



Central Service • Districts 1 & 2 • Area 82 Groups

*"Putting out of our minds the wrongs others had done, we resolutely looked for our own mistakes.
Where had we been selfish, dishonest, self-seeking and frightened?"
-Alcoholics Anonymous p.67*

GROUPS THAT CARRY THE MESSAGE

Weekend Telephone

Apr	4-7	Timberlea Group
Apr	11-14	Four Seasons Group
Apr	18-21	Second Chance Group
Apr	25-28	Serenity Sisters Group
May	2 - 4	Fresh Start Group
May	9-12	Cole Harbour Group
May	16-19	Downtown Dartmouth Group
May	23-26	Sunrise Group
May 30 - June 2		Back to Basics Group

*To arrange a cell phone package, email
AAPhones.Halifax@gmail.com*

SERVICE CALENDAR FOR DISTRICTS 1&2

CENTRAL SERVICE MEETING, DISTRICTS 1 & 2

(Meets the first Tuesday of the month at 7:00 PM)

Tuesday, April 1, 2025 7:00 PM via Zoom

Zoom Link [HERE](#)

Meeting ID: 512 036 8953

Passcode: wecandoit

Dial by your location

+1 647 374 4685 Canada

Find your local number: [HERE](#)

DISTRICT 1 GENERAL SERVICE COMMITTEE MEETING

(Meets the last Wednesday of the month at 6:00 PM)

Wednesday, April 30, 2025 6:00 PM via Zoom

Zoom link [HERE](#)

Meeting ID: 753 798 8280 Passcode: SERVICE

Dial by your location

+1 647 374 4685 Canada

DISTRICT 2 GENERAL SERVICE COMMITTEE MEETING

(Meets the third Sunday of the month at 2:00 PM)

Sunday April 20, 2025 at 2:00 PM

In person meeting

Club 24, 3 Dundas Street,

Dartmouth, NS.

AREA 82 ACTIVE AREA COMMITTEES MEETING

(Meets the last Monday of the month at 6:00 PM)

Next meeting: April 28, 2025 at 6:00 PM (AT), 6:30 PM (NT)

Zoom link [HERE](#)

No password, waiting room activated

Dial by your location

+1 647 374 4685 Canada

COMMITTEE NOTICES

CENTRAL SERVICE NEEDS YOUR HELP!

There are several positions that need to be filled:
Secretary of the committee, also chair positions for
Literature, Public Information, and Entertainment
committees. Plus we need co-chairs for many of the
subcommittees.

Service is an amazing way to give back to this program!
Please come and learn more at the next Central Service
meeting (first Tuesday of each month on zoom at 7 pm)
or email for information.

Contact current acting Secretary:

secretary.AAHalifax@gmail.com

COMMITTEE NOTICES

CPC COMMITTEE MEETING

(Meets on the first Monday of each month)

Next meeting **April 7, 2025 at 6:00 PM**

Zoom link [HERE](#)

Meeting ID: 842 9748 9167

PUBLIC INFORMATION COMMITTEE MEETING

(Meets on the second Saturday of each month)

The Public Information Committee will meet in person on

Saturday April 12, 2025 at 10:00 AM

at 45 Connolly Road, Middle Sackville, NS.

MID-WINTER ROUNDUP 2025 COMMITTEE

(Meets the first Sunday of the month at 1:00 PM)

The committee will meet on **April 6, 2025 at 1:00 PM**, 3 Dundas St, Dartmouth to form the new 2026 MWRU committee. This is a fun and creative way for both District 1 & 2 members to volunteer together along with Al-Anon and be a part of an amazing team. See you there!

TELEPHONE COMMITTEE

A big welcome to Paul M as the new Telephone Chair. Looking for members to help with the day and evening phone. Also looking for groups to help with the weekend phone rotation. French speaking members encouraged to volunteer. Contact: AAPhones.Halifax@gmail.com

LITERATURE COMMITTEE

The Literature committee is looking for a chairperson.

