



Central Service • Districts 1 & 2 • Area 82 Groups

“... what comes to us alone may be garbled by our own rationalization and wishful thinking.”
- Twelve Steps and Twelve Traditions, p. 60

ANNOUNCEMENT

Central Service Nova Scotia Insurance Policy Notice:

Central Service manages an insurance policy that can cover all AA groups in Nova Scotia, if any group wishes to join. Currently this policy covers 63 groups.

It has been advised by the insurance broker and company that non-service animals in meetings are not covered under our policy as it was not part of the underwriting information provided when the policy was taken out.

It is assumed if a non-service animal is allowed in a meeting, that the participants all agree that it is ok and therefore they assume the risk if something happens. In relation and in addition, it is also assumed that if there was an issue with an animal in a meeting, such as a bite or injury, that although likely not covered under the policy, the insurance company would have to respond legally to a lawsuit. This would put the future of this NS-wide insurance policy cost and/or availability in jeopardy.

In keeping with tradition 4, "Each group should be autonomous except in matters affecting other groups or AA as a whole", groups may decide for themselves if they want to allow non-service animals at their meetings. However, a decision to allow such animals may affect other AA groups in terms of insurance coverage. Therefore, it is recommended that if a group decides to allow non-service dogs in meetings, that the group contact the Central Service Insurance chair (Insurance.aahalifax@gmail.com) and request to be removed from the AA insurance policy to protect other groups' cost and availability.

Questions? Contact Heather L, Chair Central Service
902-476-7690 csr.chairaahalifax@gmail.com.

MEETING NOTICES

Please check AAHalifax.org to confirm meeting times and locations.

NEW MEETING

Myers Point Agnostic Group, Wednesdays 6:30 PM, beginning Apr 15. 610 Myers Pt Road, Jeddore: first building, outside stairwell. Open discussion meeting. Veterans and first responders in recovery encouraged to attend.

COLBY VILLAGE MEETING FORMAT CHANGE

On May 11th the Colby Village Big Book Study Group (CVBBSG) will be re-named the Colby Village Group and will be changing its meeting format from a big book study to an open discussion meeting. Mondays, 7:30 PM, Saint John XXIII Church, 35 Colby Drive, Dartmouth.(4)

HALIFAX SUNDAY MORNING MEETING NEW LOCATION

The Halifax Sunday Morning Meeting (11 AM) is now meeting at the Northwood Residences
2630 Gottingen Street, effective March 29.(2)

DOWNTOWN HALIFAX GROUP NEW LOCATION

The Downtown Halifax Group has relocated to St. Andrews United Church (6036 Coburg Rd) on corner of Robie St and Coburg Rd. Entrance is on Coburg Rd. First meeting will be on Sunday May 31, 2026 at 7:00 pm. (5)

COLE HARBOUR GROUP MEETING TIME CHANGE

The Cole Harbour Group will now be **starting at 7:30 PM**, beginning April 5, Sunday nights at 15 Bissett Road in Dartmouth. (2)

COMMITTEE NOTICES

CENTRAL SERVICE - NEW HYBRID FORMAT

Starting on May 5th, 2026 all Central Service group reps (CSRs), subcommittee chairs/co-chairs, executive and observers are invited to attend in person. The in person meeting will be located at
Keshen Goodman Public Library,
330 Lacewood Dr, Halifax from 7 pm - 8:45 pm.

Come early for fellowship; room will be open at 6:30 pm.
For those that require zoom, feel free to join that way.
The zoom room will also be open for fellowship at 6:30 pm.

We encourage Central Service Members to reach out to each other to hitch a ride if driving is not an option. If you can **carpool** in your area, please do so, and let the Chair and Co-Chair know. The Central Service Chair (Heather) can be reached at 902-476-7690 and Co-Chair (Michael) at 902-329-8152. Observers are always welcome at our meeting, in person or on Zoom. So if you want to learn about what Central Service does for the still suffering alcoholic, the fellowship and the public, then join us!!

CSR (Central Service Rep) ORIENTATION MEETING

If you are new to Central Service, or just want a refresher about the rights and responsibilities of a group CSR, then please join us on **Wednesday May 13 at 7:00 pm** on
Zoom: [HERE](#)

We will review the Central Service Guidelines, introduce and practice Roberts Rules of Order and ask and answer questions.

