



Central Service • Districts 1 & 2 • Area 82 Groups

"We must be entirely honest with somebody if we expect to live long or happily in this world."
-Alcoholics Anonymous p.73

GROUPS THAT CARRY THE MESSAGE

Weekend Telephone

May	2 - 4	Fresh Start Group
May	9-12	Cole Harbour Group
May	16-19	Downtown Dartmouth Group
May	23-26	Sunrise Group
May 30 - June 2		Back to Basics Group
June	6 - 9	Highland Park
June	13 - 16	Downtown Halifax
June	20 - 23	Sunday Night Serenity
June	27 - 30	Timberlea Group

To arrange a cell phone package, email
AAPhones.Halifax@gmail.com

COMMITTEE NOTICES

The Central Service Committee is looking for members to offer their service as chairpersons of:

Entertainment committee:

This individual works with the committee to organize dances, picnics, camping and other events in the fellowship. Please see duties [HERE](#) (p 10)

Treatment committee:

This individual works with the committee to organize groups and individuals to put on meetings at the detox facility, Simpsons Landing PSR, Marguerite Centre and forensics unit. See duties [HERE](#) (p 14)

Please contact CS chair Paul B
CSR.ChairAAHalifax@gmail.com

SERVICE CALENDAR FOR DISTRICTS 1&2

CENTRAL SERVICE MEETING, DISTRICTS 1 & 2

(Meets the first Tuesday of the month at 7:00 PM)

Tuesday, May 6, 2025 7:00 PM via Zoom

***Please note: The Entertainment chair and Treatment chair positions still need to be filled.**

Zoom Link [HERE](#)

Meeting ID: 512 036 8953

Passcode: wecandoit

Dial by your location

+1 647 374 4685 Canada

Find your local number: [HERE](#)

DISTRICT 1 GENERAL SERVICE COMMITTEE MEETING

(Meets the last Wednesday of the month at 6:00 PM)

Wednesday, May 28, 2025 6:00 PM via Zoom

Zoom link [HERE](#)

Meeting ID: 753 798 8280 Passcode: SERVICE

Dial by your location

+1 647 374 4685 Canada

DISTRICT 2 GENERAL SERVICE COMMITTEE MEETING

(Meets the third Sunday of the month at 2:00 PM)

Sunday May 18, 2025 at 2:00 PM

In person meeting

Club 24, 3 Dundas Street,

Dartmouth, NS.

AREA 82 ACTIVE AREA COMMITTEES MEETING

(Meets the last Monday of the month at 6:00 PM)

Next meeting: May 26, 2025 at 6:00 PM (AT), 6:30 PM (NT)

Zoom link [HERE](#)

No password, waiting room activated

Dial by your location

+1 647 374 4685 Canada

COMMITTEE NOTICES

CPC COMMITTEE MEETING

(Meets on the first Monday of each month)

Next meeting **May 6, 2025 at 6:00 PM**

Zoom Link [HERE](#)

Meeting ID: 512 036 8953

Passcode: wecandoit

Dial by your location

+1 647 374 4685 Canada

PUBLIC INFORMATION COMMITTEE MEETING

Meeting date TBA.

Contact: PublicInformation.AAHalifax@gmail.com

MID-WINTER ROUNDUP 2026 COMMITTEE

(Meets the first Sunday of the month at 1:00 PM)

The committee will meet on **May 4, 2025 at 1:00 PM**,

3 Dundas St, Dartmouth. A number of positions are still open and volunteers are welcome. This is a fun and creative way for both District 1 & 2 members to work together along with Al-Anon and be a part of an amazing team. See you there!

TELEPHONE COMMITTEE

Looking for members to help with the day and evening phones. Also looking for groups to help with the weekend phone rotation. French speaking members encouraged to volunteer. Contact: AAPhones.Halifax@gmail.com

ARCHIVES ONLINE MEETING

(Meets the third Saturday of the month at 6:00 PM)

Area 82 Archivist Kathy S will host an online meeting

Saturday May 17, 2025 at 6:00 PM on Zoom. ID number 83281896090. No password required. Looking for volunteers to help gather group histories.

Contact: ns_archivist@area82aa.org

MEETING NOTICES

The following meeting notices are accurate at the time of the Bulletin publication. Please check AAHalifax.org to confirm meeting times and locations.