If you're interested in learning more about this service position, or have any literature related questions or requests

MEETING NOTICES

The following meeting notices are accurate at the time of the Bulletin publication. Please check AAHalifax.org to confirm meeting times and locations.

RAINBOW OF RECOVERY ONLINE

The Dartmouth Rainbow of Recovery meeting is switching to an online format due to low in-person turn out. Everyone is welcome and we'd love to see more regular members at each meeting. 7:30 PM every Sunday [HERE](#)

Meeting ID: 897 4946 2260 Passcode: rainbow (3)

SAFE HARBOURS ONLINE GROUP (NEW)

Safe Harbours Online Group, Saturdays 10 AM.

Closed meeting. Birthday meeting last Saturday of the month (open meeting). All inclusive group.

Meeting ID: 649 576 2881 Passcode: 637320

Link [HERE](#) (1)

WORKSHOP

District 2 Service Workshop: The Group Conscience - Exploring Tradition Two Using the Traditions Checklist Sunday April 13th at 2:00 PM, Club 24 3 Dundas Street, Dartmouth. Presented by Amy A. Alt DCM District 2. Refreshments will be available.



NEW TEMPORARY BOOK STORE HOURS

The Book Store for AA literature will be open the first Monday of the month only, 5:00 pm - 7:00 pm at Club 24 (basement), 3 Dundas St, Dartmouth

A CHAIRPERSON IS NEEDED FOR THE LITERATURE COMMITTEE

The Area 82 Active Area Committee Meeting is held via Zoom on the LAST MONDAY OF EACH MONTH

The meeting will open at 6:00 pm NS time, 6:30 pm NL time at the following Zoom link, [HERE](#)

The purpose of the regular monthly meeting is to share our combined experiences in Committee work throughout Area 82. Central Service committee chairs are encouraged to attend.

Treatment Schedule
FACE MASKS MUST BE WORN AT ALL TIMES

DETOX

Every Sunday 7:30 PM

Simpsons Landing, 304 Pleasant Street, Dartmouth

Apr	6 /2025	Downtown Halifax
Apr	13 /2025	Only Requirement
Apr	20 /2025	Early Risers
Apr	27 /2025	Circle of Sisters
May	4 /2025	Acceptance
May	11 /2025	Cole Harbour
May	18 /2025	Fresh Start
May	25 /2025	Colby Village

SIMPSONS LANDING P.S.R.

Every 2 weeks Wednesday 6:00 PM

Simpsons Landing, 304 Pleasant Street, Dartmouth
USE THE SALON ROOM

Apr	9 /2025	Grateful Group
Apr	23 /2025	Keep It Simple
May	7 /2025	Gilles D
May	21 /2025	Stan M

Treatment Schedule
FACE MASKS MUST BE WORN AT ALL TIMES

FORENSICS

Every 2 weeks Friday 7:30 PM

88 Gloria McCluskey Ave, Dartmouth

Apr	4 /2025	John C
Apr	18 /2025	Only Requirement
May	2 /2025	Back to Basics
May	16 /2025	Four Seasons
May	30 /2025	Bedford



MARGUERITE CENTRE

Every 2 weeks Wednesday 7:30 PM

3178 St Margarets Bay Rd, Timberlea

Apr	9 /2025	Jo
Apr	23 /2025	Natalie
May	7 /2025	Sam
May	21 /2025	Chris

**Bridging
the
GAP**

Becoming a temporary
contact between
treatment and A.A.



When leaving treatment
to return home, take a
flyer with a business card.
Ask for BRIDGING THE GAP
and the volunteer will
match you with a
temporary contact from
your town or area so you
can get on the path to
recovery between
Treatment and AA through
contact programs.



