



Central Service • Districts 1 & 2 • Area 82 Groups

"Prayer and meditation are our principal means of conscious contact with God." - Twelve Steps and Twelve Traditions, p.96

ANNOUNCEMENTS

CENTRAL SERVICE HYBRID MEETING NEW LOCATION

Beginning **Tuesday, October 6**, the in-person location for Central Service meetings will take place at Northwood Community Centre, 185 Gary Martin Dr, Bedford.

*Please enter through the door at the lower right corner of the Northwood Place apartment building.
Meeting begins at 7:00 PM, and online participation remains at the following Zoom address: 512 036 8953
Passcode: wecandoit

CENTRAL SERVICE CONTRIBUTIONS

For groups that contribute their 7th tradition to Central Service via **cheque**, please note that the **Central Service mailing address has changed**. Please see the updated address at the web site on the Contributions page:
<https://www.aahalifax.org/contributions/>
Nothing has changed for e-transfers; those can still be sent to Treasurer.aahalifax@gmail.com

AA's GOT TALENT

Get ready for an exciting night of entertainment coming up in January 2027! Details are in the works - start thinking about your brilliant act!
Contact: Mary Fay C maryfay.coady@gmail.com

NEW WOMEN'S BIG BOOK STUDY

The Serenity Sisters Group is starting a Big Book study meeting on Zoom. This will begin Friday, November 6th at 7 p.m.
The Zoom login is: 873 8419 1757
Passcode number is: 261479.
This is a women's only meeting.(11)

ANY LENGTHS BIG BOOK STUDY CLOSED

Any Lengths Big Book Study Group has closed due to an attendance decline.
The group met previously Wednesdays 7:00 PM at Fort Massey Church and recently on Fridays at First Baptist Church. (9)



Please check [AAHalifax.org](https://www.AAHalifax.org) to confirm meeting times and locations.

COMMITTEE NOTICES

AA BOOKSTORE HOURS

5 PM - 7 PM every Sunday
3 Dundas St, Dartmouth (downstairs)
Val W & Melissa E 438 822 5724
Literature.AAHalifax@gmail.com

DISTRICT 2 SERVICE POSITION NEEDED

District 2 needs a member to fill the interim position of Treasurer. Please contact Bernie S at 902-405-1497 for more information.

CPC and PUBLIC INFORMATION

CPC and PI are looking for support at the group level to help re-establish connections with local clinics, shelters, schools, etc. The request is for individual groups to take responsibility for supplying locations with AA information packets for their patients, students, etc, as well as checking bi-weekly or monthly to see if they need to be replenished. Please contact Natalie C for more information: 902 219 7287

BRIDGING THE GAP

Bridging the Gap needs volunteers, specifically in the Bedford/Sackville area. Contact Treatment chair Albert K for more info: 902 425 6659

CORRECTIONS SEEKING LITERATURE DONATIONS

The committee is looking for AA literature / Grapevines that any group within District 1&2 would like to donate.

(No hard covered books allowed.)

Also, if you are interested in volunteering to put meetings on with the Corrections Committee please contact us at
corrections.aahalifax@gmail.com
2 years of sobriety is required.

SACKVILLE SPEAKER MEETING

Nov 6	Jacky P
Nov 13	Nathaniel B
Nov 20	Dawn F
Nov 27	Pam F
Dec 4	Donald B
Dec 11	Charley
Dec 18	Sam
Dec 25	Candelight meeting

NEWSLETTER - IN MEMORIAM

The Bluenose Bulletin would like to recognize members of our fellowship who have recently passed away. E-mail:
newsletter.aahalifax@gmail.com

MUSIC JAM SESSIONS at CLUB 24

Everyone welcome. Saturdays at 3 Dundas St, Dartmouth
Doors open at 7:30 PM. Bring your guitars and play! Acoustic only.

DISTRICTS 1 & 2 NOVEMBER 2026 SERVICE CALENDAR

Please refer to details and locations on the next page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 7:30 PM DETOX Only Requirement	2	3 7:00 PM CENTRAL SERVICE (Hybrid) 8:00 PM HFX FORUM All My Relations	4 7:30 PM MARGUERITE CENTRE Karen	5	6 PHONES Early Risers	7
8 7:30 PM DETOX Early Risers	9	10	11	12	13 PHONES Sunday Morning 7:30 PM FORENSICS Lions Den	14
15 2:00 PM DISTRICT 2 GENERAL SERVICE MEETING 7:30 PM DETOX Circle of Sisters	16	17 8:00 PM HFX FORUM Back to Basics	18 7:30 PM MARGUERITE CENTRE Amy	19 6:00 PM ARCHIVES COMMITTEE MEETING	20 PHONES Conscious Contact	21
22 7:30 PM DETOX Acceptance	23	24	25 6:00 PM WORKSHOP & DISTRICT 1 GENERAL SERVICE MEETING	26	27 PHONES Timberlea Group 7:30 PM FORENSICS Only Requirement	28
29 1:00 PM MID-WINTER ROUND UP MTG 7:30 PM DETOX Cole Harbour	30 6:00 PM AREA 82 ACTIVE AREAS COMMITTEE MEETING					

