



# BLUENOSE Bulletin

2024



Groups • Central

Service • Districts 1 & 2 • Area 82

“Came to believe that a Power greater than ourselves could restore us to sanity.”

## GROUPS THAT CARRY THE MESSAGE

### Weekend Telephone

Feb 3-5	Serenity Sisters
Feb 10-12	Fresh Start
Feb 17-19	Cole Harbour
Feb 24-26	Downtown Dartmouth
March 2-4	Sunrise
March 9-11	Back to Basics
March 16-18	Highland Park
March 23-25	Downtown Halifax

To arrange cell phone package email Jonathan G. at [AAPhones.Halifax@gmail.com](mailto:AAPhones.Halifax@gmail.com)

## SERVICE CALENDAR FOR DISTRICTS 1 & 2

Central Service Meeting Districts 1 and 2  
Tuesday Feb 6th, 2024, 7:00 PM via Zoom

Zoom Link:

<https://us02web.zoom.us/j/5120368953?pwd=a1RlRnRNVEEdFZlVqSjW85My84S2JiZz09#success>

Meeting ID: 512 036 8953

Passcode: **wecandoit**

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

+1 778 907 2071 Canada

Meeting ID: 512 036 8953

Passcode: 864084910

Find your local number: <https://us02web.zoom.us/j/kcEHqksrvl>

### District 1 GSR Committee Meeting

(Meets the last Wednesday of the month at 6:00 PM)

Wednesday, Feb 28th, 2024, 6:00 PM via Zoom

Meeting ID: 753 798 8280 Passcode: SERVICE

<https://us02web.zoom.us/j/7537988280?pwd=L01KMHIvcVc3WXBEWTAzNGIhZWdBZz09>

Dial by your location

+1 647 374 4685 Canada

District 1 GSR Committee Meeting (cont.)

+1 647 558 0588 Canada

+1 778 907 2071 Canada

### District 2 GSR Committee Meeting

Sunday Feb 18th 2024, at 2:00 PM

In person. Location: Club 24, 3 Dundas Street, Dartmouth, NS.

Active Area Committees of Area 82 will meet by Zoom Feb 26th, 2024 at 6:00 PM (AT), 6:30 PM (NT).

<https://us02web.zoom.us/j/88688093457> No password, waiting room activated.

## COMMITTEE NOTICES

### CENTRAL SERVICE

Subcommittee positions of Districts 1 & 2, Area 82 are rotated every two years. Anyone interested in helping to carry the message by taking on a role on any of these Committees are asked to attend the upcoming Central Service Zoom meeting on Feb 6th, 2024, at 7:00 PM.

### ELECTIONS:

Sub Committee Chair/Co-Chair Positions available:

C.S. Co-Chair

Various Co-Chair positions

CPC monthly meeting on Zoom Monday Feb. 5th, 2024, at 7:00 PM

Meeting ID: 842 9748 9167

<https://us06web.zoom.us/j/84297489167>

## MEETING NOTICES



The following meeting notices are accurate at the time of the Bulletin being published. Please check the AA Halifax website to confirm meeting times and locations.

### RAINBOW OF RECOVERY (NEW)

We have a new Rainbow of Recovery meeting starting December 3rd. Rainbow of Recovery Dartmouth Sunday nights at 7:30pm Grace United Church, 70 King St Dartmouth. Daily Reflections and Discussion LGBTQ+, allies are welcome (12)

### SERENITY SISTERS (NEW)

The Serenity Sisters group has a new Big Book Study meeting on Friday evenings at 7:00 pm. This is a women's meeting. Zoom ID: 873 8419 1757. Access Code: 261479 (02)

### HALIFAX MENS AA MEETING (NEW)

Starting Wednesday 8:00 PM, MARCH 06. St. James Church Basement, 181 Portland Street, Dartmouth, NS, B2Y 1J5, Entrance at left front of church. It has a unique, open, and dynamic format for discussion and problem solving focused on the steps and traditions and members experiences in recovery. (02)

### MID-WINTER ROUNDUP COMMITTEE 2024

#### Mid-Winter Roundup Committee 2024

There will be a follow up meeting **March 3<sup>rd</sup>, 1pm at Club 24** to elect new officers for 2025 MWRU

### TALLAHASSEE GROUP

This group is still active on Wed. 7:00PM, and the format will rotate between Big Book discussion, Twelve and Twelve discussion and a topic meeting. (09)

### SERENITY CORNER GROUP

Serenity Corner Group is now a hybrid meeting. We still meet at 7 pm on Fridays. The in-person meeting is at 38 Trentonian Lane Dartmouth NS.

