

District 1, Area 82
General Service Committee
Zoom Video Conference Meeting
January 27, 2021

1. **Welcome and Call to Order** by Alt DCM. Paul B at 7:00 pm. It was agreed by all that the video conferencing meeting would be recorded using the Zoom platform software.
2. **A Moment of Silence was observed, followed by the Serenity Prayer.**
3. **The Twelve Traditions** were read by Gary K.
4. **The Twelve Concepts** were read by Christine M.

5. **Roll Call / GSR Reports**

	Name	Group	Position
•	Garnet E.	Fresh Start Group	GSR.
•	Barry L.	Back to Basics Group	GSR.
•	Gary K.	Living in the Solution	Alt GSR.
•	Christine M.	Serenity Sisters	GSR.
•	Natalie S.	Four Seasons	GSR.
•	Jamie Q.	Four Seasons	Co-Chair of Central Service
•	Rick H.	Highland Park Group.	Treasurer District 1
•	Sharon N	Highland Park Group	Secretary of District 1.
•	Jessica M.	Second Chance Group	Alternate DCM of District 1.
•	Samaria	Second Chance	Visitor
•	Paul B.	Welcome Group	DCM for District 1.

6. **Call for New Business Agenda Items.** New business items were introduced:

1. How can we as a District help your groups?
2. Sending money to GSO.

7. **Motion to Approve the Agenda. Natalie moved,** seconded by Garnet that the agenda be approved. **Motion carried** unanimously.

8. **Minutes of the December 16, 2020 Minutes. Any Errors or omissions?** It was moved by Barry to accept the Minutes as delivered and seconded by Christine. All in favor. Motion carried.

9. **Officer's Reports**

A. **Treasurer's Report**

Opening Balance: \$4416.83; Working Balance Operating Account \$4393.83;
Prudent Reserve \$2129.30; Interest \$0.09; Equity Share Balance \$5.00;
Total Assets \$6528.22

Rick H., Treasurer District 1

See Attachments for all Financial Reports.

B. **Secretary's Report:**

Happy New Year District 1.

District activities for me in January involved updating an old GSR, District 1, Area 82 contact list. Thankfully it is as complete as I can get it and it has been emailed to Trudy, our wonderful General Service Delegate and who is assisting the Area Secretary, Monique, who will ensure the list gets to GSO to register us all and you can get your GSR Kits. Massive job.

Secondly, I was asked to inform the District that in person groups could increase in size from 10-25 folks with all COVID 19 protocols to be in place.

Thirdly, I was asked to send the flyer for the virtual Women's International Conference in Charlotte, NC, Feb 18-21. They are registering now so if you are Interested try and register before the 16th and you will receive a Program by Email.

Lastly, I hope to see you all at our own Round-Up on the 12th. It has always been a great experience for me. Until then, be safe out there. Be well.
In gratitude and service, Sharon N., Secretary District 1.

C. **Alternate DCM:**

January 27/2021

Good Evening Everyone,

My name is Jessica and I am an alcoholic, and your Alternate DCM. I would like to first say thank you for this opportunity to serve the District 1 for the next 2 years. Part of my role is to be the Chair of the Workshop Committee and to be the Grapevine representative for District 1. Workshop Committee

I am looking for suggestions and ideas for the upcoming Service Workshops for 2021. If you would like to be part of the District 1 Workshop Committee, please find my contact info at the bottom of my report. I look forward to hearing others ideas and sharing some of my ideas at February's District meeting.

January Grapevine

This issue features a story from a long-timer who got sober in 1957. At 88, with 63 years of sobriety, she has seen many changes in the program, but her desire to stay sober remained the same. Now she finds herself on AA Zoom meetings from all around the world from the comfort of her home. This is just one of the many great stories in January's Grapevine. Currently the Canadian Grapevine 1 year Print Subscription is \$44.65 CAD.

The Grapevine currently has a 2021 Carry the Message Project. Give a gift subscription to an alcoholic who needs it, or to someone for an event such as: sponsees, newcomers, prisons, detoxes, doctors' offices, group celebrations, district and area events, and giveaways.

For more info visit aagrapevine.org/carry-the-m.

Here is a link to a video in both French and English on the 2021 Carrying the Message Project <https://www.youtube.com/watch?v=V55DUDvlsCQ&list=PL32cyZpp2liD4te4ctFKcG2Ddmq9xUuUb&index=2essage>.

