



BLUENOSE Bulletin

Central Service Committee • Districts 1 & 2 • Area 82 • **OCTOBER 2018**

Each Group has but one primary purpose – to carry its message to the alcoholic who still suffers.
“A Solution for all Generations” - 2018 General Service Conference Theme

CARRYING THE MESSAGE

Weekend Telephone	Addiction Service (Detox)	Forensic Service
West End Step Sept. 29, 30 Oct. 1	Timberlea - October 4	Team 3 - October 5
Back to Basics Oct 6, 7, 8	Cole Harbour - October 7	Team 4 - October 12
Only Requirement Oct 13, 14, 15	Second Chance - October 11	Team 5 - October 19
Highland Park Oct 20, 21, 22	West end Step - October 14	Team 1 - October 26
Sunday Serenity Oct 27, 28, 29	Back to Basics - October 18	Team 2 - November 2
St. Margaret's Bay Nov 3, 4, 5	Welcome - October 21	Team 3 - November 9
Timberlea Nov 10, 11, 12	St Margarets Bay - October 25	Team 4 - November 16
Four Seasons Nov 17, 18, 19	Highland Park - October 28	Team 5 - November 23
Fresh Start Nov 24, 25, 26		
To arrange cellphone package call or email Heather C: 902 717-3707 phones.aahalifax@gmail.com	If your Group CANNOT make your responsibility, call or email Tina M: 902 999-275 treatment.aahalifax@gmail.com	If your Group CANNOT make your responsibility, call or email Tom S: 902 452-0260 treatment.aahalifax@gmail.com

What is Sponsorship - October 2018

A sponsor in AA is someone who can help guide you through the program of AA and more specifically, the 12 steps. This person is generally someone who has a good amount of sobriety under their belt and feels comfortable guiding others through difficult times in sobriety. A sponsor is an understanding and sympathetic person who you can trust and turn to with problems associated with alcohol and sobriety. Sponsorship is a vital tool for the 12-step pathway of recovery. Although there are no formal sponsorship rules, it's recommended that a sponsor has at least one to two years of sobriety before they begin to sponsor. For more information on sponsorship, see your Group GSR.

SERVICE CALENDAR FOR DISTRICTS 1 & 2

Central Service Meeting Districts 1 and 2	St. Mark's Church 5522 Russell Street, Halifax	Tuesday, October 2, 7:00 pm
GSR Meeting District 2	3 Dundas St. Dartmouth	Sunday, October 21, 2:00 pm
GSR Meeting District 1	George Dixon Center, Halifax	Sunday, October 28, 1:00 pm
Central Service Meeting Districts 1 and 2	St. Mark's Church 5522 Russell Street, Halifax	Tuesday, November 6, 7:00 pm

PUBLIC INFORMATION COMMITTEE

Meets the first Saturday of every month. 10:00 am - Sackville Heights Community Center, 45 Connolly Rd in Lower Sackville 10/18

OCTOBER 2018 BIRTHDAY CELEBRATIONS

Oct 1	Monday	CVBBSG	Harry B. (2) Davi B. (6) Ron H. (14) Zeta B. (29)
Oct 5	Friday	New Hope	Tony C. (4)
Oct 5	Friday	Highland Park	Judy H. (28)
Oct 6	Saturday	Atlantic	Marie M. (2) Brian M. (2)
Oct 6	Saturday	Acceptance	Aliesja M. (1) Michael S. (4)
Oct 10	Wednesday	Back to Basics	Matt H. (4) Mary W. (17)
Oct 11	Thursday	West End Step	Sarah S. (1)
Oct 14	Sunday	Downtown Halifax	Greg P. (3)
Oct 19	Friday	Fall River	Wynn H. (22)
Oct 22	Monday	Grateful	Paul S. (10)
Oct 24	Wednesday	Any Lengths BBS	Niall S. (7) Mike L. (14)
Oct 25	Thursday	Four Seasons	John W. (1) Tanya E. (5) Gerry M. (14) Paul K. (17)
Oct 25	Thursday	Only Requirement	Rob P. (2) Sarah S. (13)
Oct 26	Friday	Keep It Simple	Rose Q. (7) Andrea C. (8)
Oct 26	Friday	Enfield	Dave F. (1)
Oct 27	Saturday	Live for Today	Colin C. (2)
Oct 27	Saturday	Second Chance	Al M. (6) Ron S. (9)
Oct 29	Monday	Downtown Dartmouth	Russell (3) Victor L. (38)
Oct 29	Monday	Timberlea	Wayne S. (1) Scott O. (12)
Oct 29	Monday	Living In The Solution	Dave R. (4) Racquel R (7)
Oct 30	Tuesday	Lion's Den	Lydia C. (3)
Oct 30	Tuesday	Sunrise	Joey M. (1) Phil B. (14) Buck C. (24) Harvey G. (40) David B. (40) Greg S. (42) – 161 total years!
Oct 30	Tuesday	Bedford	Craig D. (24)
Oct 31	Wednesday	Back to Basics	Rod S. (4)
Nov 2	Friday	Halifax Young People's	John G (16)
Nov 3	Saturday	Acceptance	Andrew S. (3) Brett R. (8) Mitch M. (20) Donald R (29)
Nov 5	Monday	CVBBSG	Maureen E. (3) Nancy McL. (29) Brian C. (42)
Nov 5	Monday	Halifax Young People's	John G (16)

