



## Central Service • Districts 1 & 2 • Area 82 Groups

*"... when these laid hold of A.A. principles with all the fervor with which the drowning seize life preservers, they almost invariably got well. - 12 Steps & 12 Traditions p.22*

### MEETING NOTICES

Please check [AAHalifax.org](http://AAHalifax.org) to confirm meeting times and locations.

#### NEW ONLINE MEETING

Serenity Sisters Book Study: Twelve and Twelve  
Starting Friday, January 9, 2026 at 7:00 p.m.  
on Zoom Login ID: 873 8419 1757 (12)

#### DOWNTOWN HALIFAX

##### New Big Book Study format

Last Sunday of every month.

Please bring your own book. Sundays 7 PM  
St Matthews Church, 1479 Barrington St (10)

#### ONLINE MEETING CLOSURE

The online meeting of Rainbow of Recovery at 7:30 PM on Sundays has closed.  
(Thursday 7:30 PM in-person group meets every week at 3380 Barnstead Ln)<sup>11</sup>

#### SACKVILLE SPEAKER MEETING

Fridays at 7:30pm, 45 Connolly Rd, Sackville.

##### January Speaker Line Up:

- Jan 2 - WD
- Jan 9 - Natalie C
- Jan 16 - Paul B
- Jan 23 - Dave Mc
- Jan 30 - Peter F

### COMMITTEE NOTICES

#### GROUPS NEEDED FOR FORUM MEETING

AA Central Service is asking all groups to consider volunteering for rotational shifts at the Halifax Forum Homeless Shelter. The meetings will be run the same as Detox Meetings. They will be held weekly on Tuesdays at 8 pm. Please contact the Treatment Chair to sign up and for more information.  
Contact: Albert K 902 425 6659

#### CENTRAL SERVICE ELECTIONS

at the January 6 meeting:

**Entertainment Chair** for the 2026-2027 term.

Following co-chair positions in need of volunteers:  
CPC, Treatment, Insurance, Hospital Visitation.

Please contact CS chair Heather L  
at: [CSR.ChairAAHalifax@gmail.com](mailto:CSR.ChairAAHalifax@gmail.com)

#### PSR MEETINGS SUSPENDED

**There will be no AA meetings at the PSR (Psychosocial Rehabilitation) Unit** at Simpsons Landing until further notice, effective Nov 6.  
Contact Albert K for details: 902 425 6659

#### BOOK STORE HOURS

If you need an AA book or pamphlet for your group or for yourself, visit the store:

**Sundays 5 PM - 7 PM**

Club 24 (basement door) 3 Dundas St, Dartmouth.

Contact: [literature.AAHalifax@gmail.com](mailto:literature.AAHalifax@gmail.com)

# DISTRICTS 1 & 2 SERVICE CALENDAR JANUARY 2026

*Please refer to details and locations on the next page.*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 <b>PHONES</b> Timberlea	3
4 <b>1:00 PM MID-WINTER ROUND UP Committee Meeting</b>  <b>7:30 PM DETOX</b> Any Lengths	5	6 <b>6:00 PM Service Manual Book Study</b>  <b>7:00 PM CENTRAL SERVICE MEETING</b>	7	8	9 <b>PHONES</b> Four Seasons  <b>7:30 PM FORENSICS</b> John C	10 <b>10:00 AM PUBLIC INFORMATION Committee Meeting</b>
11  <b>7:30 PM DETOX</b> Lions Den	12	13  <b>6:00 PM Service Manual Book Study</b>	14  <b>7:30 PM MARGUERITE CENTRE</b> Downtown Dartmouth	15	16  <b>PHONES</b> Second Chance	17
18 <b>2:00 PM DISTRICT 2 GENERAL SERVICE MEETING</b>  <b>7:30 PM DETOX</b> Downtown Halifax	19	20  <b>6:00 PM Service Manual Book Study</b>	21	22	23  <b>PHONES</b> Serenity Sisters  <b>7:30 PM FORENSICS</b> Lions Den	24
25  <b>7:30 PM DETOX</b> Only Requirement	26  <b>6:00 PM AREA 82 ACTIVE AREAS Committee Meeting</b>	27  <b>6:00 PM Service Manual Book Study</b>	28 <b>6:00 PM DISTRICT 1 GENERAL SERVICE MEETING &amp; WORKSHOP</b>  <b>7:30 PM MARGUERITE CENTRE</b> Jo	29	30  <b>PHONES</b> Fresh Start	31

**FEBRUARY WEEKEND PHONES:** Cole Harbour, Downtown Dartmouth, Sunrise, Back to Basics

**FEBRUARY DETOX MEETINGS:** Early Risers, Circle of Sisters, Acceptance, Cole Harbour

**FEBRUARY FORENSICS MEETINGS:** Only Requirement, Back to Basics

**FEBRUARY MARGUERITE CENTRE MEETINGS:** Natalie, Sam

## SERVICE CALENDAR DETAILS AND LOCATIONS

Please refer to service calendar on the previous page.