DECEMBER WEEKEND PHONES: Four Seasons (4-7th), West End Step (11-13th), Second Chance (18-21st), Serenity Sisters (25-28th)
DECEMBER DETOX MTGS: Fresh Start (6th), Welcome Group (13th), Conscious Contact (20th), Sunrise (27th)
DECEMBER FORENSICS MEETINGS: Back to Basics (11th), No Meeting on Dec 25th
DECEMBER MARGUERITE CENTRE MEETINGS: Jo - Serenity Sisters (2nd), Gina - Only Requirement (16th), Natalie - 4 Seasons (30th)
DECEMBER HFX FORUM SHELTER MEETINGS: Tallahassee (1st), Hfx Sunday Morning (15th), Welcome Group (29th)

SERVICE CALENDAR DETAILS AND LOCATIONS

Please refer to service calendar on the previous page.

CENTRAL SERVICE COMMITTEE MEETING	Hybrid meeting, the first Tuesday of the month at 7 PM	Zoom Link HERE 512 036 8953 Passcode: wecandoit +647-374 4685 Canada	In person: Northwood Community Centre, 185 Gary Martin Dr, Bedford
DISTRICT 1 GENERAL SERVICE COMMITTEE MEETING	Meets online, the last Weds of the month at 6:00 PM	Meeting ID: 753 798 8280 Passcode: SERVICE	Zoom link HERE Dial by your location +1 647 374 4685 Canada
DISTRICT 2 GENERAL SERVICE COMMITTEE MEETING	Meets in person on the third Sunday of the month at 2:00 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
DISTRICT 2 WORKSHOP	Meets in person every second month on second Sunday at 2 PM	Club 24 3 Dundas Street, Dartmouth	Contact Bernie S 902 405 1497
AREA 82 ACTIVE AREAS COMMITTEE MEETING	Meets online, the last Monday of the month at 6:00 PM	Dial by your location +1 647 374 4685 Canada	Zoom link HERE No password
ARCHIVES COMMITTEE MEETING	Meets online the third Thursday of the month at 6:00 PM	Meeting ID: 814 0105 2318 Password: 494955	Contact Kathy S 902-292-0853
TELEPHONE COMMITTEE	Volunteers for weekend phones, day and evening phones needed.	AAPhones.Halifax@gmail.com	Contact Paul M 902 476 1226
CPC (Cooperation with the Professional Community)	CPC meeting dates TBA	CPC chair needed	Contact Heather L 902 476 7690
PUBLIC INFORMATION COMMITTEE	PI meeting dates TBA		Contact Natalie C 902 219 7287
MID-WINTER ROUND UP COMMITTEE	Meets in person the last Sunday of each month at 1 PM	Club 24 3 Dundas St, Dartmouth	Contact Michael H 902 329 8152
DETOX MEETINGS	Every Sunday 7:30 PM	Simpsons Landing 304 Pleasant St, Dartmouth	Contact Albert K 902 425 6659
HFX FORUM SHELTER MEETING	Every two weeks Tuesday 8:00 PM	6210 Young St, Halifax Meet in parking lot	Contact Albert K 902 425 6659
FORENSICS MEETINGS	Every two weeks Friday 7:30 PM	88 Gloria McCluskey Ave, Dartmouth	Contact Albert K 902 425 6659
MARGUERITE CENTRE	Every two weeks Wednesday 7:30 PM	3178 St Margarets Bay Road, Timberlea	Contact Albert K 902 425 6659

UPCOMING EVENTS

Please refer to flyers at the back of the newsletter.

