



BLUENOSE Bulletin



2019

Groups • Districts 1 & 2 • Central Service • Area 82

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

GROUPS THAT CARRY THE MESSAGE

Weekend Telephone

West End Step	3-5 Aug
Back to Basics	10-12 Aug
Only Requirement	17-19 Aug
Highland Park	24-26 Aug
Sunday Serenity	31 Aug – 2 Sep
St Margaret's Bay	7-9 Sep

To arrange cell phone package email Sharman M.
phones.aahalifax@gmail.com

Addiction Service (Detox) 8 PM

Second Chance	1 Aug
We Agnostic	4 Aug
Timberlea	8 Aug
Serenity Sisters	11 Aug
Downtown Dartmouth	15 Aug
Highland Park	18 Aug
Atlantic	22 Aug
West End Step	25 Aug
Colby Village	29 Aug
Grateful	1 Sep
Downtown Halifax	5 Sep

If your Group CANNOT make your responsibility, call or email
Stephanie J. (902) 209-7586 Treatment.aahalifax@gmail.com

What is Sponsorship?

A sponsor in AA is someone who can help guide us through the program of AA and more specifically, the 12 Steps. This person is generally someone who has a good amount of sobriety under their belt and feels comfortable guiding others through difficult times in sobriety. A sponsor is an understanding and sympathetic person who you can trust and turn to with problems associated with alcohol and sobriety. Sponsorship is a vital tool for the 12 Step pathway of recovery. Although there are no formal sponsorship rules, it's recommended that a sponsor have at least one to two years of sobriety before they begin to sponsor. For more information on sponsorship, see your Group GSR.

Service Calendar for Districts 1 & 2

Central Service Meeting Districts 1 and 2

St. Mark's Church 5522 Russell St, Halifax
Tue, 6 Aug, 7:00 pm

GSR Meeting District 2

3 Dundas St, Dartmouth
Sun, 18 Aug, 2:00 pm

GSR Meeting District 1

George Dixon Center
2502 Brunswick St, Halifax
Sun, 25 Aug, 1:00 pm



COMMITTEE NOTICES

Central Service - ELECTIONS

Elections for the Executive Committee of Central Service will take place at the Sep meeting. The positions are Chair, Co-Chair, Treasurer and Secretary. The newly elected members take office Jan, 2020. Members standing for a position must be nominated by a member. Position descriptions may be found in the Guidelines posted at our web site.

Forensics

FORENSICS IS IN DIRE NEED OF VOLUNTEERS and is asking that every group in District 1 and 2 read this message at all meetings and actively challenge their members to volunteer with us. Some patients in the forensics facility are unable to attend meetings outside so we bring fellowship to them. No criminal record or security check is required. This is an excellent way to give back. Please contact Tom S. (902) 452-0260 or Sherry G. (902) 488-7399.

Corrections

Corrections needs both men and women to chair meetings at The Central Nova Scotia Correctional Facility on Wed evenings at 7:30 PM. For more information please contact Troy at (902) 580-8113 or email at Corrections.AAHalifax@gmail.com

CPC

Will be meeting 17 Aug at the Woodside Community Centre at 10:00 AM. We are looking for new members to join our committee. We will be meeting the 3rd Sat of each month.

Entertainment

Meets the first Sat of each month. Next meeting 7 Sep. Volunteers needed.

1 pm at the top of the escalator, Alderney Landing, Dartmouth

Hospital Visitation

Hospital Visitation is looking for volunteers to do visits.

For more information please contact Allison at (902) 499-1163 or email at HospitalVisitation.AAhalifax@gmail.com.

Literature

Literature Store Hours: Sat 10 Aug from 11-1. Located at the rear door at 3 Dundas Street (Club 24) in Dartmouth.

Mid-Winter Round Up

Next meeting is 8 Sep at 1:00 PM at Club 24.

Public Information

Next meeting is 3 Aug 19 at 45 Connolly Rd, Sackville.

Treatment

Treatment needs women to chair meetings at the Marguerite Centre on the 1st Wed of each month at 7:30 PM. Women need not belong to a women's group to volunteer.

For more information please contact Stephanie J. (902) 209-7586

MEETING NOTICES

FOUR SEASONS

New meeting – Tue at 12 PM (O, D, W) 45 Connolly Rd, Lower Sackville.
08/19

GRATEFUL

Meeting on Mon, 19 Aug is cancelled due to a church function.

