



# BLUENOSE Bulletin

2022



Groups • Central Service • Districts 1 & 2 • Area 82

**“Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for the knowledge of His will for us and the power to carry that out.”**

## GROUPS THAT CARRY THE MESSAGE

### Weekend Telephone

Nov 5-7	Serenity Sisters
Nov 12-14	Fresh Start
Nov 19-21	Cole Harbour
Nov 26-28	Downtown Dartmouth
Dec 3-5	Sunrise

*To arrange cell phone package email Michael A. at [phones.aahalifax@gmail.com](mailto:phones.aahalifax@gmail.com)*

## SERVICE CALENDAR FOR DISTRICTS 1 & 2

**Central Service Meeting Districts 1 and 2**  
**Tuesday, November 1st, 2022, 7:00 PM via Zoom**  
Zoom Link:

<https://us02web.zoom.us/j/5120368953?pwd=a1R1RnRNVEdFZlVqS09W85My84S2JiZz09#success>

**Meeting ID: 512 036 8953**

**Passcode: wecandoit**

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

+1 778 907 2071 Canada

Meeting ID: 512 036 8953

Passcode: 864084910

Find your local number: <https://us02web.zoom.us/j/5120368953>

### District 1 GSR Committee Meeting

(Meets the last Wednesday of the month at 7:00 PM)

**Wednesday, November 30th, 2022, 7:00 PM via Zoom**

**Meeting ID: 753 798 8280 Passcode: SERVICE**

<https://us02web.zoom.us/j/7537988280?pwd=L01KMHIvcVc3WXBEWTAzNGlhZWdBUz09>

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

+1 778 907 2071 Canada

### District 2 GSR Committee Meeting

**Sunday November 20th, 2022, at 2:00 PM**

**In person. Location: Club 24, 3 Dundas Street, Dartmouth, NS.**

**Active Area Committees of Area 82 will meet by Zoom**  
**November 28th, 2022, at 6:00 PM (AT), 6:30 PM (NT).**

<https://us02web.zoom.us/j/88688093457> No password, waiting room activated.

## COMMITTEE NOTICES

### CENTRAL SERVICE

It is fall election time. Subcommittee positions of Districts 1 & 2, Area 82 are rotated every two years. Anyone interested in helping to carry the message by taking on a role on any of these Committees are asked to attend the upcoming Central Service Zoom meeting on **November 1st, 2022, at 7:00 PM.**

### FALL ELECTIONS:

**Sub Committee Chair/Co-Chair Positions available:**

Entertainment	CPC
C.S. Co-Chair	Literature
Telephones	Corrections
Help Email	Treatment
Public Information	

### What is your favorite Slogan?

- There are no coincidences in A.A.
- Serenity is not freedom from the storm but peace amid the storm.
- The 7 T's – Take Time To Think The Thing Through.
- Seven days without an A.A. meeting makes one weak.

## MEETING NOTICES



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The following meeting notices are accurate at the time of the Bulletin being published. Please check the AA Halifax website to confirm meeting times and locations. **COVID - 19 protocols may apply to in-person meetings.**

### SERENITY SISTERS

7:00 PM Tuesdays, in-person, women only, closed discussion. 45 Connolly Road, Mid. Sackville, NS. 12:00 PM Sundays by Zoom. ID 873 8419 1759, Password 261479

**Effective October 7<sup>th</sup>**, the 7:00 PM Fridays Zoom meeting. Zoom ID 873 8419 1759, Passcode: 261479. Book discussion using "A Woman's Way Through the 12 Steps", which can be purchased on Amazon. Workbook not required. 08/17

### DARTMOUTH MENS 12 AND 12

7:00 PM Sundays. Step Meeting. Closed, discussion. Location: Club 24, 3 Dundas Street, Dartmouth, NS. 08/02

### MEN'S LITERATURE MEETING (NEW)

7:00 PM Mondays, Location: Anglican Church of the Apostle, 6670 Bayers Road, Halifax, NS. (Corner of Bayers Road and Connaught Avenue). 09/03

