



# BLUENOSE Bulletin

2021



Groups • Central Service • Districts 1 & 2 • Area 82

**“Made a list of all the persons we had harmed, and became willing to make amends to them all.”**

## GROUPS THAT CARRY THE MESSAGE

### Weekend Telephone

July 31 -Aug 2 Second Chance Group  
 Aug 7-9 Serenity Sisters Group  
 Aug 14-16 Fresh Start Group  
 Aug 21-23 New Hope Group  
 Aug 28-30 Living in the Solution Group  
 Sept 4-6 Cole Harbour Group  
 Sept 11-13 Downtown Dartmouth Group

To arrange cell phone package email Michael A. at [phones.aahalifax@gmail.com](mailto:phones.aahalifax@gmail.com)

+1 647 374 4685 Canada  
 +1 647 558 0588 Canada  
 +1 778 907 2071 Canada

**District 2 GSR Committee Meeting**  
**Sunday August 15<sup>th</sup>, 2021, at 2:00 PM**  
**Meeting ID: 661 216 0783 Passcode: 678452**  
<https://us02web.zoom.us/j/6612160783?pwd=enJTcVRQeWFqaHFhTGxKL0x1M1FIUT09>

**Active Area Committees of Area 82 will meet by Zoom**  
**August 30<sup>th</sup>, 2021, at 6:00 PM (AT), 6:30 PM (NT).**  
<https://us02web.zoom.us/j/88688093457> No password,  
 waiting room activated.

## SERVICE CALANDAR FOR DISTRICTS 1 & 2

**Central Service Meeting Districts 1 and 2**  
**Tuesday, August 3<sup>rd</sup>, 2021, 7:00 PM via Zoom**  
 Zoom Link:  
<https://us02web.zoom.us/j/5120368953?pwd=a1RIRnRNVEdfZlVqSW85My84S2JiZz09>  
**Meeting ID: 512 036 8953**  
**Passcode: wecandoit**  
 Dial by your location  
 +1 647 374 4685 Canada  
 +1 647 558 0588 Canada  
 +1 778 907 2071 Canada  
 Meeting ID: 512 036 8953  
 Passcode: 864084910  
 Find your local number: <https://us02web.zoom.us/j/kcEHqksrvl>

**District 1 GSR Committee Meeting**  
 Now meets the last Wednesday of the month at 6:00 PM  
**Wednesday, August 25<sup>th</sup>, 2021, 6:00 PM via Zoom**  
**Meeting ID: 753 798 8280 Passcode change: SERVICE**  
<https://us02web.zoom.us/j/7537988280?pwd=L01KMHIvcVc3WXBEWTAzNGlhZWdBZz09>  
 Dial by your location

## COMMITTEE NOTICES

**CENTRAL SERVICE**  
 Subcommittee positions of Districts 1 & 2, Area 82 are rotated every two years. Anyone interested in helping to carry the message by taking on a role on any of these Committees are asked to attend the upcoming Central Service meeting on August 3<sup>rd</sup> at 7:00 PM.

**Sub Committee Chair/Co-Chair Positions available:**  
 CPC Webmaster  
 Entertainment Mid Winter Round Up 2022

### What is your favorite Slogan?

- F.E.A.R. – Face Everything And Recover
- In A.A. I get an owner’s manual to go with my new life.
- Try it for 90 days, and if you don’t like it, we’ll gladly refund your misery.

## MEETING NOTICES



The following meeting notices are accurate at the time of the Bulletin being published. Please check the AA Halifax website to confirm meeting times and locations. **COVID - 19 protocols apply to in-person meetings.**

### LIVING IN THE SOLUTION

7:30 p.m. Monday by Zoom

<https://us02web.zoom.us/j/89893959332?pwd=Mk5LOFdqSWZxWlhvd1hLcDJFNDFldz09>

Meeting ID: 898 9395 9332 Access Code: 209200 06/29

### WELCOME

In-person meeting, 7:00 PM Saturday, 7171 Clinton Ave (Bethany United Church). 7:00 PM Tuesdays, meeting by Zoom. Zoom ID 957 6914 3964, Password 199 583. 06/22

### FOUR SEASONS

As of August 1st, 2021, In-Person/Zoom (Hybrid) meeting for 7:30 PM Thursday (Zoom ID 381 379 254). 10:00 AM Sunday, in-person only. 45 Connolly Road, Sackville, NS 08/01