<b>CENTRAL SERVICE COMMITTEE MEETING</b>	Meets online, the first Tuesday of the month at 7:00 PM	Meeting ID: 512 036 8953 Passcode: wecandoit	Zoom Link <a href="#">HERE</a> Dial by your location +1 647 374 4685 Canada
<b>DISTRICT 1 GENERAL SERVICE COMMITTEE MEETING</b>	Meets online, the last Weds of the month at 6:00 PM	Meeting ID: 753 798 8280 Passcode: SERVICE	Zoom link <a href="#">HERE</a> Dial by your location +1 647 374 4685 Canada
<b>DISTRICT 2 GENERAL SERVICE COMMITTEE MEETING</b>	Meets in person on the third Sunday of the month at 2:00 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
<b>DISTRICT 2 WORKSHOP</b>	Meets in person every second month at 2:00 PM	Club 24 3 Dundas St Dartmouth	Contact Bernie S 902 405 1497
<b>SERVICE MANUAL BOOK STUDY</b>	Meets every Tuesday 6:00 PM in NS, 6:30 PM in NL	Meeting ID: 824 1286 8436 Passcode: 275042	Contact: <a href="mailto:gsd@area82aa.org">gsd@area82aa.org</a>
<b>AREA 82 ACTIVE AREAS COMMITTEE MEETING</b>	Meets online, the last Monday of the month at 6:00 PM	Dial by your location +1 647 374 4685 Canada	Zoom link <a href="#">HERE</a> No password
<b>PUBLIC INFORMATION COMMITTEE MEETING</b>	Meets in person on the second Saturday of the month at 10:00 AM	St George Round Church Hall, downstairs, 2222 Brunswick Street, Halifax	Contact Andie F 902 222 5651
<b>MID-WINTER ROUND UP COMMITTEE MEETING</b>	Meets in person on the first Sunday of the month at 1:00 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
<b>ARCHIVES COMMITTEE MEETING</b>	Meets online the third Thursday of the month at 6:00 PM	Meeting ID: 814 0105 2318 Password: 494955	Contact <a href="mailto:ns_archivist@area82aa.org">ns_archivist@area82aa.org</a>
<b>TELEPHONE COMMITTEE</b>	Volunteers for weekend phones, day and evening phones needed.	<a href="mailto:AAPhones.Halifax@gmail.com">AAPhones.Halifax@gmail.com</a>	Contact Paul M 902 476 1226
<b>CPC (Cooperation with the Professional Community)</b>	CPC meeting dates TBA		Contact Natalie C 902 219 7287
<b>DETOX MEETINGS</b>	Every Sunday 7:30 PM	Simpsons Landing 304 Pleasant St, Dartmouth	Contact Albert K 902 425 6659
<b>FORENSICS MEETINGS</b>	Every two weeks Friday 7:30 PM	88 Gloria McCluskey Ave, Dartmouth	Contact Albert K 902 425 6659
<b>MARGUERITE CENTRE</b>	Every two weeks Wednesday 7:30 PM	3178 St Margarets Bay Road, Timberlea	Contact Albert K 902 425 6659
<b>PSR (Psychosocial rehabilitation Unit)</b>	Meetings suspended temporarily	Simpsons Landing 304 Pleasant St Dartmouth	Contact Albert K 902 425 6659

Please refer to flyers at the back of the newsletter.

## UPCOMING EVENTS:

### WORKSHOP: INTRODUCTION TO THE TWELVE STEPS

**Saturday Jan 3, 2026 12:00 PM - 5 PM** at 45 Connolly Rd, Lower Sackville

Basic overview of the 12 Steps tailored for newcomers and sponsors

led by Joel N and Henry W in four one-hour sessions 

### DISTRICT 1 WORKSHOP

“Where is All the Information?”

Join us to find the AA information you need to know about.

