



## Central Service • Districts 1 & 2 • Area 82 Groups

*"For thousands of years we have been demanding more than our share of security, prestige and romance."  
Twelve Steps and Twelve Traditions, p.71*



### ANNOUNCEMENTS

#### DISTRICT 2 TREASURER NEEDED

District 2 needs an interim treasurer effective immediately. Please e-mail [treasurerdistrict2.aahalifax@gmail.com](mailto:treasurerdistrict2.aahalifax@gmail.com) for more information.

#### LITERATURE PRICE INCREASE

Please note: the District 1 & 2 Central Service Literature Committee has increased AA book and pamphlet prices in accordance with the recent AA World Service literature price increase. A number of items have been increased by \$3. Please refer to the Literature tab at [AAHALIFAX.ORG](http://AAHALIFAX.ORG), visit the AA Bookstore at 3 Dundas St (downstairs) on Sundays between 5 PM and 7 PM, or contact Val and Melissa at [literature.aahalifax@gmail.com](mailto:literature.aahalifax@gmail.com)

### MEETING NOTICES

Please check [AAHalifax.org](http://AAHalifax.org) to confirm meeting times and locations.

#### ANY LENGTHS BIG BOOK STUDY NEW LOCATION

Any Lengths will be relocating to First Baptist Church (1300 Oxford Street, Hfx) starting August 1. The meeting will now take place on Friday nights at 7:00 PM. (7)

#### MEETING IN THE PARK

Conscious Contact will be hosting an open AA meeting in the park on Sunday, August 2 at the Dartmouth Commons aka Leighton Dillman Park. Fellowship from 2-4, meeting starts at 4. BYOB, camp chairs, frisbees, games. (7)

#### MENS MEETING NEW TIME AND NAME

As of August 5, the Halifax Mens Meeting will be renamed to the Dartmouth Mens Meeting and will begin at 7:30 PM on Wednesdays at St. James Church (181 Portland St, Dartmouth) (7)

#### DOWNTOWN HALIFAX GROUP NEW LOCATION

The Downtown Halifax Group has relocated to St. Andrews United Church (6036 Coburg Rd). Meetings take place Sundays at 7:00 PM, downstairs at the end of the hall on the left. In effect as of Sunday May 31, 2026. (5)

#### NEW MEETING

**Myers Point Agnostic Group**, Wednesdays 6:30 PM, since April 15. 610 Myers Pt Road, Jeddore: first building, outside stairwell. Open discussion meeting. (5) Veterans and first responders in recovery encouraged to attend.

## COMMITTEE NOTICES

### DISTRICT 1 & 2 AD HOC COMMITTEE MEETING

Addressing the Disconnect  
of sub-committees from GSO  
July 5 at 7 PM

Meeting ID: 753 798 8280 Password: SERVICE  
Contact Barney for more info: 902-448-0910  
All members from districts 1 and 2 are welcome

### CPC and PUBLIC INFORMATION COMMITTEES are looking for support at the group level

to help re-establish connections with local clinics, shelters, schools, etc. The request is for individual groups to take responsibility for supplying locations with AA information packets for their patients, students, etc, as well as checking bi-weekly or monthly to see if they need to be replenished.

Please contact Natalie C for more information:  
902 219 7287

## COMMITTEE NOTICES CONTINUED

### CORRECTIONS COMMITTEE

is in need of volunteers to help support carrying the message to incarcerated individuals at the Burnside facility. Both male and female volunteers are need. If you are interested in this worthy cause, please contact us at [corrections.aahalifax@gmail.com](mailto:corrections.aahalifax@gmail.com)  
2 years of sobriety is required

### BRIDGING THE GAP

Needs volunteers specifically in the Bedford / Sackville Area.  
Contact Treatment chair Albert K  
for more info: 902 425 6659



