



# BLUENOSE Bulletin

2023



Groups • Central Service • Districts 1 & 2 • Area 82  
"Made a searching and fearless moral inventory of ourselves"

## GROUPS THAT CARRY THE MESSAGE

### Weekend Telephone

- May 6-9 Serenity Sisters
- May 13-15 Fresh Start
- May 20-22 Cole Harbour
- May 27-29 Downtown Dartmouth
- June 3-5 Sunrise
- June 10-12 Back to Basics
- June 18-20 Highland Park
- June 25-27 Downtown Halifax

To arrange cell phone package email Jonathan G. at [AAPhones.Halifax@gmail.com](mailto:AAPhones.Halifax@gmail.com)

## SERVICE CALENDAR FOR DISTRICTS 1 & 2

**Central Service Meeting Districts 1 and 2**  
Tuesday, May 2nd, 2023, 7:00 PM via Zoom

Zoom Link:

<https://us02web.zoom.us/j/5120368953?pwd=a1RIRnRNVEdFZlVqS2W85My84S2JiZz09#success>

**Meeting ID: 512 036 8953**

**Passcode: wecandoit**

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

+1 778 907 2071 Canada

Meeting ID: 512 036 8953

Passcode: 864084910

Find your local number: <https://us02web.zoom.us/j/kcEHqksrvl>

### District 1 GSR Committee Meeting

(Meets the last Wednesday of the month at 7:00 PM)

**Wednesday, May 31st, 2023, 7:00 PM via Zoom**

**Meeting ID: 753 798 8280 Passcode: SERVICE**

<https://us02web.zoom.us/j/7537988280?pwd=L01KMHIvcVc3>

[WXBEWTAzNGlhZWdBZz09](https://us02web.zoom.us/j/WXBEWTAzNGlhZWdBZz09)

Dial by your location

+1 647 374 4685 Canada

**District 1 GSR Committee Meeting (cont.)**

+1 647 558 0588 Canada

+1 778 907 2071 Canada

### District 2 GSR Committee Meeting

**Sunday May 21st, 2023, at 2:00 PM**

**In person. Location: Club 24, 3 Dundas Street, Dartmouth, NS.**

**Active Area Committees of Area 82 will meet by Zoom May 29th, 2023 at 6:00 PM (AT), 6:30 PM (NT).**

<https://us02web.zoom.us/j/88688093457> No password, waiting room activated.

## COMMITTEE NOTICES

### CENTRAL SERVICE

Subcommittee positions of Districts 1 & 2, Area 82 are rotated every two years. Anyone interested in helping to carry the message by taking on a role on any of these Committees are asked to attend the upcoming Central Service Zoom meeting on **May 2nd, at 7:00 PM.**

### ELECTIONS:

**Sub Committee Chair/Co-Chair Positions available:**

Public Information Chair

C.S. Co-Chair

Various Co-Chair positions

## MEETING NOTICES



The following meeting notices are accurate at the time of the Bulletin being published. Please check the AA Halifax website to confirm meeting times and locations. **COVID - 19 protocols may apply to in-person meetings.**

### SAFETY NET

5:30 PM Daily 7 days a week. Zoom meeting ONLY as of Feb 1<sup>st</sup>. Zoom ID 162 463 507, Passcode :902209. NOT in person on Sundays 01/23

### DARTMOUTH MEN'S 12 AND 12

3 Dundas St. Dartmouth. Effective immediately, the start time has changed from 7:00 PM to 6:00 PM Sundays (03)

### PORTERS LAKE

The Porters Lake AA Group will be eliminating the Saturday night meetings beginning on March 31<sup>st</sup> (no meeting on April 1<sup>st</sup>)

The meetings will still be held on Tuesday nights @ 7:30pm where we will be hosting "Big Book Study" Meetings with the last Tuesday of the month dedicated to Birthday celebrations, and open discussion meeting. (03)

### SERENITY SISTERS

*Sunday:* 12 noon on Zoom ID:873 8419 1757 password: 261479

*Friday:* 7:00PM on Zoom ID: 873 8419 1757 password:261479  
Book Study

*Tuesday:* 7:00 PM we meet in person at 45 Connelly Rd, Lower Sackville (03)