<https://us02web.zoom.us/j/86072887915?pwd=ckxBYnAvVHZaQUZjeXJCbExqRjgyZz09>

Meeting ID: 860 7288 7915 Passcode: 317717 (09)

### ST. MARGARET'S BAY

As of Feb 4<sup>th</sup> 2024 The St. Margarets Bay group are changing their time from 8.00pm to 6.30pm.

We meet at the Seventh Day Adventist church on Peggy's Cove Rd.(02)

### SAFETY NET

Sunday Zoom Meeting 5:30PM: The last Sunday of the month will be a Speaker Meeting (11).

### BOOK STORE NOTICE

Please note: the AA Book Store at Club 24 will be closed on Monday January 29, 2024 and on Monday February 05, 2024. (I will be away to British Columbia on a work assignment from January 28th to February 10th.) My apologies for any inconvenience. Gerry L. Literature Chair

**District 2  
workshop  
Sunday  
February 4 at  
Club 24 at 1  
pm. Topic.  
Tradition three.**

Please notify Gilles if your group cannot participate on their selected night. It is important that we keep our commitment.

### Treatment Schedule

**FACEMASKS MUST BE WORN AT ALL TIMES**

## FORENSICS

Every 2 weeks **Friday 7:30 PM**

Address: 88 Gloria McCluskey Ave,  
Dartmouth, NS

Feb 9/24	4 Seasons
Feb 23/24	Bedford
March 8/24	Downtown Dartmouth.
March 22/24	Downtown Halifax.

## MARGUERITE CENTRE

Every 2 weeks **Wednesday 7:30 PM**

Feb 14/24	Kate D.
Feb 28/24	Chris
March 13/24	Leah
March 27/24	Downtown Dartmouth

## BRYONY HOUSE

There will not be any meetings held at Bryony House until further notice. However, many thanks to those who have put on meetings and the rotation schedule will resume in the future with notification from Gilles.

### Treatment Schedule

**FACEMASKS MUST BE WORN AT ALL TIMES**

## DETOX

Every **Sunday 7:30 PM**

Address: Simpson Landing, 304  
Pleasant Street, Dartmouth, NS.

Feb 4/24	Acceptance
Feb 11/24	Cole Harbour
Feb 18/24	Fresh Start
Feb 25/24	Colby Village
March 3/24	Sunrise
March 10/24	Back to Basics
March 17/24	Hfx. Sunday morning
March 24/24	Hyland Park

## SIMPSONS LANDING P.S.R.

Every 2 weeks **Wednesday 6:00 PM**

**USE THE SALON ROOM**

Feb 14/24	Keep it Simple
Feb 28/24	Lost & Found
March 13/24	Atlantic
March 27/24	4 Seasons



When leaving treatment to return home take a flyer with a business card

Call AA helpline 902 461 1119

Ask for BRIDGING THE GAP the volunteer will match you with a temporary contact from your town or area so you can get on the path to recovery between Treatment and AA through contact programmes.

