



BLUENOSE Bulletin



Groups • Central Service • Districts 1 & 2 • Area 82 •

"Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for the knowledge of His will for us and the power to carry that out."

WHAT IS...

What is Sponsorship?

A sponsor in AA is someone who can help guide us through the program of AA and more specifically, the 12 Steps. This person is generally someone who has a good amount of sobriety under their belt and feels comfortable guiding others through difficult times in sobriety. A sponsor is an understanding and sympathetic person who you can trust and turn to with problems associated with alcohol and sobriety. Sponsorship is a vital tool for the 12 Step pathway of recovery. Although there are no formal sponsorship rules, it's recommended that a sponsor have at least one to two years of sobriety before they begin to sponsor. For more information on sponsorship, see your Group GSR.

+1 778 907 2071 Canada

Meeting ID: 512 036 8953

Passcode: 864084910

Find your local number:

<https://us02web.zoom.us/j/kcEHqksrvl>

District 1 GSR Committee Meeting
Sun, 29 Nov, 2 PM via Zoom

District 2 GSR Committee Meeting
Sun, 15 Nov, 2 PM at Club 24

GROUPS THAT CARRY THE MESSAGE

Weekend Telephone

31 Oct – 2 Nov	Keep it Simple
7 - 9 Nov	Sunrise
14 -16 Nov	West End Step
21 - 23 Nov	Back to Basics
28 - 30 Nov	Highland Park
5 – 7 Dec	Sunday Serenity

To arrange cell phone package email Sharman M at phones.aahalifax@gmail.com

Service Calendar for Districts 1 & 2

Central Service Meeting Districts 1 and 2

Tue, 3 Nov, 7 PM via Zoom

Zoom Link:

<https://us02web.zoom.us/j/5120368953?pwd=a1RIRnRNVE dFZlVqSW85My84S2JiZz09>

Meeting ID: 512 036 8953

Passcode: wecandoit

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

COMMITTEE NOTICES

CENTRAL SERVICE

Subcommittee positions of Districts 1 & 2, Area 82 are rotated every two years and this is an election year. Central Service is still in need of a Secretary. Anyone interested in helping to carry the message by taking on a role on any of these Committees are asked to attend the upcoming Nov Central Service meeting on 3 Nov.

Sub Committee Chair/Co-Chair Positions available:

Entertainment	Newsletter
Hospital Visitation	Corrections
Email Coordinator	Literature
Webmaster	CPC
Treatment	

BOOKSTORE

The Bookstore is now open every Sat from 11-1 downstairs at Club 24 at 3 Dundas St, Dartmouth.

MID-WINTER ROUND UP

Looking for Entertainment Chair and Co-Chair; and Co-Chair Programing. Next meeting is 22 Nov at 1 PM.

Join Zoom Meeting

<https://us02web.zoom.us/j/5120368953?pwd=a1RIRnRNVEEdFZlVqSW85My84S2JiZz09>

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Passcode: wecandoit

Dial by your location

+1 647 374 4685 Canada

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+1 778 907 2071 Canada

+1 204 272 7920 Canada

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Find your local

number: <https://us02web.zoom.us/j/kcEHqksrvl>

PUBLIC INFORMATION COMMITTEE

Carries the message of recovery to the still-suffering alcoholic by informing the general public about the AA Program. We do this by providing pamphlets and literature to Dr. Offices, Schools, Industries and various Organizations.

COOPERATION WITH THE PROFESSIONAL COMMUNITY

Informs professionals and future professionals about the AA Program. We do this by providing pamphlets and presentations about AA to professionals such as doctors, lawyers, police, clergy, etc.

Both committees are looking for members interested in helping make phone calls, delivery pamphlets and literature, as well as speaking at presentations. For more information please contact PI Chair Leah C. 902-877-0573 or CPC Heather C. 902-717-3707

The following committees need your help:

CORRECTIONS 902-580-8113

CPC 902-717-3707

ENTERTAINMENT 902-701-6128

HOSPITAL VISITATION 902-499-1163

PUBLIC INFORMATION 902-877-0573

TREATMENT 902-209-7586

Contact for more information and how you can volunteer.

MEETING NOTICES

SACKVILLE HEIGHTS COMMUNITY CENTRE (SHCC), 45 CONNOLLY DRIVE

For the last 2 years, the Smoking By-Law N300 for HRM has been explained at every AA meeting held at the SHCC. On 24 Sep 20, at the 7:30 PM meeting at SHCC, members were observed on the Security Video smoking, before and after the meeting, at both the entrance and exit of the building. Due

to this selfish act, direct consequences are possibly forthcoming for the Four Seasons Group. At a minimum, Four Seasons may be temporarily suspended from using the facility. AA members that attend meetings at the Sackville Heights Community Centre (SHCC) are reminded that smoking/vaping is not permitted on SHCC premises. There is a designated smoking area in the rear of the building. Those in violation of this HRM By-Law may be ticketed and fined.