FRESH START GROUP TIME CHANGE

Effective June 4, the Fresh Start Group will change its Wednesday meeting start time from 8:30 PM to 8:00 PM. 45 Connolly Rd, Sackville. (5)

RAINBOW OF RECOVERY ONLINE

The Sunday Dartmouth Rainbow of Recovery meeting is switching to an online format due to low in-person turn out. Everyone is welcome and we'd love to see more regular members at each meeting. 7:30 PM every Sunday [HERE](#)
Meeting ID: 897 4946 2260 Passcode: rainbow (3)

MEETING NAME CHANGE

The online meeting "The Afternooners" has changed its name to "**Jon's Afternooners.**" They meet Monday to Friday at 2:00 PM. Meeting ID: 898 9566 0664
Access code: itworks

EARLY RISERS

The Early Risers group will now offer a speaker meeting on the last Saturday of every month at 10 AM, Club 24, 3 Dundas Street, Dartmouth. (5)

WE NEED SOME HELP FROM THE FELLOWSHIP!

Provincial Round Up committee: We are looking for one or two individuals to design the images and sounds for the production of "Bill W. & Lois W. Their Journey in Letters" for the Roundup on June 7. Familiarity with presentation and audio editing software is required. Please contact Dario at dariodeldegan@gmail.com

IN MEMORIAM

Remembering with love:

Jonathan G 1972 - March 12 2025
Home Group: Downtown Halifax

Remembering with love:

Pam F June 27 1960 - Feb 3 2025
Home Group: Circle of Sisters

The Bluenose Bulletin would like to recognize members of our fellowship who have recently passed away. Please note: we do not wish to highlight the loss of certain members or leave others out. We include only those who are brought to our attention.

Please contact: newsletter.aahalifax@gmail.com

Treatment Schedule
FACE MASKS MUST BE WORN AT ALL TIMES

DETOX

Every Sunday 7:30 PM

Simpsons Landing, 304 Pleasant Street, Dartmouth

May 4 /2025	Acceptance
May 11 /2025	Cole Harbour
May 18 /2025	Fresh Start
May 25 /2025	Colby Village
June 1 /2025	Sunrise
June 8 /2025	Back to Basics
June 15 /2025	Hfx Sunday Morning
June 22 /2025	Highland Park
June 29 /2025	Serenity Sisters

SIMPSONS LANDING P.S.R.

Every 2 weeks Wednesday 6:00 PM

Simpsons Landing, 304 Pleasant Street, Dartmouth
USE THE SALON ROOM

May 7 /2025	Gilles D
May 21 /2025	Stan M
June 4 /2025	Atlantic Group
June 18 /2025	Four Seasons

Treatment Schedule
FACE MASKS MUST BE WORN AT ALL TIMES

FORENSICS

Every 2 weeks Friday 7:30 PM

88 Gloria McCluskey Ave, Dartmouth

May 2 /2025	Back to Basics
May 16 /2025	Four Seasons
May 30 /2025	Bedford
June 13 /2025	Downtown Dartmouth
June 27 /2025	Circle of Sisters



MARGUERITE CENTRE

Every 2 weeks Wednesday 7:30 PM

3178 St Margarets Bay Rd, Timberlea

May 7 /2025	Sam
May 21 /2025	Chris
June 4 /2025	Leah
June 18 /2025	Circle of Sisters

**Bridging
the
GAP**

Becoming a temporary
contact between
treatment and A.A.



When leaving treatment
to return home, take a
flyer with a business card.
Ask for BRIDGING THE GAP
and the volunteer will
match you with a
temporary contact from
your town or area so you
can get on the path to
recovery between
Treatment and AA through
contact programs.

Please refer to flyers at the back of the newsletter.

UPCOMING EVENTS:

BRIDGEWATER MAY DAY 2025 “New Freedom, New Happiness”

Saturday May 10, 2025 \$15 AA and Al-Anon registration

Lunch and supper provided; coffee & tea & donuts free all day

Holy Trinity Anglican Parish Hall, 78 Alexandra Ave, Bridgewater

contact Barb KH 902 293 9803

SAVE THE DATE! NS Provincial Roundup – Foundations of Freedom

June 6 & 7, 2025 -\$20 registration (incl coffee/tea, ice cream social)

Order your meal early - GF and Veggie options available \$10 lunch, \$25 dinner & dessert

Register **before May 6 for the Early Bird Draw** and you could win your ticket

Watch the Canadian premiere stage play of *Bill and Lois: their Journey through Letters*

Main speakers: Joe G and Judy H

St. James United Church Hall, 181 Portland St, Dartmouth

All details about the event and how to register can be found on aahalifax.org web site:

