

NOVEMBER CENTRAL SERVICE COMMITTEE MEETING MINUTES
Nov 4, 2025

WELCOME AND OPEN: Meeting opened by Heather L at 7 pm with the Serenity Prayer

TWELVE TRADITIONS: The Twelve Traditions were read by Chris A

ROLL CALL: 31 in attendance. 24 voting members, 6 observers, 1 Ad Hoc Committee

EXECUTIVE	COMMITTEES	CSR	OTHERS
Chair - Paul B	Telephones – Paul M	Acceptance – Steve H	DCM District 2/Mid-Winter - Bernie
Co-Chair – Heather L	Help Email - Sharon N	Circle of Sisters – Mary M	Lorraine M - Observer
Treasurer - Trudy D	Newsletter – Emily S	Serenity Sisters – Chris A	Michael H - Observer
Secretary – Vacant	Public Information – Andie F	Cole Harbour – Shawn S	Foster L - Observer
	Insurance - Paul B	Conscious Contact – Justin	Daniel W - Observer
	Corrections – Dave T	Sunrise – Alan M	Lyndsay D - Observer
	Webmaster – Alec M	Keep it Simple – Jonathan C	Bill P - Observer
	Treatment - Albert K	Lions Den – Reign M	
	Ad Hoc - Nathaniel	Highland Park - Johnny M	
		Fall River – Chris G	
		Four Seasons – Velma C	
		Back to Basics – Louie M	
		Rainbow of Recovery – Isaac W	

7TH TRADITION

- Please email Central Service meeting 7th tradition contribution and group contributions to: treasurer.aahalifax@gmail.com
- Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to:
Central Service, RPO Gladstone, PO Box 31338, Halifax, NS B3K 5Z1

CALL FOR AGENDA ITEMS

- No new additions

APPROVAL OF AGENDA

Motion to approve the agenda made by Alec, seconded by Bernie. Motion passed.

APPROVAL OF PREVIOUS MINUTES

Motion to approve the Oct 2025 minutes. No errors or omissions brought forward. Motion to approve made by Dave T seconded by Albert. Motion passed.

COMMITTEE REPORTS

CORRECTIONS

October has been a continuing spiritual learning experience for me. Where Thy Will be done, not my will be done.

Although I have reached out to both Burnside corrections and Service NS with the only contact information I have, I have yet to hear back from either one, which can be frustrating when we as a committee are eager to resume putting meetings on for them.

My co-chair, Issac W, and I are working hard at trying to get 10 male and 10 female volunteers and we are oh so close to proceeding with the next phase of getting applications and criminal record check forms out to all the volunteers.

Paul B, has provided me with a cover letter, thank you for that, that the applicants can give to the RCMP or HRP for them to receiver a \$20 discount on the \$50 fee.

I have submitted a literature order consisting of Big Books, 12 & 12 and pamphlets to the Literature Chair in anticipation of getting back to putting meetings on. Ensuring that the message of sobriety is carried to those incarcerated even while back in their cells if they so choose.

Lastly, I would like all those present here tonight to keep bringing up at their home group meetings during the announcements from the floor that Corrections is still in need of volunteers.

Thank you,
Yours in service,
Dave T, Corrections Chair.

ENTERTAINMENT

I have submitted my expenses and revenue report to Trudy regarding the Halloween dance held on October 25th. With the reimbursement to me of \$253.00 I believe that will leave a total of \$55.00 on the balance sheet.

The lack of attendance and support in any event I have put on suggests to me the money allotted to Entertainment may be better spent somewhere else.

I have the hall booked for a New Years Dance but I will advise them to cancel the reservation. Over the year I have purchased myself most of the decor and supplies for the New Years Eve party. I will gladly donate them if there is anyone who may like to go ahead with a dance. I have a flyer my daughter did up for the event but I didn't submit it to the November Newsletter. This decision has not been easy. Service is a very important part of my AA sobriety and I will continue to do so at different levels.

I respectfully resign as Entertainment Chair effective immediately.

Thank you all for the service you do. I am sorry to let Central Service down.

Sincerely
Natalie C

- Foster comments that we should not accept the “donation” from the church where event held. We can contribute to the church for less than the amount, but we ought not to accept the full amount be waived. Trudy wondered if we can accept something a company would be willing to give anyone else. Johnny thought we could accept the church’s offer. Foster felt we ought not to accept any outside contribution. Given we have no chair right now, we’ll leave it alone.

