

**Alcoholics Anonymous  
Meeting Minutes District 2  
October 22, 2023, at 2:00pm  
Club 24**

**Present:** Amy, Bernie, Blair, Joanne

**Meeting Call to Order**

Chair Bernie, called the meeting to order with the Serenity Prayer

**Approval of Agenda**

Motioned by Amy. Seconded by Joanne. Approved

**The 12 Traditions**

Read by Amy

**Interpretation of Tradition 10**

Long Form: No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues – particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters, they can express no views whatever.

Joanne presented the following:

“This tradition is very much about “Live and Let Live” and to mind my own business. It lets us know that our groups and fellowships should not get involved in outside issues; ex, politics and religion are very much outside issues. In the program outside issues can be extended to how someone defines their spiritual life, their sobriety or abstinence or even their emotional stability. Because of the tradition we are then free to focus on sharing our experience with spiritual solution offered through the program only in a life changing way.”

**Volunteer for Interpretation of Tradition 11**

Amy A volunteered to present her interpretation of Tradition 11 at the next meeting.

**Roll Call/Group Reports**

Amy A. - GSR Downtown Dartmouth

Good attendance at meetings. Seventh is strong. 3 Birthdays being celebrated on the last Monday of the month. Tuesday: Big Book Study had increased attendance in the summer and is now back down to approximately 8-9 people.

Joanne O. - GSR Cole Harbour

Attendance has been great, sometimes up to 30 people. 2 newcomers in the past month with an increase in women.

Blair – Treasurer District 2 – will give an update in my report.

## **Approval Of September Minutes**

Motioned by Joanne O. Seconded by Amy A.

## **Secretary Report**

Bernie explained that Cheryl had contacted him and stated she was on her way back from a spiritual retreat and unfortunately encountered lots of rain and would not make it to the meeting on time. She sends her apologies and requests to have the meeting recorded and she would complete the minutes. Bernie explained that Cheryl was having difficulty accessing the Secretary email and that it has all be worked out and that she will be forwarding all the necessary information.

## **Treasurers Report**

Blair A went over the financials.

September

Contributions of \$340 - Seventh Tradition \$8 = \$348

No expenses in September.

Cheque to Club 24 is still outstanding and should go through shortly.

Deposit is in the account; however, I didn't get a chance to do it before the end of the month.

Total cash balance in the bank of \$2627 – outstanding deposit of \$348 + cheque \$240

Total cash available - \$2735

Prudent Reserve - \$1606 – Blair suggests it is a little higher than 50%

Total Cash of \$4341

Discussion:

- re having extra money to donate. Supporting an upcoming round-up were discussed. Just a discussion to think about.
- Blair spoke about taking back to your groups that GSR is doing well financially and may not need as much donation. Looking forward to the budget for 2024 the Assembly will be in Halifax which will make the upcoming budget even less.
- Possibly talk to groups re donating more to CS as they have more expenses.

## **Alt. DCM and Workshop Report**

Alex C was unable to attend – Bernie updated:

October 15/23 – Workshop on Tradition 1 – approximately 20 in attendance. Good workshop.

Bernie said that he has asked Alex to go to the website and read the requirements and duties of the Alt. DCM position so that she is aware.

Discussion: Blair and Amy spoke about how much they enjoyed the workshop and what a good idea it is to cover a tradition every other month. Instead of condensing all the traditions in one hour but, to go in depth with 1 tradition for an hour.

## **DCM Report**

CS - Bernie attended CS – first week in October – they held their elections and as DCM Bernie participated by reading the guidelines for each position. Only one position was filled at the meeting. Mike C from Downtown Dartmouth was voted in as the Treasurer and will begin this position in January 2024.

Area 82 Assembly - Bernie attended via zoom. It was the first hybrid assembly. Although they had some audio problems at first, they seemed to work them through and will be able to improve on them for the next one. Primary focus was the budget but due to some forms not being properly filled out the voting on budget had to be rescheduled for November 5, 2023 – 3:00pm. There were about 40 items on the agenda, 37 were recommendation by the ad hoc committee on changes that should be made to Area 82 Guidelines. Bernie encouraged everyone on the District 2 Executive Committee to read the guidelines. These guidelines without changes may be viewed at Area 82 website. Other items that were voted on and passed to due away with the seventh tradition being used to purchase mementos that delegates bring to the General Service Conference to give to other delegates. Another motion was made to due future assemblies as a hybrid fashion.

Much of the information Bernie received as DCM re the assembly agenda was emailed to Cheryl's district email. She did not receive the emails as she couldn't access the email account and she didn't inform myself – information was not shared with all GSR's. We will do better in the future as Cheryl does now have access to the district email and has committed to being more active.

At the Assembly, Alt General Service Delegate – Dwayne Mac brought your attention to the final report of the final report of the 73<sup>rd</sup> General Service Conference and invited DCM's to bring copies home and distribute to their GSR's. Bernie was not physically present but is able to share an electronic version through the website, [aa.org/2023-general-service-conference-final-report](http://aa.org/2023-general-service-conference-final-report). It is 157 pages long.

Those of us that attended the Assembly, in addition to the budget not being voted on we were not able to conduct the area inventory which included the Area 82 Guidelines this is conducted in odd years. Bernie had questionnaires printed off that GSRs could bring back to their groups. They can be mailed in or attend an online meeting that will be addressing the inventory.

Central Service Committee – holds an annual meeting every year for the general membership every year generally in September, known as Service-palooza. This event is arranged and coordinated by the Co-Chair of Central Service. We currently do not have one. It is designed for the executive and other committees to present commission of their committees and actual tasks involved to fulfill their mandates. It's intended to breakdown the bewilderment as to the actual work of the committees, Service work should be an opportunity for members to apply their talents, learn the nature of service work, time involved, learn more about the AA way, use of traditions and concepts and discover the fun and fulfillment of participation in committee work and the many ways AA can carry the message to the suffering alcoholic. Palooza means "party". Bernie contacted the chair of CS to inquire when and where this will take place as it didn't happen in September. He hasn't received feedback as of this meeting. He's unsure if they will hold off until next September.

44<sup>th</sup> Mid Winter Roundup – Feb 9-11/24 Delta Marriot on Burnside – Registration is \$30 for AA/ALON, \$15 Alateen. Banquet is \$60/plate. May register via etransfer to [mwruregister@gmail.com](mailto:mwruregister@gmail.com), Use the "NOTE" area to state how many registration tickets, how many banquets etc.

We had to reschedule 2 GSR meetings – 1 due to hurricane and the last workshop. We realize this has caused scheduling issues for some and moving forward we will keep the GSR meetings on its regular schedule – 3<sup>rd</sup> Sunday of every month.

**Central Service Report**

None

**Approval of Reports**

Motioned by Amy. Seconded by Blair. Approved

**Visitors with District Related Business**

None

**Old Business**

Discussion re the Assembly and the budget.

**New Business**

Discussion re how we will discussing the Concepts in 2024.

**Announcements**

November 11, 2023, there is a Roast Beef dinner at Club 24

The meeting adjourned with the Responsibility Pledge.

Next meeting will be November 19, 2023, @ 2:00pm at Club 24