

## DISTRICT 2 MINUTES OF JAN 15 MEETING

Michael opened the meeting with a few moments of silence followed by the serenity prayer.

### APPROVAL OF AGENDA

Joanne approved. Joan second

### READING OF TWELVE TRADITIONS

Joan

## INTERPRETATION OF TRADITION 1

Michael

Tradition 1 ~ Our common welfare should come first: personal recovery depends upon AA unity.

The main principle in Tradition 1 is unity. Its the 12 steps way, the spiritual path for recovery for the individuals effort. The 12 traditions provide principles that keep the group healthy and grounded. This is best example of tradition 1. Each member of AA is but a small part of the greater whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first but the individual welfare follows close after. The underlying principle is simple. If the group is drawn into controversy or becomes dominated by individuals, the unity of the group will be jeopardized. This is especially true of members who feel sidelined or minimized. These individuals are most likely to drift away or leave the program altogether.

When people try to first recover from alcoholism they often are kept to do it alone. While some people are unsuccessful this approach means that people are less supported and more likely to feel isolated in their recovery. By building a connection with a group, people are better able to understand the individual cause by still trying to benefit from the cohesiveness of a unified group. They say in AA the groups are the most important parts of AA and that is why we sit here at District level and we come back to carry a message to the group because the individual vote is important. Its not only important for me to be sitting at a home group and be able to provide a voice for my group is vital. At a group level this is everything that comes from within AA

The home group is essential. It makes me accountable for myself and accountable to the group and the group is accountable to me.

VOLUNTEER FOR INTERPRETATION OF TRADITION 2

Joanne

## ROLLCALL

Joanne ~ GSR ~ Cole Harbour Group

Joan ~ GSR ~ Keep It Simple Group

Colleen ~ GSR ~ Fall River Group

Blair ~ Downtown Dartmouth Group. Treasurer District 2

Ryan ~ Alternate GSR ~ Downtown Dartmouth Group

Anne ~ GSR ~ Circle of Sisters. Secretary District 2.

## ADOPT PREVIOUS MINUTES WITH OR WITHOUT CORRECTIONS ~ NOVEMBER MINUTES

Blair made motion to adopt minutes. Joanne seconded.

## SECRETARY ~ ANNE

I got a new lap top so I will be able to type minutes on it and create files etc. Michael is going to help me learn to use laptop. We need to get secretary email.

Blair will get access to email from Beth.

## TREASURERS REPORT FOR 2022 ~ BLAIR

REVENUE ~ brought in \$1750 in contributions, \$59 7th tradition, \$2434 carry over from last year. Total Revenue = \$4243.

EXPENSES ~ Rent ~ \$480, DCM ~ \$486, Secretary ~ \$16, Group Insurance \$50, Outreach ~ Books bought for group we reached out to ~ \$60, Workshops ~ \$100, Miscellaneous ~ \$184 (Zoom). Total Expenses = \$1376.

NET INCOME ~ Total Revenue \$4243- \$1376 total expenses = Net Income of \$2867 to end the year. Prudent Reserve ~ \$1603. Total Cash = \$4470.

We have to write a cheque for rent ~ \$240 for six months.

Me, Michael and Anne will have to go to bank and get our titles changed and add Anne as secretary.

Michael ~ Anne I will show you how to do up a letter to add on for signing authority.

## ALT. DCM AND WORKSHOP REPORT ~ MICHAEL

Gilles G. is Treatment Chair and he is coming to Club 24 on Feb 12 Sun at 2 pm for workshop on Treatment. This includes Detox, Marguerite Centre and East Coast Forensic Centre. Bring this back to your groups next business meeting.

## DCM REPORT ~ MICHAEL

Next Area meeting is Jan 28th.

It is an honour to be sitting here as DCM. I have been out to four of groups that are in our district to see where group dynamic was and where they are going. Groups are doing well with good attendance but membership is down.

Joanne ~ Some members of my home group have asked me not to send them GSR information.

## CENTRAL SERVICE

We need CPC Chair and Co~Chair and P.I. Chair and Co~Chair.

## ADOPT ALL REPORTS

Joan motioned to adopt all reports. Blair seconded it.

## NEW BUSINESS

Michael ~ Anyone here today like to stand for Alt. DCM x 3. No.

Club 24 ~ 6 months rent to be paid. Issuing \$240 for next 6 months.

District 1 and District 2 Combining ~ Michael ~

There are 47 groups in both District 1 and 2 that are representing currently now. District 2 has 14 groups. I said no to combining. I could go to Central Service to offer District 1 to be a voice for them at their district level for next three months

We will not be taking this back to our groups to vote on. Joan motioned and Blair seconded.

## 2023 BUDGET ~ Blair

Correct Budget. Take \$560 we had for Dec 2022 then add \$13 for Nov 7th tradition and \$50 to pay for group insurance that came out. That is \$523 as income.  $\$2344 + \$523 = \$2867$ . Those few things were not reflected on Decembers statement.

Our balance is \$2867. \$1603 is in the prudent reserve with a total cash of \$4470.

Budget For this Year

### REVENUE

Group Contributions. In 2022 we brought in \$1750. This year it should be higher \$2000.

7th Tradition ~ \$100

Misc ~ interest on prudent reserve small amt.

Total Revenue = \$2100



## EXPENSES

Rent ~ \$480, DCM ~ \$2000. Michael is going to NFLD for Fall Assembly. And there is a Serasa Event coming to Hlfx in 2023. Michael would have to pay registration.

GSRs need \$1200 from their home groups to go to Fall Assembly.

Joanne ~ Says her group will not pay for her to go to Fall Assembly on non election year.

Secretary ~ \$50, Group Insurance ~ \$50, Treasurer ~ \$50,  
Workshop Committee ~ \$100, Outreach ~ nothing yet.  
Miscellaneous ~ \$75

Total Expenses = \$2805

Total Revenue ~ \$2100

Total Expenses ~ \$2805

Net Income shows loss of \$705. Tell groups we need contributions.

What do we want to do with \$2100 Revenue?

GSO, Area.

Do we want to do something as a district. For instance maybe buy a laptop for secretary to use?

Do we want to buy grapevine subscriptions to give some to each group?

Do we want to buy tickets to Roundup or are there groups who would like to send their GSRS to Fall Assembly but cant?

Blair ~ I motion that we have \$2100 in Total Revenue and Total Expenses are \$2805 leaving us with a loss of \$705. Joanne seconded it. 2023 Budget.

Michael ~ We will now close this meeting with the Responsibility Pledge.

The next District 2 meeting will be Sunday, February 19th 2023 at 2 pm Club 24.