HELP EMAIL

October 2025 was a normal month with most of the 14 inquiries mimicking other months' emails. Of note there were two emails that stuck out:

1. Rainbow of Recovery Group the Sunday evening closure news which was forwarded to the Webmasterer and the Newsletter Chair.
2. Arborstone Enhanced Care inquired about the possibility of an onsite discussion about Alcoholics Anonymous and if it might be a viable option for Arborstone in the future. This was forwarded to Heather, the CPC Chair,

Thank you for allowing me to serve.

In service,
Sharon N
HELP Email Coordinator

HOSPITAL VISITATION

VACANT

LITERATURE

October was another eventful month at the bookstore. We took in \$1240.00 in book sales. There is \$520.00 in cash and cheques that need to be deposited in the bank account, which I will get deposited this week.

We did place another literature order – mainly for pamphlets and additional big books. They arrived last week, and the cost will be accounted for on the November report.

Yours in Service – Melissa E.

See Appendix 1 – Literature Report

NEWSLETTER

Lindsay and I have implemented a new format for service commitments in the newsletter. We call this the monthly service calendar. The idea is to place all group commitments - weekend phones, committee and district meetings, detox meetings, etc - on one calendar where groups can find their commitments at a glance and meeting chair persons can read out commitments for the relevant week. We give a sneak peak of the next month by simply listing groups who are coming up in the roster to give them a heads up. We have a reference page where people can find all the zoom links and meeting locations referenced in the service calendar. Please let us know if you have any feedback for us. Please send your announcements to the newsletter email account by Nov 25 at the latest so we can get them into the December newsletter in time, and don't forget, if your group has a birthday coming up the first week of January send that as well and we'll put it in as a birthday preview. We will try to list all Christmas candlelight gratitude meetings which are sent in as well.

Thanks again,

Emily and Lindsay.
Newsletter Committee

MIDWINTER ROUNDUP

For the Midwinter Roundup, the flyer is completed and I have sent it to the secretary of Central Service. She then forwarded it to all the CSRs. I also forwarded it to the contacts I have in District 2. I emailed a copy to the DCM for District 1. I forwarded a copy to the Area registrar and to the Area Webmaster. The theme is Principles Before Personalities: The Spiritual Path To Freedom. There will be the usual participation from Al-Anon.

The committee still does not have an official secretary and we do not expect that we will be electing one. There are only a few months left and I have that under control.

We have a tour of the Delta scheduled for January 4. I have invited Heather to that tour.

Bernie S
Chair

Midwinter Roundup

PUBLIC INFORMATION

Good evening folks,

On Oct. 18 th the monthly subcommittee meeting was held at 45 Connolly Rd, Lower Sackville @ 10 am as advertised in the newsletter. There were three of us in attendance. We discussed increasing the budget for 2026 and what items were needed to purchase now and over the coming new year. The current budget is \$850 and a little over half of that has been spent to date. One committee member has agreed to draft a notice to promote service work by volunteering for this committee, for the newsletter and fix the banner so that it can be ordered and printed. I had planned on meeting with another committee member to review the doctor's offices list, but this was not completed as a family member of mine passed away during the time this was to happen. I will plan to meet with the committee member to complete this task in the next week or so. I investigated getting 3 subscriptions of the Grapevine and the cost for this year. This month's subcommittee meeting is scheduled for this Saturday November 8 th at 10 am and is in the newsletter.

Yours in service,
Andie

TELEPHONES

Sept report

THings are going well. The volunteers that we have are exceptionally helpful and really step up when needed. We have one new volunteer for the daytime phone. We still could use more help to relieve the burden on everyone.

Bridging the gap information has been inserted in all binders and has been used.

I am also making a list of contacts for the weekend phone. I had a request for a contact for a certain group so the phone could be transferred.

We still need volunteers. Please keep announcing at meetings.

Thank you, Paul M phone chair.

Oct Report

Things are going well. The volunteers that we have are exceptionally helpful and really step up when needed. We still could use more help to relieve the burden on everyone.

We now have 10 volunteers handling the day and evening phones. We have a couple more waiting to be active, they are awaiting work schedules and travel times. I was working on the schedule for the Christmas period. Instead of delegating, I asked for volunteers. The response was immediate. Thank you.

