banner to be ordered for public talks, change of subcommittee venue to Halifax and cost to rent, talk to co-chair on her status going forward as she was in an MVA and probably not able to continue at this time, and putting an advertisement in the newsletter to attract more volunteers. I gave the binder to the subcommittee member to review the doctor office lists. A subcommittee member and I met at my house to review the current pamphlets on hand and organize based on type of venues that will be attended and what other pamphlets we need to order. I have ordered 3 subscriptions of the Grapevine magazine. Firmed up new venue for subcommittee meeting in Halifax. Didn't get to action all that was planned this for November.

This month's subcommittee meeting is scheduled for this Saturday December 13 th at 10 am with a new location, Saint George Round Church hall in Halifax and is in the newsletter.

Yours in service,  
Andie

## **TELEPHONES**

Report read, but not available for minutes.

## **TREATMENT**

Attended an intended meeting at the Forum Homeless Shelter. No residents turned up. The meeting will proceed as usual until such time that groups can sign up for rotation.

Visited Arbor Stone twice this month. They reached out for an inquiry into holding regular AA visitations. Today I put them in contact with the NA Treatment Chair as last week most of the discussion with the residents centered around drug addiction.

Yours in Service  
Albert AK  
Treatment Chair

## **WEBMASTER**

I attended the National AA Tech Workshop in November, which was my first large AA conference, and had a lot of very interesting topics. Some things I wanted to highlight:

- The adoption of communication technology has changed AA over the years.
- AA 12 Statements of Technology seems neat and helpful: <https://naatw.org/12-statements-of-technology/>
- AA virtual reality meetings seem very interesting: <https://www.aainvr.org>
- It's clear there's a lot of groups struggling with the remote/hybrid/in-person divide, in largely the same terms we've discussed them in. No clear solution though.
- Lots of technological commonalities, there are some wordpress and Google Docs tips I'll be exploring.

I didn't make any progress in updating the printable meeting list during this last month, but I expect to have a new version ready by the end of the year.

I have two topics to discuss at the Central Service meeting:

- Putting more structure around committee information/representation online
- Posting meetings to the meeting list more frequently

We've also had the usual webmaster activity:

- Added posts and fliers for upcoming events
- Added minutes from service meetings
- Updated contact information

November saw a small increase in traffic from October.

As always, thanks to all for their valuable time and contributions to the website this month!

Yours in Service,  
Alec

### **INSURANCE**

- Connected with Theresa our commercial broker at McLeod and Lorway
- Received copy of the amended insurance renewal policy with a group deleted which leaves all groups wanting to be on the policy for the 2026 calendar year current and up to date.
- Confirmed policy premium is not required to be paid until January 31 however we will send payment in early January – will contact treasurer to request payment be made first week of January 2026
- Plan is to invoice groups starting early January.
- Continuing to get familiar with the email and contact information accounts and will update as necessary

Yours in Service,  
Paul B(2B)

**CPC**  
VACANT

**DCM1 REPORT**  
No report provided

**DCM2 REPORT**

As for the district 2 report, not much to talk about. We have a workshop scheduled for the second Sunday in December. That will be at Club 24 at 2 pm on December 14. Our Alternate DCM will be putting that on. The theme is a continuation of our traditions series, this one on tradition 6.

District 2 still requires a Treasurer, I am filling in as treasurer for now, but I need your help.

That's pretty much it for that.

Bernie S

District 2 DCM

**AD HOC COMMITTEE**

Report given, but not available for minutes.

**OFFICER'S REPORTS**

**CHAIR**

Good evening District 1 and 2 CS members, here is my last report at the Central Service table for this term.

It was an honor and a privilege to serve as your Chair of CS for the past 2 years. I feel in the past 2 years CS has made big strides in Carry the message to the Alcoholic who still suffers. Here are a couple of examples

We maintained excellent attendance at our meetings with an avg of 24 members a night and the most we had was 31. Thanks to all of you for your dedication.

We establish and continue to hold meetings regularly at a Homeless shelter led by Mary W at the Hfx Forum. Thank you all for carrying out the message.

We are now getting access to the Correctional Facility and look forward to hearing more in the coming months.

You, as the CSR and Committee Chair and Cochairs, play a huge part in carrying the message in AA, your vote and determination to help the suffering Alcoholic is very important not just to your group but to AA. Please continue to ask questions and get more involved so that you are the sunshine of the spirit and the best big book someone well ever comes across in AA.

To the Executive thanks for the learning experience and guidance you provided during our executive meetings. It was a pleasure working with all of you and it takes all of us to grow and learn in the fellowship.

