



Central Service • Districts 1 & 2 • Area 82 Groups

“True humility and an open mind can lead us to faith, and every AA meeting is an assurance that God will restore us to sanity if we rightly relate ourselves to God.” - 12 Steps & 12 Traditions p.33

MEETING NOTICES

Please check AAHalifax.org to confirm meeting times and locations.

HALIFAX FORUM HOMELESS SHELTER MEETING

Every second Tuesday at 8 PM, 6210 Young St, Halifax
Members meet in the parking lot and enter the building together. Inquire at front desk for AA material.
The meeting is held in the kitchen area at the back of the building. Members are asked to be respectful as we are walking by open living spaces for residents.

NEW ONLINE MEETING

Serenity Sisters Book Study: Twelve and Twelve
Starting Friday, January 9, 2026 at 7:00 p.m.
on Zoom Login ID: 873 8419 1757 (12)

DOWNTOWN HALIFAX

New Big Book Study format,
Last Sunday of every month.
Please bring your own book. Sundays 7 PM
St Matthews Church, 1479 Barrington St (10)

BOOK STORE HOURS

If you need an AA book or pamphlet for your group or for yourself, visit the store:
Sundays 5 PM - 7 PM
Club 24 (basement door) 3 Dundas St, Dartmouth.
Contact: literature.AAHalifax@gmail.com

COMMITTEE NOTICES

GROUPS NEEDED FOR FORUM MEETING

AA Central Service is asking all groups to consider volunteering for rotational shifts at the Halifax Forum Homeless Shelter. The meetings will be run the same as Detox Meetings. They will be held bi-weekly on Tuesdays at 8 pm. Please contact the Treatment Chair to sign up and for more information.
Contact: Albert K 902 425 6659

CENTRAL SERVICE ELECTIONS

Entertainment and Public Information committees are in need of chairs. **CPC, Treatment, Insurance, Hospital Visitation** are in need of co-chairs. Please contact CS chair Heather L at: CSR.ChairAAHalifax@gmail.com

PSR MEETINGS SUSPENDED

There will be no AA meetings at the PSR (Psychosocial Rehabilitation) Unit at Simpsons Landing until further notice, effective Nov 6.
Contact Albert K for details: 902 425 6659

IN MEMORIAM

Remembering with love:

Stan M

1962-2026

Home Group: Keep It Simple
Celebration of Life at Club 24 on Feb 7 from 2 - 4 PM

The Bluenose Bulletin would like to recognize members of our fellowship who have recently passed away.
Please contact: newsletter.aahalifax@gmail.com

DISTRICTS 1 & 2 SERVICE CALENDAR FEBRUARY 2026

Please refer to details and locations on the next page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1:00 PM MID-WINTER ROUND UP COMMITTEE MEETING 7:30 PM DETOX Early Risers	2	3 6:00 PM SERVICE MANUAL BOOK STUDY 7:00 PM CENTRAL SERVICE MEETING	4	5	6 PHONES Cole Harbour Group 7:30 PM FORENSICS Only Requirement	7
8 2PM DISTRICT 2 WORKSHOP 7:30 PM DETOX Circle of Sisters	9	10 6:00 PM SERVICE MANUAL BOOK STUDY 8:00 PM HFX FORUM SHELTER MEETING Back to Basics	11 7:30 PM MARGUERITE CENTRE Natalie	12	13 PHONES Downtown Dartmouth	14
15 2:00 PM DISTRICT 2 GENERAL SERVICE MEETING 7:30 PM DETOX Acceptance	16	17 6:00 PM SERVICE MANUAL BOOK STUDY	18	19 6 PM ARCHIVES COMMITTEE MEETING	20 PHONES Sunrise Group 7:30 PM FORENSICS Back to Basics	21
22 7:30 PM DETOX Cole Harbour	23 6:00 PM AREA 82 ACTIVE AREAS COMMITTEE MEETING	24 6:00 PM SERVICE MANUAL BOOK STUDY 8:00 PM HFX FORUM SHELTER MEETING Tallahassee Group	25 6:00 PM DISTRICT 1 GENERAL SERVICE MEETING 7:30 PM MARGUERITE CENTRE Sam	26	27 PHONES Back to Basics	28

