



# BLUENOSE Bulletin



Groups • Central Service • Districts 1 & 2 • Area 82 •

*February 2020*

***“Came to believe that a Power greater than ourselves could restore us to sanity.”***

## GROUPS THAT CARRY THE MESSAGE

### Weekend Telephone

1-3 Feb	Second Chance
8-10 Feb	Serenity Sisters
15-17 Feb	Fresh Start
22-24 Feb	New Hope
29 Feb-2 Mar	Living in the Solution

*To arrange cell phone package email Sharman M at [phones.aahalifax@gmail.com](mailto:phones.aahalifax@gmail.com).*

### Addiction Service (Detox) 8 PM

2 Feb	Downtown Dartmouth
6 Feb	We Agnostic
9 Feb	West End Step
13 Feb	Colby Village
16 Feb	Highland Park
20 Feb	Second Chace
23 Feb	Atlantic
27 Feb	Acceptance
1 Mar	Atlantic
5 Mar	Keep it Simple

### Forensics 8 PM

7 Feb	Team 4 - Sandy K, Stephanie J, Jodie T, Marie
14 Feb	Team 5 - Joel N, Gerry, Kelly D
21 Feb	Team 1 - Michele T, Troy S
28 Feb	Team 2 - Jessica

*If you CANNOT make your responsibility, call or email Stephanie J 902 209-7586 or [Treatment.aahalifax@gmail.com](mailto:Treatment.aahalifax@gmail.com)*

## WHAT IS...

### What is Sick Thinking?

How can you tell if your thinking is running a fever? You start missing the action at what was your favorite bar and wonder if it really was the alcohol that caused your problems. While sipping a glass of Pepsi, you ponder the possibility of an innocent little 'scientific experiment' in social drinking. You feel sorry for yourself. You start to dial your sponsor or AA friend when temptation invades your mind, then abruptly hang up. You act on impulse rather than with forethought. You are experiencing sick thinking - get to a meeting.

## .Service Calendar for Districts 1 & 2

### Central Service Meeting Districts 1 and 2

St. Mark's Church 5522 Russell St, Halifax  
*Tue, 4 Feb, 7 PM*

### GSR Meeting District 2

3 Dundas St, Dartmouth  
*Sun, 16 Feb, 2 PM*

### GSR Meeting District 1

George Dixon Center  
2502 Brunswick St, Halifax  
*Sun, 23 Feb at 1 PM.*

## COMMITTEE NOTICES

### Central Service

The Co-Chair position is still available. For more information see [Central Service Guidelines](#) and come to the next meeting.

### District 2

District 2 is in need of an Alt DCM. For more information see [District 2 Guidelines](#)

### Corrections

Corrections needs volunteers to chair meetings at prison on Wed evenings at 7:30 PM. For more information please contact Troy at (902) 580-8113 or email at [Corrections.AAHalifax@gmail.com](mailto:Corrections.AAHalifax@gmail.com)

## CPC

There will be no meeting in Feb. New committee members are needed. For more information contact Heather C at 902-717-3707.

## Entertainment

The next meeting will be at 1 PM on 1 Feb at 3 Dundas St, Dartmouth. Volunteers needed. Contact Sean M at 902-701-6128 or [Entertainment.AAHalifax@gmail.com](mailto:Entertainment.AAHalifax@gmail.com)

## Forensics

Forensics needs volunteers to chair meetings at the forensics facility. A criminal record check is not required. Please contact Sherry G. (902) 488-7399.

## Hospital Visitation

Hospital Visitation is looking for volunteers. For more information please contact Allison at 902-499-1163 or email at [HospitalVisitation.AAHalifax@gmail.com](mailto:HospitalVisitation.AAHalifax@gmail.com).

## Literature

Literature Store Hours: Every Sat from 11 AM to 1 PM. Located at the rear door at 3 Dundas St (Club 24) in Dartmouth.

## Public Information

Next committee meeting will be at 10 AM, 1 Feb at 45 Connolly Rd, Sackville. Volunteers needed. For more information contact PI Chair, Leah C at 902-877-0573.

## Treatment

Treatment needs women to chair meetings at the Marguerite Centre on the 1st Wed of each month at 7:30 PM. Women need not belong to a women's group to volunteer. For more information please contact Stephanie J 902 209-7586

## 2020 Mid-Winter Round Up

Positions to be filled - Committee Co-Chair, Program Chair, Program Co-Chair, Secretary, Hospitality Chair, Hospitality Co-Chair, & Entertainment Co-Chair. Next committee meeting is 22 Feb at 1 PM, Club 24, 3 Dundas St, Dartmouth.

## AA Central Service Committee, Districts 1 & 2, and Area 82 Insurance Policy Renewal

The new insurance policy is available for groups to download and print from [www.aahalifax.org](http://www.aahalifax.org).

