



BLUENOSE Bulletin



JULY 2019

Groups • Central Service • Districts 1 & 2 • Area 82 •

Every A.A. group ought to be fully self-supporting, declining outside contributions.

GROUPS THAT CARRY THE MESSAGE

Weekend Telephone

Cole Harbour	29 Jun-1 Jul
Downtown Dartmouth	6-8 Jul
Early Risers	13-15 Jul
Keep it Simple	20-22 Jul
Sunrise	27-29 Jul
West End Step	3-5 Aug
Back to Basics	10-12 Aug

To arrange cell phone package email Sharman M. phones.aahalifax@gmail.com

Addiction Service (Detox) 8 PM

Grateful	4 Jul
Hubbards	7 Jul
Four Seasons	11 Jul
St Margarets Bay	14 Jul
Early Risers	18 Jul
Back to Basics	21 Jul
Welcome	25 Jul
Cole Harbour	28 Jul
Second Chance	1 Aug

If your Group CANNOT make your responsibility, call or email Stephanie J. (902) 209-7586 Treatment.aahalifax@gmail.com

What is the Courage Roundup?

For over 30 years this Roundup is held every Aug to help LGBTQ+ individuals. This is the only round up like it in Atlantic Canada and attracts people from all over North America. It is a special place where individuals can feel supported, respect and loved for who they are and where they can truly open up and be free to be themselves without fear of judgement. Although society has come a long way in accepting LGBTQ+ individuals since Courage's inception, it can still be difficult for individuals to feel like they belong which makes the Courage Roundup just as important today.

Service Calendar for Districts 1 & 2

Central Service Meeting Districts 1 and 2

St. Mark's Church 5522 Russell St, Halifax
Tue, 2 Jul, 7:00 pm

GSR Meeting District 2

3 Dundas St, Dartmouth
Sun, 21 Jul, 2:00 pm

GSR Meeting District 1

George Dixon Center
2502 Brunswick St, Halifax
Sun, 28 Jul, 2:00 pm



COMMITTEE NOTICES

Forensics

FORENSICS IS IN DIRE NEED OF VOLUNTEERS and is asking that every group in District 1 and 2 read this message at all meetings and actively challenge their members to volunteer with us. Some patients in the forensics facility are unable to attend meetings outside so we bring fellowship to them. No criminal record or security check is required. This is an excellent way to give back. Please contact Tom S. (902) 452-0260 or Sherry G. (902) 488-7399.

Corrections

Carrying the Message Inside and Out

As Alcoholics Anonymous does not hold records of individual members, it is difficult to establish how many of its current membership first made contact with AA while in prison but anecdotal evidence suggests that many of those who attend prison meetings continue to attend AA on release and go on to lead sober and worthwhile lives on the outside. The following is an extract from a personal sharing of a member who found AA in prison. "AA has transformed the lives of many inmates. Our actions and thoughts have been put on a more positive footing. We try to practice the program in our daily living. This would be impossible if the hand of AA was not there to help and guide us. We no longer feel the pain, frustration, loneliness and fear that accompany the active alcoholic. We have thrown off the chains that bound us. Today we have freedom." Corrections needs both men and women to chair meetings at The Central Nova Scotia Correctional Facility on Wed evenings at 7:30 PM. [For more information please contact Troy at \(902\) 580-8113 or email at Corrections.AAHalifax@gmail.com](mailto:Troy@AAHalifax@gmail.com)

CPC

Will be meeting 20 Jul at the Woodside Community Centre at 10:00 AM. We are looking for new members to join our committee. We will be meeting the 3rd Sat of each month.

Entertainment

Meets the first Sat of each month. Volunteers needed.
1:00 PM 3 Dundas St, Dartmouth

Hospital Visitation

Hospital Visitation is looking for volunteers to do visits.
For more information please contact Allison at (902) 499-1163 or email at HospitalVisitation.AAHalifax@gmail.com.

Literature

Literature Store Hours: Sat 6 Jul and 10 Aug from 11:00 AM to 1:00 PM. Located at the rear door at 3 Dundas Street (Club 24) in Dartmouth.

Mid-Winter Round Up

Next meeting is 14 Jul, 1:00 PM at Club 24.

2020 Provincial Round Up

Next meeting is 6 Jul at 2 PM at Club 24

Public Information

There will **not** be a meeting this month. Next meeting is 3 Aug 19.

Treatment

Treatment needs women to chair meetings at the Marguerite Centre on the 1st Wed of each month at 7:30 PM. Women need not belong to a women's group to volunteer.
For more information please contact Stephanie J. (902) 209-7586

MEETING NOTICES

SUNRISE

Will be celebrating their 55th Anniversary on 16 Jul at 8:30 PM
Food and refreshments will be served.