# DISTRICTS 1 & 2 SERVICE CALENDAR

## JULY 2026

*Please refer to details and locations on the next page.*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> <b>7:30 PM</b> <b>MARGUERITE</b> <b>CENTRE</b> Gina - Only Requirement	<b>2</b>	<b>3</b> <b>PHONES</b> Downtown Halifax	<b>4</b>
<b>5</b> <b>7:00 PM</b> <b>AD HOC COMMITTEE</b>  <b>7:30 PM DETOX</b> Acceptance	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> <b>PHONES</b> Sunday Night Serenity  <b>7:30 PM</b> <b>FORENSICS</b> Only Requirement	<b>11</b>
<b>12</b>  <b>7:30 PM DETOX</b> Cole Harbour	<b>13</b>	<b>14</b> <b>8:00 PM</b> <b>HFX FORUM</b> Tallahassee	<b>15</b> <b>7:30 PM</b> <b>MARGUERITE</b> <b>CENTRE</b> Natalie - Four Seasons	<b>16</b> <b>6:00 PM</b> <b>ARCHIVES</b> <b>COMMITTEE</b> <b>MEETING</b>	<b>17</b> <b>PHONES</b> Early Risers	<b>18</b>
<b>19</b> <b>2:00 PM</b> <b>DISTRICT 2</b> <b>GENERAL SERVICE</b> <b>MEETING</b>  <b>7:00 PM AD HOC</b> <b>COMMITTEE</b>  <b>7:30 PM DETOX</b> Fresh Start	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> <b>PHONES</b> Lion's Den  <b>7:30 PM</b> <b>FORENSICS</b> Back to Basics	<b>25</b>
<b>26</b> <b>1 PM</b> <b>MID-WINTER ROUND</b> <b>UP MTG</b>  <b>7:30 PM DETOX</b> Welcome Group	<b>27</b> <b>6:00 PM AREA 82</b> <b>ACTIVE AREAS</b> <b>COMMITTEE</b> <b>MEETING</b>	<b>28</b> <b>8:00 PM</b> <b>HFX FORUM</b> Halifax Sunday Morning	<b>29</b> <b>6:00 PM</b> <b>DIST 1 WORKSHOP</b> <b>&amp; GENERAL</b> <b>SERVICE MEETING</b>  <b>7:30 PM</b> <b>MARGUERITE</b> <b>CENTRE</b> Tasha - Lion's Den	<b>30</b>	<b>31</b> <b>PHONES</b> Halifax Sunday Morning	

**AUGUST WEEKEND PHONES:** Timberlea (Aug 7-10), Four Seasons (Aug 12-17), West End Step (Aug 21-24), Second Change (Aug 28-21)  
**AUGUST DETOX MTGS:** Sunrise (Aug 2), Back to Basics (Aug 9), Hfx Sun Morning (Aug 16), Highland Park (Aug 23), Serenity Sisters (Aug 30)  
**AUGUST FORENSICS MEETINGS:** Four Seasons (Aug 7), Bedford Group (Aug 21)  
**AUGUST MARGUERITE CENTRE MEETINGS:** Karen - Circle of Sisters (Aug 12), Amy - Downtown Dartmouth (Aug 26)  
**AUGUST HFX FORUM SHELTER MEETINGS:** Welcome Group (Aug 11), Cole Harbour Group (Aug 25)

