

**MAY CENTRAL SERVICE COMMITTEE MEETING MINUTES**  
**May 6, 2025**

**WELCOME AND OPEN:** Meeting opened by Heather L at 7 pm with the Serenity Prayer

**TWELVE TRADITIONS:** The Twelve Traditions were read by Bernie S

**ROLL CALL:** 29 in attendance. 26 voting members, 3 observers (V= voting, NV non-voting).

<b>EXECUTIVE</b>	<b>COMMITTEES</b>	<b>CSR</b>	<b>OTHERS</b>
V - Chair - Paul B	V - Telephones – Paul – CSR Fall River	V - Acceptance – Nathaniel B	DCM District 1 - not present
Co-Chair – Heather L	V - Help Email - Sharon N	V - Circle of Sisters – Mary M	DCM District 2 – Bernie S
V - Treasurer - Trudy D	V - Newsletter - Emily S	V - Serenity Sisters – Chris A	Area 82 Chair - not present
V - Secretary – Jarrad S	V – Joel - Hospital Visitation	V - Cole Harbour – Shawn S	NV – Natalie C - Observer
	V - Literature – Melissa E	V - West End Step Group – Julia D	NV – Tom P - Observer
	V - Corrections – Melanie M	V - Sunrise – Garth	
	V - Webmaster – Alec M	V - Highland Park – Johnny	
	V - Mid Winter Round-Up - Bernie S	V - Lions Den – Reign M	
	Public Information -vacant	V - Any Lengths – Melissa E	
	Entertainment - vacant	V - Downtown Dartmouth – Ryan H	
	Treatment – Not present	V - Rainbow of Recovery – Isaac W	
	Julia Co-Chair PI – WESG -	V – Billy – Fresh Start	

	Vote		
		V – Claire T – CPC Chair	
		V – Louie – Back to Basics	
		V – Joey – Alternate CSR Dartmouth Downtown	
		V – Velma – Four Seasons	

**7TH TRADITION**

- Please email Central Service meeting 7th tradition contribution and group contributions to: [treasurer.aahalifax@gmail.com](mailto:treasurer.aahalifax@gmail.com)
- Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to:  
Central Service, RPO Gladstone, PO Box 31338, Halifax, NS B3K 5Z1

**CALL FOR AGENDA ITEMS**

- None

**APPROVAL OF AGENDA**

Motion to approve the agenda made by made by Joel, seconded by Melanie. Motion passed.

**APPROVAL OF PREVIOUS MINUTES**

Motion to approve the April 2025 minutes. No errors or omissions brought forward. Motion to approve made by Chris, seconded by Shawn. Motion passed.

**OFFICER’S REPORTS**

**CHAIR (PAUL B)**

Good evening members of District 1 and 2,

Here are some of the highlights of Central Service Chair

- 1- I have received a message from a member on how they are very happy of the way the newsletter has transformed Great job newsletter committee
- 2- Met with heather to discuss the agenda.
- 3- I sent an email to Nathaniel regarding the CS inventory
- 4- I am reaching out for the next meeting to get a member of the Area to attend our CS meeting stay tune
- 5- Heather will be taken over as chair for the May Meeting to gain experience, Thank you Heather

Respectfully submitted

Paul B

Chair of CS

**CO-CHAIR (HEATHER L)**

I am currently filling in as Treatment chair. I'm also happy to work under Entertainment, but I do not have the time to organize actual events like dances and such. Please ask around in your groups and at meetings you attend to see if we can find a Entertainment chair.

I also met with the Chair Paul to prepare for this meeting.

Yours in service,

Heather

Co-Chair

**SECRETARY (JARRAD S)**

Thank-you to those of you who have helped me settle into the secretary role, and thank-you to those who submitted your May reports ahead of this meeting. A reminder to those who haven't yet to please submit their reports to the Secretary by email following this meeting.

April's minutes were sent out in two emails - the latter containing the Treasurer and Literature reports. In addition to any feedback provided during this meeting, we encourage you to review the draft minutes and provide written feedback ahead of the first Tuesday of the month. Once finalized, the minutes will be sent to the Webmaster for posting. This month, I will endeavour to have the draft minutes out by two weeks from today.