We also had a problem with the phone that is used for switching phone use. Chair Paul B. looked after that and it needed a new sim card.

Spoke with Chair Paul B. about the budget for next year, it was recommended that it remain the same as last year.

I now have a list of contacts for the weekend phone. This list has been inserted in the binders. I haven't gotten it in the weekend binder as yet, but I am working on it. I had a request for a contact for a certain group so the phone could be transferred.

We still need volunteers. Please keep announcing at meetings.

Thank you, Paul M phone chair.

TREATMENT

Inquiry from Arbor Stone Enhanced Care in Purcell's Cove Rd. Arbor Stone is one of the few nursing homes in NS to offer long term care for young adults with disabilities.

I spoke with Melanie Yetman, Community Manager. Some of the residents were looking at the viability of having a meeting or PR at the residence. Presently they have covid. When the covid ends I will go to the facility, meet with Melanie and some of the residents to discuss what they are looking for. Then I will report back at our next Central Service Meeting.

Albert AK
Treatment Chair
AA Halifax/Dartmouth
Area 82

- Andie from PI asked if the Arborstone inquiry should be PI. Albert will meet with Melanie at the facility and then let the table know what they are looking for at our next meeting.

WEBMASTER

I'm attending the National AA Tech Workshop this weekend, and I thought I would share the general topics and ask if there was anything in particular folk would like me to focus on?

- AI for AA tech
- ECommerce and AA
- Carrying the message online
- AA Principles before technology

I'm working with the chair on improving the way we support committee changes. This will include a standard password-changing practice, and announcements on the website to inform the fellowship. I will also be looking into how we can make sure documents are passed down successfully between chairfolk.

Some work getting the midwinter round up information together. I've been running a bit behind the rest of the folk, so my apologies if anyone saw a web page with incorrect information.

We've also had the usual webmaster activity:

- Added posts and fliers for upcoming events
- Added minutes from service meetings
- Updated contact information

October saw a small decrease in traffic from September.

As always, thanks to all for their valuable time and contributions to the website this month!

Yours in Service, Alec

INSURANCE

- Received information from Heather regarding insurance process in meeting October 27
- Heather handed over process notes, access and security for insurance Gmail account and relevant data therein
- Added 2-factor authentication to sign on
- \$330 is left over in insurance funds from this year (2025) to be used towards the upcoming policy renewal
- Confirmed policy renewal premium December 31, 2025-December 31, 2026 to be \$2427
- Currently 63 groups (60 groups + CS, D2 & D17) on the policy plus archives and the literature store
- Policy cost breakdown:
 - o \$2427
 - o Less \$217 for Archives
 - o Less \$441 for Literature Store
 - o Less \$300 leftover funds from 2025
 - o Leaves a balance of \$1439 owed by 63 groups for 2026
 - o Equals \$22.84 but will round up to \$25 per group for 2026 for ease and prudence
- Confirmed we have until January 31 2026 to pay for the policy
- Will send out emails shortly to all groups that they can pay in January 2026
- This will be done for ease of accounting with the same fiscal year for all involved
- Will continue to update contacts and poll groups and districts not currently on policy o encourage participation.

Yours in Service,
Paul B(2B)

CPC

VACANT

DCM1 REPORT

No Report

DCM2 REPORT

As for the district 2 report, not much to talk about. We have a workshop scheduled for the second Sunday in December. That will be at Club 24 at 2 pm on December 14. Our Alternate DCM will be putting that on. The theme is a continuation of our traditions series, this one on tradition 6.

District 2 still requires a Treasurer, I am filling in as treasurer for now. I'm used to wearing more than one hat.

That's pretty much it for that.

Bernie S

District 2 DCM

AD HOC COMMITTEE

As of Nov. 1 we have received 30 responses to our survey. We renewed the subscription so the survey will run online until Nov. 24. We paid \$135.66 for the renewal bringing our total expenses to \$406.98. This will be the last time we renew the survey.

We split up the data and each member of our committee reviewed 1/3 of the responses individually. Then our committee met to go over the responses to our questions as a group to ensure nothing is missed. This month we met twice as a group to review the responses we received.

We're focusing on reviewing the responses for the time being. We expect to create a plan regarding how we'll present our data and summaries to the Group before the December CS meeting.