### A NEW PAIR OF GLASSES (NEW)

12:00 PM (Noon) Thursdays. Big Book Study. Location: Salvation Army Resource Centre, 328 Herring Cove Road. Halifax, NS. 09/06

### KEEP IT SIMPLE

Friday 12:00 PM (noon) has changed from Speaker Meeting to Open Discussion. 10/12

### DOWNTOWN HALIFAX

1:00 PM Wednesday meeting will be Zoom only until further notice. Zoom ID: 210 979 251, Access Code: 034936.  
<https://zoom.us/j/210979251?pwd=Z3FSaTBj0M3NWc1UFF> 10/23

E-Transfers  
To Central Services Committee

The Central Services Committee now accepts e-transfers from groups or individuals. (7<sup>th</sup> Tradition). Please put a note along with your transfer as to what the donation is for and which group you represent. Funds will be automatically deposited.

Send to:

Central Service  
[Treasurer.aahalifax@gmail.com](mailto:Treasurer.aahalifax@gmail.com)

Or mail contribution to:  
RPO Gladestone, P. O. Box 31338, Halifax, NS,  
B3K 5Z1

Thanks Foster L.

### December Birthdays

DAY	GROUP	CELEBRATING
Dec 4 <sup>th</sup>	Downtown Halifax	Thomas (16)
Dec 4 <sup>th</sup>	Sunday Night Serenity	Jerry L. (24)
Dec 5 <sup>th</sup>	CVBBSG	Jeremy S. (3), Jon C. (5), David Mc. (13)
Dec 11 <sup>th</sup>	Downtown Halifax	Jonathan G. (2)

**Are you having problems with Alcohol?**

**Helpline: 902-461-1119**

**Email: [contactus.aahalifax@gmail.com](mailto:contactus.aahalifax@gmail.com)**

**Just for Today – I will try to strengthen my mind. I will study. I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought and concentration.**

**43 RD ANNUAL  
MID-WINTER ROUND UP  
“TOGETHER AGAIN”  
ONE DAY EVENT  
HOSTED BY DISTRICTS 1 & 2  
WITH AL-ANON PARTICIPATION  
SATURDAY, FEBRUARY 4<sup>TH</sup>**

**9:00 AM – 12:00 AM**

**WOODLAWN UNITED CHURCH  
54 WOODLAWN ROAD, DARTMOUTH, NOVA SCOTIA  
WORKSHOPS, PANEL SESSIONS, AA AND AL-ANON  
SPEAKERS, SOBRIETY COUNTDOWN AND DANCE.  
MARK YOUR CALENDARS FOR A FULL DAY OF RECOVERY  
AND FELLOWSHIP!**

**FOR INFORMATION PLEASE CONTACT:**

**ALAN M., REGISTRATION CHAIR (902) 441-4495**

**EMILY S., ROUNDUP CHAIR (902) 489-8544**

**GILLES D., ROUNDUP CO-CHAIR (902) 403-7305**

**FULL DETAILS AND UPDATED FLYER COMING SOON**

## The Book Store

The Book Store is closed but will open by appointment.

Michael A. will be the interim volunteer until a new Literature Chair is elected.

[Literature.aahalifax@gmail.com](mailto:Literature.aahalifax@gmail.com)

## Public Information Meeting

The Public Information Committee will meet in person on Saturday November 12th, 2022, at 10:00 AM at 45 Connolly Road, Middle Sackville, NS.

Come join us and see how the Public Information Committee carries the message to the still suffering alcoholic.

For more information on Public Information in HRM check out our web page.

<https://www.aahalifax.org/public-information/>

## TELEPHONE COMMITTEE

IN NEED OF PEOPLE TO HELP WITH THE DAY PHONE. EVENING SUPPORT NEEDED IN THE DARTMOUTH AREA.