- ePub

I am a audio lover so I have just discovered the Grapevine ePub. It is a digital form of the AA Grapevine and replaces the old Grapevine app. The ePub subscription is \$2.54 CAD per month or \$25.50 CAD per year. What we get: once you subscribe you can access, download and archive AA Grapevine ePub Magazines all from your tablet or smart phone. You have 24/7 access to the ePub, along with: a downloadable audio file of each issue so you can listen to every story each month, a downloadable PDF of each issue for offline reading, and access to archives of all 2020 issues.

I will leave you all with this. When I first came to AA I had zero intention of letting my name stand for any position. Now with 4 years of sobriety I am eager to give back to the program that gave me my life back. I have little knowledge of this position but with our literature and the guidance of my service sponsor, I look forward to learning and growing with you in service. I hope together we can trudge this road of happy destiny.

Yours in Service, Jessica Meisner Alt DCM District 1, 902-300-4873, altdcm1.aahalifax@gmail.com

D. DCM's Report

January 27, 2021

Dear GSR's OF District 1. At this time I would like to welcome you all to our monthly meeting. We as an executive want to let you all know that in the AA fellowship, we are all in this together to learn and grow. This month I attended the Central Service monthly meeting, CS has several positions open and need support to fill these positions. There are a lot of groups that are slowly opening as Face to Face. Please make sure you send your information to the Webmaster to get it posted on the AA web site. Can all groups present make sure you touch base with Sharon to have your contact information is Correct?

There will be a copy of the GSO financial report. The Report comes in three different ways, by PDF, hard cover or booklet. I have been asked to see which way you would like to receive this report. If you email me your preference that would be fantastic. The Area Delegate is asking me to submit a report to her of your preference by Friday.

I have also been asked to make it known that we as GSRs and executive want to make sure your groups are well represented and if you need help please let us know. I have attended several AA meetings in district 1 on Zoom. Part of my job and responsibility as DCM is to attend business meetings in District 1 and see if the groups need help or to answer questions. I have already

attended two business meetings and they were well attended. I look forward to attending Business meetings with each group in District 1

I would like to thank Jessica, Sharon, and Rick for filling these important positions on the District 1 Executive and looking forward to working with all of the GSRs as well

Yours in Service, Paul B, DCM District 1

Questions:

❖ Gary - If we need to contact executive members other than Sharon how do we do that? **Answer:** That information is on the aahalifax.org website.

❖ Jamie – I think it’s great you are visiting business meetings but how do we make that happen? Do you request to the groups or do the groups come to you? **Answer:** Either or. If the groups want me present at their meeting just send me an email. I’m open to whatever time the meeting is.

❖ Samaria – Since groups are opening up in-person meetings and can increase to 25 people how do we address health protocols made by the Province and also, if the groups are having problems or aren’t following the guidelines of the province? **Answer:** Paul – we have to go by the public health protocols of the entity where we meet is my experience and right now our facility is not letting us in there as yet. Each group is autonomous. Concerns should be brought to District. Jamie – That said, Samaria, on the email that came out on Sunday increasing groups to 25 there is a website to go to that NS Health Authority has where questions, complaints, concerns etc can be addressed. They got back to me within 36 hours.

10. Other Reports

Jamie Q: Central Service Committee Co-Chair and contact for District 1 while the Chair will be the contact for District 2 General Service Meetings. I apologize for missing the last Meeting; I didn’t realize it was switching over.

• **Central Service Chair Report**

Jan 27, 2020
Districts 1 and 2
Area 82

Ladies and Gentlemen,
Central Service’s December meeting had 27 people attend.
The NS Health Authority Covid Protocols has released new controls regarding groups to include addiction support groups to meet up to 25 vice 10, with social distancing. This came into affect 25th January 2021.

The Webmaster will always update groups wishes of face-to-face, Zoom, or both if it is legal in the eyes of the NS Health Authority regarding Covid protocols.

Groups wishing to advertise on the AAHalifax.org website their face-to-face opening intent, should include Name of Group, Address of Group, Date(s) and times meetings begin. If Zoom is the groups wishes, then that should be the Name of the Group, the Zoom Identification #, the Zoom Password (if any), and all telephone #'s to ensure people who have not the internet are able to engage with the groups zoom room. Webmaster's email for those changes is webmaster.aahalifax@gmail.com

Co-Chair has been busy this past month with Insurance premium collections. With the updated Covid protocol, and the possibility of increased brick and mortar face-to-face meetings in the future, it should be a priority to ensure the \$47.03 / year premium is paid to the Co-Chair of Central Service.

