



BLUENOSE Bulletin

JANUARY 2026



Central Service • Districts 1 & 2 • Area 82 Groups

"... when these laid hold of A.A. principles with all the fervor with which the drowning seize life preservers, they almost invariably got well. - 12 Steps & 12 Traditions p.22

MEETING NOTICES

Please check AAHalifax.org to confirm meeting times and locations.

NEW ONLINE MEETING

Serenity Sisters Book Study: Twelve and Twelve
Starting Friday, January 9, 2026 at 7:00 p.m.
on Zoom Login ID: 873 8419 1757 (12)

DOWNTOWN HALIFAX

New Big Book Study format

Last Sunday of every month.

Please bring your own book. Sundays 7 PM
St Matthews Church, 1479 Barrington St (10)

ONLINE MEETING CLOSURE

The online meeting of Rainbow of Recovery
at 7:30 PM on Sundays has closed.
(Thursday 7:30 PM in-person group meets every
week at 3380 Barnstead Ln)¹¹

SACKVILLE SPEAKER MEETING

Fridays at 7:30pm, 45 Connolly Rd, Sackville.

January Speaker Line Up:

Jan 2 - WD
Jan 9 - Natalie C
Jan 16 - Paul B
Jan 23 - Dave Mc
Jan 30 - Peter F

COMMITTEE NOTICES

GROUPS NEEDED FOR FORUM MEETING

AA Central Service is asking all groups to consider volunteering for rotational shifts at the Halifax Forum Homeless Shelter. The meetings will be run the same as Detox Meetings. They will be held weekly on Tuesdays at 8 pm. Please contact the Treatment Chair to sign up and for more information.
Contact: Albert K 902 425 6659

CENTRAL SERVICE ELECTIONS

at the January 6 meeting:

Entertainment Chair for the 2026-2027 term.

Following co-chair positions in need of volunteers:
CPC, Treatment, Insurance, Hospital Visitation.

Please contact CS chair Heather L
at: CSR.ChairAAHalifax@gmail.com

PSR MEETINGS SUSPENDED

**There will be no AA meetings at the PSR
(Psychosocial Rehabilitation) Unit** at Simpsons Landing
until further notice, effective Nov 6.
Contact Albert K for details: 902 425 6659

BOOK STORE HOURS

If you need an AA book or pamphlet for your
group or for yourself, visit the store:

Sundays 5 PM - 7 PM

Club 24 (basement door) 3 Dundas St, Dartmouth.

Contact: literature.AAHalifax@gmail.com

DISTRICTS 1 & 2 SERVICE CALENDAR JANUARY 2026

Please refer to details and locations on the next page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 PHONES Timberlea	3
4 1:00 PM MID-WINTER ROUND UP Committee Meeting 7:30 PM DETOX Any Lengths	5	6 6:00 PM Service Manual Book Study 7:00 PM CENTRAL SERVICE MEETING	7	8	9 PHONES Four Seasons 7:30 PM FORENSICS John C	10 10:00 AM PUBLIC INFORMATION Committee Meeting
11 7:30 PM DETOX Lions Den	12	13 6:00 PM Service Manual Book Study	14 7:30 PM MARGUERITE CENTRE Downtown Dartmouth	15	16 PHONES Second Chance	17
18 2:00 PM DISTRICT 2 GENERAL SERVICE MEETING 7:30 PM DETOX Downtown Halifax	19	20 6:00 PM Service Manual Book Study	21	22	23 PHONES Serenity Sisters 7:30 PM FORENSICS Lions Den	24
25 7:30 PM DETOX Only Requirement	26 6:00 PM AREA 82 ACTIVE AREAS Committee Meeting	27 6:00 PM Service Manual Book Study	28 6:00 PM DISTRICT 1 GENERAL SERVICE MEETING & WORKSHOP 7:30 PM MARGUERITE CENTRE Jo	29	30 PHONES Fresh Start	31

FEBRUARY WEEKEND PHONES: Cole Harbour, Downtown Dartmouth, Sunrise, Back to Basics

FEBRUARY DETOX MEETINGS: Early Risers, Circle of Sisters, Acceptance, Cole Harbour

FEBRUARY FORENSICS MEETINGS: Only Requirement, Back to Basics

FEBRUARY MARGUERITE CENTRE MEETINGS: Natalie, Sam

SERVICE CALENDAR DETAILS AND LOCATIONS

Please refer to service calendar on the previous page.