ALSO LOOKING FOR GROUPS TO HELP WITH THE WEEKEND PHONE ROTATION

Contact Michael A. 902-402-3862 (Text/VM)

## Treatment Schedule

Schedule for groups conducting AA meetings at the Inpatient Withdrawal Management Unit (Detox). Meetings to occur Sundays at 7:30 PM. Please arrive at least 15 minutes before meeting. COVID-19 protocols are in effect.

Address: Simpson Landing, 304 Pleasant Street, Dartmouth, NS.

Oct 30/22	Sunrise
Nov 6/22	Back to Basics
Nov 13/22	Welcome
Nov 20/22	Highland Park
Nov 27/22	Serenity Sisters
Dec 4/22	Timberlea

If your AA group is interested in supporting this extremely important service to the still suffering alcoholic, please contact the Treatment chair at:

[Treatment.AAHalifax@gmail.com](mailto:Treatment.AAHalifax@gmail.com)

## District 2 Elections For 2023/2024

2:00 PM, November 20<sup>th</sup>,  
2022

At Club 24

Positions:

DCM	Treasurer
ADCM	Secretary



## AREA 82 COMMITTEE CONTACT INFORMATION

TRUDY D. GEN SERV DELEGATE 902- 293-3117  
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MATT D. AREA WEBMASTER 902-691-4883  
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## DISTRICT 1 COMMITTEE CONTACT INFORMATION

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MICHELLE W. SECRETARY 902-240-2006  
[SecretaryDist1.AAHalifax@gmail.com](mailto:SecretaryDist1.AAHalifax@gmail.com)

## DISTRICT 2 COMMITTEE CONTACT INFORMATION

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## CENTRAL SERVICE COMMITTEE CONTACT INFORMATION

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# November 2022

# Birthdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>The Book Store is closed but will open by appointment. Contact Michael A. interim volunteer. 902-402-3862</p>		<p>1 7:00 PM Central Services Meeting</p>	<p>2 7:00 PM Any Lengths Bin P. (3), Mike L. (18)</p>			<p>5 10:00 AM Acceptance Marie M. (6), Niall S. (11). Donald R. (33)</p>
<p>6 Hospital Visitations Meeting On Zoom 1 :00 PM</p>	<p>7 :00 PM Men's Literature Colin C. (6), Darren (11), Dave S. (13) 8:00 PM CVBBSG Ralph F. (1), Harvey G. (44), Brian C. (46)</p>					<p>12 10:00 AM Public Information Committee Meeting In-Person</p>
<p>13 7:00 PM Downtown Halifax Greg P. (7)</p>	<p>14 7:30 PM Grateful Martin K. (26)</p>					<p>19 8:00 PM CVBBSG Christmas Gratitude Meeting</p>
<p>20 2:00 PM District 2 GSR Committee Meeting In-person. Elections. 7:00 PM Sunday Night Tracey C. (8), Rachael S. (10)</p>				<p>24 7:30 PM Four Seasons Tanya E (9), Andrea O. (23), Gilles D. (27), Andy C. (51) 8:00 PM WESG Bobbie M. (5)</p>	<p>25 12:00 PM Keep It Simple Rose Q. (11), Peter M. (18), Bernie S. (25)</p>	<p>26 10:00 Acceptance Aimee C. (26) 5:30 PM Circle of Sisters Maria D. (2) 7:30 PM Second Chance Mike J. (4) 7:30 PM Porters Lake Heather J. (8), Scott N. (10)</p>
<p>27</p>	<p>28 6:00 (AT), 6:30 (NT) Active Area Committee of Area 82 7:00 PM Men's Literature Frank M. (13) 8:00 PM Timberlea Ashley C. (5), Chris C. (29) 8:00 PM Downtown Dart. Paul W. (7), Steve M. (17), Cathy M. (19)</p>	<p>29</p>	<p>30 7:00 PM District 1 GSR Committee Meeting 7:30 PM Sunrise Peter R. (8), Tim M. (18) 8:30 PM Fresh Start Joe B. (5), Leah C. (13), Bill S. (43)</p>			