If you did not receive either the April minutes or the May agenda, please send me your email in the chat and I will ensure the correct contact information is on our distribution list.

Thanks,  
Jarrad

### **TREASURER (TRUDY)**

*See Appendix 2 – Treasurer's Report*

## **COMMITTEE REPORTS**

### **CORRECTIONS (MELANIE)**

April has come and gone and I had no correspondence with corrections.

I had a personal tragedy April 3 2025 and was out of town for the month. I am back now and hope to connect and to move forward with bringing AA meetings to the correctional facility at burnside.

I still need the people on the list to get their criminal record checks done. Reimbursement will be provided. We cannot go in with out having that done. I only received 3 so far. Also looking for 2-4 additional men and women willing to go in and get the criminal record checks done please.

I also have a name to put forward for Co-chair of corrections.

Yours in service,

Melanie

### **ENTERTAINMENT (NO REPORT)**

### **HELP EMAIL (SHARON)**

Hello one and all:

April saw 15 inquiries come in; the following is a brief breakdown of same: One from a Social Services student asking for info for a project; 8 were inquiring for help asking where to go from here; one needed a 12-Step call; one from Google Alert as I signed in using my new computer & Windows 11; one female wanting to help in Bridging the Gap, two were from our CS Secretary and lastly a letter of gratitude from a non-alcoholic who had attended a birthday anniversary and was in tears in the parking lot from the sincerity of those who shared. He experienced for the first time what Alcoholics Anonymous can do for the suffering alcoholic. I, too, was in tears from his honesty and for taking the time to be so kind to the fellowship.

I do need to be honest that I mistakenly referred the inquiry about Bridging the Gap to Corrections-it should have been Treatment. Melanie correctly sent her to Treatment. Thank you, Melanie.

In love and service,  
Sharon N

### **HOSPITAL AND VISITATIONS (JOEL)**

*Noted Danny and Bin's passings.*

### **LITERATURE (MELISSA AND VAL)**

***See Appendix 1 – Literature Report***

April was our first month on the Literature Committee. Myself as Chair, Val W. as Co-chair, 2 additional volunteers. We have changed the bookstore hours to Sunday evenings from 5pm-7pm, taken inventory of all materials at the bookstore and have established a good work-flow.

This month we took in \$859.50 in book sales (\$115.05 in Cash; \$203.50 with Square; \$520.50 with e-transfer). I do not have access to the Literature Bank account yet, so Trudy has been assisting with depositing the e-transfers, and I do intend to make a cash deposit in the coming weeks.

The opening balance in the account \$4331.42. After all sales and expenses, the closing balance in the account is \$5070.41.

We have also just placed a new order from New York, that has arrived today. The total cost is \$2849.61, which was paid by credit card – to be reimbursed to Val W. via e-transfer. Once this has been reimbursed, the total in the account will be \$2220.80.

Yours in Service – Melissa E.

## **NEWSLETTER (EMILY S)**

Hi there,

Things are going smoothly with the newsletter. In the May edition we had the date of the CPC meeting wrong but our webmaster reposted the corrected version quickly. We would love any feedback on our new memorial section. We decided to change the order of pages so that the birthdays come before the service position contact page to avoid extra flipping of pages when reading announcements out at meetings. Lindsay the co-chair has agreed to do the final editing of the June newsletter on her own as I will be out of town for the last week of May. Please don't forget to send your announcements and sober birthday celebration dates by the 25th of the month so that we can get them in the June newsletter.