Yours in Service

Nathaniel

OFFICER'S REPORTS

CHAIR

Good evening District 1 and 2 CS members, here are some of the highlights of my activities for the month of October.

Spoken to Alec the web Master, about the changing of passwords. He will hopefully have something in place soon

Sent a message of thanks to Natalie the entertainment chair who has now step down and

wish her well

I have had several conversations with people looking to do service and my response always is to advise them to attend our meeting and let you name stand
In December will be my last meeting as Chair of Cs and also Chair the meeting. If I don't see any of you in December , Thanks for the Service you have provided

Yours in Service
Paul B
Chair of CS

CO-CHAIR

I met with Paul B to hand over the Insurance details.
I also worked with the treasurer on the draft 2026 budget.

Yours in service,
Heather L
CS CoChair

SECRETARY

I acted as secretary for Oct. I prepared the minutes of the Oct 7 minutes and sent them out to all CS contacts. Bernie S sent 1 correction to his DCM District 2 report simply changing the location of the Fall Assembly in NL from Cornerbrook to St. John's. That change has been made in the minutes.

Yours in Service,
Heather

TREASURER

See Appendix 2 – Treasurer's Report

APPROVAL OF REPORTS

Motion to approve by Alec. Seconded by Sharon. Motion passed.

OLD BUSINESS

Vacant Positions

- CPC chair – no nominations
- Hospital Visitation chair
 - Emily nominated Lorraine M. No further nominations. Lorraine qualified. Votes: 21 yes, 0 no, 0 abstain
 - Welcome Lorraine as Hospital Visitation chair
- Co chairs for Treatment and Insurance – no nominations
- Secretary (for remainder of year) – no nominations
- CS executive positions (2026-2027)
 - Co-chair
 - Foster nominated Michael H. No further nominations. Michael qualified. Votes: 21 yes, 0 no, 0 abstain
 - Welcome Michael as Cochair of central service
 - Treasurer - no nominations
 - Secretary - no nominations

PLEASE GO BACK TO YOUR GROUPS TO LET MEMBERS KNOW WE ARE SEEKING INDIVIDUALS TO FILL POSITIONS

NEW BUSINESS

- 2026 draft budget
 - Trudy read through the expense line items.
 - There was a lively discussion about some line items and whether or not the budget needed to be brought back to groups vs being voted on this evening.
 - Alan M moved that the budget be approved. Seconded by Albert K

- More discussion with some wishing to postpone until next month to allow time for group review, while others felt they had they were their group's trusted servant and could vote this evening.
- Heather (Chair) called the question:
 - Vote to call the question: yes: 17, no: 4, abstain: 1
- Vote on motion to accept budget: yes: 14, no: 6, abstain: 1
- Minority voice heard, and 1 person wanted to change their vote
- 2nd Vote on motion to accept budget: yes: 12, no: 6, abstain: 1
- Motion carried - 2026 budget accepted
- Entertainment question: admission fee or free events
 - It was decided to postpone this to next month. Even though we no longer have an Entertainment chair, it was suggested that gathering the feedback from groups was important and would be captured in Dec minutes.
- Why survey open to AA community at large
 - Emily dropped the topic as the survey has been open to the AA community and is almost done at this point.
- Insurance policy payment discussion
 - Trudy asked the table if they wanted to handle the insurance policy payment and subsequent group collections differently this year. The idea would be to use the Insurance Prudent Reserve to pay the bill and have all group payments go back into that account. This would keep all insurance money transactions tied to this single account vs the Operating account.
 - After some discussion, the idea was dropped and we will continue to use the Operating account to pay for and collect Insurance monies. Tracking of the group payment is easier to account for if we keep it all related to the Operating account.

ANNOUNCEMENTS

- Mary W passed along that they are looking for members to help the meeting at the Shelter (Halifax Forum). The meeting is every Tuesday evening. Call Mary if you can help: 902-488-9146
- Pual B celebrating 36 years Nov 21.
- Shawn S is celebrating Dec 7 - 2 years
- AA Got Talent full roster and should be a great show
- Dave T: sobriety requirement for volunteers going into Corrections? Feedback: as long as someone going in has 1 year and others going into with this person can have 3-6 months to also attend. Isaac suggests GSO be checked

and that 2years be kept with as getting criminal check done (at a cost) can be difficult. Dave agrees with 2year requirement.