## SERVICE CALENDAR DETAILS AND LOCATIONS

*Please refer to service calendar on the previous page.*

<b>CENTRAL SERVICE COMMITTEE MEETING</b>	Hybrid meeting, the first Tuesday of the month at 7 PM	Zoom Link <a href="#">HERE</a> 512 036 8953 Passcode: wecandoit +647-374 4685 CANADA	In person: Keshen Goodman Public Library, 330 Lacewood Dr, Halifax
<b>DISTRICT 1 GENERAL SERVICE COMMITTEE MEETING</b>	Meets online, the last Weds of the month at 6:00 PM	Meeting ID: 753 798 8280 Passcode: SERVICE	Zoom link <a href="#">HERE</a> Dial by your location +1 647 374 4685 Canada
<b>DISTRICT 2 GENERAL SERVICE COMMITTEE MEETING</b>	Meets in person on the third Sunday of the month at 2:00 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
<b>DISTRICT 2 WORKSHOP</b>	Meets in person every second month on second Sunday at 2 PM	Club 24 3 Dundas St Dartmouth	Contact Bernie S 902 405 1497
<b>AREA 82 ACTIVE AREAS COMMITTEE MEETING</b>	Meets online, the last Monday of the month at 6:00 PM	Dial by your location +1 647 374 4685 Canada	Zoom link <a href="#">HERE</a> No password
<b>ARCHIVES COMMITTEE MEETING</b>	Meets online the third Thursday of the month at 6:00 PM	Meeting ID: 814 0105 2318 Password: 494955	Contact Kathy S 902-292-0853
<b>TELEPHONE COMMITTEE</b>	Volunteers for weekend phones, day and evening phones needed.	<a href="mailto:AAPhones.Halifax@gmail.com">AAPhones.Halifax@gmail.com</a>	Contact Paul M 902 476 1226
<b>CPC (Cooperation with the Professional Community)</b>	CPC meeting dates TBA		Contact Natalie C 902 219 7287
<b>PUBLIC INFORMATION COMMITTEE</b>	PI meeting dates TBA	Public Information chair needed	Contact Heather L 902 476 7690
<b>MID-WINTER ROUND UP COMMITTEE</b>	Meets in person the last Sunday of each month at 1 PM	Club 24 3 Dundas St, Dartmouth	Contact Michael H 902 329 8152
<b>DETOX MEETINGS</b>	Every Sunday 7:30 PM	Simpsons Landing 304 Pleasant St, Dartmouth	Contact Albert K 902 425 6659
<b>HFX FORUM SHELTER MEETING</b>	Every two weeks Tuesday 8:00 PM	6210 Young St, Halifax Meet in parking lot	Contact Albert K 902 425 6659
<b>FORENSICS MEETINGS</b>	Every two weeks Friday 7:30 PM	88 Gloria McCluskey Ave, Dartmouth	Contact Albert K 902 425 6659
<b>MARGUERITE CENTRE</b>	Every two weeks Wednesday 7:30 PM	3178 St Margarets Bay Road, Timberlea	Contact Albert K 902 425 6659
<b>AD HOC COMMITTEE</b>	July 5 and July 19 at 7:00 PM	Meeting ID: 753 798 8280 Passcode: SERVICE	Contact Barney W 902 448 0910

Please refer to flyers at the back of the newsletter.

## UPCOMING EVENTS:

### DISTRICT 6 MID-SUMMER ROUND UP

“A Message of Hope” July 24 - 26, 2026

with Al-Anon participation. Registration: \$25 Banquet: \$65  
at the Best Western Glengarry Truro, NS  
Contact Laura for more details: 902 957 3454

### 59th ANNUAL WINDSOR and AREA MINI ROUND-UP

“Unified in Love and Service: Aug 14-16, 2026

Registration: \$20 Three Mile Plains Hall  
for more information contact Lyndy M: 902 791 0436

### AA District 1 Halifax Workshop

General Service Orientation and Information Session.

A look at how AA maintains unity through service structure and group service roles.

Date: July 29, 2026, 6pm

Meeting ID: 753 798 8280 Passcode: SERVICE

Dial by your location +1 647 374 4685 Canada

### UPCOMING BIRTHDAYS IN EARLY AUGUST 🎂

Date	Group	Celebrant(s)
August 1	Conscious Contact	Justin R (2)
August 1	Acceptance Group	Barbara S (19)
August 2	Cole Harbour	Mark L (6)