Folks it's that time of year again for the annual AA Group Insurance renewal. Groups yet to pay are as follows:  
Circle of Sisters            Early Risers  
Highland Park              Only Requirement

The cost is \$42 per year covering 3 Dec 19 - 2 Dec 20. Payment is requested in Cash or Cheque in the amount of \$42.00 to Central Service. The policy will be available for viewing and printing on our website [www.aahalifax.org/](http://www.aahalifax.org/)

## MEETING NOTICES

### LIVE AND LET LIVE

The Live and Let Live Group is asking for your support on Monday Evenings at 8:00 PM. The group is LGTB but all are welcome.

### CVBBS

Will be celebrating their 30<sup>th</sup> anniversary on 24 Feb. Speaker meeting with food and fellowship to follow.

### SERENITY SISTERS (women's only meeting)

Starting in Feb there will be a speaker meeting the 3<sup>rd</sup> Tue of each month. (Women's meeting)

### Upcoming Mar Birthdays

3 Mar	CVBBS	Ashley K (3)	Chris M (18)	Marilyn M (44)
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## DISTRICT 2 WORKSHOP

### "The 4<sup>th</sup> Step"

9 Feb 2 - 4 PM

Club 24 3 Dundas St, Dartmouth

### \*New Book\*



AA IN THE MILITARY  
Stories of experience, strength and hope from Grapevine  
Available in the Bookstore.

## St Patrick's Day Dance

14 Mar 8 PM – midnight

Club 24 3 Dundas St, Dartmouth

Tickets \$7.00 in advance or \$10:00 at the door

## 2020 MID WINTER ROUND UP

### Preregistration WINNERS

Hotel Room Feb 14	Don Z
Banquet Ticket	Heather S
Registration	David N

## EARLY BIRD FLYER

85<sup>th</sup> Anniversary of Alcoholics Anonymous  
2020 Nova Scotia Provincial Roundup  
*Celebrating Founders' Day*

THEME  
"2020: A Clear Vision for You"

**SATURDAY, JUNE 13<sup>TH</sup>, 2020**

9:00 am to 1:00 am

St. James United Church Hall  
181 Portland Street, Dartmouth, Nova Scotia

*With Al-Anon Participation*

Registration including potluck lunch and dance: \$10  
Roast beef banquet dinner: \$15

For registration and banquet tickets, contact Shawn M., 2020 Nova Scotia Provincial Roundup Committee Chairperson, at 902-701-6128, or by email to [2020ProvincialRoundup@gmail.com](mailto:2020ProvincialRoundup@gmail.com) (e-Transfer payment is available).



## AREA 82 COMMITTEE CONTACT INFORMATION

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# February 2020

**Total Years:  
488**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
						10 AM PI MEETING  11 AM – 1 PM LITERATURE STORE 1 PM ENTERTAINMENT MEETING
2	3	4	5	6	7	8
8 PM COLE HARBOUR Deb Mac (2) Tom P (5)	8 PM CVBBS Michael M(8) Evan McF (9) Mary L (13)	7 PM CENTRAL SERVICE	8 PM BACK TO BASICS Dennis K (19)			11 AM – 1 PM LITERATURE STORE 6 PM WE AGNOSTICS Alex B (4) 7 PM ATLANTIC Patrick H (1)
9	10	11	12	13	14	15
2-4 PM DISTRICT 2 WORKSHOP – THE 4 <sup>TH</sup> STEP – CLUB 24						11 AM – 1 PM LITERATURE STORE
16	17	18	19	20	21	22
2 PM DISTRICT 2			8 PM BACK TO BASICS Paul B (4) Jamie G (5)		8:30 FALL RIVER Sheri W (3) Fred J (44)	11 AM – 1 PM LITERATURE STORE  1 PM 2020 MID WINTER ROUND UP MEETING
23	24	25	26	27	28	29
1 PM DISTRICT 1	7:30 PM LIVING IN THE SOLUTION Stacey G(1) Maria R (32) 8 PM DOWNTOWN DARTMOUTH Wes L(2) Lefty (49) 8 PM TIMBERLEA Gordon H (22) 8 PM CVBBS 30 <sup>TH</sup> Anniversary	7:30 PM SUNRISE Mark M (18) Ed M (45)	7 PM ANY LENGTHS Melissa E (1) 8:30 PM FRESH START Bill Mac (22)	7 AM EARLY RISERS Gig M (20) 7:30 PM FOUR SEASONS Dennis W (1) Phil R (9) 8 PM WEST END STEP Bonnie G (1) Jordan A (1) Rob A (6)	12 PM KEEP IT SIMPLE Justin D (6) Sharon W (7) Cathy A (17) 7:30 PM HIGHLAND PARK John H (6)	11 AM – 1 PM LITERATURE STORE 7:30 PM PORTERS LAKE Joe M (47) 7:30 PM SECOND CHANCE Samaira G (15) Dave M (41)