### NEW HOPE GROUP

Starting up again March 3rd. It will still be on Friday's at 12:15 PM, located at the St. Michael's Church, also called "Stella Maris Parish". 6 St. Michael's Ave, off the Herring Cove Road, or the Williams Lake Rd. Entrance is in the back of the church by the parking lot. Zoom meetings will cease at this time. (03)

### LIVING SOBER GROUP

The Living Sober Group is a literature-based group in district 2. We read from either the Living Sober book or the Twelve Steps Twelve Traditions book and then we discuss what we've read. We meet on zoom Sundays at 8:00 pm.

<https://us02web.zoom.us/j/83351002310?pwd=KlnRwd1vKKGX2MPHO2TthHbcJHxGRvb.1>

Meeting ID: 833 5100 2310 password: 503798 (03)

### KEEP IT SIMPLE

Fridays at Keep it Simple 12pm is a speaker meeting (03)

### AGNOSTIC ALCOHOLICS (NEW)

Meets Mondays at 7:00 PM at the George Dixon Center, 2502 Brunswick Street. Halifax, NS. Meeting is on the first floor in the Rack Room. This group is secular, but all faiths are welcome. (04)

### HAPPY DESTINY BIG BOOK STUDY (NEW)

Meets Monday at 6:30 PM, Salvation Army Community Resource Centre.328, Herring Cove Rd. Halifax (04)

### FOUR SEASONS (NEW)

Starting Tuesday May 2<sup>nd</sup> at 12:00PM NOON , 45,Connolly Road, Lower Sackville (05)

### ST. MARGARET'S BAY

The group will be celebrating 50 years on June 25<sup>th</sup> at 8:00 PM Seventh Day Adventist Church, Peggy's Cove Road

## Treatment Schedule FORENSICS

Schedule for groups conducting meetings at East Coast Forensic Hospital. Meetings held **Fridays at 7:30-8:20 PM**. Please arrive at least 15 minutes before the meeting. COVID-19 protocols are in effect **FACEMASKS MUST BE WORN AT ALL TIMES**

Address: 88 Gloria McCluskey Ave, Dartmouth, NS

May 12/23	The Only Requirement
May 26/23	Back to Basics
June 9/23	Four Seasons
June 23/23	Bedford

Treatment chair at: Gilles D.  
TREATMENT 902-403-7305

[Treatment.AAHalifax@gmail.com](mailto:Treatment.AAHalifax@gmail.com)

**Groups Wanted!! Share the Message of Recovery**

**Treatment Committee** needs more groups to participate in putting on meetings at 3 facilities: Detox, Forensics and for women only, the Marguerite Centre. Your group does not need to have a GSR or CSR in order to qualify for this service work. We just need your group to make the commitment to help in any of these facilities. To sign up or ask questions, please contact the Treatment chair Gilles D: (902)403-7305 or email [Treatment.AAhalifax@gmail.com](mailto:Treatment.AAhalifax@gmail.com) (03)

## Treatment Schedule DETOX

Schedule for groups conducting AA meetings at the Inpatient Withdrawal Management Unit (Detox). Meetings are held on **Sundays at 7:30 PM**. Please arrive at least 15 minutes before the meeting. COVID-19 protocols are in effect. **FACEMASKS MUST BE WORN AT ALL TIMES**

Address: Simpson Landing, 304 Pleasant Street, Dartmouth, NS.

May 7/23	Gaston Road
May 14/23	Early Risers
May 21/23	Keep it Simple
May 28/23	Acceptance
June 4/23	Any Length
June 11/23	Cole Harbour
June 18/23	Four Seasons
June 25/23	Fresh Start

If your AA group is interested in supporting this extremely important service to the still suffering alcoholic, please contact the Treatment chair at: Gilles D.  
TREATMENT 902-403-7305

[Treatment.AAHalifax@gmail.com](mailto:Treatment.AAHalifax@gmail.com)

### **BRIDGING THE GAP**

Volunteers need to help in this vital transition for those leaving Detox and getting back into **living life on life terms**.  
**Contact Gilles D: (902)403-7305**

## Are you having problems with Alcohol?

Helpline: 902-461-1119

**(New) Email: AAHelp.aahalifax@gmail.com**

### E-Transfers To Central Services Committee

The Central Services Committee now accepts e-transfers from groups or individuals. (7<sup>th</sup> Tradition). Please put a note along with your transfer as to what the donation is for and which group you represent. Funds will be automatically deposited.