ATLANTIC

Has resumed in person meetings starting 7 Nov, Sat at 7 PM. St. George's Church Hall, 2222 Brunswick St, Halifax. 11/20

BEDFORD

Meetings are now in person every Tue at 8 PM. Zoom meetings are postponed until further notice. 11/20

HALIFAX SUNDAY MORNING

Has resumed in person meetings starting 25 Oct at 11 AM, George Dixon Centre. 11/20

STEP 11 ZOOM

This meeting will be cancelled effective 27 Oct. 11/20

EARLY RISERS

Due to a lack of attendance this group has closed until further notice. 11/20

PORTERS LAKE

This meeting will be moving to the basement with a limit of 12 people. Look for the AA door sign. 11/20

TIMBERLEA

Meetings are held via conference call. 902-932-1200, password 8462375321 then #. 11/20

GASTON RD 12 & 12

Effective 5 Nov meetings will be in person only. 10/20

RAINBOW OF RECOVERY (Zoom)

Tue and Thu meetings have changed to 6:30 PM. 10/20

UPCOMING DEC BIRTHDAYS

Downtown Halifax	6 Dec	Thomas M (14)
CVBBS	7 Dec	Jon C (3) Fern M (8) David M (11) Gene A (39)



District 1, Area 82



Workshop
on

**ROLES AND RESPONSIBILITIES OF THE
GSR**

Facilitated by
Rob M

Panel 69 Delegate
Area 83 Eastern Ontario International
Sunday, November 29, 2020

1:00 pm to 2:00 pm

Via Zoom: [https://us02web.zoom.us/j/7537988280?](https://us02web.zoom.us/j/7537988280?pwd=L01KMHIvcVc3WXBEWTAzNGlhZWdBZz09)

[pwd=L01KMHIvcVc3WXBEWTAzNGlhZWdBZz09](https://us02web.zoom.us/j/7537988280?pwd=L01KMHIvcVc3WXBEWTAzNGlhZWdBZz09)

Meeting ID: 753 798 8280

Passcode: Service

ALL AA MEMBERS ARE WELCOME

**TO REMAIN ON THE ZOOM CALL FOR THE
DISTRICT 1 GENERAL SERVICE COMMITTEE MEETING.**

*PLEASE SEND ASK-IT BASKET QUESTIONS IN ADVANCE TO
ALTDCM1.AAHALIFAX@GMAIL.COM*



42ND ANNUAL MID WINTER ROUND UP

“NO MATTER WHAT”



**FEBRUARY 12 & 13, 2021
VIRTUAL EVENT
DIST 1 & 2 NOVA SCOTIA**

SPEAKERS | WORKSHOPS | FELLOWSHIP | LEARNING

**ATTENDANCE IS FREE TO ALL. WE ARE SEEKING SUPPORT
TO ASSIST WITH THE EVENT HOSTING COSTS.**

**WWW.AAHALIFAX.ORG/MID-WINTER-ROUND-UP/
MIDWINTERROUNDUP.AAHALIFAX@GMAIL.COM**

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November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	8 PM CVBBS Maureen (5) Harvey G (42) Brian C (44)	7 PM Central Service Meeting	8 PM Back To Basics Clayton M (4)			BOOKSTORE OPEN 11-1 7 PM Atlantic Darren S (9)
8	9	10	11	12	13	14
						BOOKSTORE OPEN 11-1
15	16	17	18	19	20	21
			7 PM ALBBS Jeremy S(1) Ashley C(3)		730 PM Highland Park Jessica T (7)	BOOKSTORE OPEN 11-1
22	23	24	25	26	27	28
1 PM Mid-Winter Round Up Meeting 2 PM District 2 Meeting			8:30 PM Fresh Start Joe B (3) Stacy A (5) Leah C (11) Bill S (41)	7:30 PM Four Season Eric L (8), John C (16) Andrea O (21) Andy C (49)	12:00 Keep it Simple Ken W (5) Jody K (7) Peter M (16) Milton B (36)	BOOKSTORE OPEN 11-1 7 PM Atlantic Steve D (1) Kim C (4) 7:30 Porters Lake Heather Mc (6) Scott N (9)
29	30	1	2	3	4	5
1 PM District 1 Workshop 2 PM District 1 Meeting 8 PM St Margaret's Bay Peter R(6)	7:30 PM Second Chance Gilles D (25) 8 PM Timberlea Chris C (27) 8 PM Downtown Dartmouth Stan G (2) Steve M (15) Cathy M (17)					