We currently are seeking a highly motivated service orientated individual who would like to take over Co-Chair Duties immediately. This position would be for until January 2022, at which time if elected, would take over the Central Service Chair Duties.

PI has a new Chair for rotation in January.

Phones has a new Chair for rotation in January.

Phones has a new co-chair for rotation in January.

Hospital Visitation has a new Chair for rotation in January.

Help Email has a new co-chair for rotation in January.

All other sub-committee positions require service volunteers.

We look forward to meeting future service volunteers at this coming February's Central Service Meeting to fill the remaining positions of CPC, Entertainment, Corrections, and Webmaster.

Yours in service, Michael H.

- (The reason the Chair position will be stepping down is because when I (Jamie Q) put in for it I thought I was going to be here next year to take on the Chair position but because of COVID I will be out of the country next year for six months instead of this year and I can't take a position I will be missing six month of.)

Area 82 Representative

- a. **No Report.**

11. Unfinished Business:

No unfinished business from last meeting.

12. New Business Items

(A) How can we as a District help your groups? Discussion followed:

- ❖ Jamie – Four Seasons has a hybrid meeting and if groups are interested in starting one just get in touch with me and I can contact the two guys who put it together for us.
- ❖ Sharon – I think our biggest problem is getting folks to meetings and filling service positions. One month a great showing and another not so.

- ❖ Samaria – Positivity is very important in attracting people to meetings. Negative comments do not inspire. Also lessons learned in patience and tolerance are hard lessons. Tradition Two tells us that “who is supposed to be there is there” and remember not to complain about a person’s absence but acknowledge who is there. This helps me grow as a person and I can learn from the folks who are there. Be the ‘ray of sunshine’ for others so our enthusiasm will inspire others to join us.

- ❖ Christine – I loved the positivity of the Work Shop and the comments here. It is coming up on a year now that I have been in this role figuring out what I am supposed to do in this role but there is a degree of enthusiasm and interest in this meeting which won’t be too hard to translate to others. I appreciate the service work the Executive is doing and the videos will be easy to share with the groups. In terms of what can be done-Serenity Sisters has added another meeting now three/week versus one / week pre-COVID and a number of women have found sobriety on a virtual platform. That is incredible. The message can be carried on a virtual platform. Carrying the message, having positivity and building enthusiasm helps to create a passion for service.

- ❖ Paul – I’ve been sober for 32 years and this workshop was the biggest I’ve seen in District 1. What I take away from this is to say to folks, “we just had a work shop and thirty-seven people came”. Hopefully it will make people think that they should have been there as well. We are on the right path but we have to continue that path.

- ❖ Jamie - this is for Jessica, about four years ago one of the Districts had a work shop on Traditions and using them in your life. We broke up into groups each with a scenario and tradition and we had to show how the tradition broke out of that. Something to think about.

(B) Sending money to GSO:

I’m sure you all have heard that GSO is desperate for money and I have even heard they have had dug into their prudent reserve to keep them going. Someone mentioned earlier that if your groups have any extra money send it up the line to GSO. In our bank account we have roughly \$4300. We as an Executive have met and one of the things we are proposing is sending \$2000 roughly. (More discussion next month with the budget but for you to discuss with your groups before we vote at District). Your thoughts/comments from the floor please.

- ❖ Samaria – Without having an Actual Budget it is hard to decide. The number seems low when you think we will be on Zoom for year so it might be prudent to send out a report before the February vote;

- ❖ Garnet – Our group is contributing to GSO. We started a “penny a day for sobriety” or it can be a dollar or whatever you can give daily and we put this in with the group contribution and send it off to NY to try and help them out.

❖ Christine – I'd like to lend support certainly the timing is right for us (we will have our business meeting and get our group conscious on this) but holding onto money while GSO is struggling doesn't make sense so would certainly support whatever the number is depending on your forecasting for next year. I agree expenses will continue to be very minimal.

❖ Jamie – Our group has been meeting up at our Hall parking lot once a month and people can bring their envelopes of money they have put aside for the group. It has been very productive. During COVID we've been able to send about \$1000 to GSO. Food for thought for groups collecting money if they are collecting money. A good way to get it.

❖ Gary – I'd definitely be in favor of sending some money to GSO. Where do we stand as groups with the insurance for the room? Paul – That question is for Jamie in Central Service. We as a district does not need insurance because we are on zoom for the next six months to a year.