In closing, I want to Say Good luck to the new executive and wish you all the best in the next 2 years

Yours in Service

Paul B

Chair of

### **CO-CHAIR**

This past month I moved the CPC materials to a new location at Michael H's house as he had more room for storage. Thank you Michael!

I worked with Trudy and Paul in preparation for the turnover during this month for Chair and Treasurer positions.

I want to sincerely thank Paul for his mentorship during this last year. I have learned so much from you Paul and I'm incredibly grateful for your patience and thoroughness in our turnover steps coming up. This smooth transition will set up the executive for success in the new term.

Trudy you have been such a support to me during this past year. I have learned so much from your experience and I want to thank you for all of the time you have given me.

Because of the time and experience you both have shared, I feel prepared for next year. So thank you very much for that!

Yours in service,

Heather L

Co-chair

## **SECRETARY**

I prepared the Nov meeting minutes and sent them out to all.  
I also confirmed Justin's email which is now correct in our CS Contact list.

Yours in service,  
Heather

## **TREASURER**

*See Appendix 2 – Treasurer's Report*

## **APPROVAL OF REPORTS**

Motion to approve by Alec. Seconded by Alan. Motion passed.

## **OLD BUSINESS**

### **Vacant Positions**

- CPC chair
  - Heather nominated Natalie C. No further nominations. Natalie qualified. Votes: 23 yes, 0 no, 0 abstain
  - Welcome Natlie as CPC chair
- Co chairs for Treatment, PI, Hospital Visitation and Insurance – no nominations
- CS executive positions (2026-2027)
  - Treasurer
    - Heather nominated Sara G. No further nominations, Sara qualified. Votes 23 yes, 0 no, 0 abstain
    - Welcome Sara as Treasurer
  - Secretary
    - Louie nominated Jarrad S. No further nominations. Jarrad qualified. Votes 23 yes, 0 no, 1 abstain

- Welcome Jarrad as Secretary.

*PLEASE GO BACK TO YOUR GROUPS TO LET MEMBERS KNOW WE ARE SEEKING INDIVIDUALS TO FILL POSITIONS*

### **NEW BUSINESS**

- CS financial support for NYE dance
  - Foster proposed CS lend financial support for the NYE dance.
  - Discussion followed:
    - Will \$300 cover what they need? Answer: yes, it would certainly help
    - Comments about how important the NYE event is to newcomers
    - KIS member is asking individual groups to contribute to the NYE event as well
    - Concern that approving this will set a precedent that any group can come to the table and request financial support.
    - Concern that this is not fair as AA's Got Talent came for similar support earlier in the year and was denied. Reason was that no admission was to be charged which is in conflict with how Entertainment committee of CS works. Also KIS is not asking for this support; its coming from others.
    - Comment that support could be given if this was seen as a 1-time, exceptional contribution to support NYE dance this year. To try and avoid the precedent being set.
    - Comments that we fund the annual Xmas Eve Social and other annual/traditional events So the NYE dance is one such annual/traditional event and ought to be supported.
    - Foster moved that we contribute \$300 to KIS for this event. Albert seconded.
    - Suggestion that the NYE dance be similar to Xmas Eve Social in that a group take it on each year and CS has a budget line item for it.
    - More discussion. Vote: 17 yes, 3 no, 3 abstains
    - Minority voice heard. No one changed their vote. Motion carried.
- The rest of the new business will carry over to the next meeting.

### **ANNOUNCEMENTS**

- None

**Next Central Service meeting will take place Jan 6, 2026 at 7 pm on Zoom**

**Meeting ended with Serenity Prayer**

**Motion to adjourn**

**Appendix 1 - Literature Report**

None provided

**Appendix 2 – Treasurer’s Report**

*Month-to-month Actuals Breakdown Report attached to this report.*

<b>November 1 2025</b>			
<b>Opening Bank Balance</b>			<b>\$13,355.14</b>
<b>Credits</b>		Four Seasons Group	\$ 800.00
		Entertainment revenue	\$ 87.00
		Mens Literature Meeting	\$ 200.00
		Atlantic Group	\$ 100.00
		Hubbards Group	\$ 150.00
		webmaster return	\$ 150.00
		Halifax Sunday Monday Group	\$ 250.00
		7th Tradition	\$ 2.00
	<b>Total Credits</b>		<b>\$ 1,739.00</b>
	<b>Total</b>		<b>\$ 15,094.14</b>
<b>Debits</b>		Corrections Literature Order	\$ 337.60
		Corrections Grapevine Order	\$ 357.56
		Entertainment Expenses	\$ 253.00
		Webmaster Expenses	\$ 143.11