You do not have to be a new CSR to join this meeting.
All CSRs, Subcommittee Chairs/Co-chairs, and
AA members are welcome.

COMMITTEE NOTICES CONTINUED

CPC and PUBLIC INFORMATION COMMITTEES are looking for support at the group level to help re-establish connections with local clinics, shelters, schools, etc. The request is for individual groups to take responsibility for supplying locations with AA information packets for their patients, students, etc, as well as checking bi-weekly or monthly to see if they need to be replenished. Please contact Natalie C for more information.
902 219 7287

NS ARCHIVES IS LOOKING FOR TYPISTS
to transcribe longtimer stories from audio format to text.
Contact Kathy S for more info: 902-292-0853

CORRECTIONS COMMITTEE
is in need of volunteers to help support carrying the message to incarcerated individuals at the Burnside facility. Both male and female volunteers are need.
If you are interested in this worthy cause, please contact us at corrections.aahalifax@gmail.com
2 years of sobriety is required.

BRIDGING THE GAP
Needs volunteers specifically in the Bedford / Sackville Area.
Contact Treatment chair Albert K for more info: 902 425 6659

How Does Bridging the Gap Work?

- Bridging the Gap can provide a temporary contact for alcoholics in treatment centers, medical facilities, crisis centers, detox centers or other facilities. The intent of Bridging the Gap is to provide the recently released or discharged alcoholic with temporary help for a limited time. Keep in mind that this is basic Twelfth Step work.
- Experience suggests that it is best for a BTG contact to be accompanied by another A.A. member when meeting the newcomer.

DISTRICTS 1 & 2 SERVICE CALENDAR

MAY 2026

Please refer to details and locations on the next page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 PHONES West End Step 7:30 PM FORENSICS Samaira G	2
3 7:30 PM DETOX Grateful Group	4	5 6:00 PM SERVICE MANUAL BOOK STUDY 7:00 PM CENTRAL SERVICE MTG (HYBRID) 8:00 PM HFX FORUM Fresh Start	6 7:30 PM MARGUERITE CENTRE Tasha - Lion's Den	7	8 PHONES Second Chance	9
10 7:30 PM DETOX Gaston Road	11	12 6:00 PM SERVICE MANUAL BOOK STUDY	13 7:00 PM CSR ORIENTATION	14 6:00 PM ARCHIVES COMMITTEE MEETING	15 PHONES Serenity Sisters 7:30 PM FORENSICS Gilles D	16
17 2:00 PM DISTRICT 2 GENERAL SERVICE MEETING 7:30 PM DETOX Keep It Simple	18	19 6:00 PM SERVICE MANUAL BOOK STUDY 8:00 PM HFX FORUM Keep It Simple	20 7:30 PM MARGUERITE CENTRE Karen - Circle of Sisters	21	22 PHONES Fresh Start	23
24 7:30 PM DETOX West End Step	25 6:00 PM AREA 82 ACTIVE AREAS COMMITTEE MEETING	26 6:00 PM SERVICE MANUAL BOOK STUDY	27 6:00 PM DISTRICT 1 WORKSHOP & GENERAL SERVICE MEETING	28	29 PHONES Cole Harbour 7:30 PM FORENSICS Mark M	30
31 1 PM MID-WINTER ROUND UP MTG 7:30 PM DETOX Lion's Den						

JUNE WEEKEND PHONES: Downtown Dartmouth (5-7th), Sunrise (12-14th), Back to Basics (19-21st), Highland Park (26 -28th)

JUNE DETOX MEETINGS: Downtown Halifax (7th), Only Requirement (14th), Early Risers (21st), Circle of Sisters (28th)

JUNE FORENSICS MEETINGS: John C (12th), Lion's Den (26th)

JUNE MARGUERITE CENTRE MEETINGS: Amy - Downtown Dartmouth (3rd), Jo - Serenity Sisters (17th)

JUNE HFX FORUM SHELTER MEETINGS: Atlantic Group (2nd), All My Relations (16th)

SERVICE CALENDAR DETAILS AND LOCATIONS

Please refer to service calendar on the previous page.