CENTRAL SERVICE COMMITTEE MEETING	Meets online, the first Tuesday of the month at 7:00 PM	Meeting ID: 512 036 8953 Passcode: wecandoit	Zoom Link HERE Dial by your location +1 647 374 4685 Canada
DISTRICT 1 GENERAL SERVICE COMMITTEE MEETING	Meets online, the last Weds of the month at 6:00 PM	Meeting ID: 753 798 8280 Passcode: SERVICE	Zoom link HERE Dial by your location +1 647 374 4685 Canada
DISTRICT 2 GENERAL SERVICE COMMITTEE MEETING	Meets in person on the third Sunday of the month at 2:00 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
DISTRICT 2 WORKSHOP	Meets in person every second month at 2:00 PM	Club 24 3 Dundas St Dartmouth	Contact Bernie S 902 405 1497
SERVICE MANUAL BOOK STUDY	Meets every Tuesday 6:00 PM in NS, 6:30 PM in NL	Meeting ID: 824 1286 8436 Passcode: 275042	Contact: gsd@area82aa.org
AREA 82 ACTIVE AREAS COMMITTEE MEETING	Meets online, the last Monday of the month at 6:00 PM	Dial by your location +1 647 374 4685 Canada	Zoom link HERE No password
PUBLIC INFORMATION COMMITTEE MEETING	Meets in person on the second Saturday of the month at 10:00 AM	St George Round Church Hall, downstairs, 2222 Brunswick Street, Halifax	Contact Andie F 902 222 5651
MID-WINTER ROUND UP COMMITTEE MEETING	Meets in person on the first Sunday of the month at 1:00 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
ARCHIVES COMMITTEE MEETING	Meets online the third Thursday of the month at 6:00 PM	Meeting ID: 814 0105 2318 Password: 494955	Contact ns_archivist@area82aa.org
TELEPHONE COMMITTEE	Volunteers for weekend phones, day and evening phones needed.	AAPhones.Halifax@gmail.com	Contact Paul M 902 476 1226
CPC (Cooperation with the Professional Community)	CPC meeting dates TBA		Contact Natalie C 902 219 7287
DETOX MEETINGS	Every Sunday 7:30 PM	Simpsons Landing 304 Pleasant St, Dartmouth	Contact Albert K 902 425 6659
FORENSICS MEETINGS	Every two weeks Friday 7:30 PM	88 Gloria McCluskey Ave, Dartmouth	Contact Albert K 902 425 6659
MARGUERITE CENTRE	Every two weeks Wednesday 7:30 PM	3178 St Margarets Bay Road, Timberlea	Contact Albert K 902 425 6659
PSR (Psychosocial rehabilitation Unit)	Meetings suspended temporarily	Simpsons Landing 304 Pleasant St Dartmouth	Contact Albert K 902 425 6659

Please refer to flyers at the back of the newsletter.

UPCOMING EVENTS:

WORKSHOP: INTRODUCTION TO THE TWELVE STEPS

Saturday Jan 3, 2026 12:00 PM - 5 PM at 45 Connolly Rd, Lower Sackville

Basic overview of the 12 Steps tailored for newcomers and sponsors

led by Joel N and Henry W in four one-hour sessions 

DISTRICT 1 WORKSHOP

“Where is All the Information?”

Join us to find the AA information you need to know about.

January 28, 2026 at 6 PM on Zoom Meeting ID: 753 798 8280

Passcode: SERVICE

46th ANNUAL MID-WINTER ROUND UP

Principles before Personalities: The Spiritual Path to Freedom

Feb 27 - March 1, 2026 at the Delta Hotel Dartmouth, 240 Brownlow Ave

\$30 AA and Al-Anon registration, includes coffee and dance (**\$15 Alateen**)

\$60 banquet buffet dinner (tickets must be purchased by Feb 23)

[USE THIS LINK](#) to book your hotel room

Banquet speaker: **Robert T from New York City**

please see flyer for more details or contact Bernie S (902 405 1497)

UPCOMING BIRTHDAYS IN EARLY FEBRUARY

Date	Group	Celebrant(s)
February 4, 2026	Talahassee Group	Dennis K (25) Brian T (19)
February 7, 2026	Acceptance Group	Erin L (19) Sally T (21)