### SAFETY NET

In-person meeting 5:30 PM Tuesdays at Club 24 (3 Dundas Street, Dartmouth). On-line meetings on Zoom at 5:30 PM Wednesday to Monday. Meeting ID:162 463 507 Access code: 902209 06/22

### BACK TO BASICS

8:00 PM Wednesday and 7:00 PM Friday is now Face to Face only. 321 Main Ave. Halifax, NS, B3S 0B5 (Trinity Anglican Church) 07/14

### ACCEPTANCE

In-person meeting 10:00 AM Saturday. Max. 50 persons. Zoom (same time) ID: 826 7914 3827, Access code: 206027 06/16

### ENFIELD

Meets Friday nights at **8:00 PM**, at the Enfield Lions Den, 162 Old Enfield Road, Enfield NS, B2T 1A8 06/25

### ST MARGARET'S BAY

In-person meeting Sundays at 8:00 PM, and the Wednesday night **Speaker meeting** remains a Zoom meeting.

<https://www.aahalifax.org/meetings/st-margarets-bay-group-2/?tsml-day=3> 06/01

### SUNDAY NIGHT SERENITY

7:00 PM Sunday in-person meeting. Entrance at the back of the Anglican Church of the Apostles, off George Dauphinee Ave. 06/22

### ONLY REQUIREMENT

In-Person 7:00 PM Thursdays at the George Dixon Centre, 2502 Brunswick Street, Halifax, NS. (Multi-purpose room, upstairs). 07/19

### SECOND CHANCE

7:30 PM Monday in-person meetings have resumed at 45 Connolly Road. Saturday meetings at 7:30 PM will remain on Zoom. Meeting ID 709 840 917 Password 251981. 06/23

### COLE HARBOUR

In person meetings have resumed as of Sunday at 8:00 pm. Zoom meeting same time slot at 8:00 PM Sunday. Meeting ID: 397 499 7577 Password: Sunday 06/16

### CVBBS

Effective June 21<sup>st</sup>, 2021, open in-person meeting, 8:00 PM Mondays. COVID-19 protocols apply. Zoom meeting discontinued. 06/16

### GASTON ROAD

Effective May 6<sup>th</sup>, 2021, Gaston Road Group is changing its meeting time on Thursdays from 8:30 PM **to 8:00 PM**.

### FRESH START

Effective August 2021, In-person meetings only, Zoom has been discontinued. Group meets at 8:30 PM on Wednesdays at 45 Connolly Road, Sackville, NS. 07/24

### CIRCLE OF SISTERS

In person meetings are on Sat at 5:30 PM at Club 24. Zoom meetings Wednesday evenings at 7 PM 01/21

### KEEP IT SIMPLE

In person meetings are Monday - Friday, 12:00 PM at Club 24 are open. Capacity 30 People. 06/16

## EARLY RISERS

Meetings are now at 9:30 AM Thursdays and 10:00 AM Saturdays at 3 Dundas Street, Dartmouth, NS (Club 24). 04/11

## TIMBERLEA

Meetings are held via conference call at 8:00 PM on Mondays. 902-932-1200, password 8462375321 then #. 07/12

## ATLANTIC

Atlantic group have resumed in-person meetings. Saturday at 7:00 PM  
2222 Brunswick Street 01/30

## ANY LENGTHS BIG BOOK STUDY

In-person, 7:00 PM Wednesdays. Capacity now 20 people. Fort Massey United Church, 5303 Tobin Street, Halifax, NS, B3H 1S3 06/17

## SERENITY SISTERS

In-Person meetings have resumed on Tuesdays at 7:00 PM Sackville Heights Community Centre. 07/14

## GRATEFUL

7:30 PM Mondays: Last Zoom meeting August 2<sup>nd</sup>, 2021. As of August 9<sup>th</sup>, 2021, in-person only. 51 Farnham Gate Road, Halifax, NS (Halifax Christian Church basement). 07/24

## September Birthdays

DAY	GROUP	CELEBRATING
Sept 5th	Cole Harbour	Brenda B. (16), Matt G. (4), Russell A. (4)
Sept 6th	CVBBSG	Amy W. (3), Peggy A. (8), Glenda K. (14)



## BEDFORD/SACKVILLE AA DAY

The Bedford/Sackville AA Day normally held annually on the second last Saturday of September will not be held this year because of health risks associated with COVID-19 and its variants. Event organizers are hopeful the event may be held September of 2022.