CENTRAL SERVICE COMMITTEE MEETING	Hybrid meeting (as of May 5), the first Tuesday of the month at 7 PM	Zoom Link HERE 512 036 8953 Passcode: wecandoit	In person: Keshen Goodman Public Library, 330 Lacewood Dr, Halifax
DISTRICT 1 GENERAL SERVICE COMMITTEE MEETING	Meets online, the last Weds of the month at 6:00 PM	Meeting ID: 753 798 8280 Passcode: SERVICE	Zoom link HERE Dial by your location +1 647 374 4685 Canada
DISTRICT 2 GENERAL SERVICE COMMITTEE MEETING	Meets in person on the third Sunday of the month at 2:00 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
DISTRICT 2 WORKSHOP	Meets in person every second month on second Sunday at 2 PM	Club 24 3 Dundas St Dartmouth	Contact Bernie S 902 405 1497
CSR ORIENTATION	7:00 PM May 13 on Zoom	Link HERE 512 036 8953 Passcode: wecandoit	Contact Heather L 902 476 7690
SERVICE MANUAL BOOK STUDY	Meets every Tuesday 6:00 PM in NS, 6:30 PM in NL	Meeting ID: 824 1286 8436 Passcode: 275042	Contact: gsd@area82aa.org
AREA 82 ACTIVE AREAS COMMITTEE MEETING	Meets online, the last Monday of the month at 6:00 PM	Dial by your location +1 647 374 4685 Canada	Zoom link HERE No password
ARCHIVES COMMITTEE MEETING	Meets online the third Thursday of the month at 6:00 PM	Meeting ID: 814 0105 2318 Password: 494955	Contact Kathy S 902-292-0853
TELEPHONE COMMITTEE	Volunteers for weekend phones, day and evening phones needed.	AAPhones.Halifax@gmail.com	Contact Paul M 902 476 1226
CPC (Cooperation with the Professional Community)	CPC meeting dates TBA		Contact Natalie C 902 219 7287
PUBLIC INFORMATION COMMITTEE	PI meeting dates TBA	Public Information chair needed	Contact Heather L 902 476 7690
MID-WINTER ROUND UP COMMITTEE	Meets in person the last Sunday of each month at 1 PM	Club 24 3 Dundas St, Dartmouth	Contact Michael H 902 329 8152
DETOX MEETINGS	Every Sunday 7:30 PM	Simpsons Landing 304 Pleasant St, Dartmouth	Contact Albert K 902 425 6659
HFX FORUM SHELTER MEETING	Every two weeks Tuesday 8:00 PM	6210 Young St, Halifax Meet in parking lot	Contact Albert K 902 425 6659
FORENSICS MEETINGS	Every two weeks Friday 7:30 PM	88 Gloria McCluskey Ave, Dartmouth	Contact Albert K 902 425 6659
MARGUERITE CENTRE	Every two weeks Wednesday 7:30 PM	3178 St Margarets Bay Road, Timberlea	Contact Albert K 902 425 6659

Please refer to flyers at the back of the newsletter.

UPCOMING EVENTS:

AREA 82 NS SERVICE WEEKEND

“Service – The Heart of AA”

May 15, 16, 17, 2026 at the Agricultural Campus, 24 Cumming Dr. in Truro, NS
Check the flyer for more details.

BRIDGEWATER MAY DAY

May 23, 2026 78 Alexandra Ave, Bridgewater NS

Registration: AA, Al-Anon & Friends - \$20.00, Alateen - \$10.00
Price includes Registration, Lunch, Supper & Fellowship
see attached flyer for more details

DISTRICT 1 WORKSHOP

Voices of the Mid-Winter Round up - panel discussion
Wednesday, May 27 2026 at 6:00 PM on Zoom
Meeting ID: 753 798 8280 password: SERVICE

PROVINCIAL ROUND UP : The Home Group: Heartbeat of AA

June 12 - 14, 2026, 45 Allan Ave, Stellarton
Registration: \$25 Banquet: \$50
Contact Blaise S: 902 863 6053

DISTRICT 6 MID-SUMMER ROUND UP

July 24 - 26, 2026
at the Best Western, Truro NS
Contact Laura for more details: 902 957 3454

UPCOMING BIRTHDAYS IN EARLY JUNE

Date	Group	Celebrant(s)
June 6, 2026	Acceptance	Alex L (4) Ashley E (6) Moira H (11)
June 7, 2026	Cole Harbour Group	Joanne O (8), Mark T (10)