Send to:

Central Service  
[Treasurer.aahalifax@gmail.com](mailto:Treasurer.aahalifax@gmail.com)

Or mail contribution to:  
RPO Gladestone, P. O. Box 31338, Halifax, NS,  
B3K 5Z1

Thanks Foster L.

### May birthdays

DAY	GROUP	CELEBRATING
1st	Early Risers	Murray (7)

### Public Information Meeting

The Public Information Committee will meet in person on **Saturday May 13th, 2023 at 10:00 AM** at 45 Connolly Road, Middle Sackville, NS.

Come join us and see how the Public Information Committee carries the message to the still suffering alcoholic.

For more information on Public Information in HRM check out our web page.

<https://www.aahalifax.org/public-information/>

### AA History this month

May 11

1935 – From the Mayflower Hotel, Bill Wilson called Walter Tunks who referred him to Henrietta Seiberling who introduced Bill to Dr. Bob.

1939: First group to officially call itself Alcoholics Anonymous met at Abby G's house in Cleveland. (some sources say the 18th)

May 14

1998 – Sybil C., first woman to enter A.A. west of the Mississippi, died. Her sobriety date was March 23, 1941. Her name at the time was Sybil Maxwell, though she later opened her talks by saying, "My name is Sybil Doris Adams Stratton Hart Maxwell Willis C., and I'm an alcoholic."

### TELEPHONE COMMITTEE

In need of people to help with the day phone.

Also looking for Groups to help with the weekend phone rotation.

French speaking members needed for daytime, weekend, and evening phone.

Contact: Jonathan G. 902-452-3424 (call /text)

### The Book Store

The Book Store for AA literature will open **Monday evenings 5:00 - 7:00pm** at Club 24 (basement)  
3 Dundas St.

Gerry L. is the new Literature Chair.

Send literature requests to:

[Literature.aahalifax@gmail.com](mailto:Literature.aahalifax@gmail.com)

## 38th International Past Delegates' Reunion

June 23-25, 2023

Hotel Halifax, 1990 Barrington Street, Halifax, NS

The International Past Delegates' Reunion is open to all past and present members of any General Service Conference; AAWS/GV Directors, Trustees, General Service Office Staff Worldwide, and World Service Delegates. The reunion is a gathering of old friends who have shared a unique experience. It is held to provide an opportunity to relate our living experiences since we last met and to celebrate our sobriety with each other.

Tim M. 902-223-4103

[tmil@eastlink.ca](mailto:tmil@eastlink.ca)

### DISTRICT 2 VACANCIES

District 2 is in urgent need of a DCM, ADCM, and Secretary as they currently only have a Treasurer on the Executive. The Treasurer Blair A is the point of contact for District 2 and needs support to fulfill the duties of District 2. Elections for the positions of DCM, ADCM, and Secretary will be held on May 21 as part of the regular District 2 meeting at Club 24. Please have your groups GSR or representative attend the meeting as a discussion will be held to determine how to proceed if the position of DCM is not elected at the May meeting. (05)

# AA Round up District 6 Truro, NS

Theme  
Fellowship in  
Action  
July 28-30th,  
2023

Dalhousie  
AC Cox Institute  
21 Cox Rd  
Bible Hill

Registration  
\$20.00  
Banquet  
\$30.00 cut off June 16th

Rooms  
[HTTPS://stay.dal.ca/Area8223.bnb](https://stay.dal.ca/Area8223.bnb)