## Important Notice

Meeting notices / updates should be sent to **both** the Webmaster ([Webmaster.aahalifax@gmail.com](mailto:Webmaster.aahalifax@gmail.com)) and the Newsletter ([Newsletter.aahalifax@gmail.com](mailto:Newsletter.aahalifax@gmail.com)) to ensure your message is communicated to your target audience.

## Public Information Meeting

The Public Information Committee will meet **in-person** August 7th, 2021, at 10:00 AM at 45 Connolly Road, Sackville, NS.

Come join us to carry the message of Alcoholics Anonymous to the alcoholic who still suffers.

For more information on Public Information in HRM check out our web page.

<https://www.aahalifax.org/public-information/>

**“The only requirement for AA membership is a desire to stop drinking”.**

**Just for today I will exercise my soul in three ways: I will do someone a good turn and not get found out; if anyone knows of it, it will not count. I will do at least two things I don't want to do – just for exercise. I will not show anyone that my feelings are hurt; they may be hurt, but today I will not show it.**

## Hospital Visitation

If you or an AA member you know are in hospital in HRM and would like to be visited by an AA member, contact us. It does not matter if the patient is from the local area or not, an AA member will visit.

Unfortunately, during this time of COVID 19 we are unable to visit you or the member in person. We are, however, just a phone call away. We can video chat or simply talk on the phone. Someone is always available for you.

Hospital Visitation Chair

Gilles D.

Email: [HospitalVisitation.AAHalifax@gmail.com](mailto:HospitalVisitation.AAHalifax@gmail.com)

Tel: 902-403-7305



PEI AA announces a new website.

The PEI AA Web Committee has announced a new website found at [WWW.peiaa.ca](http://WWW.peiaa.ca)

Please visit the site and let them know what you think.



Fellowship Tree - Contribution from Joan M. / Michael A.

## The Hospital Visitations Committee

will meet Sunday, August 1st, 2021, at 11:00 AM by Zoom.

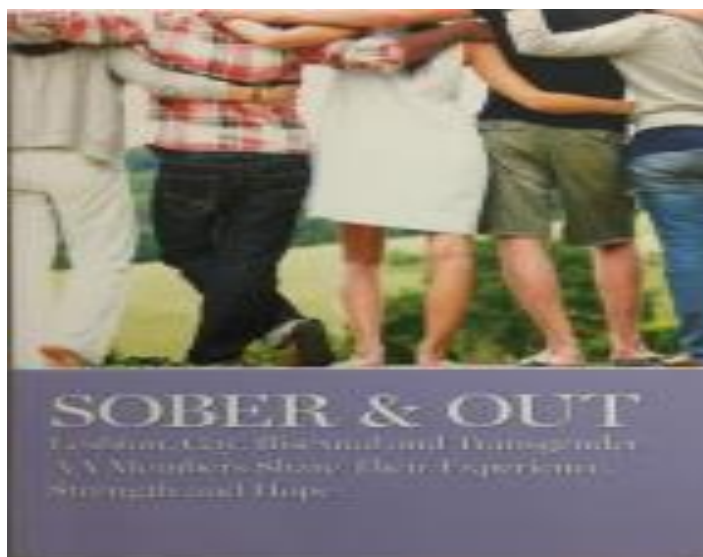
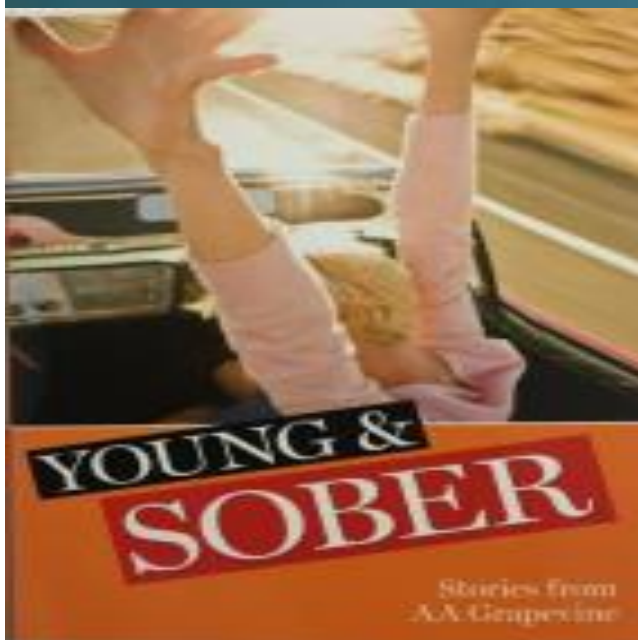
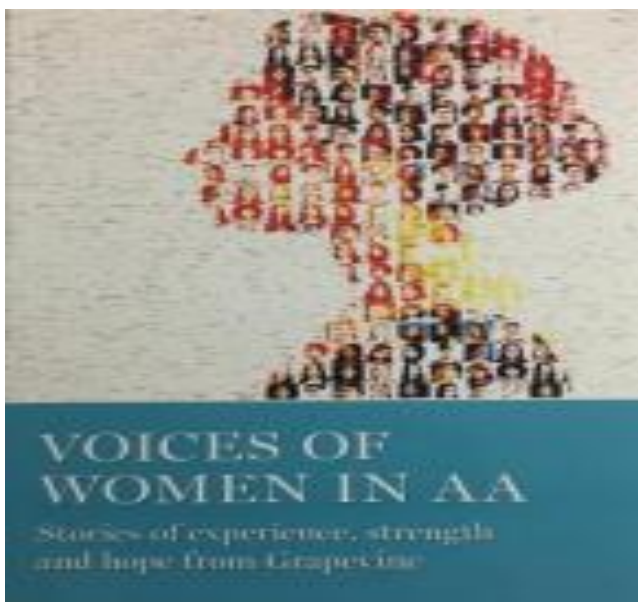
Zoom ID 255 2752 863, Access Code 123456