<https://www.aahalifax.org/nova-scotia-provincial-roundup-2025/>

Buy tickets here: <https://nova-scotia-provincial-round-up.square.site/>

UPCOMING BIRTHDAYS IN EARLY JUNE



Date	Group	Celebrant(s)
Sunday June 1	Sunday Night Serenity	Connor M (1)
Sunday June 1	Cole Harbour Group	Joanne O (7), Mark T (9)

NEW BOOK STORE HOURS

**The Book Store for AA literature will be open
SUNDAYS from 5:00 pm - 7:00 pm
at Club 24 (basement), 3 Dundas St, Dartmouth**
Welcome Melissa E and Val W
as chair and co-chair of the Literature Committee!

MAY 2025 BIRTHDAYS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		7 PM Central Service Mtg		1	2	3
4 1 PM MWRU mtg 8 PM Cole Harbour Group Christina D (6) Foster L (47)	5	6	7 7 PM Any Lengths Bridget R (2)	8 7:30 PM Rainbow of Recovery Kate (1)	9	10 10 AM Early Risers Lee C (2) Murray L (9)
11	12 7 PM Men's Literature Bruce B (15)	13	14	15	16	17
18 2 PM District 2 GSR Mtg	19	20	21 8 PM Back to Basics Melanie M (5) Brianna C (6) Michelle W (7) 8:30 PM Fresh Start Keith (25) Colleen (37) Garnett (37)	22	23	24
25	26 6 PM Area 82 Active Areas Comm Mtg 8 PM Timberlea Cherise H (4) 8 PM Downtown Dartmouth Norma H (2) Ryan K (6) Scott K (9) John G (38)	27 7:30 PM Sunrise Tom H (49)	28 7 PM District 1 GSR Mtg	29 7:30 PM Four Seasons David P (7) Daniel T (9) David D (9) Robert R (22) 7:30 PM Freedom Group Michael B (30)	30 12 PM Keep It Simple Rosie B (36) 7:30 PM Highland Park Cori C (20) Lisa L (25)	31 5:30 PM Circle of Sisters Avalene O (2) Joan M (6)

**CENTRAL SERVICE COMMITTEE
CONTACT INFORMATION**

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Treasurer.AA.District1@gmail.com (e-transfer)
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SecretaryDist1.AAHalifax@gmail.com

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June 6 & 7

FOUNDERS DAY

90th
Anniversary

AA Nova Scotia

PROVINCIAL ROUND UP

June 6 & 7, 2025

FOUNDATIONS OF FREEDOM!

Doors open
Friday at 5pm
St. James United
Church Hall,
181 Portland St.
Dartmouth

Street parking
available in
surrounding area

Registration
- \$20
(includes an
Ice cream
social on
Friday evening
& coffee/tea all
weekend)

Meals - \$10 Lunch
(sandwich/veggies)
\$25 - Dinner &
Dessert
*meal tickets must
be pre-ordered by
Mon. June 2nd

\$55 for everything!

E-transfer:
NSPRU2025@gmail.com
Contact: Heather
L, Chair
902-476-7690
Michael H –
Registration
NSPRU2025@gmail.com



EARLY BIRD DRAW!

Register before
May 6th
you could win a
free meal package
and free
registration.



Speakers, Panels,
Fun Run/Walk,
Play, Dinner,
Games & More!



Special Hotel
Rates at the
Sandman and
Delta Dartmouth
Click [here](#) for
more info

Presenting the **CANADIAN PREMIER** of

Bill W. & Lois W.

Their Journey Through Letters
Sat. 4:15 pm



EARLY BIRD FLYER MAY DAY 2025

"New Freedom, New Happiness"

**COME SHARE WITH US BRIDGEWATER MAY DAY!
SATURDAY, MAY 10, 2025**

**Holy Trinity Anglican Parish Hall - Home of the Action
Group 78 Alexandra Avenue**

Bridgewater, Nova Scotia

REGISTRATION STARTS AT 9:00 AM

**Meetings all day starting at 9:30 AM Guest Speaker
6:30 PM**

**Lunch and Supper provided (vegetarian option
available) Coffee, Tea & Donuts free all day**

Pop & Water for sale

50/50 Draw

Bridgewater Archives Display all day

Contact Persons: Barb K-H 902-293-9803

Jody L 902-521-0877

*Meet new friends for a great time and fellowship! We look
forward to seeing you there!*