DISTRICT 4 ANNUAL LIGHTHOUSE ROUND UP

“Stepping into the Sunlight”

November 6 - 8, 2026 Rodd Grand Hotel, Yarmouth

\$30 Registration (includes speakers and dance) \$60 Banquet (deadline Oct 17)

Payment e-transfer: lighthouse roundup@gmail.com

DISTRICT 1 WORKSHOP

“Public Information and Cooperation with Professionals”

November 25 at 6:00 PM

Zoom meeting: 753 798 8280 Passcode: SERVICE

Contact Barney W for details: 902 448 0910

EARLY RISERS 25th ANNIVERSARY CELEBRATION

Saturday November 28th at 10:00 AM

3 Dundas St, Dartmouth (Club 24)

Meeting to begin at 10 AM with food and fellowship to follow.

47th Annual AA & Al-Anon MID-WINTER ROUND UP

“Anchored in Recovery”

Feb 26 - 28, 2027 Delta Hotel, Dartmouth

\$30 Registration, \$60 Banquet

Questions: midwinterroundup.aahalifax@gmail.com

UPCOMING BIRTHDAYS IN EARLY DECEMBER

Date	Group	Celebrant(s)
Dec 5	Acceptance	Curtis F (4), Ryan O (4), Nathaniel B (8), Blair R (26)

NOVEMBER 2026 BIRTHDAYS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 7:30 PM Cole Harbour Scott T (3)	2 7:30 PM Colby Village Brian C (50)	3	4	5 7:30 PM Rainbow of Recovery Nicole M (1) 7:30 PM Road to Happy Destiny Ferne M (14)	6	7
8	9	10	11	12	13	14 10:00 AM Acceptance Martin C (2) Mike L (22) Donald R (37) 7:00 PM Atlantic Colin C (10) Darren S (15)
15	16 6:30 PM Happy Destiny Ashley C (9) 7:30 PM Grateful Group Martin K (30)	17	18 8:00 PM Fresh Start Billy P (4) Leah C (17) Bill P (47)	19	20 12:15 PM New Hope Cantrell C (8)	21
22	23 7:00 PM Mens Literature Dan D (1)	24 7:30 PM Lions Den Sam D (2) Reign D (3) Rhiannon M (5) 7:30 PM Sunrise Group Tony C (9) Bernie S (29)	25	26 7:30 PM Four Seasons Christine H (2) Mark Y (11) Andrea O (27) Andy C (55) 8:00 PM West End Step Alec M (4) Brenda S (41)	27 12:00 PM Keep It Simple Michael J (2) Christopher T (5) Jonathan C (9) Peter M (22)	28 7:30 PM Second Chance Mike J (8) Gilles D (31)
29 11:00 AM Hfx Sunday Morning Bob T (3)	30 8:00 PM Timblerlea Chris C (33) 8:00 PM Downtown Dartmouth Kashia M (1) Jake G (2) Paul W (11) Steve M (21) Cathy M (23)					

CONTACT INFORMATION

CENTRAL SERVICE COMMITTEE

CHAIR - HEATHER L. 902-476-7690

CSR.ChairAAHalifax@gmail.com

CO-CHAIR - MICHAEL H. 902-329-8152

CoChair.CSRAAHalifax@gmail.com

TREASURER - SARA G. 709-693-0305

Treasurer.AAHalifax@gmail.com

SECRETARY - JARRAD S. 902-877-3088

Secretary.AAHalifax@gmail.com

NEWSLETTER CHAIR - EMILY S. 902-489-8544

NEWSLETTER CO-CHAIR - LINDSAY D. 902-293-8129

Newsletter.aahalifax@gmail.com

CORRECTIONS - DAVE T. 902-802-0095

CORRECTIONS CO-CHAIR - ISAAC W. 902-385-4844

corrections.AAHalifax@gmail.com

CPC - NATALIE C. 902-219-7287

CPC.AAHalifax@gmail.com

ENTERTAINMENT - VACANT

Entertain.AAHalifax@gmail.com

HELP EMAIL - SHARON N. 902-497-0564

AAHelp.AAHalifax@gmail.com

HOSPITAL VISITATION - LORRAINE M. 902-240-3519

hospitalvisit.aahalifax@gmail.com

LITERATURE - MELISSA E.