## 2024 Area 82 Assembly Committee

Next Meeting

February 15, 2024, 6:30pm via Zoom

Meeting ID: 753 798 8280 Passcode: SERVICE

<https://us02web.zoom.us/j/7537988280?pwd=L01KMHIvcVc3WXBEWTAzNGlhZWdBZz09>

The committee needs a Registration Chair, Transportation Chair and several Co-chairs. All are welcome to attend



# 44TH ANNUAL

## MID-WINTER ROUNDUP

“THE ROAD TO HAPPY DESTINY: AN EXPERIENCE YOU MUST NOT MISS”

HOSTED BY DISTRICTS 1 & 2  
WITH AL-ANON PARTICIPATION

**FEBRUARY 9–11, 2024**

DELTA HOTELS BY MARRIOTT DARTMOUTH  
240 BROWNLOW AVENUE, DARTMOUTH, NS

BANQUET SPEAKER: Sally T.  
FRIDAY EVENING: AA Trivia Night

REGISTRATION (Opens Fri 4pm – Cash, Debit and Credit accepted)

\$30 AA and Al-Anon (includes coffee Fri/Sat and 1 dance ticket))

\$15 Alateen (includes coffee Fri/Sat and 1 dance ticket)

10 extra dance ticket

~~\$60 banquet buffet dinner~~ SOLD OUT

PRE-REGISTER via e-Transfer: [MWRURegister@gmail.com](mailto:MWRURegister@gmail.com)

Please indicate in the notes section of your e-transfer: the fellowship, number of registrations and number of banquet tickets you are purchasing. This email is not for hotel booking.

HOTEL ROOM BOOKINGS:

Call the Delta Dartmouth and tell them you are attending the Mid-Winter Roundup. Call: 902-468-8888

FOR MORE INFORMATION PLEASE CONTACT:

Chair – Heather L: 902-476-7690 - [midwinterroundup.aahalifax@gmail.com](mailto:midwinterroundup.aahalifax@gmail.com)

Registration – Ashley E: 902-233-9144

FOR COMPLETE EVENT DETAILS, VISIT:

<https://www.aahalifax.org/mid-winter-roundup/>



**FOR ALCOHOLICS ANONYMOUS  
District #9**

**CAPE BRETON MID-WINTER ROUND-UP  
March 08, 09 & 10<sup>th</sup>/2024**

~Theme~

**“On the road to recovery”**

A.A. and Alanon Meetings All Weekend

Coffee, Tea, Sandwiches & Sweets

Talent Show Friday Night

Banquet & Dance Saturday Night

**Location:**

**Centre Scolaire Étoile de L'Acadie**

**15 Inglis St, Sydney, NS B1P 7C6**

**Registration \$25.00 Banquet \$30.00**

“We are looking forward to seeing you here in Cape Breton for a weekend full of meetings, great fellowship, good food and wonderful memories to be made!  
‘One Day at A Time’

Malcolm Campbell

2024 Midwinter Roundup Chairperson

Link to local Hotels:

**The Simon Hotel Sydney**

380 Esplanade

Sydney NS, B1P 1B1 direct number: 902-562-6500

fax number: 902-564-6011

**Travel Lodge Nova Scotia**

480 Kings Road, Sydney, NS - B1S 1A8

Reservations Desk: 1-888-253-1628

Book before Feb.9, 2024 \$159.00 + tax

email: [asksimon@simonsydney.com](mailto:asksimon@simonsydney.com)

## TELEPHONE COMMITTEE

In need of people to help with the day phone.

Also looking for Groups to help with the weekend phone rotation.

French speaking members needed for daytime, weekend and evening phone.

Contact: Jonathan G. 902-452-3424 (call/text)

Are you having problems with Alcohol?

Helpline: 902-461-1119

(New) Email: [AAHelp.aahalifax@gmail.com](mailto:AAHelp.aahalifax@gmail.com)

## Birthdays March 2024

DAY	GROUP	CELEBRATING
4th	CVBBSG	Chris M. (22), Marilyn M. (48)

## Public Information Meeting

The Public Information Committee will meet in person on **Saturday Feb.3rd, 2024, at 10:00 AM** at 45 Connolly Road, Middle Sackville, NS.

Come join us and see how the Public Information Committee carries the message to the still suffering alcoholic.

For more information on Public Information in HRM check out our web page.

<https://www.aahalifax.org/public-information/>

2024 Nova Scotia Provincial Roundup of  
Alcoholics Anonymous  
(with Al-Anon participation)



Friday June 7 - Sunday June 9, 2024

at the:

Louis Millet Community Complex  
9489 Commercial St., New Minas, NS B4N 3E9

Details will be posted in the new year!