JANUARY 2026 BIRTHDAYS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 10 AM Acceptance Emily S (14)
4 8 PM Cole Harbour John H (31)	5 7:30 PM Colby Village JoeC (25) Ed P (48)	6	7	8 7:30 PM Road to Happy Destiny Gerry B (14)	9	10
11 11 AM Hfx Sunday Morning Bob T (2) Tim O (3) Isaac W (5) Pam S (7) Albert K (34) Susie W (44) 7 PM Sunday Night Serenity Gerard B (37) Gerry L (27) Bill P (19) Laura L (9)	12	13	14	15 7:30 PM Rainbow of Recovery Oli O (2) Angela B (24)	16 7:30 PM Fall River Jerry O (6) Art M (43)	17
18	19	20	21 8 PM Fresh Start Alex P (7) Heather C (14) Don M (16) 8 PM Back to Basics Norman P (1) Daniel (1) Michael H (12)	22	23	24
25	26 7:30 PM Grateful Group Jim M (42) 8 PM Downtown Dartmouth Anton (2)	27 7:30 PM Lions Den Mitch L (1) Tasha T (2) Jordan F (5) 7:30 PM Sunrise Kirby C (35)	28	29 7:30 PM Four Seasons Kelly M (4) Natalie S (10) Mark Y (10) Wendy M (27) Roger H (36) Rick G (37) 8 PM West End Step Donnie D (38)	30 12 PM Keep it Simple Mitch F (2) 7:30 PM Highland Park Jeff B (2) Gary S (20) Holly E (39) JAN 31 → 10 AM Early Risers Bob H (1) Bill (10)	31 5:30 PM Circle of Sisters Betsy E (1) Sam B (5) Pam S (7) 7 PM Welcome Frank P (3) David N (15) Donna (16) Cathy K (18) 7:30 PM Second Chance Mason P (1)

**CENTRAL SERVICE COMMITTEE
CONTACT INFORMATION**

CHAIR - HEATHER L. 902-476-7690
CSR.ChairAAHalifax@gmail.com
CO-CHAIR - MICHAEL H 902 329 8152
CoChair.CSRAAHalifax@gmail.com
TREASURER - SARA G 709 693 0305
Treasurer.AAHalifax@gmail.com
SECRETARY - JARRAD S. 902 877 3088
Secretary.AAHalifax@gmail.com

NEWSLETTER CHAIR - EMILY S. 902-489-8544
NEWSLETTER CO-CHAIR - LINDSAY D. 902-293-8129
Newsletter.aahalifax@gmail.com
CORRECTIONS - DAVE T. 902-802-0095
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CPC - NATALIE C 902 219 7287
CPC.AAHalifax@gmail.com
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AAHelp.AAHalifax@gmail.com
HOSPITAL VISITATION - LORRAINE M 902-240-3519
hospitalvisit.aahalifax@gmail.com
LITERATURE - MELISSA E.
LITERATURE CO-CHAIR - VAL W. 438-822-5724
Literature.AAHalifax@gmail.com
MID-WINTER ROUNDUP BERNIE S. 902-405-1497
MidWinterRoundup.AAHalifax@gmail.com
PUBLIC INFORMATION - ANDIE F. 902 222 5651
PublicInformation.AAHalifax@gmail.com
TELEPHONES - PAUL M. 902-476-1226
TELEPHONE CO-CHAIR - CHRIS G. 902-818-7715
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TREATMENT - ALBERT K 902-425-6659
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Webmaster.AAHalifax@gmail.com
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insurance.AAHalifax@gmail.com

**DISTRICT 1 COMMITTEE
CONTACT INFORMATION**

SAMAIIRA G. DCM 902 476 3057
DCMD1.AAHalifax@gmail.com
ALT DCM - VACANT
AltDCM1.AAHalifax@gmail.com
MICHELLE W. - TREASURER
Treasurer.AA.District1@gmail.com (e-transfer)
Attn Michelle W 632-92 Moirs Mill Rd., Bedford, NS B4A 3Y2
SECRETARY - ROB R. 782 414 5568
SecretaryDist1.AAHalifax@gmail.com

**DISTRICT 2 COMMITTEE
CONTACT INFORMATION**

BERNIE S. DCM 902-405-1497
DCM2.AAHalifax@gmail.com
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AltDCM2.AAHalifax@gmail.com
TREASURER - VACANT
Treasurerdist2.aahalifax@gmail.com
SANDRA D. SECRETARY 902-229-4216
Secretarydist2.aahalifax@gmail.com

**AREA 82 COMMITTEE
CONTACT INFORMATION**

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**You are invited to accompany us
On our Journey as we start a study of**

THE A.A. SERVICE MANUAL

combined with

TWELVE CONCEPTS FOR WORLD SERVICE

Starting November 18th

at 6:30 NL time, 6:00 NS time

Zoom Link: 824 1286 8436

PW: 275042

by Bill W.