MAY 2026 BIRTHDAYS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 10 AM Acceptance Lara B (7)
3 7:30 PM Cole Harbour Christina D (7) Foster L (48)	4	5	6	7	8	9
10 7 PM Downtown Halifax Charlene S (30)	11 7 PM Men's Literature Matt D (1) Bruce B (16)	12	13	14	15 7:30 PM Fall River Jeff (1) Keith B (26)	16
17	18	19	20 8 PM Back to Basics Brianna C (7) Michelle W (8) 8 PM Fresh Start Garnet E (38)	21	22 7 PM Back to Basics Reese H (5)	23 5:30 PM Circle of Sisters Kim M (1) Shelley B (1)
24 7 PM Sunday Night Serenity Mehdi R (7) Gary K (42)	25 8 PM Downtown Dartmouth Scott K (10) John G (39)	26 7 PM Only Requirement Rebecca F (5) 7:30 PM Sunrise Barbara CH (38) Tom H (50)	27	28 7:30 PM Four Seasons Robert R (23) 7:30 PM Freedom Group Michael B (31)	29 12 PM Keep It Simple Joan M (7) Rosie B (37) 12:15 PM New Hope Group Greg B (1) 7:30 PM Highland Park Lisa L (26) Cori C (21)	30 10 AM Early Risers Janice M (1) Norma H (3) Murray L (10) Steve R (16)
31						

**CENTRAL SERVICE COMMITTEE
CONTACT INFORMATION**

CHAIR - HEATHER L. 902-476-7690
CSR.ChairAAHalifax@gmail.com

CO-CHAIR - MICHAEL H. 902-329-8152
CoChair.CSRAAHalifax@gmail.com

TREASURER - SARA G. 709-693-0305
Treasurer.AAHalifax@gmail.com

SECRETARY - JARRAD S. 902-877-3088
Secretary.AAHalifax@gmail.com

NEWSLETTER CHAIR - EMILY S. 902-489-8544
NEWSLETTER CO-CHAIR - LINDSAY D. 902-293-8129
Newsletter.aahalifax@gmail.com

CORRECTIONS - DAVE T. 902-802-0095
CORRECTIONS CO-CHAIR - ISAAC W. 902-385-4484
corrections.AAHalifax@gmail.com

CPC - NATALIE C. 902-219-7287
CPC.AAHalifax@gmail.com

ENTERTAINMENT - VACANT
Entertain.AAHalifax@gmail.com

HELP EMAIL - SHARON N. 902-497-0564
AAHelp.AAHalifax@gmail.com

HOSPITAL VISITATION - LORRAINE M. 902-240-3519
hospitalvisit.aahalifax@gmail.com

LITERATURE - MELISSA E.
LITERATURE CO-CHAIR - VAL W. 438-822-5724
Literature.AAHalifax@gmail.com

MID-WINTER ROUNDUP - MICHAEL H 902 329 8152
MidWinterRoundup.AAHalifax@gmail.com

PUBLIC INFORMATION - VACANT
PublicInformation.AAHalifax@gmail.com

TELEPHONES - PAUL M. 902-476-1226
TELEPHONE CO-CHAIR - CHRIS G. 902-818-7715
Phones.AAHalifax@gmail.com

TREATMENT - ALBERT K. 902-425-6659
Treatment.AAHalifax@gmail.com

WEBMASTER - ALEC M. 902-818-6229
Webmaster.AAHalifax@gmail.com

INSURANCE LIASON - PAUL B. 902-229-6639
insurance.AAHalifax@gmail.com

**DISTRICT 1 COMMITTEE
CONTACT INFORMATION**

DCM - BARNEY W. 902 448 0910
DCMD1.AAHalifax@gmail.com

ALT DCM - VACANT
AltDCM1.AAHalifax@gmail.com

MICHELLE W. - TREASURER
Treasurer.AA.District1@gmail.com (e-transfer)
Attn: Michelle W 632-92 Moirs Mill Rd., Bedford, NS B4A 3Y2

SECRETARY - ROB R. 782-414-5568
SecretaryDist1.AAHalifax@gmail.com

**DISTRICT 2 COMMITTEE
CONTACT INFORMATION**

BERNIE S. DCM 902-405-1497
DCM2.AAHalifax@gmail.com

AMY A. ALT DCM 782-414-2011
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TREASURER - MARCEL 902-889-2080
treasurerdistrict2.aahalifax@gmail.com