# JULY 2026 BIRTHDAYS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 10 AM Acceptance Kristen G (1) Allison M (10)
5 7:30 PM Cole Harbour Jessica C (2) Sebastian P (2) Stephen M (3)	6	7	8	9 7:30 PM Rainbow of Recovery Dewey (1) Reb (3) 7:30 Road to Happy Destiny Group Bruce S (2)	10	11
12	13	14	15	16	17 12:15 PM New Hope Anne P (6)	18 10 AM Lost & Found Anna (34)
19	20	21	22	23	24 7:30 PM Highland Park Dave Mac (1) Doug Mac (43)	25 10 AM Early Risers Elaine G (10) 7 PM Welcome Group Vance S (3) Jennifer G (39)
26	27 7:30 PM Grateful Group Scott N (1) 8 PM Downtown Dartmouth Bree M (1) Mark L (4) Beth P (11) Donna Marie C (12) 8 PM Timberlea Jim R (4) Gary H (4)	28 7:30 PM Sunrise Frank B (5) Blair G (49) 8 PM Bedford Group Alyssa (1) Dave (8) Cora (8) Dan (23)	29 8 PM Back to Basics Ursula W (1) Keith D (11)	30 7:30 PM Four Seasons Tyson H (1) Chris C (2) Mike M (9) Sharman M (11) Barry M (27) Joanne D (39) Clayton F (49) 8 PM Gaston Road Brent D (18) 8 PM West End Step Dave H (8)	31 12 PM Keep It Simple Robin M (4) Darlene G (9) Mike C (44)	

**CENTRAL SERVICE COMMITTEE  
CONTACT INFORMATION**

CHAIR - HEATHER L. 902-476-7690  
[CSR.ChairAAHalifax@gmail.com](mailto:CSR.ChairAAHalifax@gmail.com)

CO-CHAIR - MICHAEL H. 902-329-8152  
[CoChair.CSRAAHalifax@gmail.com](mailto:CoChair.CSRAAHalifax@gmail.com)

TREASURER - SARA G. 709-693-0305  
[Treasurer.AAHalifax@gmail.com](mailto:Treasurer.AAHalifax@gmail.com)

SECRETARY - JARRAD S. 902-877-3088  
[Secretary.AAHalifax@gmail.com](mailto:Secretary.AAHalifax@gmail.com)

NEWSLETTER CHAIR - EMILY S. 902-489-8544  
NEWSLETTER CO-CHAIR - LINDSAY D. 902-293-8129  
[Newsletter.aahalifax@gmail.com](mailto:Newsletter.aahalifax@gmail.com)

CORRECTIONS - DAVE T. 902-802-0095  
CORRECTIONS CO-CHAIR - ISAAC W. 902-385-4484  
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CPC - NATALIE C. 902-219-7287  
[CPC.AAHalifax@gmail.com](mailto:CPC.AAHalifax@gmail.com)

ENTERTAINMENT - VACANT  
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[hospitalvisit.aahalifax@gmail.com](mailto:hospitalvisit.aahalifax@gmail.com)

LITERATURE - MELISSA E.  
LITERATURE CO-CHAIR - VAL W. 438-822-5724  
[Literature.AAHalifax@gmail.com](mailto:Literature.AAHalifax@gmail.com)

MID-WINTER ROUNDUP - MICHAEL H 902 329 8152  
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PUBLIC INFORMATION - VACANT  
[PublicInformation.AAHalifax@gmail.com](mailto:PublicInformation.AAHalifax@gmail.com)

TELEPHONES - PAUL M. 902-476-1226  
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INSURANCE LIASON - FOSTER L 902 210 2172  
[insurance.AAHalifax@gmail.com](mailto:insurance.AAHalifax@gmail.com)

**DISTRICT 1 COMMITTEE  
CONTACT INFORMATION**

DCM - BARNEY W. 902 448 0910  
[DCMD1.AAHalifax@gmail.com](mailto:DCMD1.AAHalifax@gmail.com)

ALT DCM - VACANT  
[AltDCM1.AAHalifax@gmail.com](mailto:AltDCM1.AAHalifax@gmail.com)