**January 28, 2026 at 6 PM** on Zoom Meeting ID: 753 798 8280

**Passcode: SERVICE**

### 46th ANNUAL MID-WINTER ROUND UP

*Principles before Personalities: The Spiritual Path to Freedom*

**Feb 27 - March 1, 2026** at the Delta Hotel Dartmouth, 240 Brownlow Ave

**\$30 AA and AI-Anon registration**, includes coffee and dance (**\$15 Alateen**)

**\$60 banquet buffet** dinner (tickets must be purchased by Feb 23)

[USE THIS LINK](#) to book your hotel room

Banquet speaker: **Robert T from New York City**

please see flyer for more details or contact Bernie S (902 405 1497)

## UPCOMING BIRTHDAYS IN EARLY FEBRUARY

Date	Group	Celebrant(s)
February 4, 2026	Talahassee Group	Dennis K (25) Brian T (19)
February 7, 2026	Acceptance Group	Erin L (19) Sally T (21)

# JANUARY 2026 BIRTHDAYS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 10 AM Acceptance Emily S (14)
4 8 PM Cole Harbour John H (31)	5 7:30 PM Colby Village JoeC (25) Ed P (48)	6	7	8 7:30 PM Road to Happy Destiny Gerry B (14)	9	10
11 11 AM Hfx Sunday Morning Bob T (2) Tim O (3) Isaac W (5) Pam S (7) Albert K (34) Susie W (44) 7 PM Sunday Night Serenity Gerard B (37) Gerry L (27) Bill P (19) Laura L (9)	12	13	14	15 7:30 PM Rainbow of Recovery Oli O (2) Angela B (24)	16 7:30 PM Fall River Jerry O (6) Art M (43)	17
18	19	20	21 8 PM Fresh Start Alex P (7) Heather C (14) Don M (16)	22	23	24
25	26 7:30 PM Grateful Group Jim M (42) 8 PM Downtown Dartmouth Anton (2)	27 7:30 PM Lions Den Mitch L (1) Tasha T (2) Jordan F (4) 7:30 PM Sunrise Kirby C (35)	28	29 7:30 PM Four Seasons Kelly M (4) Natalie S (10) Mark Y (10) Wendy M (27) Roger H (36) Rick G (37) 8 PM West End Step Donnie D (38)	30 12 PM Keep it Simple Mitch F (2) 7:30 PM Highland Park Jeff B (2) Gary S (20) Holly E (39) JAN 31 → 10 AM Early Risers Bob H (1) Bill (10)	31 5:30 PM Circle of Sisters Betsy E (1) Sam B (5) Pam S (7) 7 PM Welcome Frank P (3) David N (15) Donna (16) Cathy K (18) 7:30 PM Second Chance Mason P (1)

**CENTRAL SERVICE COMMITTEE  
CONTACT INFORMATION**

CHAIR - HEATHER L. 902-476-7690  
[CSR.ChairAAHalifax@gmail.com](mailto:CSR.ChairAAHalifax@gmail.com)  
CO-CHAIR - MICHAEL H 902 329 8152  
[CoChair.CSRAAHalifax@gmail.com](mailto:CoChair.CSRAAHalifax@gmail.com)  
TREASURER - SARA G 709 693 0305  
[Treasurer.AAHalifax@gmail.com](mailto:Treasurer.AAHalifax@gmail.com)  
SECRETARY - JARRAD S. 902 877 3088  
[Secretary.AAHalifax@gmail.com](mailto:Secretary.AAHalifax@gmail.com)