MARCH WEEKEND PHONES: Highland Park (6-9th), Downtown Halifax (13-16th), Sunday Night Serenity (20-23th), Early Risers (27-30th)

MARCH DETOX MEETINGS: Fresh Start (1st), Welcome Group (8th), Sunrise (15th), Back to Basics (22nd), HFX Sunday Morning (29th)

MARCH FORENSICS MEETINGS: Four Seasons (6th), Bedford Group (20th)

MARCH MARGUERITE CENTRE MEETINGS: Chris (11th), Leah (25th)

MARCH HFX FORUM SHELTER MEETINGS: HFX Sunday Morning (10th), Welcome Group (24th)

SERVICE CALENDAR DETAILS AND LOCATIONS

Please refer to service calendar on the previous page.

CENTRAL SERVICE COMMITTEE MEETING	Meets online, the first Tuesday of the month at 7:00 PM	Meeting ID: 512 036 8953 Passcode: wecandoit	Zoom Link HERE Dial by your location +1 647 374 4685 Canada
DISTRICT 1 GENERAL SERVICE COMMITTEE MEETING	Meets online, the last Weds of the month at 6:00 PM	Meeting ID: 753 798 8280 Passcode: SERVICE	Zoom link HERE Dial by your location +1 647 374 4685 Canada
DISTRICT 2 GENERAL SERVICE COMMITTEE MEETING	Meets in person on the third Sunday of the month at 2:00 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
DISTRICT 2 WORKSHOP	Meets in person every second month on second Sunday at 2 PM	Club 24 3 Dundas St Dartmouth	Contact Bernie S 902 405 1497
SERVICE MANUAL BOOK STUDY	Meets every Tuesday 6:00 PM in NS, 6:30 PM in NL	Meeting ID: 824 1286 8436 Passcode: 275042	Contact: gsd@area82aa.org
AREA 82 ACTIVE AREAS COMMITTEE MEETING	Meets online, the last Monday of the month at 6:00 PM	Dial by your location +1 647 374 4685 Canada	Zoom link HERE No password
MID-WINTER ROUND UP COMMITTEE MEETING	Meets in person on the first Sunday of the month at 1:00 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
ARCHIVES COMMITTEE MEETING	Meets online the third Thursday of the month at 6:00 PM	Meeting ID: 814 0105 2318 Password: 494955	Contact Kathy S 902-292-0853
TELEPHONE COMMITTEE	Volunteers for weekend phones, day and evening phones needed.	AAPhones.Halifax@gmail.com	Contact Paul M 902 476 1226
CPC (Cooperation with the Professional Community)	CPC meeting dates TBA		Contact Natalie C 902 219 7287
PUBLIC INFORMATION COMMITTEE	PI meeting dates TBA		
DETOX MEETINGS	Every Sunday 7:30 PM	Simpsons Landing 304 Pleasant St, Dartmouth	Contact Albert K 902 425 6659
HFX FORUM SHELTER MEETING	Every two weeks Tuesday 8:00 PM	6210 Young St, Halifax Meet in parking lot	Contact Albert K 902 425 6659
FORENSICS MEETINGS	Every two weeks Friday 7:30 PM	88 Gloria McCluskey Ave, Dartmouth	Contact Albert K 902 425 6659
MARGUERITE CENTRE	Every two weeks Wednesday 7:30 PM	3178 St Margarets Bay Road, Timberlea	Contact Albert K 902 425 6659
PSR (Psychosocial rehabilitation Unit)	Meetings suspended temporarily		Contact Albert K 902 425 6659

Please refer to flyers at the back of the newsletter.

UPCOMING EVENTS:

DISTRICT 2 WORKSHOP

Tradition Seven using Traditions Checklist
Sunday, February 8, 2026 at 2:00 PM at Club 24, 3 Dundas Street
(Cookies will be available)

46th ANNUAL MID-WINTER ROUND UP

Principles before Personalities: The Spiritual Path to Freedom
Feb 27 - March 1, 2026 at the Delta Hotel Dartmouth, 240 Brownlow Ave
\$30 AA and AI-Anon registration, includes coffee and dance (**\$15 Alateen**)
\$60 banquet buffet dinner (tickets must be purchased by Feb 23)
[USE THIS LINK](#) to book your hotel room
Banquet speaker: **Robert T from New York City**
please see flyer for more details or contact Bernie S (902 405 1497)