BEDFORD

HELP NEEDED!! Our group needs your support both Tue and Friday night meetings.
Come and join us and help us keep the doors open.
8 PM Tue and 8:00 PM, Fri
04/19

LIVE FOR TODAY

Effective 2 Jul this meeting is closed.
07/19

CIRCLE OF SISTERS

Dartmouth North Community Centre
7 PM, Wed
04/19

GENERAL ANNOUNCEMENTS



31st Annual COURAGE Round Up FOR GAY, LESBIAN, BISEXUAL, TRANSGENDER, QUEER AND QUESTIONING PERSONS in AA and Al-Anon

"Out, Proud, and Sober"

"You don't need to be accepted by others. You just need to accept yourself."

9 - 11 Aug 19

The weekend includes fellowship, speaker meetings and workshop discussions of recovery topics

The Universalist Unitarian Church 5500 Inglis Street, Halifax
Registration opens at 6:00pm on Fri, 9 Aug
\$25.00. Includes lunch on Sat. No one will be turned away for lack of funds.

Supper on Sat is extra - estimated at \$14.50 Pay at Restaurant
Pre-registration is appreciated: (may be done on-line)

<http://www.courageroundup.ca/>

Contact: John D Phone (604) 681-1426

Email: Courage449@yahoo.com

2019 ANNUAL AA CAMPOUT



Dollar Lake Provincial Park

2 - 4 Aug 19

Location: 5265 Old Guysborough Road,
Wyse's Corner, Eastern Shore

\$10.00 Per Person for the weekend (Kids & Youth are Free)

Weekend Program: Will Be Given Out At the Venue
Needed: Experienced Camping Volunteers

To Assist Beginner Campers, & Food Donations

For Saturday Evening Pot Luck Supper

Directions: Hwy 102, Exit 5A to Route 212;
27 km (17 mi) east of airport

For Info Call Shawn M. at: (902) 701-6128

Or TamyRose at: (902) 410-4423

Please send Pre-Registration to

entertainment.aahalifax@gmail.com

CENTRAL SERVICE COMMITTEE CONTACT INFORMATION

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AA GOLF DAY FRIDAY 19 JULY OSPREY RIDGE GOLF COURSE, BRIDGEWATER

Format: Play your own ball

Tee times start: 11 AM

Cost: \$45 plus HST (\$51.75) per player (including gas cart)

For details Contact:

Dan S. 902-830-4234

John H. 902-497-2577

Come have fun and good fellowship!!

JULY 2019 DATES TO REMEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Canada Day	2 7 PM – Central Service Meeting	3	4	5	6 10 AM - ACCEPTANCE Jeremy J (6) Janet M (26) 11 AM - 1 PM – Literature Store open 1 PM - Entertainment Meeting 2 PM – Provincial Roundup Meeting
7 8 PM - COLE HARBOUR Louis M (15)	8 7:30 PM – GRATEFUL Amanda H (2)	9	10	11	12	13
14 1 PM – Mid Winter Round Up Meeting	15	16 1215 PM HIGHLAND PARK Doug Mac (36)	17	18	19 11 AM – Golf Day 1215 AM – NEW HOPE Sophie (2)	20 1000 AM – CPC Meeting
21 2 PM – District 2 Meeting	22	23	24 7 PM - TALLAHASSEE Drew C(1) Sian (1) Cap (35)	25 730 PM – FOUR SEASONS Connie C(1) Kevin L (1) Mike M(2) 8 PM - WEST END STEP Dave H(1) Jayne H(24) 8:30 PM- GASTON ROAD Pat in the Hat(6) Brent D (13)	26 1200 PM - KEEP IT SIMPLE Rosie B (30) 8 PM – ENFIELD Gary S (9)	27 7 PM – WELCOME Paul B (30) 730 PM - PORTERS LAKE James B(2) 730 PM - SECOND CHANCE Cora S(1) Dave S(1) Tanya S(2) Tom M(12)
28 2 PM – District 1 Meeting 8 PM – ST MARGARETS BAY Dave C (5), Mary Lyn S (10) Roy S (42)	29 8 PM - DOWNTOWN DARTMOUTH Beth P (4) Marie C (5)	30 7 PM - SERENITY SISTERS Sharman M(4) 8 PM – BEDFORD Dan H(16) 830 PM – SUNRISE Shayne S(11) Denny J (28)	31 830 PM – FRESH START Lisa M(2)	<p>Total Years for July:</p> <p>375</p>		

UPCOMING AUGUST BIRTHDAYS

Date	Group	Celebrants
5 Aug	CVBBS	Amy W (1) Betty L (13) Terrance C (27)