	Virgin Mobile	\$ 159.77
	Area 82 Contribution	\$ 2,000.00
	GSO Contribution	\$ 3,000.00
	Bank Fees	\$7.50
	<b>Total Debits</b>	<b>\$ 6,258.54</b>
	<b>Bank Total</b>	<b>\$ 8,835.60</b>
<b>Outstanding</b>		
	<b>Total Outstanding</b>	
	<b>Operating Balance November 30, 2025</b>	<b>\$ 8,835.60</b>
<b>Prudent Reserve</b>	Interest of \$0.47	\$ 3,097.56
<b>Insurance Reserve</b>	Interest of \$0.61	\$ 4,006.08
	<b>Total</b>	<b>\$ 7,103.64</b>
<b>Total assets</b>		<b>\$15,939.24</b>

Central Service 2025 Budgeted to Actual														
Revenue														
		Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec	Total
Group Contributions	\$ 536.10	\$100.00		\$3,764.70		\$800.00	\$300.00	\$ 300.00	\$ 600.00	\$1,792.09	\$ 100.00	1,500.00		\$ 9,256.79
2023 Carry-forward	\$ 10,115.26													\$ -
7th Tradition	\$ -			\$ 23.30							\$ 52.00	\$ 2.00		\$ 77.30
Insurance	\$ 1,720.00			\$ 235.12	\$ 25.00									\$ 260.12
Misc		\$ 238.34	\$ 577.71	\$ 848.20					\$256.00		\$ 232.00	\$ 150.00		\$ 2,302.25
<b>Total Revenue</b>	<b>\$ 12,371.36</b>	<b>\$338.34</b>	<b>\$902.71</b>	<b>\$4,871.12</b>	<b>\$25.00</b>	<b>\$800.00</b>	<b>\$300.00</b>	<b>\$ 300.00</b>	<b>\$ 856.00</b>	<b>\$1,792.09</b>	<b>\$ 384.00</b>	<b>1,652.00</b>		<b>\$ 12,221.26</b>
Expenses														
Insurance	\$ 2,019.00			\$ 210.12										\$ 210.12
Literature	\$ 400.00													\$ -
Telephone Annual	\$ 1,900.00	\$ 123.20	\$ 157.70	\$ 157.70	\$ 156.35	\$ 70.10	\$ 156.35	\$ 179.15	\$ 187.70	\$ 133.55	\$ 159.77	\$ 159.77		\$ 1,641.34
Zoom Renewal	\$ 242.36	\$ 247.14												\$ 247.14
P.O. Box Rental	\$ 260.00									\$ 238.26				\$ 238.26
Corrections Committee	\$ 1,000.00				\$ 212.90							\$ 695.16		\$ 908.06
CPC Committee	\$ 900.00				\$61.45					\$ 14.79				\$ 76.24
PI Committee	\$ 850.00								\$ 115.06		\$ 332.20			\$ 447.26
New letter Committee	\$ 100.00													\$ -
Hospital Visitation														\$ -
Treatment Committee	\$ 500.00					\$154.00								\$ 154.00
Entertainment Committee	\$ 2,000.00								\$1,049.10		\$ 642.48	\$ 253.00		\$ 1,944.58
Telephone Committee	\$ 150.00													\$ -
Webmaster	\$ 250.00				\$ 272.84							\$ 143.11		\$ 415.95
Chair	\$ 200.00													\$ -
Co-Chair	\$ 100.00										\$ 45.59			\$ 45.59
Secretary	\$ 300.00													\$ -
Treasurer	\$ 300.00						\$ 165.30							\$ 165.30
Christmas Social	\$ 700.00													\$ -
Area 82					\$ 1,000.00							\$2,000.00		\$ 3,000.00
GSO											\$3,000.00			\$ 3,000.00
Miscellaneous	\$ 200.00	\$ 1.50			\$ 4.50		\$ 1.50		\$ 135.66	\$ 82.50	\$ 355.32	\$ 7.50		\$ 588.48
<b>Net Expenditures</b>	<b>\$ 12,371.36</b>	<b>\$ 371.84</b>	<b>\$ 157.70</b>	<b>\$ 367.82</b>	<b>\$1,708.04</b>	<b>\$ 224.10</b>	<b>\$ 323.15</b>	<b>\$ 179.15</b>	<b>\$1,487.52</b>	<b>469.10</b>	<b>\$4,535.36</b>	<b>3,258.54</b>	<b>0.00</b>	<b>\$ 13,082.32</b>