## The Book Store

The Book Store for AA literature will open  
**Monday evenings 5:00 - 7:00pm** at Club 24  
(basement)  
3 Dundas St.

**CLOSED DURING HOLIDAYS**

Gerry L. is the new Literature Chair.

Send literature requests to:

[Literature.aahalifax@gmail.com](mailto:Literature.aahalifax@gmail.com)

## STORY SOLICITATION

“Do You Think You're Different?” Pamphlet Update

**Deadline for submissions: April 30, 2024**

<https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426>

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The trustees Literature Committee is seeking stories from AA members with diverse backgrounds. This is in response to the 2022 Conference Advisory Action that the trustees' Literature Committee revise the pamphlet “Do You Think You're Different?” to update the stories to represent greater diversity.

The Trustees' Literature Committee requested that consideration be given to stories from multicultural populations, stories from A.A. members whose experience reflects multiple factors, and from diverse populations not addressed in other current A.A. literature.

Please encourage members in your area to write their personal stories for possible inclusion in the revised pamphlet “Do You Think You're Different.” Stories should reflect “in a general way what we used to be like, what happened, and what we are like now.”

The suggested format for typed manuscripts is 500-800 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all authors will be observed whether their story is selected for publication or not.

**Deadline:** Please submit on or before **April 30, 2024**

**Submit your story by following this link:**

<https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426>

**Additional ways of sending your story: Email:**

[pamphletstories@aa.org](mailto:pamphletstories@aa.org)

**Subject Line:** "Do You Think You're Different"

**Postal Mail:** Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163  
**On the envelop:** The word “Pamphlet” should be written on the envelope and at the top of the first page of the manuscript



## **The Regional Forum this year will be held in August 2024 for 3 days in Ottawa.**

To learn more : <https://www.aa.org/regional-and-local-forums>

Regional Forum events allow members throughout the service structure to exchange information. They bring together:

- The General Service Board
- A.A. World Services, Inc.
- A.A. Grapevine, Inc.
- The General Service Office and Grapevine staff
- A.A. members
- Newcomers to service
- Trusted servants

Started in 1975, these unique gatherings happen four times a year. Each forum occurs in one of the eight regions of the U.S. or Canada that has extended an invitation.

Forums offer unique opportunities for A.A. members across the U.S. and Canada to connect with individuals involved in the A.A. service structure. Members can exchange information with representatives from various organizations. The forums coordinator, local A.A. host contact, and regional trustee collaborate to plan the forum. Local Forums cater to the cultural, accessibility, and population needs of A.A. communities, while the Regional Forums coordinator at GSO works with the Local Forum organizing committee. Unlike Regional Forums, the Local Forum Committee handles expenses like meeting room costs.

As GSR, you are the trusted AA Servant for your group.

See if your group can put a financial action plan in place for you to attend this very informative AA Forum. Act fast for flights and hotel savings.

For more information, explore the website, and do not hesitate to contact the undersigned.

Yours in service,

Michael H.  
DCM 1

# Plain Language Big Book Information Session

February 25th  
2:00 pm – 4:00 pm EST

Zoom ID: 867 2200 6265

Passcode: 924686

**Special Guest:**  
The Chair of the TABB Subcommittee  
(Tools for Accessing the Big Book)

A Subcommittee of the Trustees' Literature Committee

Presented  
by the  
South East  
Regional  
Delegates



Spanish Language Interpretation Provided  
1000 Participant Limit

### **DISTRICT 2 COMMITTEE CONTACT INFORMATION**

BERNIE S. DCM 902-405-1497  
[DCM2.AAHalifax@gmail.com](mailto:DCM2.AAHalifax@gmail.com)  
ALEXANDRA C. A/DCM 782-414-6466  
[AltDCM2.AAHalifax@gmail.com](mailto:AltDCM2.AAHalifax@gmail.com)  
BLAIR A. TREASURER 902-476-5688  
[Treasurerdist2.aahalifax@gmail.com](mailto:Treasurerdist2.aahalifax@gmail.com)  
CHERYL M. SECRETARY 782-882-3938  
[Secretarydist2.aahalifax@gmail.com](mailto:Secretarydist2.aahalifax@gmail.com)