SANDRA D. SECRETARY 902-229-4216
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**AREA 82 COMMITTEE
CONTACT INFORMATION**

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JACK G. NL & LAB ARCHIVIST 709-693-5186
nl_archivist@area82aa.org

KATHY S. NS ARCHIVIST 902-292-0853
ns_archivist@area82aa.org

MARIE M. AREA WEBMASTER 902-220-5482
Webmaster@area82aa.org



Alcoholics Anonymous

NS Service Weekend ~ Area 82

May 15, 16, 17, 2026 "Service – The Heart of AA"

Rooms	Single = \$46.00 per night in Fraser House	Double = \$61.00 per night in Fraser House	Double Deluxe = \$70.00 per night in Chapman House
Meals	Breakfast = \$8.14 + tax	Lunch = \$14.25 + tax	Supper = \$18.32 + tax

Overview:

Registration = \$40.00

Breakfast on Sat. = your cost

Tea and coffee breaks = included in registration fee

Lunch on Sat. = included in registration fee

Supper = your cost

Breakfast on Sun. = your cost

We would request and urge all weekend participants to have their meals in the Ag College Cafeteria as we have guaranteed a minimum number of meals for the rates and services provided.

To book your room go to <https://stay.dal.ca/>

Be sure to use Promotional Code: Area8226

The Program for the Service Weekend will follow after all Agenda items are in, thanks for your patience



**EARLY BIRD FLYER
BRIDGEWATER MAY DAY**

"A New Way of Living"

COME SHARE WITH US AA & AL-ANON!

SATURDAY, MAY 23, 2026

**Holy Trinity Anglican Parish Hall - Home of the Action Group
78 Alexandra Avenue
Bridgewater, Nova Scotia**

**AA, Al-Anon & Friends - \$20.00 Alateen - \$10.00
Price includes Registration, Lunch, Supper & Fellowship**

REGISTRATION STARTS AT 9:00 AM

**Meetings all day starting at 9:30 AM
AA & Alanon Guest Speakers 6:30 PM - 8 PM**

**Lunch & Supper provided (vegetarian/gluten-free option available)
Coffee & Tea free all day - Donuts free while they last
Pop & Water for sale**

**50/50 Draw
Bridgewater Archives Display**

**Contact : Nancy G 902-354-0089
Lise P-H 613-257-9796**

*Meet new friends for a great time and fellowship!
We look forward to seeing you there!*



Nova Scotia Provincial Round-Up

Hosted by: District 7

The Home Group: Heartbeat of AA

Date/Time:

June 12,13 & 14, 2026
 Registration Opens at 4pm
 June 12
 Registration - 9am June 13

Registration & Dance:

Weekend Cost: \$25
 Catered Banquet: \$50
 E-Transfers:
 Thelma E.
 902-759-9348
 edwardsthelma7@gmail.com

Location:

G.R. Sanders Elementary
 45 Allan Ave., Stellarton, NS

Accommodations:

The Holiday Inn (\$179+ tax)
 86 Lawrence Ave. ,
 Stellarton, NS
 (902) 482-0740
 The Comfort Inn (\$146+ tax)
 240 Westville Rd. ,
 New Glasgow, NS
 (902) 755-6450

*30 rooms blocked at each
 *Hot Breakfast Incl'd
 *mention AA Round-Up

Contacts:

Blaise S., Chairperson
 (902) 863-6053
 Blaisesullivan@hotmail.com
 Joe P., Co-Chairperson
 (902) 631-1038
 jpsldn@gmail.com

Music by Glenn Baker
 AA Meetings
 Guest Speakers
 Al-anon Participation
 Sandwiches & Sweets
 Hospitality Room
 Literature Table
 NS Archives

AA District 1 Halifax Workshop

Voices of the Mid-Winter Roundup

Panel Discussion with organizing members of our well-loved event.

Date: May 27, 2025 at 6:00 PM

Meeting ID: 753 798 8280

Passcode: SERVICE

Dial by your location +1 647 374 4685 Canada

Workshop Purpose:

To showcase and promote the many volunteer opportunities at our annual AA Mid-Winter Roundup. Featuring three past and present volunteers; Michael H, Tasha T, Henry W.