13. **Any announcements from the floor?**

- Garnet - Alex P is celebrating two years tonight at the Fresh Start face to face meeting.
- Jamie – Our friend, Natalie, Four Seasons new GSR is celebrating five years tomorrow night.
- Jessica – Samaria is celebrating sixteen years on Feb. 20th at the Second Chance Group.

14. **The next District 1 General Service Committee meeting will be held by online Zoom conferencing on Wednesday evening February 24th at 6:00 p.m.**

15. **The next District 1 Workshop will be held by online Zoom video conferencing in March. The workshop topic TBA**

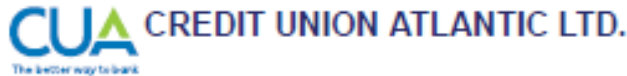
16. In closing I would just like to thank everyone very much for being here. I really enjoyed the night with the upbeat positivity here and we need that in Alcoholics Anonymous.

17. **Adjournment – Gary moved that the meeting be adjourned, seconded by Garnet.**

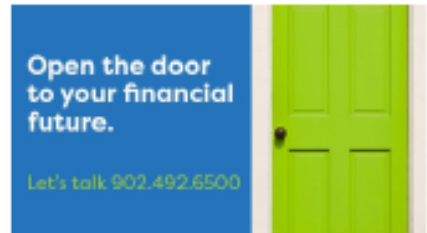
18. **Meeting closed with the Responsibility Pledge.**

District One Area 82
Month to Month Financial Statement
Twelve Month ending December 31 2020

<u>Opening Bank Balance</u>	<u>4,416.83</u>
Deposits	
Total	<u>Nil</u>
Withdrawal	
Zoom 31 Dec	<u>23.00</u>
Total	<u>23.00</u>
<u>Closing Bank Balance</u>	<u>4,393.83</u>
<u>Pending Deposits</u>	Nil
<u>Outstanding withdrawal</u>	Nil
<u>Working balance in operating account</u>	<u>4,393.83</u>
<u>Prudent Reserve Account Balance</u>	<u>2,129.30</u>
<u>Deposits</u>	
Interest 31 Dec 2020	<u>0.09</u>
<u>Withdrawals</u>	Nil
<u>Prudent Reserve Account Balance</u>	<u>2,129.39</u>
<u>Equity Share Balance</u>	<u>5.00</u>
<u>Total Assets</u>	<u>6528.22</u>



GENERAL SERVICE REP. COMMITTEE DISTRICT 1
 1102 -36 ABBEY RD
 HALIFAX NS B3P 2N6



Contact us

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 1-1565 SOUTH PARK ST
 HALIFAX, NS
 B3J 2L2

P 902-492-6500

As part of the annual audit process, please review this statement and direct any errors or omissions related to your balance to our auditors MNP LLP at 902.493.5458.

MY EQUITY SHARES #74938-08-6 Joint: RICK HICKS

Date	Transaction Type	Item	Debit	Credit	Balance
Dec 01 20		Opening Balance			5.00
Dec 31 20		Closing Balance			5.00

MY COMMUNITY CHQ 1 #74938-10-6 Joint: RICK HICKS

Date	Transaction Type	Item	Debit	Credit	Balance
Dec 01 20		Opening Balance			4,416.83
Dec 31 20	Mbr Direct Bill Pmt	CAPITAL ONE MASTERCARD CONF#124920	23.00-		4,393.83
Dec 31 20		Closing Balance			4,393.83
		Total	23.00-	0.00	

MY SAVINGS #74938-24-6 Joint: RICK HICKS

Date	Transaction Type	Item	Debit	Credit	Balance
Dec 01 20		Opening Balance			2,129.30
Dec 31 20	Interest			0.09	2,129.39
Dec 31 20		Closing Balance			2,129.39

Transaction Totals

Deposits	0
Withdrawals	1
Cheques	0
Direct Deposit	0
Direct Payment	0
MasterCard	0
Acculink	0
InteracPlus	0
TeleService	0
Loan	0
Interest	0.09

Lost or stolen debit cards call 1-888-277-1043.
 Lost or Stolen Collabria Financial Credit Cards call 1-855- 341-4643, outside Canada/Continental U.S call 647-252- 9564 (collect).

Please examine your statement and notify your Credit Union within 30 days of any errors or omissions.