### **AREA 82 COMMITTEE CONTACT INFORMATION**

GERRY W. GEN SERV DELEGATE 709-330-5799  
[gsd@area82aa.org](mailto:gsd@area82aa.org)  
DWAYNE M. GEN SERV DELEGATE ALT. 902-631-0002  
[alt\\_gsd@area82aa.org](mailto:alt_gsd@area82aa.org)  
ANNE B. AREA CHAIR 902-890-6274  
[Chair@area82aa.org](mailto:Chair@area82aa.org)  
DEBBIE C. AREA SECRETARY/REGISTRAR  
902-623-0828  
[Secretary@area82aa.org](mailto:Secretary@area82aa.org)  
JOCELYN I. AREA TREASURER 709-636-0208  
[Treasurer@area82aa.org](mailto:Treasurer@area82aa.org)  
PAUL B. REMOTE COMMUNITY CHAIR  
[rc@area82aa.org](mailto:rc@area82aa.org)  
JIM P. NL & LAB ARCHIVIST 709-782-1021  
[nl\\_archivist@area82aa.org](mailto:nl_archivist@area82aa.org)  
TRUDY D. NS ARCHIVIST 902-293-3117  
[ns\\_archivist@area82aa.org](mailto:ns_archivist@area82aa.org)  
MATT D. AREA WEBMASTER 902-691-4883  
[Webmaster@area82aa.org](mailto:Webmaster@area82aa.org)

### **DISTRICT 1 COMMITTEE CONTACT INFORMATION**

MICHAEL DCM 902-329-8152  
[DCMD1.AAHalifax@gmail.com](mailto:DCMD1.AAHalifax@gmail.com)  
VACANT A/DCM  
[AltDCM.1District@gmail.com](mailto:AltDCM.1District@gmail.com)  
MARY W. TREASURER 902-488-9146  
[Treasurer.AA.District1@gmail.com](mailto:Treasurer.AA.District1@gmail.com)  
JONATHAN G. SECRETARY 902-452-3424  
[SecretaryDist1.AAHalifax@gmail.com](mailto:SecretaryDist1.AAHalifax@gmail.com)