EMOTIONAL SOBRIETY WORKSHOP

An Exploration of Surrender and Its Role in Happy Long-Term Sobriety
Saturday, March 28 from 12-5pm at 45 Connolly Rd, Lower Sackville

UPCOMING BIRTHDAYS IN EARLY MARCH 🎂

Date	Group	Celebrant(s)
March 2	Colby Village	Chris M (24)
March 7	Acceptance	Melissa E (7) Jim H (45)

FEBRUARY 2026 BIRTHDAYS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8 PM Cole Harbour Mike H (36) Sandy B (36)	2	3	4 7 PM Tallahassee Group Brian T (19) Dennis K (25)	5	6	7 10 AM Acceptance Erin L (19) Sally T (21)
8	9	10 8 PM Bedford Group Ryan (1)	11	12	13	14
15	16	17	18 8 PM Back to Basics Michael B (4) Paul B (10)	19	20 7:30 PM Highland Park Stacey (7) John H (12)	21 5:30 PM Circle of Sisters Becca H (1) Dawn F (2) Mary M (52)
22 11 AM Hfx Sunday Morning Dexter O (1) Tony B (3)	23 7:30 PM Grateful Group Joe P (18) 8 PM Downtown Dartmouth Tara C (1) Colby D (4) Mark R (8) Freddie W (12) Lefty H (55)	24 7:30 PM Porters Lake Group Lori B (4) Chris W (4) 7:30 PM Sunrise Mark M (25) 7:30 PM Lion's Den Trina J (2) Derek F (2) Garrett W (2) Dawn H (3) Jordan F (5)	25 8 PM Back to Basics Lindsay M (1)	26 7:30 PM Four Seasons Tim N (3) Kim V (6) Dennis W (7) Shirley H (13) Phil R (15) Bill M (28)	27 12 PM Keep it Simple Justin S (1) Alex A (3) Nancy O (5) Cathy A (23)	28 10 AM Early Risers Justin S (1) Evan B (3) Patsy W (19) Gig M (26) 7:30 PM Second Chance Samaira G (21)

**CENTRAL SERVICE COMMITTEE
CONTACT INFORMATION**

CHAIR - HEATHER L. 902-476-7690
CSR.ChairAAHalifax@gmail.com

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SECRETARY - JARRAD S. 902-877-3088
Secretary.AAHalifax@gmail.com

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**DISTRICT 1 COMMITTEE
CONTACT INFORMATION**

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ALT DCM - VACANT
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MICHELLE W. - TREASURER
Treasurer.AA.District1@gmail.com (e-transfer)
Attn: Michelle W 632-92 Moirs Mill Rd., Bedford, NS B4A 3Y2

SECRETARY - ROB R. 782-414-5568
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**DISTRICT 2 COMMITTEE
CONTACT INFORMATION**

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CONTACT INFORMATION**

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You are invited to accompany us
On our Journey as we start a study of

THE A.A. SERVICE MANUAL

combined with

TWELVE CONCEPTS FOR WORLD SERVICE

Starting November 18th
at 6:30 NL time, 6:00 NS time

by Bill W.

Zoom Link: 824 1286 8436

PW: 275042



Sessions will initially be led by the current GSD for Area 82, Dwayne MacD and Panel 73 Delegate Gerry W . Our hope is to involve any Past Delegates who are interested to help lead our sessions. Our overall goal is to expand our knowledge of the Service Manual and our Twelve Concepts

None of us are experts, our intent is to grow and learn as we study the material together

All are Welcome

We will be using the

2024-2026 Edition
REVISED AND UPDATED



46th Annual Mid-Winter Roundup For AA and Al-Anon

Principles Before Personalities: The Spiritual Path to Freedom

Friday Evening Entertainment: **AA Trivia Night** Friday Speaker: **Lisa L (Highland Park)**
Saturday Banquet Speaker: **Robert T. New York (The Living Now Group of AA)**
Sunday Spiritual Speaker: **Bernie P (Rise and Shine Group, Callicoon, New York State)**

February 27- March 1, 2026

Delta Hotels Dartmouth (+1 902-468-8888)
240 Brownlow Ave, Dartmouth, NS B3B 1X6
Special room rate \$169

REGISTRATION (OPENS FRIDAY 4 PM)

\$30 AA & Al-Anon (includes coffee and 1 dance ticket)
\$15 Alateen (includes coffee and 1 dance ticket)
\$10 extra dance ticket
\$60 banquet buffet dinner (bisque, salads, 2 mains, desserts)
Cut-off for banquet tickets is February 23rd 2026

EARLY REGISTRATION DRAW

Register on or before Jan 20, 2026, for a chance to win 1 night hotel accommodation, 1 banquet ticket, or 1 registration.