	2020															2020	2020
	Proposed															Jan1 to Dec31	Jan1 to Dec31
Revenue	Budget	January	February	March	April	May	June	July	August	September	October	November	December		Actual	Variance F(U)*	
Group Contributions	\$4,572.00	\$660.00		\$480.00		\$ 57.50	\$120.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,317.50	-\$ 3,254.50	
Seventh Tradition	\$ 250.00	\$ 18.30	\$ 18.80	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 37.10	-\$ 212.90	
Totals	\$4,822.00	\$678.30	\$ 18.80	\$480.00	\$ -	\$ 57.50	\$120.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		-\$ 346.74		
Zoom											\$ 46.00	\$ 23.00	\$ 23.00	\$ 92.00	-\$ 92.00		
Rent	\$ 965.00	\$247.03			-\$ 91.01									\$ 156.02	\$ 808.98		
Workshops	\$ 100.00					\$ 13.00								\$ 13.00	\$ 87.00		
CERAASA or Regional Forum - DCM	\$1,000.00					\$394.28								\$ 394.28	\$ 605.72		
Assembly - DCM	\$1,000.00					\$397.04		-\$ 397.04						\$ -	\$ 1,000.00		
Assembly - ADSM	\$1,000.00													\$ -	\$ 1,000.00		
Nova Scotia Service Weekend - DCM	\$ 200.00													\$ 200.00	\$ -		
Nova Scotia Service Weekend - ADCM	\$ 200.00													\$ -	\$ 200.00		
Expenses - DCM	\$ 200.00	\$118.07				\$ 40.00	\$ 20.00							\$ 178.07	\$ 21.93		
Expenses - ADCM	\$ 100.00													\$ -	\$ 100.00		
Expenses - Secretary	\$ 150.00					\$ 10.35								\$ 10.35	\$ 139.65		
Expenses - Treasurer	\$ 100.00										\$ 53.08			\$ 53.08	\$ 46.92		
Insurance	\$ 45.00													\$ -	\$ 45.00		
2020 Nova Scotia Provincial Roundup	\$ 300.00	\$300.00												\$ 300.00	\$ -		
2020 Nova Scotia Provincial Roundup - Reimbursement	\$ 538.00				-\$412.00									-\$ 412.00	\$ 126.00		
Totals	\$4,822.00	\$665.10	\$ -	\$ -	-\$503.01	\$854.67	\$ 20.00	\$ 397.04	\$ -	\$ -	\$ 99.08	\$ 23.00	\$ 23.00		\$ 4,289.20		
Surplus (Deficit)	\$ -	\$ 13.20	\$ 18.80	\$480.00	\$503.01	-\$797.17	\$100.00	\$ 397.04	\$ -	\$ -	-\$ 99.08	-\$ 23.00	-\$ 23.00		\$ 4,289.20		

2020 District 1 Group Contributions

For period Jan 1 to Dec 31 2020

Group	Meeting		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
1		Acceptance Group													\$ -
2		Any Lengths Big Book Study Group													\$ -
	1	Armview Sunday Morning													\$ -
3		Atlantic Group													\$ -
4		Back to Basics Group													\$ -
5		Bedford Group													\$ -
6		Downtown Halifax Group													\$ -
7		Four Seasons Group			\$480.00										\$ 480.00
8		Freedom Group													\$ -
9		Fresh Start Group	\$200.00												\$ 200.00
10		Grateful Group													\$ -
11		Halifax Sunday Morning Group													\$ -
12		Halifax Young Peoples Group													\$ -
13		Highland Park Group													\$ -
14		Hubbards Group	\$150.00												\$ 150.00
	2	Hubbards Step Sisters Group													\$ -
15		Lions Den Group													\$ -
16		Live & Let Live Group													\$ -
17		Living in the Solution Group					\$ 57.50								\$ 57.50
18		Lost & Found Big Book Discussion Group													\$ -
19		New Hope Group	\$250.00												\$ 250.00
20		Only Requirement Group													\$ -
21		Primary Purpose Group													\$ -
	3	Recovery Support Meeting, Mt. Uniacke													\$ -
22		Second Chance Group													\$ -
23		Serenity Sisters Group	\$ 60.00												\$ 60.00
24		St. Margarets Bay Group													\$ -
	4	Step 11 Meditation Open Meeting													\$ -
25		Sunday Night Serenity Group													\$ -
26		Timberlea Group													\$ -
	5	The Last Stop Meeting													\$ -
27		Welcome Group													\$ -
28		West End Step Group													\$ -
Totals			\$660.00	\$ -	\$480.00	\$ -	\$57.50	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$1,317.50

28 Groups in District 1

5 Meetings in District 1

33 Groups & Meetings in District 1

217 Groups Area 82

16 Groups in District 2

44 Groups in Districts 1 & 2

37 Groups in District 15