Thanks again,

Emily and Lindsay

newsletter committee

### **MIDWINTER ROUNDUP (BERNIE S)**

Hello friends. Bernie here. DCM for District 2. And Chair of 2026 MWRU Committee. I attended the startup meeting for the MWRU Committee for 2026 on April 6th. At that meeting, I was nominated and elected to Chair. We are still assembling the team; there are only 3 positions left to be filled. Secretary, Treasurer and Co-Chair of the Hospitality subcommittee. I will give you a rundown of the current members of the team. As stated, I am the Chair. The Alternate DCM for District 2, Amy A, is Co-Chair. We are hoping to enlist Chris V of Downtown Dartmouth Group to be our Treasurer. For Program, Tasha T is Chair, Andie F is co-chair and Emily S is a co-chair. For Registration, we have Sam B as Chair, Anne B as co-chair and Dawn F as co-chair. For Hospitality, we have Karen P as Chair, no co-chair at this time. For Entertainment, Peter R is Chair and Jeff B is Co-Chair. For our AI-Anon representatives, we have Nancy S for District 7 (Dartmouth) and pending approval from AI-Anon, we have Jane K for District 11 (Halifax). That is all for the Midwinter Roundup report. The workshop on April 13th went well. 13 in attendance. There was no Active Committee on April 27. There was no host available because Anne B. was in New York

Question from Reign : which positions are available and when is the next meeting?

Bernie: secretary, treasurer, and co-chair of hospitality. Next meeting June 1 at 2 pm at Club 24.

### **DCM2 REPORT (BERNIE S)**

There was an Area 82 Officers/DCM meeting scheduled for April 28 but it had to be rescheduled until Thursday May 1. That meeting was to review the quarterly budget for the Area. The General Service Conference in New York was the week starting April 28. Our delegate was not able to attend so our Alternate Delegate went in his place and we expect she will give us a detailed report on the goings on there. Currently, District 2 is without a Treasurer. We're still working on that.

Yours in service,  
Bernie S

### **PUBLIC INFORMATION (JULIA D)**

Getting together later this week to form committee, review pamphlets and literature, and the next meeting will be held in June.

## **TELEPHONES (PAUL M)**

Everything going well. Some people have stopped volunteering because of personal issues, others have stepped up. Some are saying they were on the list but were not getting called. I don't have a list per se, I just have numbers from Paul B. Contact name in the binders has to be changed to mine. Some people are having problems getting someone to do the 12 Step work. That list has to be updated as well, I do not have that list. I will be getting that soon. Co-Chair, Chris G, and I have been communicating and will set up another schedule. I am in process of getting night time phone from Paul B., he was checking on updating the phone. I have finally been able to get into the Chair email. The email address in the Bluenose Bulletin is incorrect and the webmaster is getting that corrected. A lot of emails from Dorse Denma Ling, are they AA approved and who is sending them, can I delete them? Email shows Johathon, as chair, I am trying to change that. With help of webmaster. Mary D called me, I could not make out the phone number she left. She might be at the "Keep It Simple Group", but I'm not sure.

Thanks,  
Paul M.  
Phone Chair

Question: Reign: I believe I get the day phones next. Would you like any help contacting people on the list or editing the binder?

Answer: Paul: Yes, anyone you know who is willing to do it, let me know.

## **TREATMENT (HEATHER L)**

Hi everyone. Emily Newsletter chair was able to send me the rotation schedule for all 4 treatment facilities (Detox, PSR, Forensics and Marguerite Centre) – thank you Emily.

I went into Detox on April 20 with the Early Risers group to have a look at things. I have contact information for that area (the charge nurse's name and the nurse's station phone number). They have lots of pamphlets and Grapevine magazines. The binder needs updating (e.g. an updated Meeting List and Treatment contact info). The general feel from the nurse on duty that night is that things are going well; AA groups show up consistently and the meetings are attended by patients.

Keep It Simple group went into PSR and did the same kind of review for me on April 23. They got contact information for this facility (charge nurse and phone#). Binder is good, but needs some updates as in Detox. They have 3 Big Books but no pamphlets or Grapevines, so I'll work to get these stocked in that area. While the AA group did show up that evening, no patients came to the meeting so it did not happen. The nurse said they were in a "turn over" time with patients, so that may explain why. I'll try to monitor this facility to see if the AA meetings are indeed attended.

Back to Basics group went into Forensics on May 2 and reported that there is 1 Big Book, 1 12&12 and 1 As Bill Sees It. They have no pamphlets or Grapevines. The binder seems in good shape, but will need an updated meeting list. I have a contact name and phone number for this facility. 2 patients showed up for this meeting.

Marguerite Centre schedule is handled by Anne. She reports that all is going well. I have let her know that if she needs anything she can contact me.

