

OCTOBER CENTRAL SERVICE COMMITTEE MEETING MINUTES
Oct 7, 2025

WELCOME AND OPEN: Meeting opened by Heather L at 7 pm with the Serenity Prayer

TWELVE TRADITIONS: The Twelve Traditions were read by Sharon N

ROLL CALL: 26 in attendance. 22 voting members, 4 observers.

| EXECUTIVE | COMMITTEES | CSR | OTHERS |
|----------------------|---------------------------------------|-----------------------------|------------------------------|
| Chair - Paul B | Telephones – Paul – CSR Fall River | Acceptance – Steve H | DCM District 1 - not present |
| Co-Chair – Heather L | Help Email - Sharon N | Circle of Sisters – Mary M | DCM District 2 – not present |
| Treasurer - Trudy D | Newsletter – Lyndsay D | Serenity Sisters – Chris A | Area 82 Chair - not present |
| Secretary – Vacant | Public Information – Andie F | Cole Harbour – Shawn S | Kathy S - Observer |
| | Literature – Melissa E | Conscious Contact – Justin | Mary W - Observer |
| | Corrections – Dave T | Sunrise – Garth | Nathaniel B – Ad Hoc |
| | Webmaster – Alec M | Keep it Simple – Jonathan C | Paul B - Observer |
| | | Lions Den – Reign M | |
| | | Any Lengths – Melissa E | |
| | | Fall River – Paul M | |
| | | Four Seasons – Velma C | |
| | | Back to Basics – Louie M | |

| | | | |
|--|--|-------------------------------|--|
| | | Rainbow of Recovery – Isaac W | |
| | | Fresh Start – Billy P | |

7TH TRADITION

- Please email Central Service meeting 7th tradition contribution and group contributions to: treasurer.aahalifax@gmail.com
- Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to:
 Central Service, RPO Gladstone, PO Box 31338, Halifax, NS B3K 5Z1

CALL FOR AGENDA ITEMS

- AA Tech Conference support for Webmaster (Alec)

APPROVAL OF AGENDA

Motion to approve the agenda made by Alec, seconded by Isaac. Motion passed.

APPROVAL OF PREVIOUS MINUTES

Motion to approve the Sept 2025 minutes. No errors or omissions brought forward. Motion to approve made by Shawn, seconded by Chris. Motion passed.

COMMITTEE REPORTS

CORRECTIONS

September has been a busy month for me but also very rewarded just by getting back into service work after about a 10-year hiatus. I 'am looking forward to getting this committee up and running for what I believe is one of the most important committees because if we can reach just one person on the inside to break the revolving door habit then the committee will be a success.

After gaining access to the Corrections email from the chair and sorting through that I was able to find an old contact list of volunteers and sent a mass email asking them all who was still interested and who was not. Approximately 5 asked to be removed from the list and so far, I have 6 confirmed males and 4 confirmed females. I've asked them to be patience with me as I am waiting to get the required 10 of each before proceeding with applications and criminal history checks.

My plan is to be able to submit all 20 packages at once instead of in bribs and drabs to our contact at the Burnside Correctional facility and await their approval.

It was recommended to me that while I wait on this process that I could possibly look at going into some of the halfway houses in HRM to put AA meetings on. Exact same principle as Burnside. I called and spoke with 4 different houses, and all seemed to be interested in idea but would need approval from their higher chain of command which happens to be the Director of Community Services at Shelter Nova Scotia. I have called the Director on 4 occasions and left a voicemail each time explaining who I was and what I was proposing but have yet to receive a call back from her.

As the end of the budget year approaches I will be submitting a literature order of various books and pamphlets that will be required for both Burnside, the men and women side and the halfway houses if we get approval.

Lastly, I would like all those present here tonight to keep bringing up at their home group meetings during the announcements from the floor that Corrections is still in need of volunteers.

Thank you,
Yours in service,
Dave T, Corrections Chair.

ENTERTAINMENT

Good evening, apologies for not being present but currently under the weather.
The Country Dance in September was attended by 38 members. The expenses are as follows:

Hall rental - \$300.00 (Acadia Hall, Sackville)

D J - \$100.00

Décor - \$105.00

Pop/snacks-\$137.48

Total expenses: \$642.48

Revenue: 38 x \$5.00 = \$190.00 Pop sales \$42.00

Total revenue: \$232.00

Expenses \$642.48 minus revenue \$232.00

Is \$410.48 (use of Entertainment budget)

After submitting a proposal for a Halloween themed get together with a local group in their meeting space it was voted down in their Business Meeting.