COMMITTEE NOTICES

CORRECTIONS COMMITTEE	Corrections is still in need of men to chair meetings at The Central Nova Scotia Correctional Facility at 90 Gloria McCluskey Ave, Dartmouth. Meetings are held every Wed evening from 1930 – 2030. This is a unique and rewarding way of giving back.	For more information please contact Kelly Duffy at 902-579-3767.
MID WINTER ROUNDUP 2019 COMMITTEE	October 14th is the next meeting. All positions filled, thank you to all.	1:00 pm - Club 24, 3 Dundas Street, Dartmouth
DETOX LOCATION CHANGE	Effective immediately, location change. Simpson Landing, Spruce Block. Enter thru administration @ #304	Meeting times and dates are the same

MEETING NOTICES

CIRCLE OF SISTERS	New meeting day will meet at 7:00 pm Mondays, effective October 15, 2018	Same time and location 10/18
NEW MEETING – WE AGNOSTICS	This new group meets at North Woodside Community Ctr, 230 Pleasant St, Dart, NS	Open meetings at 6:00 pm Saturday nights 10/18
GASTON ROAD 12 & 12 ANNIVERSARY	Celebrating 45 years, speaker, food and fellowship.	November 29, 2018 – Thursday, usual time and location. 10/18

GENERAL ANNOUNCEMENTS

Area 82 NS and NL Assembly and Roundup

2018 Theme: “AA - A Solution for All Generations” - Hosted by District 12 - October 12,13 &14, 2018
Bennett Hall, 9 West Street, Corner Brook, NL - Pre-Registration - \$20.00 (by Sept 15, 2018)
Registration at the door - \$25.00 / Banquet (3-course) with Guest Speakers and Dance - \$40.00
For more information contact Jerome W – (709) 634-1383 or Don A – (709) 640-5459

AA HALLOWEEN Dance – Fun & Fright night!

Saturday October 27th - 8:00 pm to the Midnight Hour – St. Theresa’s Church, 6351 North St, Halifax.
Join us for door prizes, best costume, snacks and refreshments. All for only \$5.00!
For more information, contact Natalie C. at 902 219-7287

40th Annual - Lighthouse Roundup

November 2, 3, 4th 2018. Theme: 40 Years of Fellowship – Rodd’s Grand Hotel, 417 Main Street, Yarmouth, NS - Registration, Speakers and Dance (no meal): \$15, Banquet: \$35
For more info please contact: Don Blinn (902) 837-7415

CENTRAL SERVICE COMMITTEE EB SITE: aahalifax.org for the widest information on AA in our region (Events, meeting list, minutes, guidelines, contacts etc.), browse our WEB Site. For on-line help with problems with alcohol (I Need Help), top left hand of Home Page. On-line subscriptions to this Newsletter sign up – right hand of Home page.

NEWSLETTER ANNOUNCEMENTS: Announcements for Bluenose Bulletin must be received by the 25th of the month. Contact: call ROB A. (902) 452-0345 or Eric L. (902) 225-2034 – specify group and date or email newsletter.aahalifax@gmail.com IF AN AA GROUP CELEBRATES BIRTHDAYS ON A PARTICULAR DAY OR WEEK OF TH MONTH, PLEASE LET US KNOW. WE WANT TO DEVELOP A MASTER LIST FOR FUTURE REFERENCE

CENTRAL SERVICE COMMITTEE CONTACT INFORMATION

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SHAWN M. - MID-WINTER ROUNDUP -902-461-0129 – anrent1@hotmail.com
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DISTRICT 2 COMMITTEE CONTACT INFORMATION

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AREA 82 COMMITTEE CONTACT INFORMATION

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