## ACCEPTANCE

And acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing, or situation – some fact of my life - unacceptable to me, and I find no serenity until – I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. A.A. p. 417



# AA GRAPEVINE Literature



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# August 2021

# Birthdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p><b>11:30 PM Hospital Visitation Meeting</b></p> <p>8:00 Cole Harbour Mark L. (1)</p>	<p><b>2</b></p>	<p><b>3</b></p> <p><b>7:00 PM Central Services Meeting</b></p>	<p><b>4</b></p>	<p><b>5</b></p>	<p><b>6</b></p> <p><b>Bookstore Open 5:00-7:00 PM</b></p>	<p><b>7</b></p> <p><b>10:00 AM Public Information Committee Meeting Zoom (In Person, 45 Connolly Road, Sackville)</b></p>
<p><b>8</b></p>	<p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b></p>	<p><b>12</b></p>	<p><b>13</b></p> <p><b>Bookstore Open 5:00-7:00 PM</b></p>	<p><b>14</b></p>
<p><b>15</b></p> <p><b>2:00 PM District 2 GSR Committee Meeting</b></p> <p>7:30 PM Harbours Group Greg G. (32)</p>	<p><b>16</b></p>	<p><b>17</b></p>	<p><b>18</b></p>	<p><b>19</b></p>	<p><b>20</b></p> <p><b>Bookstore Open 5:00-7:00 PM</b></p>	<p><b>21</b></p>
<p><b>22</b></p>	<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p> <p><b>6:00 PM District 1 GSR Committee Meeting</b></p> <p>8:30 PM Fresh Start Pat M. (47), Pam (1)</p>	<p><b>26</b></p> <p>7:30 PM Four Seasons Mark B. (4), Nancy K. (7) Jamie Q. (11), Velma C. (12) 8:00 PM WESG Gary C. (3), Julia D. (8) Craig R. (10)</p>	<p><b>27</b></p> <p><b>Bookstore Open 5:00-7:00 PM</b></p> <p>12:00 PM Keep It Simple Matt G. (4)</p>	<p><b>28</b></p> <p>5:30 PM Circle of Sisters Tara F. (1) 7:00 PM Atlantic Natalie C. (8) 7:30 PM Second Chance Amy O. (3)</p>
<p><b>29</b></p>	<p><b>30</b></p> <p><b>6:00 (AT), 6:30 (NT) Active Area Committee of Area 82</b></p> <p>6:30 PM Rainbow of Recovery Kasia R. (1) 8:00 PM Timberlea Mike W. (4) 8:00 PM Downtown Dartmouth – Stephen S. (1)</p>	<p><b>31</b></p> <p>7:30 PM Sunrise Joe G. (46), Raylene M. (36), Nancy S. (24), Alan M. (20), Tanya C. (10)</p> <p>7:00 PM Serenity Sisters Jodie T. (4), Bev O. (5) Stephanie J. (5)</p>				