NEWSLETTER CHAIR - EMILY S. 902-489-8544  
NEWSLETTER CO-CHAIR - LINDSAY D. 902-293-8129  
[Newsletter.aahalifax@gmail.com](mailto:Newsletter.aahalifax@gmail.com)  
CORRECTIONS - DAVE T. 902-802-0095  
CORRECTIONS CO-CHAIR - ISAAC W. 902-385-4484  
[corrections.AAHalifax@gmail.com](mailto:corrections.AAHalifax@gmail.com)  
CPC - NATALIE C 902 219 7287  
[CPC.AAHalifax@gmail.com](mailto:CPC.AAHalifax@gmail.com)  
ENTERTAINMENT - VACANT  
[Entertain.AAHalifax@gmail.com](mailto:Entertain.AAHalifax@gmail.com)  
HELP EMAIL - SHARON N. 902-497-0564  
[AAHelp.AAHalifax@gmail.com](mailto:AAHelp.AAHalifax@gmail.com)  
HOSPITAL VISITATION - LORRAINE M 902-240-3519  
[hospitalvisit.aahalifax@gmail.com](mailto:hospitalvisit.aahalifax@gmail.com)  
LITERATURE - MELISSA E.  
LITERATURE CO-CHAIR - VAL W. 438-822-5724  
[Literature.AAHalifax@gmail.com](mailto:Literature.AAHalifax@gmail.com)  
MID-WINTER ROUNDUP BERNIE S. 902-405-1497  
[MidWinterRoundup.AAHalifax@gmail.com](mailto:MidWinterRoundup.AAHalifax@gmail.com)  
PUBLIC INFORMATION - ANDIE F. 902 222 5651  
[PublicInformation.AAHalifax@gmail.com](mailto:PublicInformation.AAHalifax@gmail.com)  
TELEPHONES - PAUL M. 902-476-1226  
TELEPHONE CO-CHAIR - CHRIS G. 902-818-7715  
[Phones.AAHalifax@gmail.com](mailto:Phones.AAHalifax@gmail.com)  
TREATMENT - ALBERT K 902-425-6659  
[Treatment.AAHalifax@gmail.com](mailto:Treatment.AAHalifax@gmail.com)  
WEBMASTER - ALEC M. 902-818-6229  
[Webmaster.AAHalifax@gmail.com](mailto:Webmaster.AAHalifax@gmail.com)  
INSURANCE LIASON - PAUL B. 902-229-6639  
[insurance.AAHalifax@gmail.com](mailto:insurance.AAHalifax@gmail.com)

**DISTRICT 1 COMMITTEE  
CONTACT INFORMATION**

SAMAIRA G. DCM 902 476 3057  
[DCMD1.AAHalifax@gmail.com](mailto:DCMD1.AAHalifax@gmail.com)  
ALT DCM - VACANT  
[AltDCM1.AAHalifax@gmail.com](mailto:AltDCM1.AAHalifax@gmail.com)  
MICHELLE W. - TREASURER  
[Treasurer.AA.District1@gmail.com](mailto:Treasurer.AA.District1@gmail.com) (e-transfer)  
Attn Michelle W 632-92 Moirs Mill Rd., Bedford, NS B4A 3Y2  
SECRETARY - ROB R. 782 414 5568  
[SecretaryDist1.AAHalifax@gmail.com](mailto:SecretaryDist1.AAHalifax@gmail.com)

**DISTRICT 2 COMMITTEE  
CONTACT INFORMATION**

BERNIE S. DCM 902-405-1497  
[DCM2.AAHalifax@gmail.com](mailto:DCM2.AAHalifax@gmail.com)  
AMY A. ALT DCM 782-414-2011  
[AltDCM2.AAHalifax@gmail.com](mailto:AltDCM2.AAHalifax@gmail.com)  
TREASURER - VACANT  
[Treasurerdist2.aahalifax@gmail.com](mailto:Treasurerdist2.aahalifax@gmail.com)  
SANDRA D. SECRETARY 902-229-4216  
[Secretarydist2.aahalifax@gmail.com](mailto:Secretarydist2.aahalifax@gmail.com)

**AREA 82 COMMITTEE  
CONTACT INFORMATION**

DWAYNE MacD GEN SERV DELEGATE 902-631-0002  
[gsd@area82aa.org](mailto:gsd@area82aa.org)  
ANNE B. ALT GSD 902-890-6274  
[alt\\_gsd@area82aa.org](mailto:alt_gsd@area82aa.org)  
GEORGE M. AREA CHAIR 902-579-7893  
[Chair@area82aa.org](mailto:Chair@area82aa.org)  
NICK C. AREA SECRETARY/REGISTRAR 709-763-1459  
[Secretary@area82aa.org](mailto:Secretary@area82aa.org)  
BASIL MacL. AREA TREASURER 709-763-9073  
[Treasurer@area82aa.org](mailto:Treasurer@area82aa.org)  
PAUL W. REMOTE COMMUNITY CHAIR 902-657-2450  
[rc@area82aa.org](mailto:rc@area82aa.org)  
JACK G. NL & LAB ARCHIVIST 709-693-5186  
[nl\\_archivist@area82aa.org](mailto:nl_archivist@area82aa.org)  
KATHY S. NS ARCHIVIST 902-292-0853  
[ns\\_archivist@area82aa.org](mailto:ns_archivist@area82aa.org)  
MARIE M. AREA WEBMASTER 902-220-5482  
[Webmaster@area82aa.org](mailto:Webmaster@area82aa.org)

You are invited to accompany us  
On our Journey as we start a study of

## THE A.A. SERVICE MANUAL

combined with

## TWELVE CONCEPTS FOR WORLD SERVICE

Starting November 18th  
at 6:30 NL time, 6:00 NS time

by Bill W.