As for Bridging the Gap, I'm reaching out to the former Treatment chair Noelle and also the Phone chair Paul M to see who many have a list. I'd like to call those on the list to ensure they are still available to provide this important service.

Please ask around in your groups and at meetings you attend to see if we can find a chair for Treatment. My experience so far is this is not a difficult position to fill but is a very important one so that we can continue in our obligations to these 4 facilities.

Yours in service,  
Heather  
Temporary Treatment Chair

### **WEBMASTER (ALEC M)**

Addressed George A Demmling subscription and folks receiving automated emails.

### **INSURANCE (PATSY W, READ BY JARRAD S)**

All groups have paid the insurance premium now.

The town of Kentville has received a Certificate of Insurance covering tenants legal liability and cross liability for the Kentville Group.

That is all the activity on the insurance file this month.

Thank you, in service, Patsy W.

### **CPC (CLAIRE)**

Here are the minutes for May, from the meeting May 5th at 6:00 PM

In attendance: Mark Z, Henry W, Ryan H, Mary W, and Claire T

1. We all reviewed Henry's sheet, and learned a bit how to use it to keep track of the contacts.

Once Henry is done with updating the sheet from all the minutes we will start sharing it with members of the CPC to use when making the contacts.

2. Claire explained her contact with 211, Mary W to research this

3. Claire to follow up with PI Committee about contact with the library and invite to collaborate on monthly meetings.

4. Co-Chair position for CPC possibly open, Claire to confirm this shortly.

The next meeting of the CPC is Monday, June 2nd @6:00 Pm

Cooperation with the Professional Community (CPC)  
AA Halifax/Dartmouth  
Area 82

### **DCM Report (SAMAIRA, READ BY JARRAD)**

April 2025 District Meeting Summary

The April District 1 meeting was held via Zoom on April 30, 2025, and chaired by DCM. The meeting opened with a moment of silence and the Serenity Prayer, followed by the reading of the Twelve Traditions and Concepts. Six voting members and the DCM were in attendance.

#### Key Highlights:

- Officer Reports: Treasurer Michelle presented the monthly financials, and the new Secretary Rob will begin reporting next month. The Alt DCM role remains vacant.
- DCM Updates: I have confirmed receipt of the DCM kit and discussed the upcoming rescheduled DCM quarterly meeting. I proposed using AA.org resources for pre-meeting workshops and asked for suggestions to include in a flyer.
- Old Business:
  - No nominations were received for Alt Treasurer or Alt DCM.
  - The District Guidelines revisions were passed unanimously after discussion and minor corrections. The DCM will now provide written reports for any district-funded function attended.
- New Business:
  - Accessibility: A discussion took place on the scope of the Accessibility Committee, with Samaira sharing resources and suggesting ways groups can address accessibility needs.
  - Service Weekend: Preparations for the Area 82 Service Weekend (May 30 – June 1) were discussed, including agenda items and logistics. GSRs must be present at roll call to vote. A motion to discuss Area 82's potential provincial division will be reviewed at the next meeting.

Next Meeting: Wednesday, May 28, 2025, at 7:00 PM (Workshop at 6:00pm)

Yours in Service  
Samaira G.

### **APPROVAL OF REPORTS**

Motion to approve by Alec. Seconded by Emily. Motion passed.

### **OLD BUSINESS**

#### **Vacant Positions**

- Entertainment Chair: Julia nominated Natalie C. Natalie accepted. Heather read position guidelines.
  - Question from Paul: Do you have a sponsor (yes). Do you have a service sponsor (not currently). Are you currently working the steps (yes).
  - Votes 21 for, 0 against, 1 abstention.
- Treatment Chair: no nominations.
- Co-chair of Corrections: Melanie M nominated Tom P. Tom accepted. The group acknowledged Tom is aware of the position guidelines, having been a former Chair.
  - Statement from Paul: we need reports on a monthly basis.
  - Melanie: reports have been forwarded monthly.
  - Votes 23 for, 0 against, 0 abstentions.
- Co-chair of Insurance: no nominations.