CENTRAL SERVICE COMMITTEE CONTACT INFORMATION

CHAIR PAUL B. 902-222-0541

CSR.ChairAAHalifax@gmail.com

CO-CHAIR HEATHER L. 902-476-7690

CoChair.CSRAAHalifax.com

TREASURER TRUDY D. 902-293-3117

Treasurer.AAHalifax@gmail.com

SECRETARY - VACANT

Secretary.AAHalifax@gmail.com

BLUENOSE BULLETIN - EMILY S. 902-489-8544

Newsletter.aahalifax@gmail.com

CORRECTIONS - MELANIE M. 902-981-6034

CO-CHAIR CORRECTIONS - VACANT

corrections.AAHalifax@gmail.com

CPC - CLAIRE T. 647-289-5792

CPC.AAHalifax@gmail.com

ENTERTAINMENT - VACANT

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HOSPITAL VISITATION - JOEL B. 782-640-6527

HospitalVisitation.AAHalifax@gmail.com

LITERATURE - VACANT

Literature.AAHalifax@gmail.com

MID-WINTER ROUNDUP

MidWinterRoundup.AAHalifax@gmail.com

PUBLIC INFORMATION - VACANT

PublicInformation.AAHalifax@gmail.com

TELEPHONES - Paul M 902 476 1226

AAPhones.Halifax@gmail.com

CO-CHAIR DAYTIME PHONES - VACANT

Daytimephoncochair@gmail.com

CO-CHAIR EVENING PHONES - VACANT

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TREATMENT - NOELLE D. 902 292 5077

Treatment.AAHalifax@gmail.com

WEBMASTER - ALEC M. 902-818-6229

Webmaster.AAHalifax@gmail.com

INSURANCE LIASON - PATSY W. 902 401-2582

insurance.AAHalifax@gmail.com

DISTRICT 1 COMMITTEE CONTACT INFORMATION

SAMAIRA G DCM 902 476 3057

DCMD1.AAHalifax@gmail.com

ALT DCM - VACANT

AltDCM1.AAHalifax@gmail.com

MICHELLE W TREASURER

Treasurer.AA.District1@gmail.com (e-transfer)

Attn Michelle W 632-92 Moirs Mill Rd., Bedford, NS B4A 3Y2

SECRETARY - VACANT

SecretaryDist1.AAHalifax@gmail.com

DISTRICT 2 COMMITTEE CONTACT INFORMATION

BERNIE S. DCM 902-405-1497

DCM2.AAHalifax@gmail.com

AMY A. ALT DCM 782-414-2011

AltDCM2.AAHalifax@gmail.com

TREASURER - VACANT

Treasurerdist2.aahalifax@gmail.com

SANDRA D. SECRETARY 902-229-4216

Secretarydist2.aahalifax@gmail.com

AREA 82 COMMITTEE CONTACT INFORMATION

DWAYNE MacD GEN SERV DELEGATE 902-631-0002

gsd@area82aa.org

ANNE B. ALT GSD 902-890-6274

alt_gsd@area82aa.org

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Chair@area82aa.org

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709-763-1459

Secretary@area82aa.org

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KATHY S. NS ARCHIVIST 902 292 0853

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MARIE M. AREA WEBMASTER 902-220-5482

Webmaster@area82aa.org

Please refer to flyers at the back of the newsletter.

UPCOMING EVENTS:

District 2 Service Workshop
The Group Conscience: Exploring Tradition Two
Using the Traditions Checklist
Sunday April 13th at 2:00 PM, Club 24 3 Dundas Street, Dartmouth
Presented by Amy A. Alt DCM District 2
Refreshments will be available.

BRIDGEWATER MAY DAY 2025 “New Freedom, New Happiness”
Saturday May 10, 2025 \$15 AA and Al-Anon registration
Lunch and supper provided; coffee & tea & donuts free all day
Holy Trinity Anglican Parish Hall, 78 Alexandra Ave, Bridgewater
contact Barb KH 902 293 9803

NS Provincial Roundup – Foundations of Freedom
June 6 & 7, 2025 -\$20 registration (incl coffee/tea, ice cream social)
\$10 lunch, \$25 dinner & dessert
St. James United Church Hall, 181 Portland St, Dartmouth
All details about the event and how to register can be found on [aahalifax.org](https://www.aahalifax.org/nova-scotia-provincial-roundup-2025/) web site:
<https://www.aahalifax.org/nova-scotia-provincial-roundup-2025/>
Buy tickets here: <https://nova-scotia-provincial-round-up.square.site/>