DOWNTOWN DARTMOUTH

Fri at 8 PM and Sun at 10 AM, Grapevine and Beginner meeting.
08/19

TALLAHASSEE

Wed at 7 PM, (C, D) 16 Disciples Way, Eastern Passage
08/19

BEDFORD

HELP NEEDED!! Our group needs your support both Tue and Friday night meetings. Come and join us and help us keep the doors open. 8 PM Tue and 8:00 PM, Fri
04/19

LIVE FOR TODAY

Effective 2 Jul this meeting is closed.
07/19

CIRCLE OF SISTERS

Dartmouth North Community Centre
7 PM, Wed 04/19

GENERAL ANNOUNCEMENTS

2019 ANNUAL AA CAMPOUT



Dollar Lake Provincial Park

2 – 4 Aug 19

Location: 5265 Old Guysborough Road,
Wyse's Corner, Eastern Shore

\$10.00 Per Person for the weekend (Kids & Youth are Free)

Weekend Program: Will Be Given Out At the Venue

Needed: Experienced Camping Volunteers

To Assist Beginner Campers, & Food Donations

For Saturday Evening Pot Luck Supper

Directions: Hwy 102, Exit 5A to Route 212;

27 km (17 mi) east of airport

For Info Call Shawn M. at: (902) 701-6128

Please send Pre-Registration to

entertainment.aahalifax@gmail.com

31st Annual COURAGE Round Up

**FOR GAY, LESBIAN, BISEXUAL, TRANSGENDER, QUEER
AND QUESTIONING PERSONS in AA and Al-Anon**

"Out, Proud, and Sober"

**"You don't need to be accepted by others. You just need
to accept yourself."**

9 - 11 Aug 19

**The weekend includes fellowship, speaker meetings and workshop
discussions of recovery topics**

The Universalist Unitarian Church 5500 Inglis Street, Halifax

Registration opens at 6:00pm on Fri, 9 Aug

\$25.00. Includes lunch on Sat. No one will be turned away for lack
of funds.

Supper on Sat is extra - estimated at \$14.50 Pay at Restaurant

Pre-registration is appreciated: (may be done on-line)

<http://www.courageroundup.ca/>

Contact: John D Phone (604) 681-1426

Email: Courage449@yahoo.com

District 2 Workshop

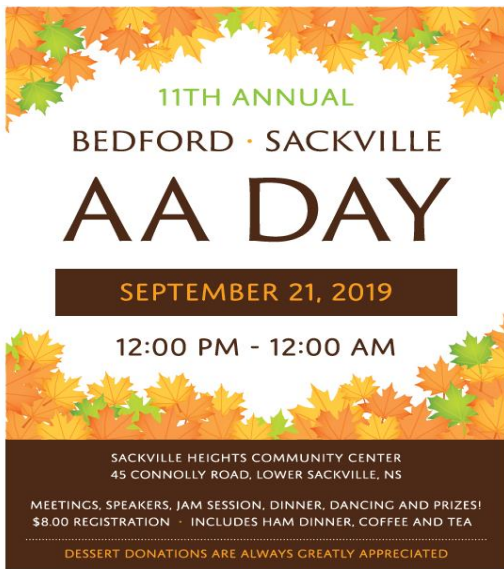
**"CENTRAL SERVICE: VITAL BUT SEPARATE
FROM GENERAL SERVICE."**

Facilitated by Blair A. and guest

Sun, 11 Aug, 2:00 PM

Club 24, 3 Dundas St, Dartmouth

"Intergroup/Central Offices: A.A.'s Front Line"



DISTRICT 1 COMMITTEE CONTACT INFORMATION

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 FOSTER L. CPC CO-CHAIR

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Upcoming Sep Birthdays

2 Sep	CVBBS	Peggy A (6) Glenda K (12)
8 Sep	Cole Harbour	Russell A (2)

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 10 AM – ACCEPTANCE Kathryn W (3) Karen L (22) 10 AM – PI MEETING
4 8 PM COLE HARBOUR Brenda B (14)	5 8 PM - CVBBS Amy W (1) Betty L (13) Terrance C (27)	6 7 PM -CENTRAL SERVICE MEETING	7	8	9	10 10 AM – LOST & FOUND Bev O (3) 11 AM – 1 PM LITERATURE STORE OPEN
11 2 PM – DISTRICT 2 WORKSHOP 7:30 PM – HARBOUR Greg G (30)	12	13 7 PM - SERENITY SISTERS Jodie T (2)	14	15	16	17 10 AM - CPC MEETING
18 2 PM – DISTRICT 2 MEETING	19	20	21	22 8 PM – WEST END STEP Julia D (6) Craig R (8)	23	24 7 PM – ATLANTIC Andrea F (4) 7:30 PM – SECOND CHANCE Amy O (1)
25 1 PM – GSR DISTRICT 1 MEETING 8 PM – ST MARGARETS BAY Michael M (5)	26 8 PM – DOWNTOWN DARTMOUTH Leonard J (5) 8 PM – TIMBERLEA Mike W (2) John Mc (13)	27 8:30 PM – SUNRISE Alan M (18) Nancy S (22) Joe G (43)	28 8:30 PM – FRESH START Pat M (45)	29 7:30 PM – FOUR SEASONS Andrew J (1) Mark B (1) Nancy K (5) Jamie Q (9) Arnold G (9) Joe M (9) Velma C (10) Agnes C (36)	30	31