Preferred registration via e-transfer: mwruregister@gmail.com or via **credit card here:**
<https://46thannualmidwinter-roundup.square.site/>

Please indicate in the notes section of your e-transfer: the fellowship, number of registrations and number of banquet tickets you are purchasing.

This email is not for hotel booking.

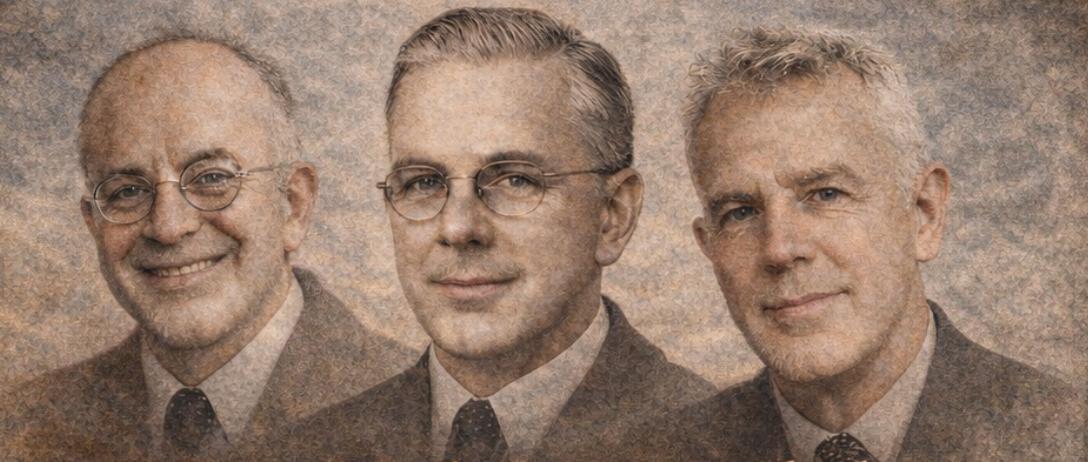
HOTEL ROOM BOOKINGS:

Discounted hotel rate: **\$169 per night**. Must book by Jan 20, 2026, to enjoy this special rate! **BOOK YOUR HOTEL ROOM(S) ONE OF THE FOLLOWING TWO WAYS: [USING THIS LINK](#) OR CALL: 902-468-8888** and be sure to mention "**Mid Winter Roundup**" so you get the special room rate!

FOR MORE INFORMATION PLEASE CONTACT:

Chair – Bernie S - DCM2.AAHalifax@gmail.com | Registration Chair – Sam B-
MWRURegister@gmail.com | To learn more about volunteering at the event:
kpagu1967@gmail.com (Hospitality Chair) To volunteer with Al-Anon, please email -
PEILady@hotmail.com (Nancy) Jane.Karrel@gmail.com (Jane)

FOR COMPLETE EVENT DETAILS, VISIT <https://www.aahalifax.org/mid-winter-roundup-2026/>



Emotional Sobriety Workshop

An Exploration of Surrender and Its Role In Happy Long-Term Sobriety

With Joel N. & Blake M.

-  **Saturday, March 28**
-  **Noon – 5:00 p.m.** (Four 1-Hour Sessions)
-  **45 Counelly Road, Lower Sackville**

Workshop Topics:

- Bill Wilson's 'Emotional Sobriety' Letter
- Surrender vs Compliance by Harry Tiebout
- Ego Factors in Surrender by Harry Tiebout
- The Beatitudes by Emmet Fox

Honoring Our Roots, Growing in Recovery

Tiebout & Fox were not AA members, but their insights helped shape early AA principles of surrender and spiritual growth. We use these writings as tools for discussion, staying grounded in AA principles.

All Are Welcome!

Take What's Useful and Leave the Rest