*PLEASE GO BACK TO YOUR GROUPS TO LET MEMBERS KNOW WE ARE SEEKING INDIVIDUALS TO FILL POSITIONS*

### **Central Service Group Inventory Process - Nathaniel B**

- Nathaniel sent out an email with 25 questions in it and asked people to review it before we got going here.
  - Question from Paul: can we read out questions that we're supposed to have in CS Inventory? And what are our next steps with these questions.
  - Nathaniel: compile numbers from this vote and assemble a small committee about how to organize the Inventory. The list of questions will be discussed outside of the Central Service meeting.
  - Paul: to be fair to everyone, based on the numbers, we are supposed to be picking our top 15 questions.
  - Nathaniel: anyone can attend the ad hoc meeting of the committee to discuss these questions.
  - Paul: has your group consulted you with this inventory?
  - Nathaniel: list was emailed around Acceptance Group.
  - Paul: just want to make sure that everyone involved in CS should partake in the committee and have a say.
  - **Motion from Johnny:** let Nathaniel return to his group, formulate a plan, tally the questions, and next month come back with a proposal on how to execute the inventory. Seconded by Paul.
  - Comment from Clair: there is a Group Services Office at GSO, encouraging Nathaniel to seek guidance there.

- Comment from Trudy: usually, an ad hoc committee would be formed instead of one person leading this initiative.
- Vote: 19 for, 1 against, 0 abstentions.
- Minority voice: adding extra time and complexity to this. Understanding was to select the top 15 questions as a group.

### **Money for Talent Show from Central Service**

- \$300 requested, direction from last month's meeting was to bring the item back to groups.
- Emily summarized expenses associated with event. \$300 is remaining balance required to pay the church.
- Emily: did anyone bring this back to their groups and get information from their groups to bring forward?
- Chris A: Serenity Sisters discussed it at the last business meeting and everyone in the group was pleased to pay a cover to attend the event. A couple group members thought it should come from CS Entertainment budget.
- Mary: Circle of Sisters thought that they wanted to see the event go forward and that it would be covered by Entertainment Committee once there was a chair.
- Louis: Back to Basics said the \$300 should be given to the event but only if the Entertainment Committee reported back to CS for accountability.
- Trudy: as Treasurer, any event held for entertainment has a cover because entertainment budget is not supposed to be spent without any thought to replenish the funds back into CS. As long as there is a cover, it could be supported.
- Paul B: question: when is the next talent show?
- Emily: November 22, 2025. Would be cancelled without funding.
- Paul B: echoing Trudy's point. There needs to be some form of recouping the money for Central Service to support it. Giving money without recouping some funds sets an iffy precedent.
- Claire T: Since Entertainment voted to increase their budget. Sometimes it is good to suggest a price, or a pay-what-you-can event.
- Ryan H: echoing Clair's suggestion of pay-what-you-can.
- Emily: based on previous attendance, if we charged \$1 each, it would almost cover the cost if we took 7<sup>th</sup> Tradition as well. Camping has been going on for years and only takes a 7<sup>th</sup>, then the Entertainment covers the rest.
- Isaac: mixed opinions from my group. Some people reflected on the traditions and felt CS money should be used for an event that more explicitly carries the message.

- Paul B: NYE dance in December is another event going back-to-back which could be costly. Camping at Dollar Lake is not supposed to be a free event, people are supposed to pay. Entertainment is to recoup money from that event.
- Motion: from Claire: Entertainment allot \$300 from their budget, and Emily make every effort to recoup costs and be transparent. Motion seconded by Joel.
- Comment by Louie: can we clarify the wording in the motion?
- Natalie: I would love to support this event but not give it \$300. Would like to sit down with Emily and figure out a way to recoup costs. Pre-sell tickets, give tickets out, etc. Can't depend on the 7<sup>th</sup> to come in and take care of the debts. Should be a cost of pay-as-you-can.
- Claire: withdrawing the motion in the spirit of politeness to let the new chair work with Emily.
- **Natalie and Emily will work together on the matter to see what they can come up with.**

### **NEW BUSINESS**

No new business.

### **ANNOUNCEMENTS**

- Paul B: Dan from Keep It Simple group passed away two weeks ago. Please keep his partner and his family in your prayers.
- Paul B: The meeting ran great tonight. Welcome to the new members.
- Heather: NS Provincial Roundup June 6 and 7, Saint James Church Hall on Portland Street. AAHalifax.org, for payment information etc.
- Tom P: condolences to those who have lost family members.
- Sharon N: Last Friday of May, Cory C celebrating 20 years and Lisa L 25 years, Carmelita 46 or 47 years.