I wasn't going to hold a Halloween Dance this year due to budget constraints but have decided to go ahead.

The Halloween Dance will be held Saturday October 25th at St. Georges Round Church at

2222 Brunswick St in Halifax. Cost is \$5.00 at the door, no one will be turned away.

Thank you all for your service,

Natalie C

Entertainment Chair

HELP EMAIL

September yielded nine inquiries with none being out of the ordinary type of questions asked. One is for a book donation (various A.A. Books and Grapevines) and where could she drop them off? This is still ongoing as we keep missing each other via email to set a time and place. Since she lives in Timberly could I give her the address to Marguerite Centre? She works in Bayer's Lake which should be an easy fix getting them to me but 17 emails later I am still waiting. She will not give me her phone number. I would hate to lose the chance for free books and magazines because of logistics. Suggestions anyone?

Thank you for allowing me to do service.

In service,
Sharon N
HELP Email Coordinator

HOSPITAL AND VISITATIONS

VACANT

LITERATURE

September was another busy month at the bookstore. We took in \$1729.50 in book sales. There is \$523.40 in cash and cheques that need to be deposited in the bank account, which I will hope to get done in the coming week.

We do need to write a cheque to Club 24 for rent. I have asked Steve M. about this but have not heard back about specifics. Hoping to get that sorted in the coming weeks

Yours in Service – Melissa E.

See Appendix 1 – Literature Report

NEWSLETTER

Nothing to report – all going well.

MIDWINTER ROUNDUP

For the Midwinter Roundup, we have signed and will be submitting the

deposit to the Delta. I can say that the dates are confirmed for February 27, February 28, and March 1. I can also say that it will be held at the same location as the last two years, the Delta Marriott on Brownlow Ave in Burnside. I can also say that the registration is still 30 dollars and the banquet is still 60 dollars. The theme is Principles Before Personalities: A Spiritual Path To Freedom. There will be the usual participation from Al-Anon and we are working on getting some participation from A.C.A. (Adult Children of Alcoholics). That is still in the early stages at this time. The flyer and registration link will be coming out soon.

The committee still does not have an official secretary. I have another hat for that.

That's all for now.

Bernie S

Chair

Midwinter Roundup

PUBLIC INFORMATION

Good evening folks,

I held the first monthly subcommittee meeting at 45 Connolly Rd, Lower Sackville on September 13 th @10 am. I advertised in the newsletter. There were only two of us in attendance, but we spent 2 hours prepping packages (approx.95) for doctors' offices and clinics. More will be needed, and I would like to obtain and print a reader friendly meeting list than what I initially used in these packages. My attendee is a diamond in the ruff! He works in marketing and comes from a medical family that will be a great resource on both fronts. I have mentioned the subcommittee particulars in meetings and kindly ask you to do the same. Even an hour to spare once a month. I'm going to work on asking sponsors to consider getting their sponsee's feet wet in service work. I can always give people a drive from Halifax if need be. I did have a few people lined up and still working on that as well. Due to the thanksgiving weekend, I have moved the October meeting to the week after (18 th) and it also is in the October newsletter. The following month I will return to the second Saturday of the month at 10 am going

forward.

I have attended the Service Fair and set up a table. Although the showing was poor, not all was lost as I had great conversations with resources (AA members💎💎) in attendance. I have some potential subcommittee members! Plus, I gathered important information from Literature and others for “how tos” and “where can I find” processes. I have ordered pamphlets and books from Literature, took me awhile but got it done! I ordered kits and workbooks from the A.A.W.S. I have tried to order a banner but the poster I had in an email didn't fit the stand-alone banner size I want to use for speaking engagements at schools and elsewhere we may have speaking engagements. So that is being reconfigured, and I'll have it back soon to then order the banner in the next couple of weeks. I'm excited about that💎💎

My next goal is to discuss steps with subcommittee members and where they would like to help, ie; their niche per se. I'm a spread sheet kinda person, so I want to set up numbers of pamphlets I have on hand by name to keep track of when to order more. I bought several clear totes for carrying the pamphlets in and want to separate them by areas of concern, ie schools, shelters, doctors' offices and clinics and seniors' complexes/homes. I have lots to read and review!