LITERATURE CO-CHAIR - VAL W. 438-822-5724

Literature.AAHalifax@gmail.com

MID-WINTER ROUNDUP - MICHAEL H 902-329-8152

MidWinterRoundup.AAHalifax@gmail.com

PUBLIC INFORMATION - VACANT

PublicInformation.AAHalifax@gmail.com

TELEPHONES - PAUL M. 902-476-1226

TELEPHONE CO-CHAIR - CHRIS G. 902-818-7715

Phones.AAHalifax@gmail.com

TREATMENT - ALBERT K. 902-425-6659

Treatment.AAHalifax@gmail.com

WEBMASTER - ALEC M. 902-818-6229

Webmaster.AAHalifax@gmail.com

INSURANCE LIASON - FOSTER L 902-210-2172

insurance.AAHalifax@gmail.com

DISTRICT 1 COMMITTEE

DCM - BARNEY W. 902-448-0910

DCMD1.AAHalifax@gmail.com

ALT DCM - VACANT

AltDCM1.AAHalifax@gmail.com

MICHELLE W. - TREASURER

Treasurer.AA.District1@gmail.com (e-transfer)

Attn: Michelle W 632-92 Moirs Mill Rd., Bedford, NS B4A 3Y2

SECRETARY - ROB R. 782-414-5568

SecretaryDist1.AAHalifax@gmail.com

DISTRICT 2 COMMITTEE

BERNIE S. DCM 902-405-1497

DCM2.AAHalifax@gmail.com

AMY A. ALT DCM 782-414-2011

AltDCM2.AAHalifax@gmail.com

TREASURER - VACANT

treasurerdistrict2.aahalifax@gmail.com

SECRETARY - BETH P 902-710-3092

bethp2009@hotmail.com

AREA 82 COMMITTEE

DWAYNE MacD GEN SERV DELEGATE 902-631-0002

gsd@area82aa.org

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alt_gsd@area82aa.org

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nl_archivist@area82aa.org

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MARIE M. AREA WEBMASTER 902-220-5482

Webmaster@area82aa.org

Annual Lighthouse Round-Up 2026

AA



AA

November 6, 7 & 8

Theme “Stepping Into the Sunlight”

**Rodd Grand Hotel
Yarmouth, Nova Scotia**

Alcoholics Anonymous & Al-Anon

Banquet – Saturday All You Can Eat Turkey Buffet
Dance follows banquet with DJ

Registration
(All must register to attend)

Registration: Friday starting at 4 pm & all-day Saturday
Registration, Speakers and Dance (no meal): \$30
Banquet: \$60 Tickets must be purchased by Oct 17th

Rooms available at **Rodd Grand Hotel**, Rate \$112 (Single or Double), block held till Oct. 6th
Toll Free Phone 1-800-565-7633, Room Block #1874372

Registration Chairperson: Al Angrignon (902-247-1587)

E-transfer Payment to: lighthouseroundup@gmail.com

Cheques payable to: “Lighthouse Round-Up”

Mailing Address: 7615 Highway 1, Upper Granville, NS B0S 1A0

Return this portion with cheque:

Name (s): _____

Address/Phone: _____

— 47TH ANNUAL —
AA & AL-ANON
**MID WINTER
ROUND UP**



**ANCHORED
— IN —**
Recovery

Feb. 26-28, 2027

Delta Hotel
Dartmouth, NS

Registration \$30
Banquet \$60



"We are like the passengers
of a great liner the moment
after rescue from shipwreck
when camaraderie, joyousness
and democracy pervade the
vessel from steerage to
Captain's table."

— p. 17

SPEAKERS

Experience,
Strength & Hope

PANELS

Real Talk.
Real Recovery.
Real Connection.

WORKSHOPS

Tools for
Today

**SOBRIETY
COUNTDOWN**

Celebrating Every
Day That Matters

AND MORE

Fellowship,
Fun, Food &
Connection

RECOVERY  **UNITY**  **SERVICE**

QUESTIONS?

Contact: midwinterroundup.aahalifax@gmail.com

AA District 1 Halifax Workshop

Public Information and Cooperation with Professionals

A look at what our PI and CPC committees do and what we can do for them.

Date: Nov 25, 2026 @ 6pm

Meeting ID: 753 798 8280

Passcode: SERVICE

Dial by your location +1 647 374 4685 Canada

Workshop Purpose:

To educate our members on the role of the PI and CPC committees and inform on opportunities for service.

EARLY RISER'S 25TH ANNIVERSARY

WHEN

**Saturday Nov. 28
10am**

WHERE

**3 Dundas Street Dartmouth
N.S.**

**FEATURING · Meeting with food and
fellowship to follow. Come and
share your memories and times
about the early days of the group**

OPEN TO ALL

**Open
fellowship
meeting starts
at 10 with food
to follow**

**For more
information,
please contact
Gig M. at
782-414-1744
[mcmullingig@
gmail.com](mailto:mcmullingig@gmail.com)**

**Please join us
in celebrating
this great
milestone!**