**Next Central Service meeting will take place June 3, 2025 at 7 pm on Zoom**

**Meeting ended with Serenity Prayer**

**Motion to adjourn by Alec, seconded by Tom P.**

**Appendix 1 - Literature Report**

<b>Literature Committee April 2025 Report</b>		
<b>Revenue</b>		
	<b>Amount</b>	<b>Notes</b>
<b>Cash</b>	\$115.05	Book Sales
<b>Square (Debit or Credit)</b>	\$203.50	Book Sales
<b>E-Transfer</b>	\$520.50	Book Sales
<b>Total</b>	<b>\$859.50</b>	

<b>Expenses</b>		
	<b>Amount</b>	<b>Note</b>

<b>Bank/Square Charge</b>	\$1.81	Square
<b>Club 24 (Rent)</b>	n/a	Paid until July 2025
<b>Inventory Cost</b>	\$2,849.61	Paid via VW Credit Card
<b>Total</b>	<b>\$2,849.61</b>	

	<b>Main Literature</b>	<b>Support Literature</b>	<b>Additional Titles</b>	<b>Pamphlets</b>	<b>Additional Materials</b>	<b>Total Units</b>
<b>Inventory Sold</b>	39	7	4	47	26	123
<b>Current Inventory</b>	293	101	56	4832	2647	7929
<b>Retail Sales of Units Sold</b>	\$687.00	\$76.50	\$72.00	\$18.10	\$5.90	\$859.50
<b>Inventory on Order</b>	206	20	0	0	0	<b>226</b>
<b>Total Wholesale Cost</b>	\$2,713.23	\$136.37	\$-	\$-	\$-	<b>\$2,849.61</b>

<b>Opening Bank Balance</b>	\$4,331.42
<b>Closing Bank Balance</b>	\$5,070.41
<b>after inventory e-transfer</b>	\$2,220.80

Appendix 2 – Treasurer’s Report

*Month-to-month Actuals Breakdown Report attached to this report.*

<b>April 1 2025</b>		
<b>Opening Bank Balance</b>		<b>\$14,980.47</b>
<b>Credits</b>		
	Group insurance received	\$ 25.00
	<b>Total Credits</b>	<b>\$25.00</b>
	<b>Total</b>	<b>\$15,005.47</b>
<b>Debits</b>		
	Virgin Plus Phones	\$ 156.35
	Literature for Corrections	\$ 212.90
	Web host renewal	\$272.84
	payment for CPC	\$61.45
	contribution to Area 82	\$1,000.00
	bank service charges	\$ 4.50
	<b>Total Debits</b>	<b>\$1,708.04</b>
	<b>Bank Total</b>	<b>\$13,297.43</b>
<b>Outstanding</b>		
	<b>Total Outstanding</b>	
	<b>Operating Balance April 30, 2025</b>	<b>\$13,297.43</b>
<b>Prudent Reserve</b>	Interest of \$0.51	\$3,093.95
<b>Insurance Reserve</b>	Interest of \$0.66	\$4,001.43
	<b>Total</b>	<b>\$7,095.38</b>
<b>Total assists</b>		<b>\$20,392.81</b>

### My Accounts

#### Chequing

 <b>Operating Account</b> 72171106	Current balance <b>\$13,297.43</b>	Available balance <b>\$13,297.43</b>	 
 <b>Literature Committee</b> 72171116	Current balance <b>\$2,220.80</b>	Available balance <b>\$2,220.80</b>	 

#### Savings

 <b>Insurance Reserve</b> 72171206	Current balance <b>\$4,001.43</b>	Available balance <b>\$4,001.43</b>	 
 <b>Prudent Reserve</b> 72171246	Current balance <b>\$3,093.95</b>	Available balance <b>\$3,093.95</b>	 

#### Others

 <b>MY EQUITY SHARES</b> 72171086	Current balance <b>\$5.00</b>	Available balance <b>\$5.00</b>	 
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