Yours in service,
Andie

TELEPHONES

Comment: Mary W – when someone with the day/evening phone calls someone on the 12th step list, a phone# different from the AA phone# displays. Many won't answer as they don't know the caller. Also more people are required for the 12th step list as I am 1 or only 3 women for Halifax and that is not enough.

TREATMENT

The Welcome group are now on the Detox meeting rotation.
That's it for now.

WEBMASTER

This month saw me spending time exploring options for managing the meeting list, including some changes to the printable meeting list that we will discuss later, as well as adding a page to the website for online meetings, for the convenience of clicking to join them.

We've also had the usual webmaster activity:

- Added posts and fliers for upcoming events
- Added minutes from service meetings
- Updated contact information

This month saw an in traffic of roughly 7% from August, capping off a busier-than-usual summer for the website. As always, thanks to all for their valuable time and contributions to the website this month!

Looking forward, I would like to ask for votes on two financial matters related to the website:

- Vote on reimbursement for \$150 for registration of AA technology conference in November
- Vote on increasing yearly webmaster budget to \$500

Yours in Service,
Alec

INSURANCE

This month, I continued to reach out to the 63 groups on our NS AA Insurance policy. I have gotten confirmation back from all but 8 of those groups. Those can be followed up closer to the renewal date. The Google Contacts list has been updated with new contacts and other edits. I emailed Teresa Hatcher at MacLeod Lorway with revisions to our list of groups for the 2026

policy:

- Remove "Hope Group" because this is a duplicate entry for "The Hope Group" (same location, just incorrect name).
- Remove St. Margaret's Bay group because it closed.
- Remove the Rainbow of Recovery group that was at Grace United in Dartmouth as it has closed. The Barnstead location remains on the policy.
- Update the group formerly called "Step 11 Meditation" to be "Conscious Contact"

To simplify budgeting of Insurance and tracking payments, Teresa has confirmed that while the renewal for the 2026 policy will come out before the end of this year, we can pay for it in Jan. We have 30 days to pay. This will make it simpler to track the financials for Insurance as all of it will be a part of the 2026 financials.

I also emailed Teresa to get a COI (confirmation of insurance) for the upcoming AAs Got Talent show. It has been forwarded to Emily.

Yours in Service,

Heather

Temporary insurance chair

CPC

VACANT

DCM1 REPORT

No Report

DCM2 REPORT

As for the district 2 report, not much to talk about. We have a workshop scheduled for Thanksgiving Day on Tradition 5. That will be at Club 24 at 2 pm on October 12. Our Alternate DCM will be attending the Fall assembly in St. John's. She can't get there Friday night for the Officers meeting, so I will zoom in for that. District 2 still requires a Treasurer, but the signing officers have been updated and I am filling in as treasurer for now. I'm used to wearing more than one hat.

That's pretty much it for that.
Bernie S
District 2 DCM

OFFICER'S REPORTS

CHAIR

Welcome to all CS members from District 1 and 2 . Here is a detail summary of my activities for the month of September.

- Had a meeting with executive earlier in the month to go over some financials and discuss other agenda topics
- Later in September, I had to assist the telephone committee in fixing one of our phones. After taking it to a repair shop, it was determined that the Sim Card needed to be replaced and the phone settings had to be returned back to Factory defaults.
- Spoke to Dave the corrections Chair about letter for the Criminal record check and also contacts for the Half ways houses. A letter has been drafted and sent to Dave, so that anyone who needs a record check can take this letter to the RCMP and get a discount.
- I have been working with the Correctional Chair from Cape Breton who was looking for advice and direction on the contacts here in our District.
- Received a bunch of Old pamphlets from a member and will be distributed them out to the Shelters and other Facilities.

CO-CHAIR

We had our Service Fair on Sunday Sept 13 from 1-4pm. I want to thank all of the subcommittee chairs for coming and putting on beautiful and informative displays. We had 8 additional AA members come to visit us. Thank you to the DCMs at Districts 1 and 2 for being there. We had a few CSRs also join, so thank you to them. To my knowledge, there

was only 1 person there that was not already in service.

Despite the low attendance, it was an excellent time being around one another and talking about service and such. Trinity Church never charged us any rent for the 3 hours we were there, so I have asked the Treasurer to prepare a cheque for \$75 that I will deliver as a donation.

Our next opportunity to showcase Central Service work will be at the Mid-Winter Roundup. I will be working with Bernie, chair of MWRU, to see how we can best be involved.