UPCOMING BIRTHDAYS IN EARLY MAY 🎂

Date	Group	Celebrant(s)
May 5, 2025	Grateful Group	Terry D (38)

APRIL 2025 BIRTHDAYS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7 PM Central Service Mtg 12 PM Highland Park Lynn (16)	2 7 PM Tallahassee Barry L (32)	3	4	5 10 AM Acceptance Moira H (10) Jim H (44)
6 1 PM MWRU mtg 8 PM Cole Harbour Group Kelly H (1) Ashley K (9) Arlene P (32)	7 8 PM Colby Village BB Study Group Mike D (7)	8	9	10	11	12
13	14	15	16 8 PM Back to Basics Mike L (3) Kathy S (7) Heather L (13)	17	18 7:30 PM Fall River Marcel (46)	19
20 2 PM District 2 GSR Mtg	21	22	23	24 7:30 PM Four Seasons Gary S (22) 8 PM Gaston Rd Matt M (1) Jim G (26)	25 12 PM Keep It Simple Bob P (2) Steve R (3) Ken C (17) 7:30 PM Highland Park Gabriella W (26) David Mac (37) Cyndi M (38)	26 5:30 PM Circle of Sisters Lara B (6)
27 11 AM Hfx Sunday Morning Kevin H (1) 7:30 PM Harbours Group Weldon H (40)	28 6 PM Area 82 Active Areas Comm Mtg 7 PM Men's Literature Meeting Nathan T (1) Randy C (2) 8 PM Downtown Dartmouth Jess M (1) Ryan H (1) Corey M (12) Kevin M (33) Bruce W (47)	29 7 PM Serenity Sisters Maddy M (6) 7:30 PM Sunrise Garth M (39)	30 7 PM District 1 GSR Mtg		 578 total years of sobriety celebrated in our community this April!	

June 6 & 7

FOUNDERS DAY

90th
Anniversary

AA Nova Scotia

PROVINCIAL ROUND UP

June 6 & 7, 2025

FOUNDATIONS OF FREEDOM!

Doors open
Friday at 5pm
St. James United
Church Hall,
181 Portland St.
Dartmouth

Street parking
available in
surrounding area



Registration
- \$20
(includes an
Ice cream
social on
Friday evening
& coffee/tea all
weekend)

Meals - \$10 Lunch
(sandwich/veggies)
\$25 - Dinner &
Dessert
*meal tickets must
be pre-ordered by
Mon. June 2nd

\$55 for everything!

E-transfer:
NSPRU2025@gmail.com
Contact: Heather
L, Chair
902-476-7690
Michael H –
Registration
NSPRU2025@gmail.com

EARLY BIRD DRAW!

Register before
May 6th
you could win a
free meal package
and free
registration.



Speakers, Panels,
Fun Run/Walk,
Play, Dinner,
Games & More!



Special Hotel
Rates at the
Sandman and
Delta Dartmouth
Click [here](#) for
more info

Presenting the **CANADIAN PREMIER** of

Bill W. & Lois W.

Their Journey Through Letters
Sat. 4:15 pm



EARLY BIRD FLYER MAY DAY 2025

"New Freedom, New Happiness"

**COME SHARE WITH US BRIDGEWATER MAY DAY!
SATURDAY, MAY 10, 2025**

**Holy Trinity Anglican Parish Hall - Home of the Action
Group 78 Alexandra Avenue**

Bridgewater, Nova Scotia

REGISTRATION STARTS AT 9:00 AM

**Meetings all day starting at 9:30 AM Guest Speaker
6:30 PM**

**Lunch and Supper provided (vegetarian option
available) Coffee, Tea & Donuts free all day**

Pop & Water for sale

50/50 Draw

Bridgewater Archives Display all day

Contact Persons: Barb K-H 902-293-9803

Jody L 902-521-0877

*Meet new friends for a great time and fellowship! We look
forward to seeing you there!*