### **CENTRAL SERVICE COMMITTEE CONTACT INFORMATION**

PAUL B. CHAIR 902-222-0541  
[CSR.ChairAAHalifax@gmail.com](mailto:CSR.ChairAAHalifax@gmail.com)  
VACANT CO-CHAIR  
[CSR.CoChairAAHalifax@gmail.com](mailto:CSR.CoChairAAHalifax@gmail.com)  
MIKE C. TREASURER 902-292-7608  
[Treasurer.AAHalifax@gmail.com](mailto:Treasurer.AAHalifax@gmail.com)  
ANNE P. SECRETARY 902-580-0777  
[Secretary.AAHalifax@gmail.com](mailto:Secretary.AAHalifax@gmail.com)  
MARK B. BLUENOSE BULLETIN 902-792-8319  
[Newsletter.aahalifax@gmail.com](mailto:Newsletter.aahalifax@gmail.com)  
TOM P. CORRECTIONS 902-430-3396  
[Corrections.AAHalifax@gmail.com](mailto:Corrections.AAHalifax@gmail.com)  
KATHY S. CPC 902-292-0853  
MELANIE Mc. CPC Co chair 902-981-6034  
[CPC.AAHalifax@gmail.com](mailto:CPC.AAHalifax@gmail.com)  
NOELLE D. ENTERTAINMENT 902-250-0195  
[Entertain.AAHalifax@gmail.com](mailto:Entertain.AAHalifax@gmail.com)  
SAM B. HELP EMAIL 902-718-9306  
[AAHelp.AAHalifax@gmail.com](mailto:AAHelp.AAHalifax@gmail.com)  
WAYNE O. HOSPITAL VISIT 902-455-2840  
[HospitalVisitation.AAHalifax@gmail.com](mailto:HospitalVisitation.AAHalifax@gmail.com)  
GERRY L. LITERATURE 902-483-6521  
[Literature.AAHalifax@gmail.com](mailto:Literature.AAHalifax@gmail.com)  
HEATHER L. MID-WINTER ROUNDUP 902-476-7690  
[MidWinterRoundup.AAHalifax@gmail.com](mailto:MidWinterRoundup.AAHalifax@gmail.com)  
BILL P. PUBLIC INFORMATION 902-219-2140  
[PublicInformation.AAHalifax@gmail.com](mailto:PublicInformation.AAHalifax@gmail.com)  
JONATHAN G. TELEPHONES 902-452-3424  
[AAPhones.Halifax@gmail.com](mailto:AAPhones.Halifax@gmail.com)  
VACANT- CO-CHAIR DAYTIME TELEPHONES  
[Daytimephoncochair@gmail.com](mailto:Daytimephoncochair@gmail.com)  
SEAN M. CO-CHAIR EVENING 902-292-9013  
[Eveningphonescochair@gmail.com](mailto:Eveningphonescochair@gmail.com)  
GILLES D. TREATMENT 902-403-7305  
Co chair Sara G 709-693-0305  
[Treatment.AAHalifax@gmail.com](mailto:Treatment.AAHalifax@gmail.com)  
HEATHER L. WEBMASTER  
[Webmaster.AAHalifax@gmail.com](mailto:Webmaster.AAHalifax@gmail.com)  
FOSTER L. INSURANCE LIASON 902-210-2172  
[Insurance.AAHalifax@gmail.com](mailto:Insurance.AAHalifax@gmail.com)

# FEBRUARY 2024



# Birthdays



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 10:00 AM Public Information Committee Meeting In-Person 10:00 AM Acceptance Erin L. (17)
4 8 :00 PM Cole Harbour Mike H. (34)	5 7 :00 PM CPC (zoom) 7 :30 PM Grateful Jim M. (40) 8 :00 PM CVBBSG Chris S. (3), Mary L. (17)	6 7:00 PM Central Services Meeting	7	8	9	10
11 2:00 PM District 2 workshop	12	13	14 8 :00PM Back to Basics Mike B. (2), Paul B. (8)	15 8:00 PM WESG 45 yr anniversary	16	17 10:00 AM Early Risers Evan (1) 10:00 AM Lost & Found Kathy G. (35)
18 2:00 PM District 2 GSR Committee Meeting In-person. 11:00 AM Hfx Sun.Morning Tony B. (1)	19	20	21	22 7:00 PM Only Requirement Steve T. (1)	23 12:00 PM Keep it Simple Alex A. (1), Laura B. (1), Cathy A. (21)	24 10:00 Early Risers Gig M. (24) 5:30 PM Circle of Sisters Mary M. (50), Brenda D. (1) 7:30 PM Second Chance Samaira G. (19)
25 <b>26<sup>th</sup> (cont.)</b> 8:00 PM D'town Dartmouth Sarah P. (1), Lefty (53)	26 6:00 PM Active Area Committee Of Area 82 (zoom) 7:00 PM Men's Lit Jason B. (1) 7:30 PM Grateful Joe P. (16) 8:00 PM CVBBSG 34 yr anniversary	27 7;30 PM Sunrise Zach P. (1), Mark H. (22)	28 6:00 PM District 1 GSR Committee Meeting 7:00 PM Any Lengths Craig B. (2), Melissa E. (5)	29 7:30 PM 4 Seasons Tim N. (1), Jared D. (2), Dennis W. (5) Shirely (11), Bill Mac. (26) 8:00 PM Gaston Road Luke P. (1) 8:00 PM WESG Peter L. (1)	23 (cont.) 7:30 PM Highland Park Stacey G. (5), John H. (10), Gary S. (18)	<b>TOTAL 457 years of sobriety in Feb.</b>