I picked up all CPC materials from Kathy S. There is a lot of stuff in bags, totes and a suitcase.

I have purchased a new tote (\$14.79) under the CPC budget to try and organize the material. I have submitted the receipt to the Treasurer. I'll store the CPC materials at my place until a CPC chair is elected. I'm told by Kathy S that she has found even more materials to be added to this collection so I'll organize to pick those up from her.

I have purchased an ink cartridge (\$45.59) for my printer to offset the printing I have done this year:

- I printed many pages for the Treatment binders at the 4 facilities
- I printed part of the Insurance policy and Google contact list to work on confirming/updating group contacts
- I print the monthly agendas so I can take notes each month and file these so I remember to add Old/New Business during the meeting and for next month's agenda.

Finally, I also met with the executive to work on the agenda for tonight.

Yours in service,

Heather L

Co-chair

SECRETARY

Nothing to report, except that we need a secretary for last few months of this year.

TREASURER

See Appendix 2 – Treasurer's Report

APPROVAL OF REPORTS

Motion to approve by Alec. Seconded by Dave. Motion passed.

OLD BUSINESS

Vacant Positions

- CPC chair – no nominations
- Corrections co-chair
 - Dave T nominated Isaac W. No further nominations. Isaac qualified. Votes: 17 yes 0 no 0 abstain
 - Isaac W now corrections co-chair
- Hospital Visitation chair – no nominations
- Insurance chair
 - Paul B (chair) nominated Paul B. No further nominations. Paul qualified. Votes: 18 yes, 0 no, 0 abstain
 - Paul B now Insurance chair.
- Treatment co-chair – no nominations
- Secretary (for remainder of year) – no nominations
- CS executive positions (2026-2027)
 - Co-chair - no nominations
 - Treasurer - no nominations
 - Secretary - no nominations

PLEASE GO BACK TO YOUR GROUPS TO LET MEMBERS KNOW WE ARE SEEKING INDIVIDUALS TO FILL POSITIONS

Ad Hoc Committee – CS Group Inventory (Nathaniel)

Our survey launched via Survey Monkey on Sept. 24. We sent a link to the online survey to the Secretary of Central Service who then shared that link via email with all central service reps to bring back to their groups.

We've had a link posted on AA Halifax website and had a notice posted in the Bluenose Bulletin inviting people to partake in this survey. There have been approximately 16 respondents so far. We split up the data and each member of our committee reviewed 1/3 of the responses

individually. Then our committee met to go over the responses to our questions as a group to ensure nothing is missed. We now have a clear idea of what information we will present to Central Service at the Inventory Meeting.

A decision was made to keep the survey going until Nov 24. because we couldn't run the survey until Oct. 31 without paying for a full month subscription. This extension will keep us within our \$500 budget.

If you have any questions please feel free to contact me.

Yours in Service
Nathaniel

Comment: Paul B: All CSRs and subcommittee chairs and co-chairs ought to respond to the survey. Also announce this at your groups as we welcome feedback from the whole fellowship.

NEW BUSINESS

- Add the shelter meeting under Treatment (Paul B)
 - This meeting started about a year ago and Mary arranges for people to go into the shelter at the Halifax Forum to put on a meeting every Tuesday
 - This meeting requires some budget for literature.
 - The Treatment chair is amenable to having the shelter meeting added under Treatment so budget is available to support the shelter meeting
 - Paul B moved that the shelter meeting become part of Treatment. Seconded by Alec. Votes: 19 yes, 0 no, 0 abstain. Motion passed.
- AA Tech Conference support for Webmaster (Alec)
 - Alec is willing to attend this AA conference via Zoom
 - The cost is \$100 USD

- Alec moved that he purchase registration up to \$150 CAD. Seconded by Isaac. Votes: 16 yes, 1 no, 0 abstain. Minority voice (Louie): commented that it was no necessary. No one wanted to change their vote. Motion passed.
- Printable meeting list update (Alec)
 - Alec reports that he has a bi-fold version of the printable meeting list ready to go up on the web site.
 - It has a “cover page” showing the details missing from 1st version.
 - He requests that we all review and send him comments.
- Allocation of funds (Heather – handed over Chair duties to Paul B)
 - It is time to move excess funds onwards in the service structure. For Central Service, that is Area and GSO.
 - We can send money now and in Dec/Jan we can send more to reduce the Operating account to be the approved budget amount of carry forward.
 - Questions:
 - Dave T ask if any subcommittee budget line for this year would be affected. Heather assured him that none would be affected.
 - Heather moved that \$2000 be sent to Area82 and \$3000 be sent to GSO. Seconded by Alec. Votes: 19 year, 0 no, 0 abstain. Motion passed.