Sessions will initially be led by the current GSD for Area 82, Dwayne MacD and Panel 73 Delegate Gerry W . Our hope is to involve any Past Delegates who are interested to help lead our sessions. Our overall goal is to expand our knowledge of the Service Manual and our Twelve Concepts

None of us are experts, our intent is to grow and learn as we study the material together

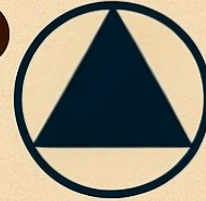
All are Welcome

We will be using the

**2024-2026 Edition
REVISED AND UPDATED**

ALCOHOLICS ANONYMOUS

INTRODUCTION TO THE 12 STEPS WORKSHOP



SATURDAY, JANUARY 3

12:00 PM - 5:00 PM

45 CONNOLLY ROAD

LOWER SACKVILLE, NOVA SCOTIA

**A FREE WORKSHOP PROVIDING A BASIC
OVERVIEW OF THE 12 STEPS AND
ALCOHOLICS ANONYMOUS PROGRAM
TAILORED TO NEWCOMERS AND SPONSORS**

**FOUR 1-HOUR SESSIONS
WITH 15-MINUTE BREAKS**



**JOEL N.
& HENRY W.**



 AI-generated content



46th Annual Mid-Winter Roundup For AA and Al-Anon

Principles Before Personalities: The Spiritual Path to Freedom

Friday Evening Entertainment: **AA Trivia Night** Friday Speaker: **Lisa L (Highland Park)**
Saturday Banquet Speaker: **Robert T. New York (The Living Now Group of AA)**
Sunday Spiritual Speaker: **Bernie P (Rise and Shine Group, Callicoon, New York State)**

February 27- March 1, 2026

Delta Hotels Dartmouth (+1 902-468-8888)
240 Brownlow Ave, Dartmouth, NS B3B 1X6
Special room rate \$169

REGISTRATION (OPENS FRIDAY 4 PM)

\$30 AA & Al-Anon (includes coffee and 1 dance ticket)
\$15 Alateen (includes coffee and 1 dance ticket)
\$10 extra dance ticket
\$60 banquet buffet dinner (bisque, salads, 2 mains, desserts)
Cut-off for banquet tickets is February 23rd 2026

EARLY REGISTRATION DRAW

Register on or before Jan 20, 2026, for a chance to win 1 night hotel accommodation, 1 banquet ticket, or 1 registration.

Preferred registration via e-transfer: mwruregister@gmail.com or via **credit card here:**
<https://46thannualmidwinter-roundup.square.site/>

Please indicate in the notes section of your e-transfer: the fellowship, number of registrations and number of banquet tickets you are purchasing.

This email is not for hotel booking.

HOTEL ROOM BOOKINGS:

Discounted hotel rate: **\$169 per night**. Must book by Jan 20, 2026, to enjoy this special rate! BOOK YOUR HOTEL ROOM(S) ONE OF THE FOLLOWING TWO WAYS: [USING THIS LINK](#) OR CALL: 902-468-8888 and be sure to mention **"Mid Winter Roundup"** so you get the special room rate!

FOR MORE INFORMATION PLEASE CONTACT:

Chair – Bernie S - DCM2.AAHalifax@gmail.com | Registration Chair – Sam B-
MWRURegister@gmail.com | To learn more about volunteering at the event:
kpagu1967@gmail.com (Hospitality Chair) To volunteer with Al-Anon, please email -
PEILady@hotmail.com (Nancy) Jane.Karrel@gmail.com (Jane)

FOR COMPLETE EVENT DETAILS, VISIT <https://www.aahalifax.org/mid-winter-roundup-2026/>

Where is all the information

District 1 Workshop
Jan. 28, 2026, at 6pm

Join us on Zoom
Meeting ID: 753 798 8280
Passcode: SERVICE

Join us to find everything or most of AA information you need to
know about.

For group meetings to GSO to sponsorship to “GSO approved
literature”.