Single Room \$38.50  
Double Room \$52.00  
RV camping available

*\*no beverages available*

## Speakers

Welcome - Mike S from Truro, NS

Banquet - JJ from Fredericton, NB

Spiritual - Marj A from Victoria, BC

Allison participation

### Contacts

Chair - Laura C 902.957.3454  
Registration Chair - Anne B  
902.890.6274

E-transfers

[midsummerdist6@gmail.com](mailto:midsummerdist6@gmail.com)



District 1, Area 82 Presents

### **ANATOMY OF A WORKSHOP IN A.A.**

**SUGGESTIONS AND SHARING ON CONDUCTING  
WORKSHOPS**

**Facilitated by**

Vera F

AAWS NTD

Panel 68 Delegate

Wednesday May 31, 2023 6-7  
Atlantic Time

<https://us02web.zoom.us/j/7537988280?pwd=L01KMHIvcVc3WXBEWTzN6IhZWdBZz09>

Via Zoom:

Meeting ID: 753 798 8280

Password: SERVICE

**ALL AA MEMBERS ARE WELCOME  
TO REMAIN THE ZOOM CALL FOR THE  
DISTRICT 1 GENERAL SERVICE  
COMMITTEE MEETING**



## AREA 82 COMMITTEE CONTACT INFORMATION

GERRY W. GEN SERV DELEGATE 709-330-5799  
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## DISTRICT 1 COMMITTEE CONTACT INFORMATION

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[SecretaryDist1.AAHalifax@gmail.com](mailto:SecretaryDist1.AAHalifax@gmail.com)

## DISTRICT 2 COMMITTEE CONTACT INFORMATION

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## CENTRAL SERVICE COMMITTEE CONTACT INFORMATION

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# May 2023

# Birthdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>7:30 PM Grateful Terry D. (36)</p> <p>8:00 PM CVBBSG John G. (17)</p>	<p>2</p> <p>7:00 PM Central Services Meeting</p>	<p>3</p>	<p>4</p>	<p>5</p>	<p>6</p> <p>10:00 AM Acceptance Robert B. (9) Jeremy J. (10)</p>
<p>7</p> <p>8:00 PM Cole Harbour Joanne O. (5), Arlene P. (30), Foster L. (45)</p>	<p>8</p>	<p>9</p>	<p>10</p> <p>8:00 PM Back to Basics Heather L. (11), Cheyenne H. (11)</p>	<p>11</p>	<p>12</p>	<p>13</p> <p>10:00 AM Public Information Committee Meeting In-Person</p>
<p>14</p> <p>7 :00 PM D'town Halifax Michelle (27)</p>	<p>15</p> <p>7 :00 PM Men's Literature Bruce B. (13)</p> <p>7:30 PM Grateful Steve R. (13)</p>	<p>16</p>	<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>
<p>21</p> <p>2:00 PM District 2 GSR Committee Meeting In-person.</p>	<p>22</p>	<p>23</p>	<p>24</p> <p>7:30 PM Fall River Colleen S. (35)</p> <p>8:00 PM Back to Basics Melanie M. (3) Brianna C. (4) Michelle W. (5) Lisa M. (12)</p>	<p>25</p> <p>7:30 PM Four Seasons Kevin B. (4) David P. (5) Robert B. (20)</p>	<p>26</p> <p>12:00 PM Keep it Simple. Joan M. (4).</p>	<p>27</p> <p>10:00 AM Acceptance Mary Jane M. (23) Zoom</p> <p>7:00 PM Atlantic Chris R. (5)</p> <p>7:00 PM Welcome Jen G. (36)</p>
<p>28</p>	<p>29</p> <p>6:00 (AT), 6:30 (NT) Active Area Committee of Area 82</p> <p>8:00 PM Timberlea Cherise H. (2)</p> <p>8:00 PM D'town Dartmouth Ashley E. (3), Alex C. (6) Robert B. (9)</p>	<p>30</p> <p>7:00 PM Serenity Sisters Michelle G. (2)</p> <p>7:30 PM Sunrise Tom H. (47)</p>	<p>31</p> <p>7:00 PM District 1 GSR Committee Meeting</p> <p>8:30 pm Fresh Start Keith B. (23), Garnet E. (35)</p>			