ANNOUNCEMENTS

- No announcements

Next Central Service meeting will take place November 4, at 7 pm on Zoom

Meeting ended with Serenity Prayer

Motion to adjourn by Alec, seconded by Reign.

Appendix 1 - Literature Report

| Literature Committee Report | | |
|-----------------------------|--------------------|------------|
| Revenue | | |
| | Amount | Notes |
| Cash | \$ 463.90 | Book Sales |
| Square (Debit or Credit) | \$ 1,071.60 | Book Sales |
| Cheque | \$ 59.50 | Book Sales |
| E-Transfer | \$ 134.50 | Book Sales |
| Total | \$ 1,729.50 | |

| Expenses | | |
|--------------------|-----------------|------|
| | Amount | Note |
| Bank/Square Charge | \$ 10.81 | |
| Club 24 (Rent) | n/a | |
| Inventory Cost | n/a | |
| Total | \$ 10.81 | |

| | Main Literature | Support Literature | Additional Titles | Pamphlets | Additional Materials | Total Units |
|----------------------------|-----------------|--------------------|-------------------|-----------|----------------------|-------------|
| Inventory Sold | 90 | 11 | 4 | 226 | 20 | 351 |
| Current Inventory | 313 | 91 | 95 | 4107 | 2474 | 7080 |
| Retail Sales of Units Sold | \$ 1,472.00 | \$ 90.00 | \$ 60.00 | \$ 104.50 | \$ 3.00 | \$ 1,729.50 |

| | |
|----------------------|-------------|
| Opening Bank Balance | \$ 3,954.91 |
| Closing Bank Balance | \$ 5,673.60 |
| Actual Bank Balance | \$ 5,150.20 |

To deposit a \$523.40 in Cash & Cheque

Appendix 2 – Treasurer’s Report

Month-to-month Actuals Breakdown Report attached to this report.

| | | | |
|-----------------------------|----------------------|------------------------|---------------------|
| September 1 2025 | | | |
| | | | |
| Opening Bank Balance | | | \$13,333.51 |
| | | | |
| Credits | | Lions Den | \$ 423.56 |
| | | Rainbow Recovery | \$ 78.53 |
| | | Sunrise | \$ 200.00 |
| | | Colby Village | \$ 225.00 |
| | | Any Lengths BBS | \$ 265.00 |
| | | Freedom | \$ 600.00 |
| | Total Credits | | \$ 1,792.09 |
| | | | |
| | Total | | \$ 15,125.60 |
| | | | |
| Debits | | | |
| | | Canada Post PO Box | \$ 238.26 |
| | | CPC Expenses | \$ 14.79 |
| | | Literature for Shelter | \$ 79.50 |
| | | Virgin Mobile | \$ 133.55 |
| | | Bank Fees | \$ 3.00 |

| | | | |
|--------------------------|---|--|---------------------|
| | Total Debits | | \$ 469.10 |
| | Bank Total | | \$ 14,656.50 |
| | | | |
| Outstanding | | | |
| | | | |
| | Total Outstanding | | \$ - |
| | | | |
| | Operating Balance September 30, 2025 | | \$ 14,656.50 |
| | | | |
| Prudent Reserve | Interest of \$0.51 | | \$ 3,096.56 |
| Insurance Reserve | Interest of \$0.66 | | \$ 4,004.79 |
| | | | |
| | Total | | \$ 7,101.35 |
| | | | |
| | | | |
| Total assists | | | \$21,757.85 |



My Accounts

Chequing

| | | | | |
|---|---|---------------------------------------|---|---|
|  | Operating Account 72171106 | Current balance \$14,656.50 | Available balance \$14,656.50 |   |
|  | Literature Committee 72171116 | Current balance \$5,150.20 | Available balance \$5,150.20 |   |

Savings

| | | | | |
|---|--------------------------------------|--------------------------------------|--|---|
|  | Insurance Reserve 72171206 | Current balance \$4,004.79 | Available balance \$4,004.79 |   |
|  | Prudent Reserve 72171207 | Current balance \$3,096.56 | Available balance \$3,096.56 |   |