Zoom Link: 824 1286 8436

PW: 275042



Sessions will initially be led by the current GSD for Area 82, Dwayne MacD and Panel 73 Delegate Gerry W . Our hope is to involve any Past Delegates who are interested to help lead our sessions. Our overall goal is to expand our knowledge of the Service Manual and our Twelve Concepts

None of us are experts, our intent is to grow and learn as we study the material together

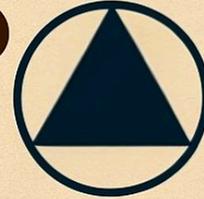
**All are Welcome**

We will be using the

2024-2026 Edition  
REVISED AND UPDATED

ALCOHOLICS ANONYMOUS

# INTRODUCTION TO THE 12 STEPS WORKSHOP



**SATURDAY, JANUARY 3**

**12:00 PM - 5:00 PM**

**45 CONNOLLY ROAD**

**LOWER SACKVILLE, NOVA SCOTIA**

**A FREE WORKSHOP PROVIDING A BASIC  
OVERVIEW OF THE 12 STEPS AND  
ALCOHOLICS ANONYMOUS PROGRAM  
TAILORED TO NEWCOMERS AND SPONSORS**

**FOUR 1-HOUR SESSIONS  
WITH 15-MINUTE BREAKS**



**JOEL N.  
& HENRY W.**



AI-generated content



## 46<sup>th</sup> Annual Mid-Winter Roundup For AA and Al-Anon

### Principles Before Personalities: The Spiritual Path to Freedom

Friday Evening Entertainment: **AA Trivia Night** Friday Speaker: **Lisa L (Highland Park)**  
Saturday Banquet Speaker: **Robert T. New York (The Living Now Group of AA)**  
Sunday Spiritual Speaker: **Bernie P (Rise and Shine Group, Callicoon, New York State)**

February 27- March 1, 2026

Delta Hotels Dartmouth (+1 902-468-8888)  
240 Brownlow Ave, Dartmouth, NS B3B 1X6  
**Special room rate \$169**

#### REGISTRATION (OPENS FRIDAY 4 PM)

\$30 AA & Al-Anon (includes coffee and 1 dance ticket)  
\$15 Alateen (includes coffee and 1 dance ticket)  
\$10 extra dance ticket  
\$60 banquet buffet dinner (bisque, salads, 2 mains, desserts)  
*Cut-off for banquet tickets is February 23<sup>rd</sup> 2026*

#### EARLY REGISTRATION DRAW

Register on or before Jan 20, 2026, for a chance to win 1 night hotel accommodation, 1 banquet ticket, or 1 registration.

Preferred registration via e-transfer: [mwruregister@gmail.com](mailto:mwruregister@gmail.com) or via **credit card here:**  
<https://46thannualmidwinter-roundup.square.site/>

Please indicate in the notes section of your e-transfer: the fellowship, number of registrations and number of banquet tickets you are purchasing.

This email is not for hotel booking.

#### HOTEL ROOM BOOKINGS:

Discounted hotel rate: **\$169 per night**. Must book by Jan 20, 2026, to enjoy this special rate! **BOOK YOUR HOTEL ROOM(S) ONE OF THE FOLLOWING TWO WAYS: [USING THIS LINK](#) OR CALL: 902-468-8888** and be sure to mention "**Mid Winter Roundup**" so you get the special room rate!

#### FOR MORE INFORMATION PLEASE CONTACT:

Chair – Bernie S - [DCM2.AAHalifax@gmail.com](mailto:DCM2.AAHalifax@gmail.com) | Registration Chair – Sam B-  
[MWRURegister@gmail.com](mailto:MWRURegister@gmail.com) | To learn more about volunteering at the event:  
[kpagu1967@gmail.com](mailto:kpagu1967@gmail.com) (Hospitality Chair) To volunteer with Al-Anon, please email -  
[PEILady@hotmail.com](mailto:PEILady@hotmail.com) (Nancy) [Jane.Karrel@gmail.com](mailto:Jane.Karrel@gmail.com) (Jane)

**FOR COMPLETE EVENT DETAILS, VISIT <https://www.aahalifax.org/mid-winter-roundup-2026/>**

# Where is all the information

District 1 Workshop  
Jan. 28, 2026, at 6pm

Join us on Zoom  
Meeting ID: 753 798 8280  
Passcode: SERVICE

Join us to find everything or most of AA information you need to  
know about.

For group meetings to GSO to sponsorship to “GSO approved  
literature”.