Next Central Service meeting will take place December 2, at 7 pm on Zoom

Meeting ended with Serenity Prayer

Motion to adjourn by Johnny, seconded by Reign.

Appendix 1 - Literature Report

Literature Committee Report		
Revenue		
	Amount	Notes
Cash	\$ 160.00	Book Sales
Square (Debit or Credit)	\$ 556.60	Book Sales
Cheque	\$ 360.00	Book Sales
E-Transfer	\$ 163.40	Book Sales
Total	\$ 1,240.00	

Expenses		
	Amount	Note
Bank/Square Charge	\$ 10.88	Square Charge
Club 24 (Rent)	n/a	
Inventory Cost	n/a	
Total	\$ 10.88	

	Main Literature	Support Literature	Additional Titles	Pamphlets	Additional Materials	Total Units
Inventory Sold	55	1	0	340	177	573
Current Inventory	258	90	95	3767	2297	6507
Retail Sales of Units Sold	\$ 966.00	\$ 17.00	\$ -	\$ 196.00	\$ 60.00	\$ 1,239.00

Opening Bank Balance	\$ 5,673.60
Closing Bank Balance	\$ 6,902.72
Actual Bank Balance	\$ 6,382.72

*Return of 1xB16 for 1xB19 - paid additional \$1 in cash

To deposit \$520.00 in Cash & Cheque

Appendix 2 – Treasurer’s Report

Month-to-month Actuals Breakdown Report attached to this report.

Opening Bank Balance			\$14,656.50
Credits		New Hope Group	\$ 100.00
		Entertainment (Dance revenue)	\$ 232.00
		7th Tradition	\$ 52.00
	Total Credits		\$ 384.00
	Total		\$ 15,040.50
Debits		PI Expenses	\$ 332.20
		Co-Chair Expenses (ink)	\$ 45.59
		Entertainment Expenses	\$ 642.48
		Webmaster Expenses	\$ 150.00
		Virgin Mobile	\$ 159.77
	Oct/Nov	AdHoc Expenses (Survey Monkey x \$135.66)	\$ 271.32
		Service Fair rent	\$ 75.00
		Bank Fees	\$ 9.00

	Total Debits		\$ 1,685.36
	Bank Total		\$ 13,355.14
Outstanding		GSO Contribution	\$ 3,000.00
	Total Outstanding		\$ 3,000.00
	Operating Balance October 31, 2025		\$ 10,355.14
Prudent Reserve		Interest of \$0.53	\$ 3,097.09
Insurance Reserve		Interest of \$0.68	\$ 4,005.47
	Total		\$ 7,102.56
Total assists			\$17,457.70

Date	Description	Withdrawals	Deposits	Balance
Sep 30, 2025	Maintenance Service Charge	-\$3.00		\$14,656.50
Oct 07, 2025	e-Transfer - Credit Payer: Natalie		\$232.00	\$14,888.50
Oct 07, 2025	e-Transfer - Credit Payer: CHRISTINE JOY ANDREWS		\$50.00	\$14,938.50
Oct 16, 2025	e-Transfer - Credit Payer: ANNEPROUDFOOT		\$100.00	\$15,038.50
Oct 16, 2025	e-Transfer - Debit Payee: heather landry	-\$45.59		\$14,992.91
Oct 16, 2025	e-Transfer - Debit Payee: Natalie C	-\$642.48		\$14,350.43
Oct 16, 2025	e-Transfer - Debit Payee: Webmaster	-\$150.00		\$14,200.43
Oct 16, 2025	e-Transfer - Debit Payee: Andrea F	-\$332.20		\$13,868.23
Oct 16, 2025	e-Transfer - Debit Payee: Nathaniel B	-\$135.66		\$13,732.57
Oct 21, 2025	Cheque In-province cheque Cheque #60, Effective Date 10/20/2025	-\$75.00		\$13,657.57
Oct 30, 2025	Online Bill Payment Virgin Plus (Client ID 14 Digit), Confirmation 1134190	-\$159.77		\$13,497.80
Oct 30, 2025	e-Transfer - Debit Payee: Nathaniel B	-\$135.66		\$13,362.14
Oct 30, 2025	e-Transfer - Credit Payer: HEATHER LANDRY		\$2.00	\$13,364.14
Oct 31, 2025	Maintenance Service Charge	-\$3.00		\$13,355.14