MICHELLE W. - TREASURER  
[Treasurer.AA.District1@gmail.com](mailto:Treasurer.AA.District1@gmail.com) (e-transfer)  
Attn: Michelle W 632-92 Moirs Mill Rd., Bedford, NS B4A 3Y2

SECRETARY - ROB R. 782-414-5568  
[SecretaryDist1.AAHalifax@gmail.com](mailto:SecretaryDist1.AAHalifax@gmail.com)

**DISTRICT 2 COMMITTEE  
CONTACT INFORMATION**

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**AREA 82 COMMITTEE  
CONTACT INFORMATION**

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UNITY  
SERVICE  
RECOVERY

# A MESSAGE *of Hope*

## MID-SUMMER ROUND UP

HOSTED BY AA DISTRICT 6



**JULY 24-26, 2026**



**BEST WESTERN  
GLENGARRY TRURO NS**



### REGISTRATION

OPENS FRIDAY AT 4:00 PM

**\$25.00**

INCLUDES 1 DANCE TICKET



### BANQUET

**\$65.00**

JULY 3RD IS THE  
CUT OFF FOR  
BANQUET TICKETS



### ROOM RATES

**\$189.99**

QUOTE: "AA DISTRICT 6"

### *Weekend Highlights*



FRIDAY NIGHT  
TRIVIA NIGHT



SATURDAY NIGHT  
DANCE

### SPEAKERS



WELCOME SPEAKER  
**Tom R**  
Shubenacadie, NS



BANQUET SPEAKER  
**Allan C**  
Souris, PEI



SPIRITUAL SPEAKER  
**Marie M**  
Halifax, NS



WE WELCOME  
AL-ANON PARTICIPATION  
THROUGHOUT THE  
WEEKEND.

TOGETHER,  
WE CAN BRING HOPE  
TO OUR FAMILIES  
AND OURSELVES.

### PAYMENT OPTIONS



#### E-TRANSFER:

midsummerdist6@gmail.com

OR



IN PERSON WITH  
LAURA OR SABRINA  
(SQUARE DEVICE AVAILABLE)

### CONTACTS



CHAIR

**Laura**



902-957-3454



REGISTRATION CHAIR

**Bill W**



902-897-7620

*Come for the message.  
Stay for the connection. ♥*



# *Windsor and Area*

*59th Mini Roundup*

**Aug. 14-16, 2026**



## **Unified in Love and Service**

THREE MILE PLAINS HALL  
4474 HWY 1, WEST HANTS, NS B0N 2T0



WITH AL-ANON MEETINGS ALL WEEKEND  
BASKET RAFFLE ON SUNDAY



**REGISTRATION IS \$20 AT THE DOOR. OPEN TO ALL.**

INCLUDES: FRIDAY GRATITUDE MEETING 6:00 FOLLOWED BY A JAM SESSION. COFFEE, TEA, FINGER SNACKS AND A LIGHT LUNCH ON SATURDAY, HOT DOGS AND SALADS WITH MOVIE NIGHT FOLLOWED BY A DANCE! SUNDAY SPIRITUAL SPEAKERS AND SOBRIETY COUNTDOWN. CAMPING IS PERMITTED ON THE PREMISES, BRING YOUR TENTS (THERE ARE NO HOOKUPS OR SERVICES FOR TRAILERS) 🌟 PORT-A-POTTIE FOR OUR CAMPERS!

More info? [Lyndy M \(902\)791-0436](tel:9027910436) or [Jim H \(902\)790-3802](tel:9027903802)

# *AA District 1 Halifax Workshop*

## General Service Orientation and Information Session.

A look at how AA maintains unity through service structure and  
group service roles.

Date: July 29, 2026, 6pm

Meeting ID: 753 798 8280

Passcode: SERVICE

Dial by your location +1 647 374 4685 Canada

### Workshop Purpose:

To review the AA general service structure and show  
the value of group organization.